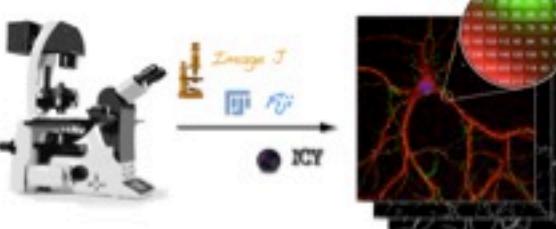


*Microfluidics 2019*  
*Introduction to microscopy :*  
*from conventional ...*  
*... to Super Resolution*

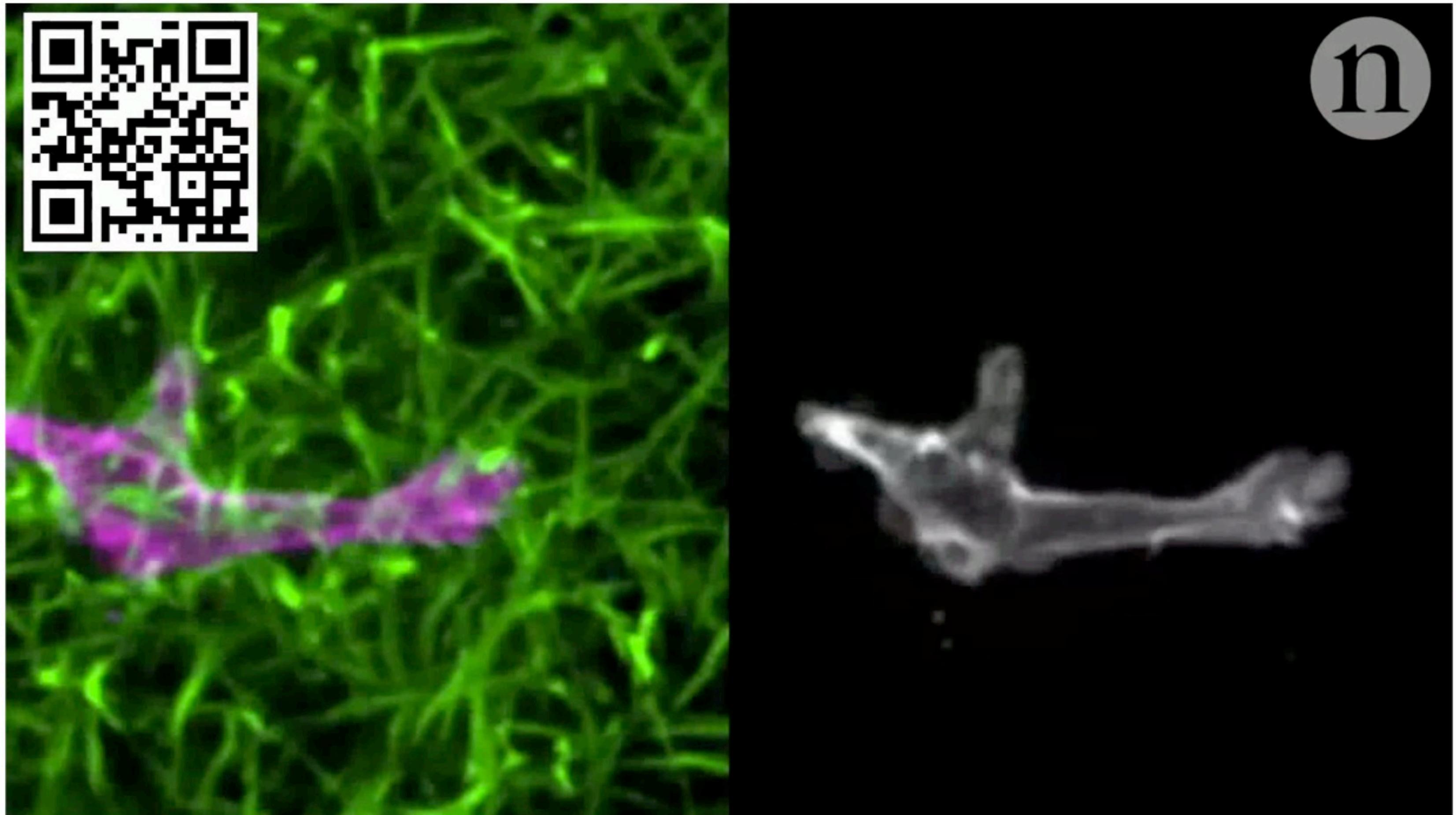


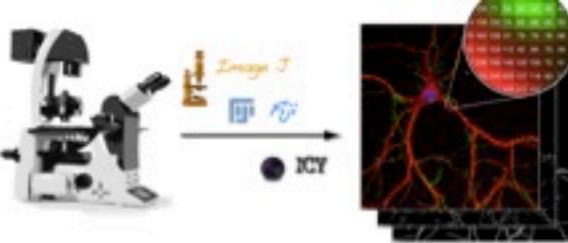
**Lydia DANGLOT**





# Microfluidics to dissect immune cells dynamics





# Introduction to microscopy :

*from conventional ...*

*... to Super Resolution*

How to choose the better objective for your sample ?

- Refraction index
- Numerical aperture
- Resolution
- Immersion medium
- Mounting medium
- Depth of field
- Working distance

Illumination mode :

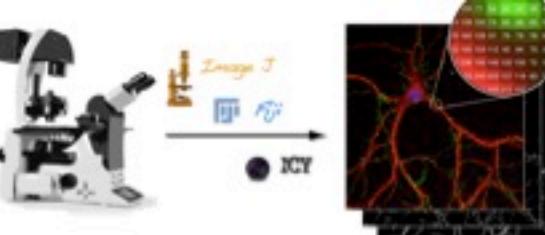
- Bright-field microscopy
- Phase contrast microscopy

Fluorescence microscopy

- Matrix, Bit depth, pixel size, histogram, RGB color pictures
- Confocal microscopy
- Spinning-disk microscopy
- Airy scan

Super-resolution microscopy

- Structured illumination microscopy (SIM)
- Stimulated emission depletion (STED)
- Deconvolution
- STORM, PALM

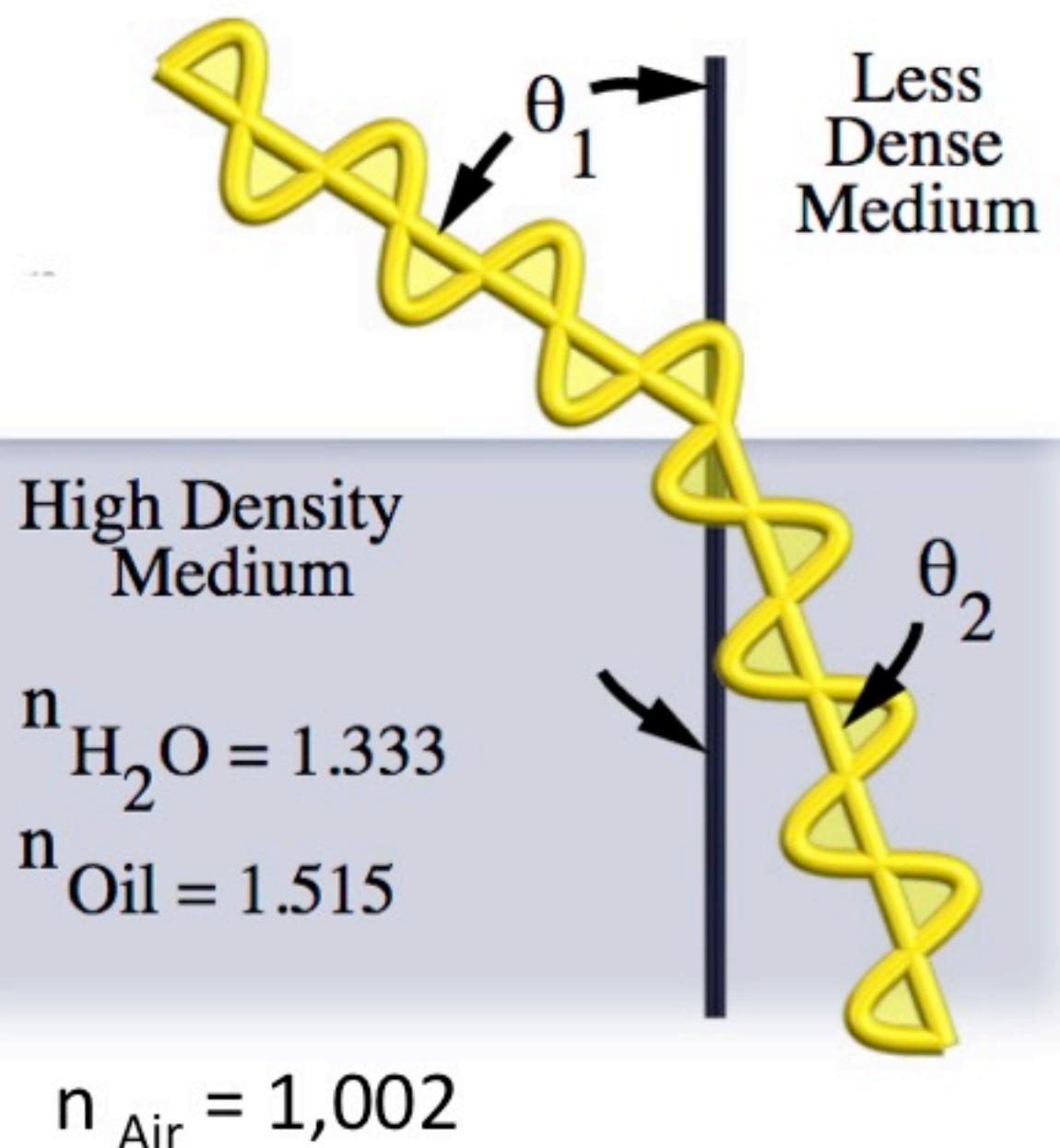


## Refractive index (index de réfraction)

Refractive index: **n**  
is a value calculated from the ratio of the speed of light in a **vacuum** ( $n=1$ ) to that in a **second medium** of greater density.

**Snell's law :**

$$n_{\text{vacuum}} \times \sin(\theta_1) = n_{\text{Oil}} \times \sin(\theta_2)$$



## Refraction of Light

Vacuum  
Water  
Medium 1  
Medium 2

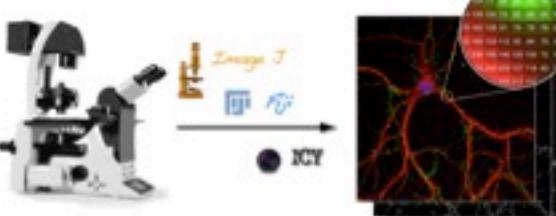
Incident Angle =  $0^\circ$   
Refracted Angle =  $0.000^\circ$   
Refraction Medium

$n(i) \sin(\theta_i) = n(r) \sin(\theta_r)$   
 $1.00 \sin 0^\circ = 1.333 \sin(\theta_r)$   
 $0.000 = (\theta_r)$

Choose A Material (RI)  
Water - 1.3330

Incident Angle:  $0^\circ$

Wavelength: 453 nm



## Refractive index (index de réfraction)

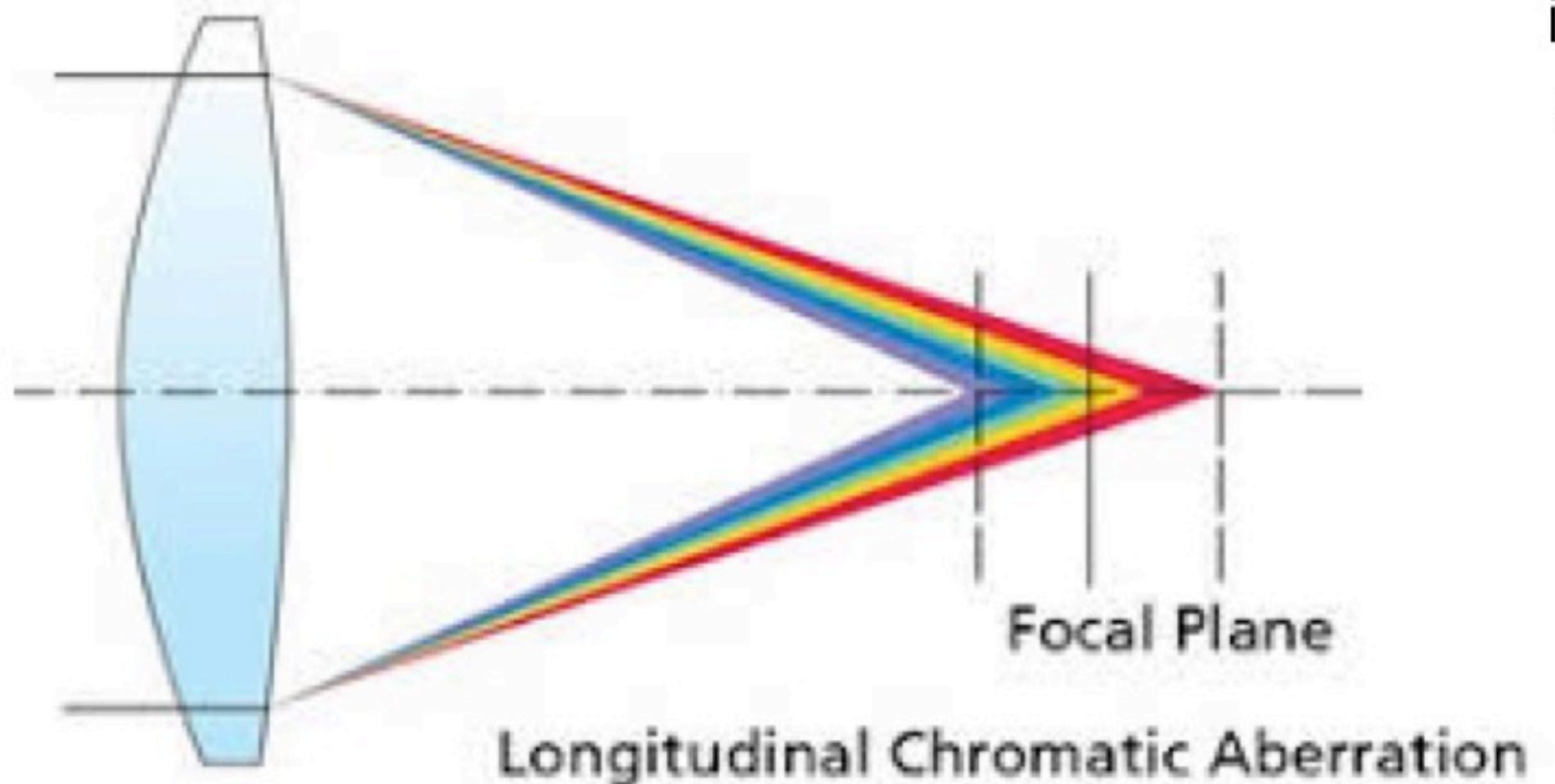


Image from <http://www.sony.fr>

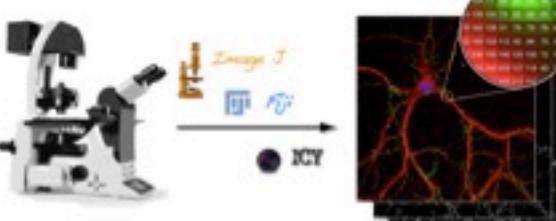
This effect is termed **dispersion** and is responsible for **chromatic aberration** in microscope objectives.

in ordinary glass the refractive index for violet light is about one percent greater than that for red light.

$$n_{\text{Oil}} \text{ (violet)} > n_{\text{Oil}} \text{ (green)} > n_{\text{Oil}} \text{ (red)}$$



Image from <http://www.topoptics.biz>



## Numerical aperture (ouverture numérique)

**Figure 5**



Magnification  
(grandissement)

60X

Numerical aperture  
(Ouverture numérique)

NA= 1,4 - objective using oil

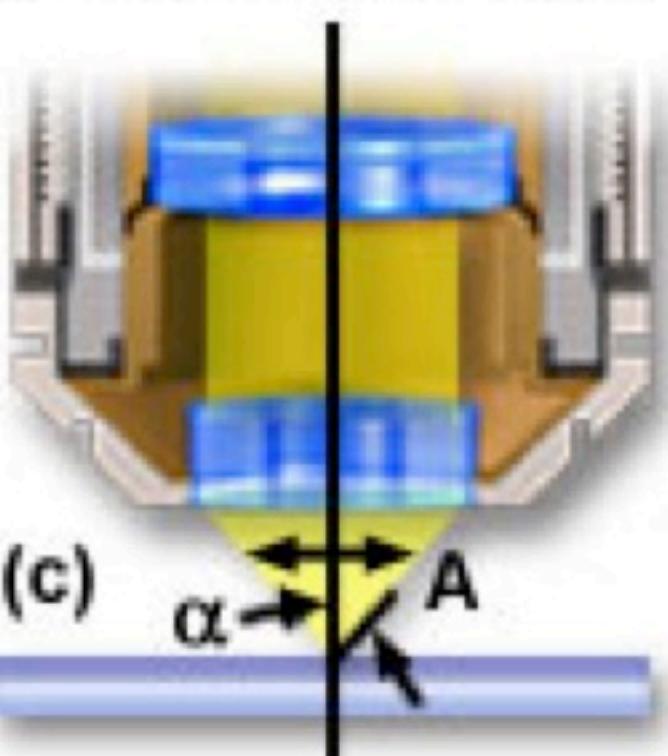
Objective	Magnification	NA
	60x	1.40
	40x	1.30
	40x	0.55
	25x	0.80
	4x	0.20

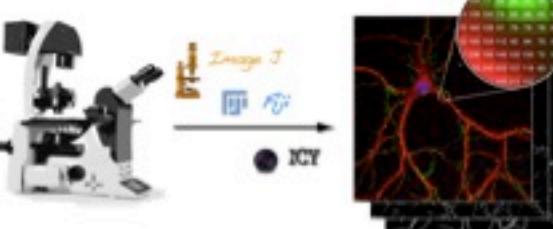
$$NA = n \cdot \sin(\alpha)$$

(a)  $\alpha = 7^\circ$  NA = 0.12

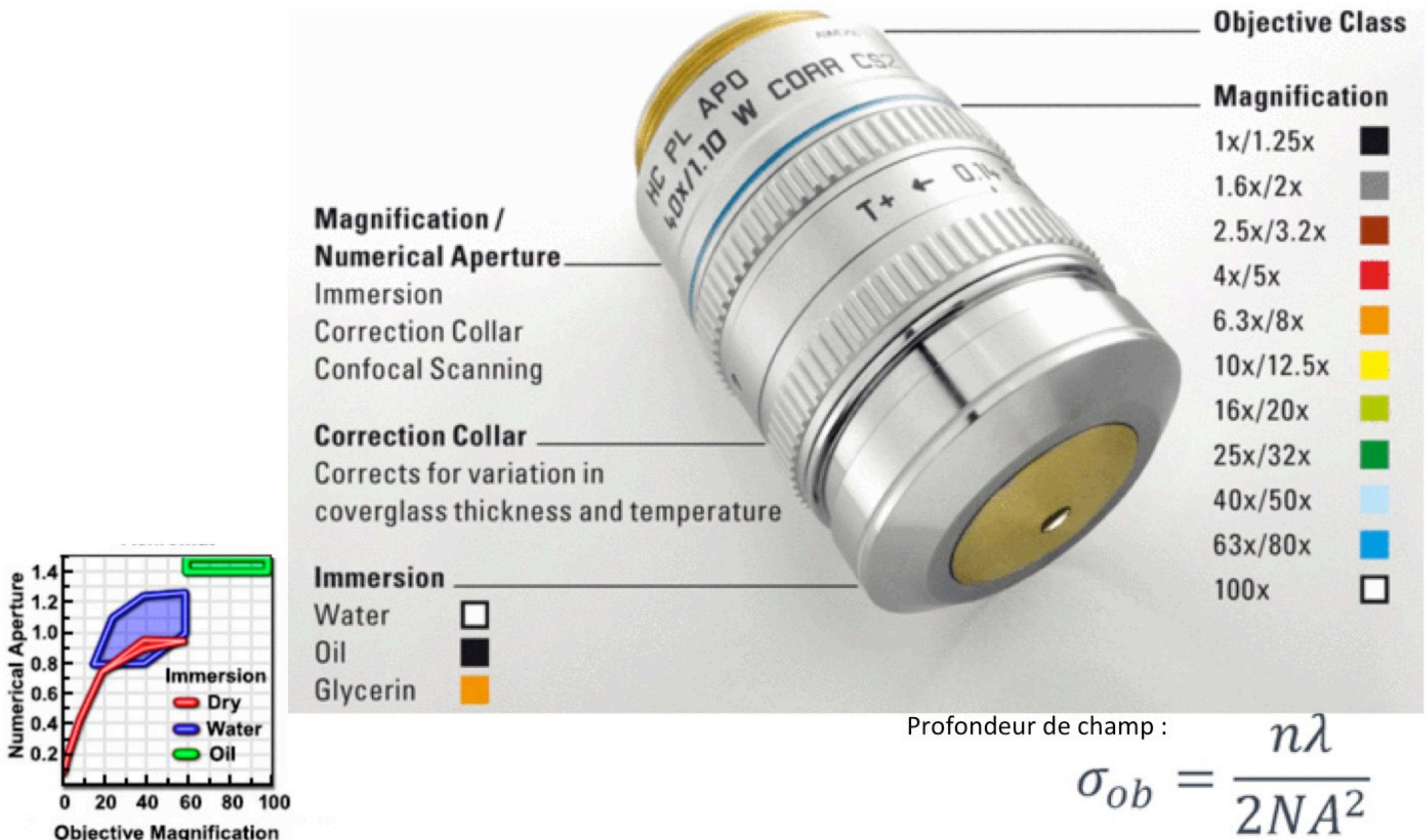
(b)  $\alpha = 20^\circ$  NA = 0.34

(c)  $\alpha = 60^\circ$  NA = 0.87

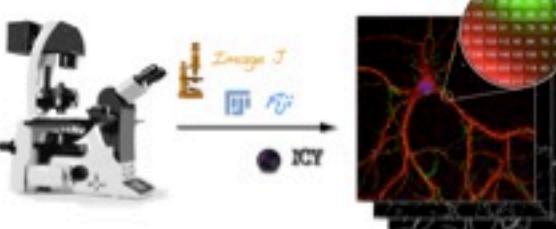




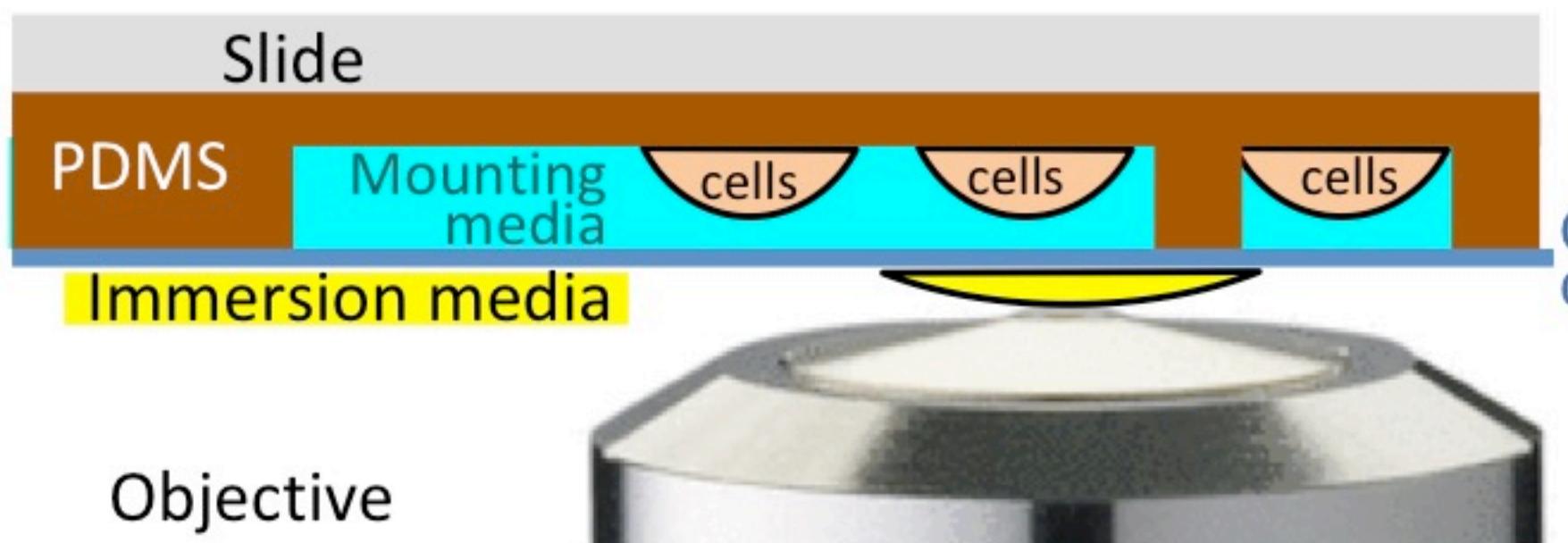
# Index matching ? Which immersion media for which mounting media?



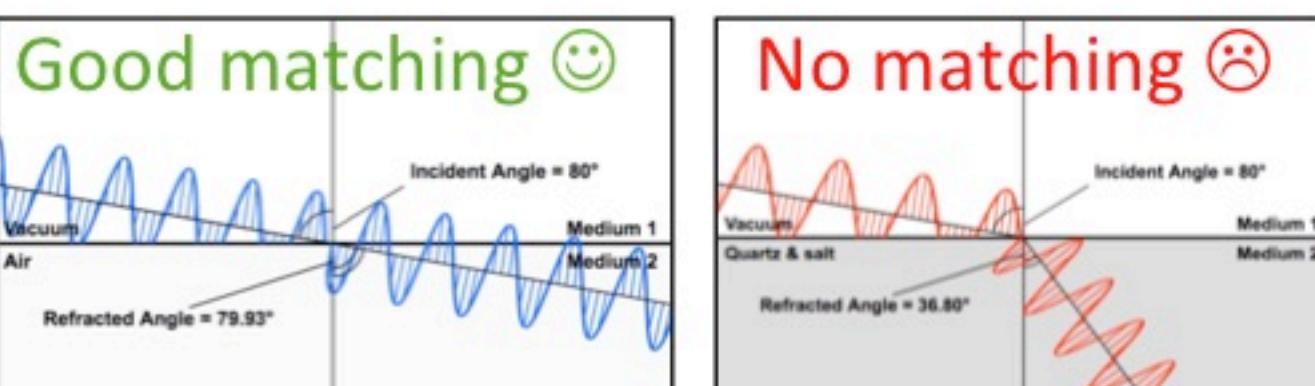
Plus l'ouverture numérique de l'objectif est grande et plus les structures d'intérêt de l'échantillon sont profondes, plus il est important de faire correspondre les indices de réfraction de l'échantillon et du milieu d'immersion. Des indices de réfraction différents entraînent des aberrations sphériques et des distorsions géométriques des structures. Cela entraîne ensuite une perte de contraste et de définition ainsi que des structures apparaissant comprimées ou étirées.



# Which mounting medium ? : a matter of matching refraction indexes



Glass coverslip



Objective

Immersion Media	Refractive Index
Oil	1.518
Glycerol	1.46
Silicone oil	1.41
Air	1.002
Vacuum	1

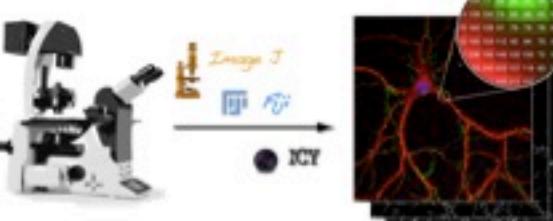
Mounting Media	Refractive Index
Gel/mount (Biomeda)	1.3641
Methyl salicylate (Sigma)	1.5409
DMSO	1.4836
Prolong	1.47 - 1.52
Mowiol	1.46
Vectashield	1.4577
50% glycerol/PBS/DABCO	1.4159
PBS	1.34
Water	1.3381
Cargille index of refraction liquids	1.460 to 1.700
5% n-propyl gallate/0.0025% p-phenylene gallate (PPD) dissolved in glycerol	1.4739
0.25% PPD, 0.0025% DABCO, 0.5% n-propyl gallate dissolved in glycerol	1.4732

Organ Tissue

Organ Tissue	Refractive Index
Cartilage	1.492
Fat	1.472
Brain Cerebellum	1.470
Brain White matter	1.467
Brain Gray matter	1.395
Liver	1.448
Spleen	1.443
Kidney Cortex	1.444
Kidney Medulla	1.438
Pancreas	1.435
Intestinal wall	1.436
Lung	1.342
Gall bladder wall	1.350
Unaggregated blood	1.338
<b>Formed elements</b>	1.432
Serum	1.330
Cells in culture	1.33 to 1.38
Water	1.33
PBS	1.34

From Biswas and Gauta (2002).

Immersion and Mounting media index should be as close as possible to your sample index



## Coverslip thickness (épaisseur des lamelles)



### Carl Zeiss™ VERRES DE RECOUVREMENT HP D=0,17MM D=0,17MM

Recommended for applications with high numerical aperture objectives. Carl Zeiss™ come in a box of 100pcs. – VERRES DE RECOUVREMENT HP D=0,17MMD=0,17MM

72.70€

The optimal thickness for cover glasses is **0.17 millimeters (#1.5)**, but **conventional coverslip varies from 0,13 to 0,16 mm (#1)**.

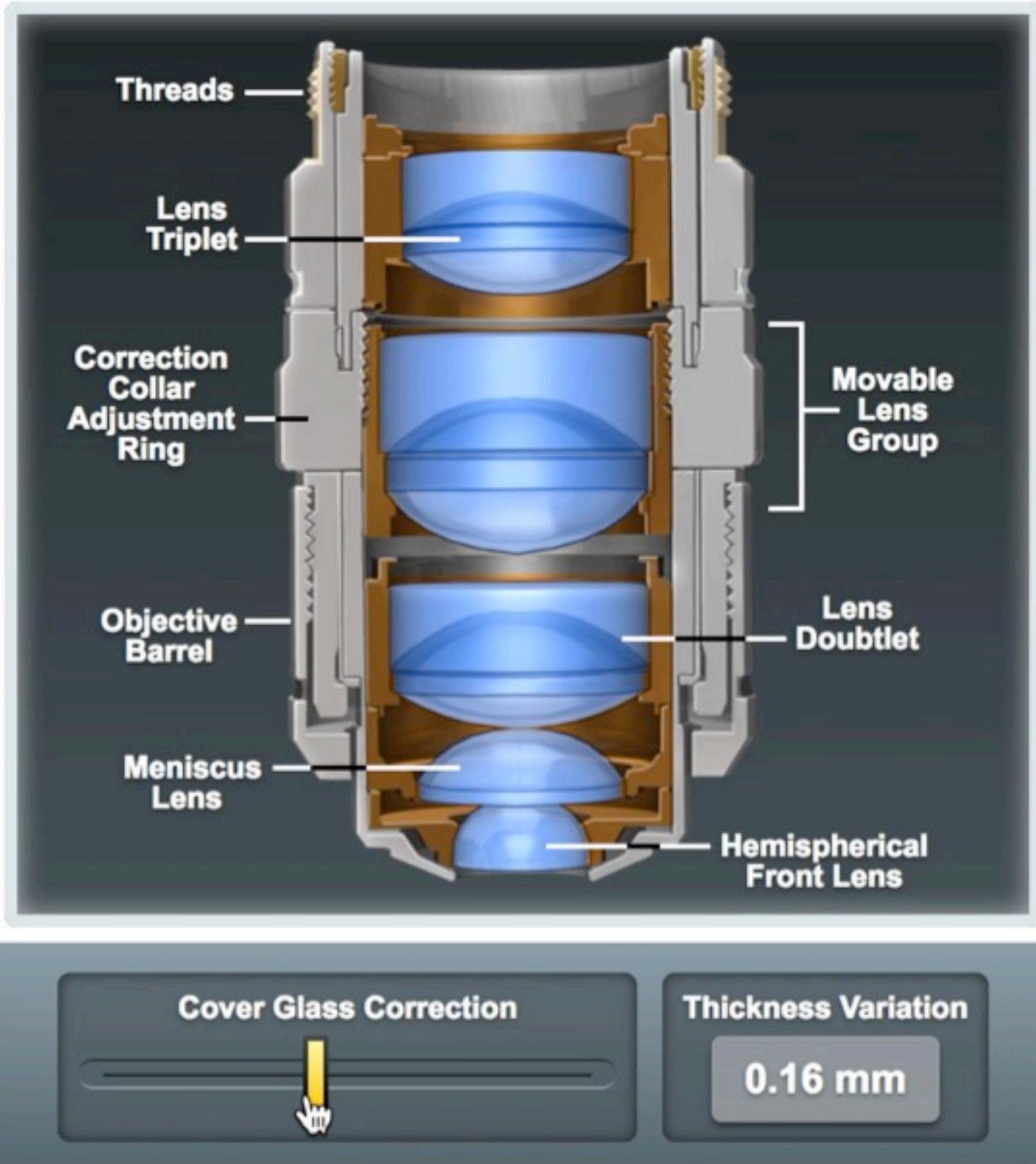
**Table 1 - Performance Reduction with Coverslip Thickness Variation**

Numerical Aperture	0.01 mm Deviation	0.02 mm Deviation
0.30	none	none
0.45	none	none
0.70	2 percent	8 percent
0.85	19 percent	57 percent
0.95	55 percent	71 percent

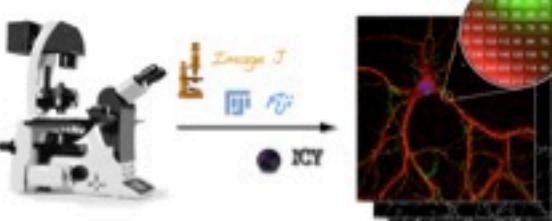
Be carefull :

If the coverslip has a thickness deviation, performance of the objective can be reduced to 29%.

## Coverslip Correction Collars



Solution : Compensation for cover glass thickness can be accomplished by adjusting the mechanical tube length of the microscope, or by the utilization of specialized **correction collars**

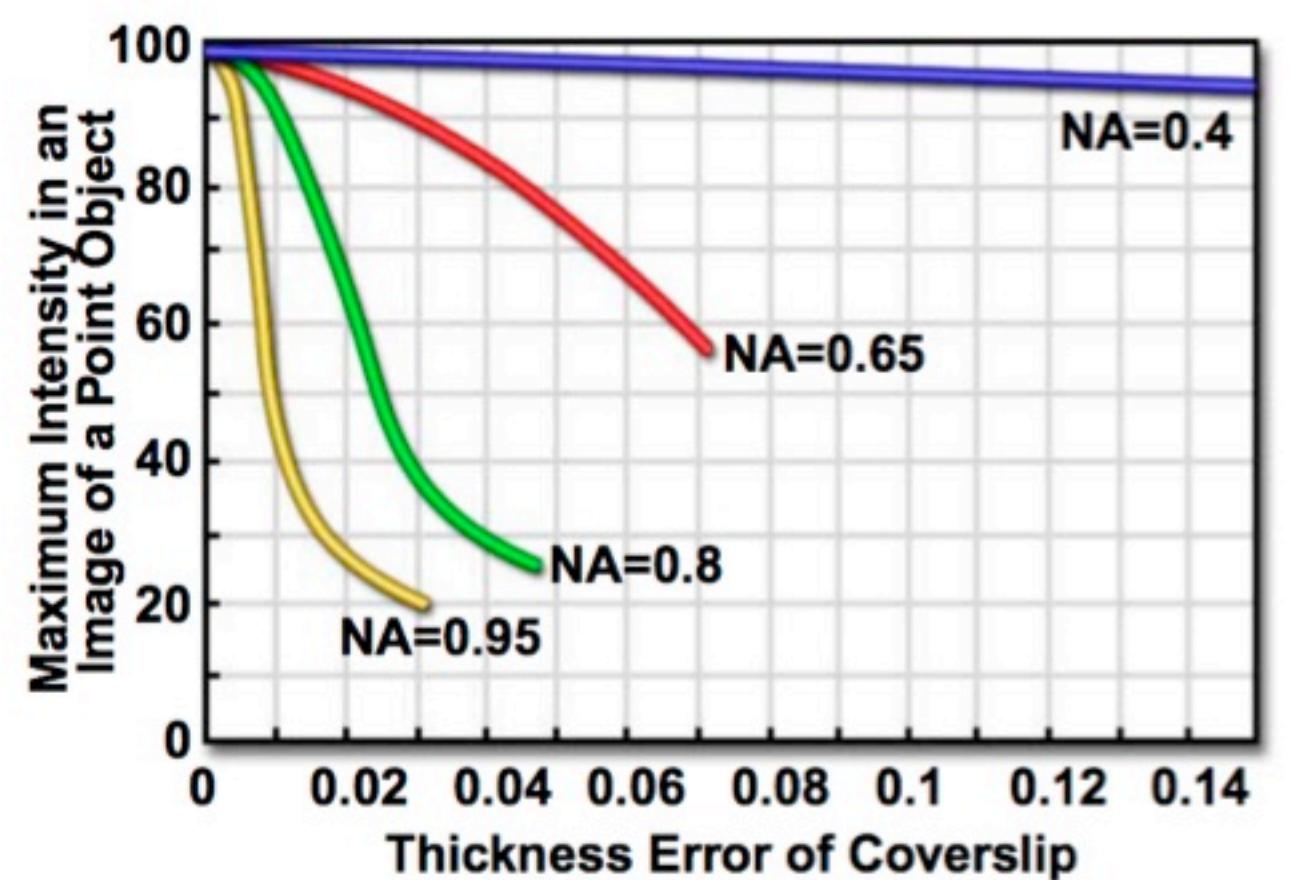


## Correction collar (bague de correction)

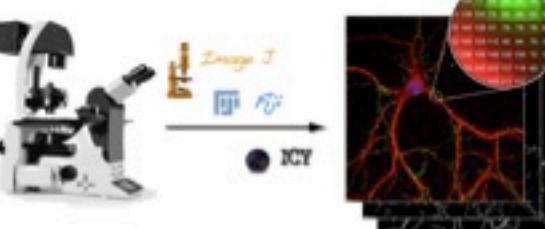
**CORR** = Objective with correction collar

The performance of high-resolution objectives is optimal when the **refractive indices of the specimen** and all intermediate optical media **match the values for which the objective is designed**.

Water and glycerol immersion objectives are very sensitive to changes in coverglass – introducing a changing thickness of a medium with refractive index mismatch – temperature, and deviations of the immersion medium or the sample itself.



Therefore, **immersion objectives with a higher NA have a correction collar to compensate for those differences**.



## Depth of Field and Depth of Focus

The **axial (or longitudinal) resolving power** of an objective, which is measured parallel to the optical axis and is most often referred to as **depth of field**.

**Depth of field** is determined by the **distance from the nearest object plane in focus to that of the farthest plane also simultaneously in focus**.

$$d_{\text{tot}} = \frac{\lambda \cdot n}{NA^2} + \frac{n}{M \cdot NA} \cdot e$$

$$\text{Depth of Field} = \frac{550\text{nm} \cdot 1.515}{1.40 \cdot 1.40} + \frac{1.515}{60.0x \cdot 1.40} \cdot 4 \mu\text{m}$$

**$\lambda$**  is the wavelength,  
 **$n$**  is the refractive index  
of the medium

**NA** : numerical aperture

**M** is obj. magnification

**e** : smallest distance  
that can be resolved by  
a detector that is placed  
in the image plane of  
the microscope  
objective.

Magnification	Numerical Aperture	Depth of Field (μm)
4x	0.10	55.5
10x	0.25	8.5
20x	0.40	5.8
40x	0.65	1.0
60x	0.85	0.40
100x	0.95	0.19

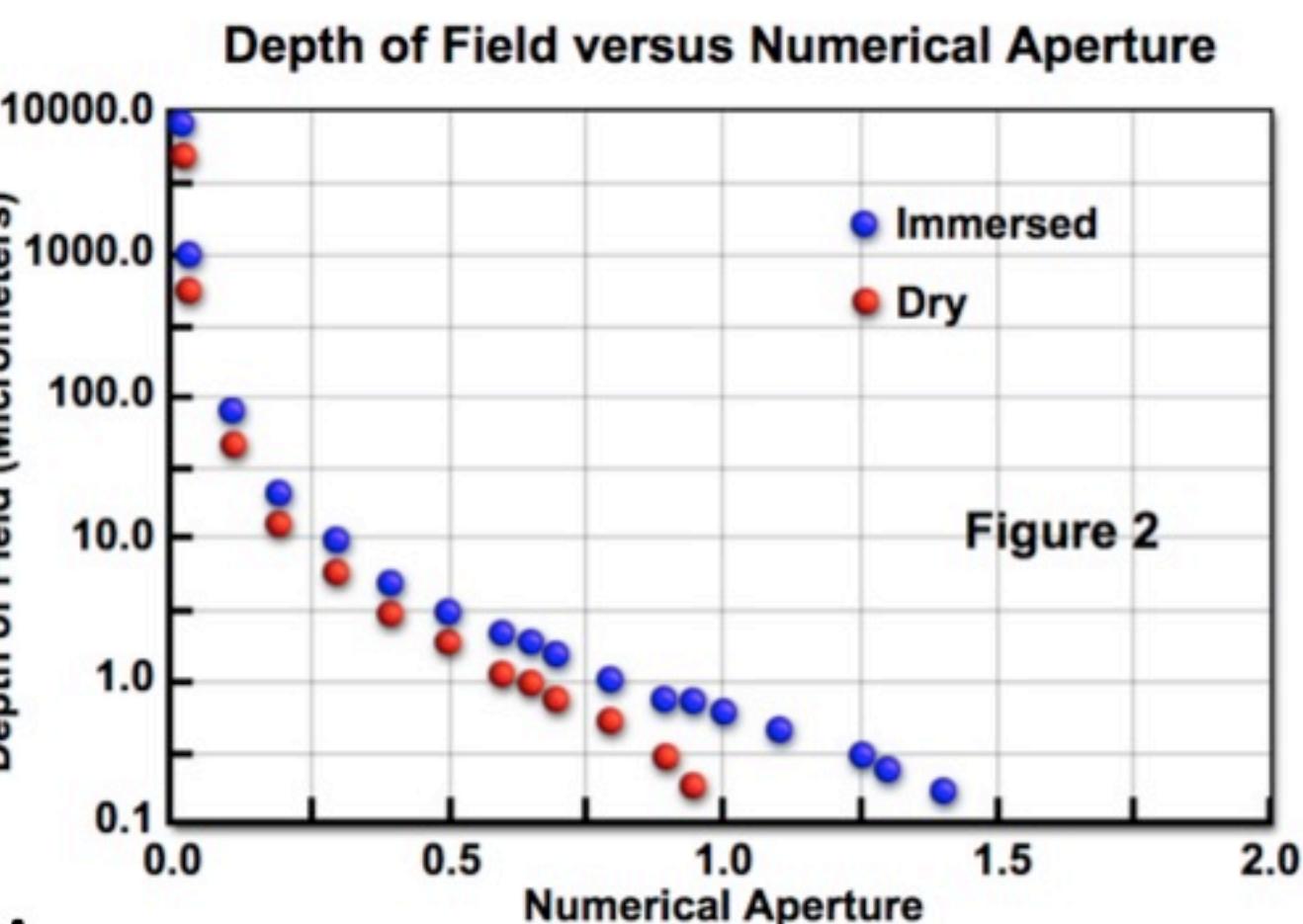
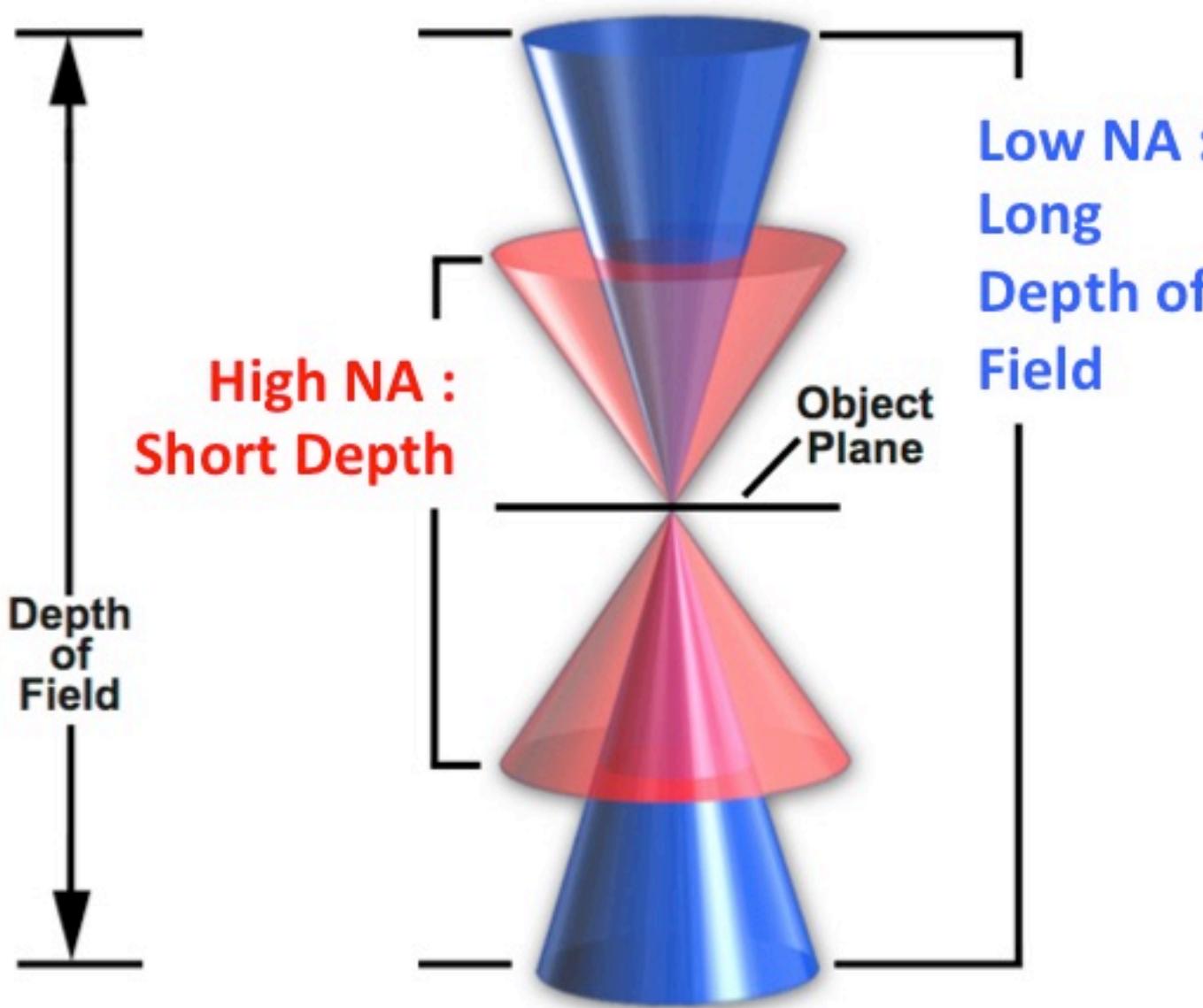
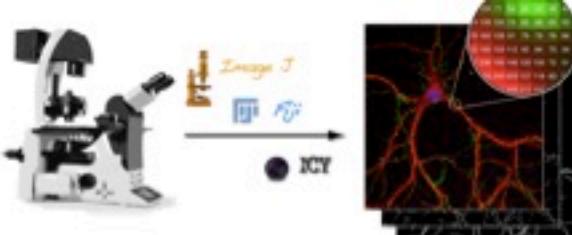


Figure 2

Depth of field decreases with hight NA and high magnification

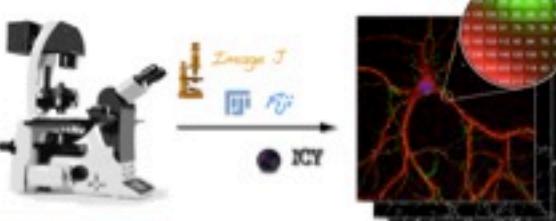


## Working distance (distance de travail)



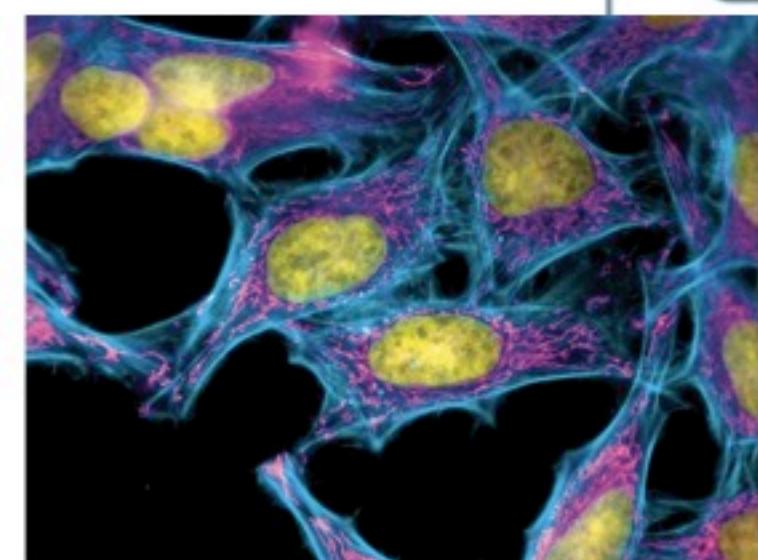
Magnification	Numerical Aperture	Working Distance (mm)
2x	0.10	8.50
4x	0.20	15.70
10x	0.45	4.00
20x	0.75	1.00
40x	0.95	0.14
40x (oil)	1.00	0.16
60x	0.95	0.15
60x (oil)	1.40	0.21
60x (Water Immersion)	1.20	0.22
100x (oil)	1.40	0.13
100x (NCG oil)	1.40	0.17

**NCG = No Cover Glass**



## Working distance

Choose the objective  
adapted to the thickness  
of your sample.



Objective Working and Parfocal Distance



Working Distance  
1.44mm

Flat cells

Normal Working Distance

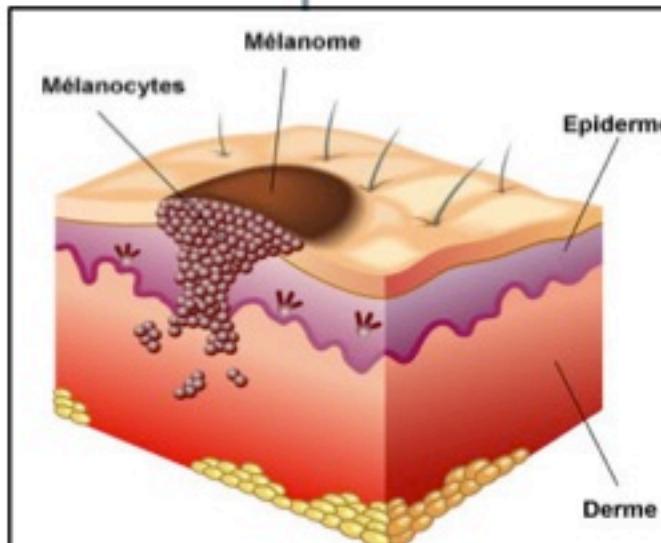
Objective Working and Parfocal Distance



Working Distance  
28.0mm

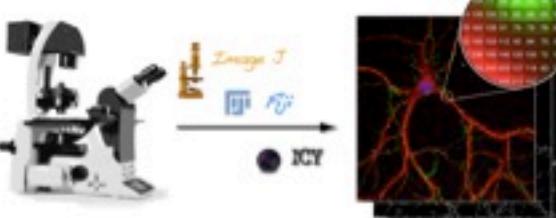
Thick organs

Super Long Working Distance

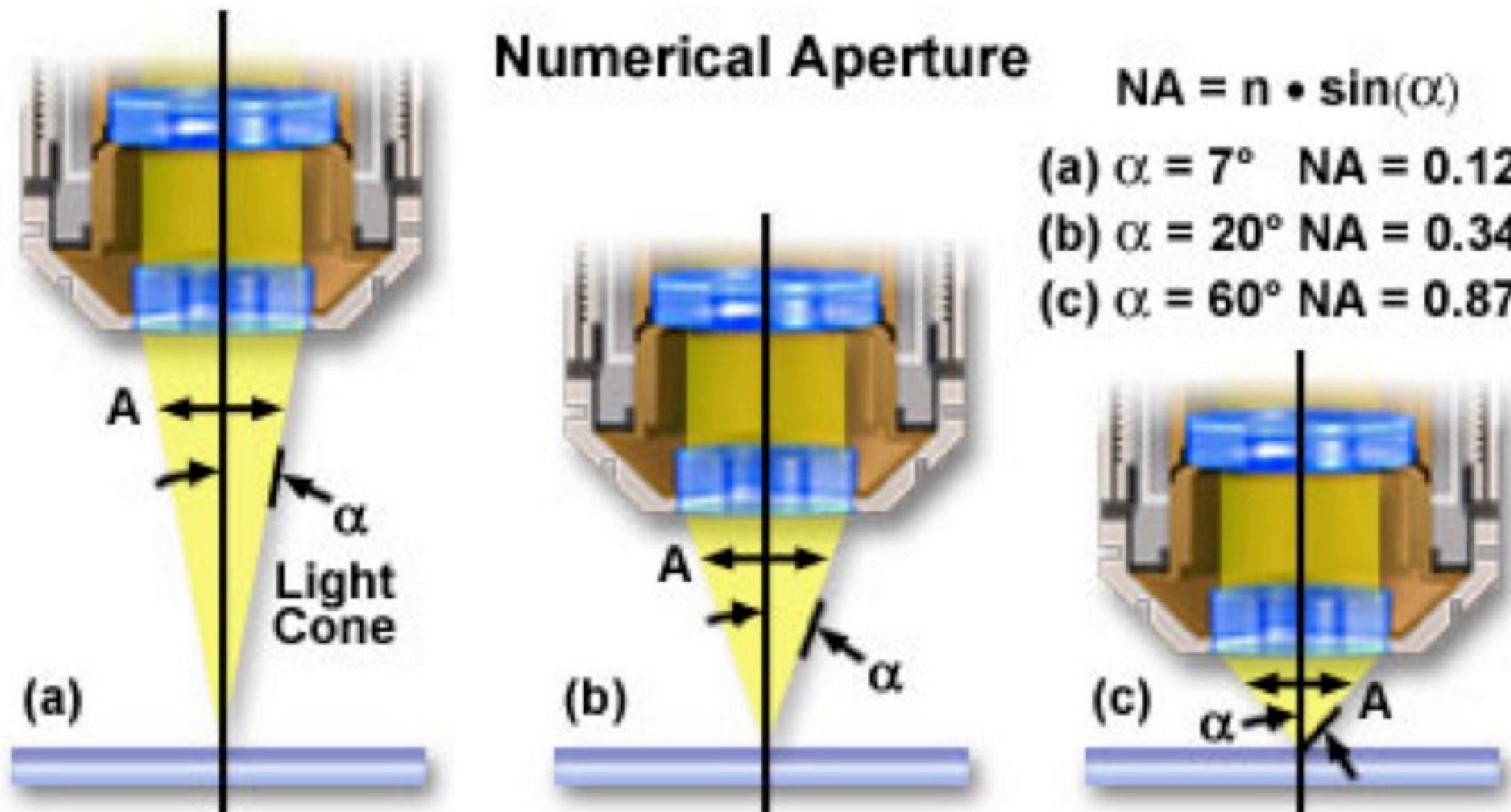


Manufacturer	Correction	Magnification	Numerical Aperture	Working Distance
Nikon	PlanApo	10x	0.45	4.0 mm
Nikon	PlanFluor	20x	0.75	0.35 mm
Nikon	PlanFluor (oil)	40x	1.30	0.20 mm
Nikon	PlanApo (oil)	60x	1.40	0.21 mm
Nikon	PlanApo (oil)	100x	1.40	0.13 mm

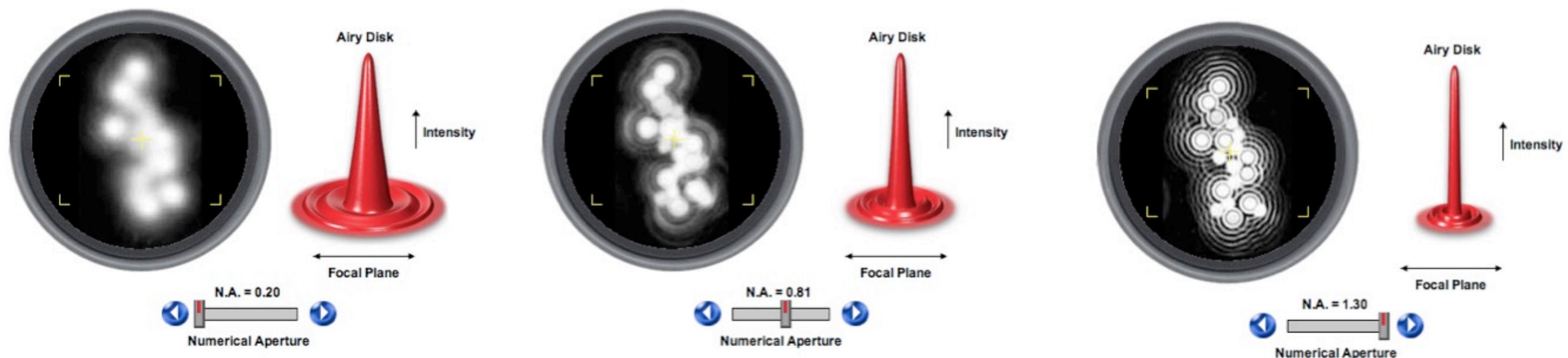
Designation	Magnification	Numerical Aperture	Working Distance
ELWD	20x	0.40	11.0 mm
ELWD	50x	0.55	8.7 mm
ELWD	100x	0.80	2.0 mm
SLWD	10x	0.21	20.3 mm
SLWD	20x	0.35	20.5 mm
SLWD	50x	0.45	13.8 mm
SLWD	100x	0.73	4.7 mm



## Numerical aperture and resolution



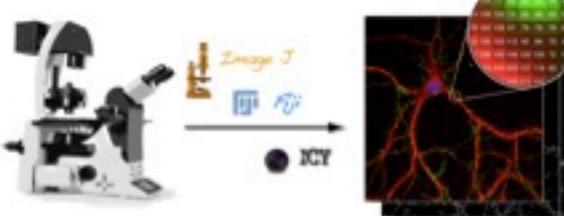
**Figure 1**



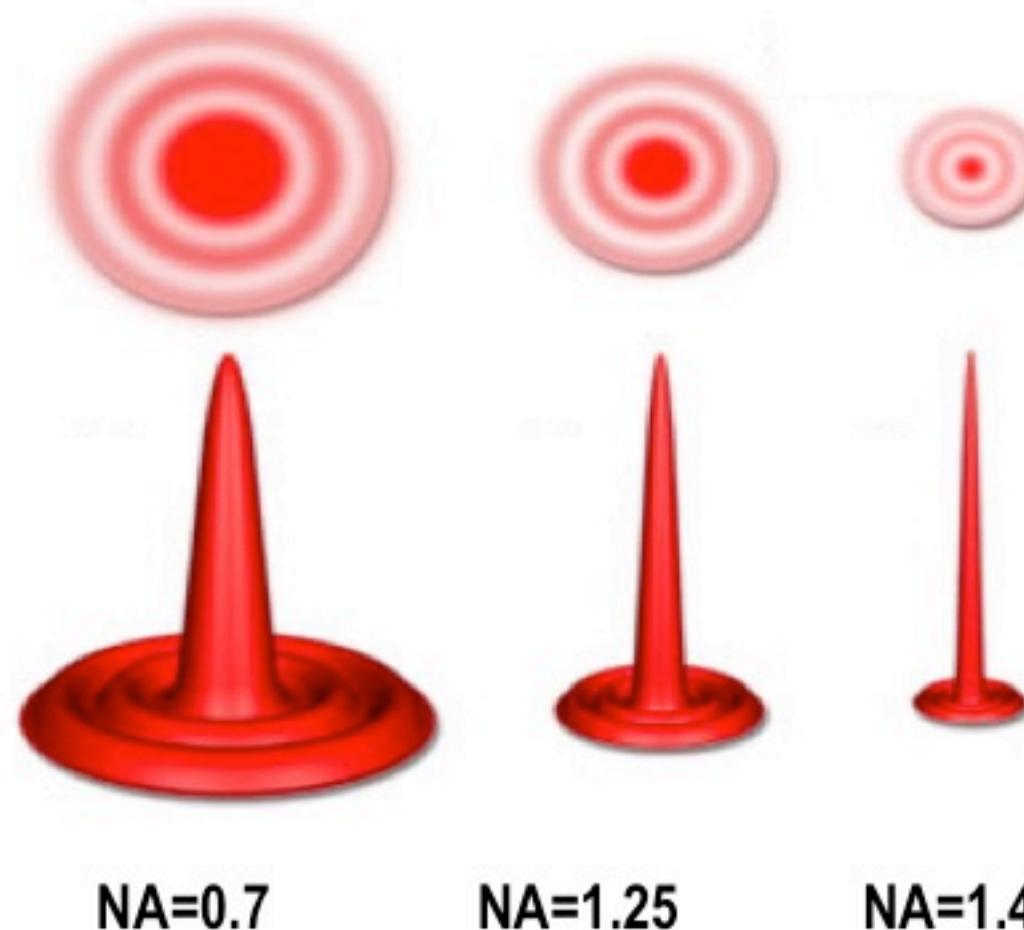
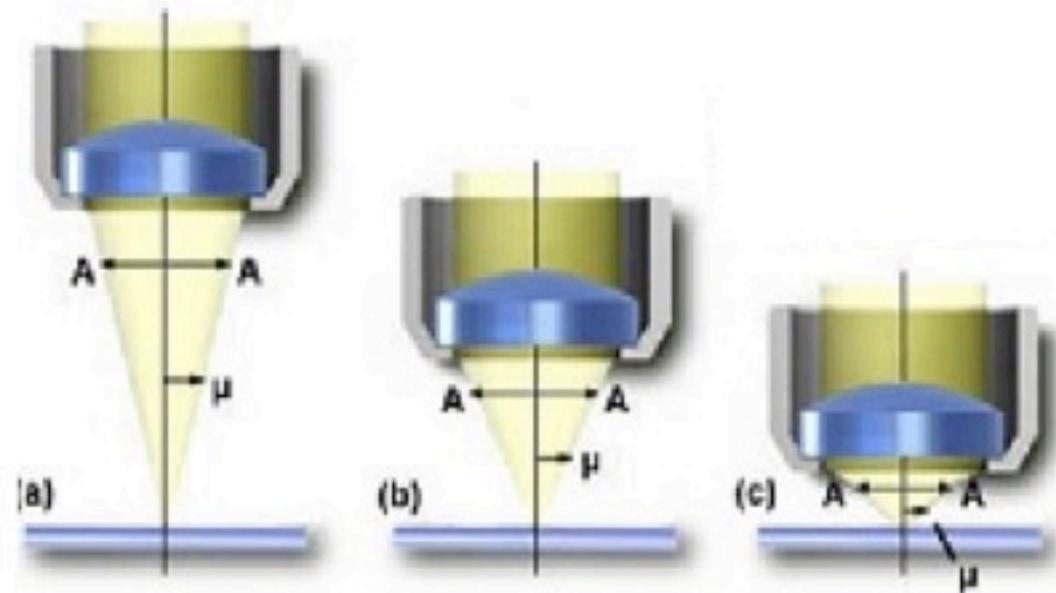
NA = 0,2

NA = 0,81

NA = 1,30

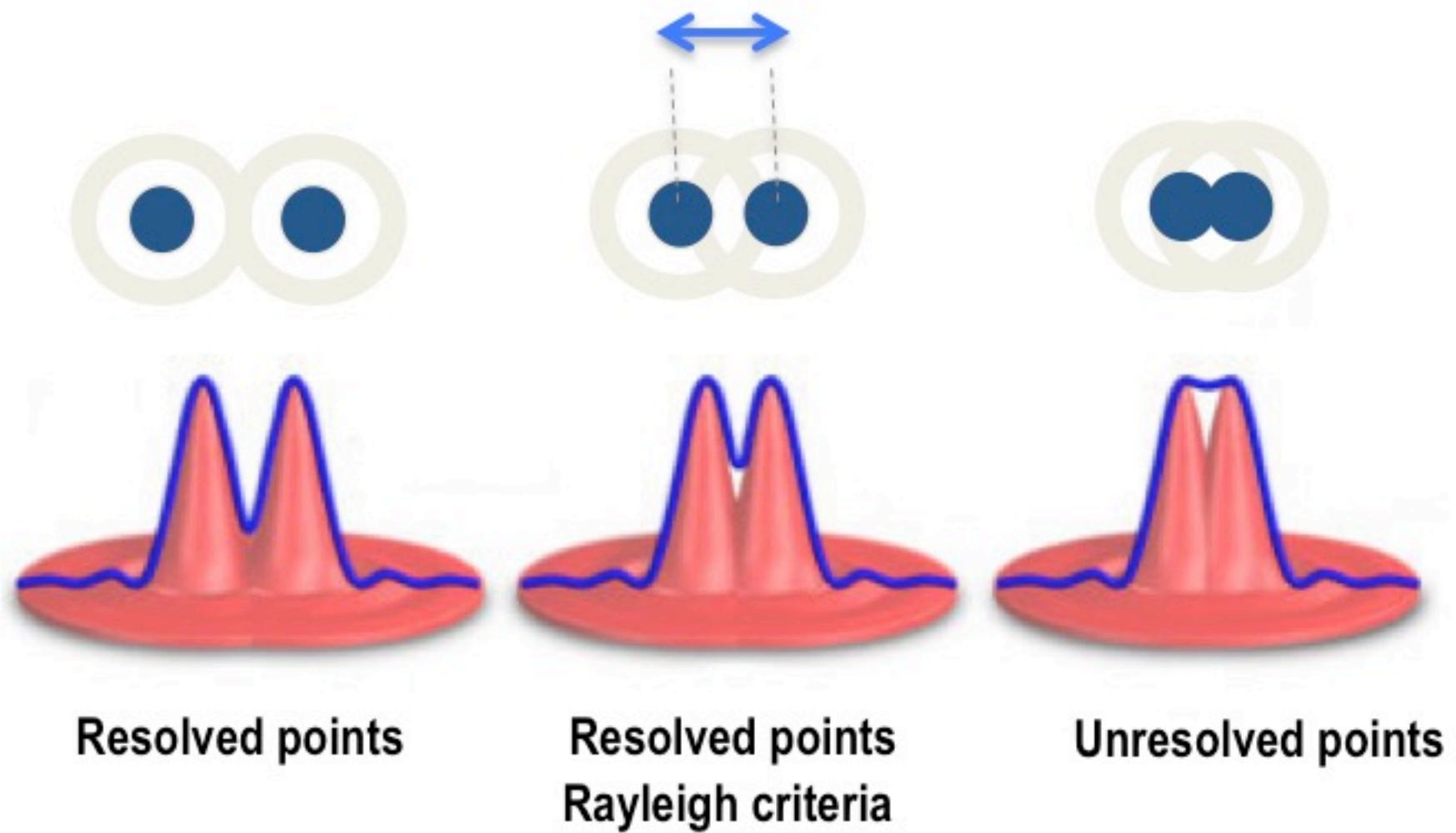


## Numerical aperture and resolution (ouverture numérique et résolution)



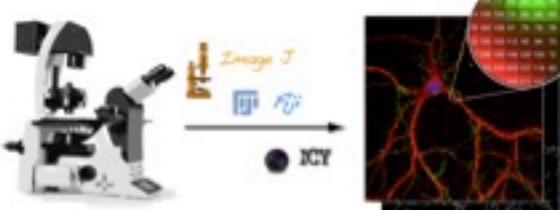
### Resolution :

is the shortest distance that allow to discriminate 2 dots.



The more the NA is hight,  
the more the airy disc is sharp,  
the better is the resolution

The more the NA is hight, better is the  
resolution :since picks are sharper the  
distance decreases.

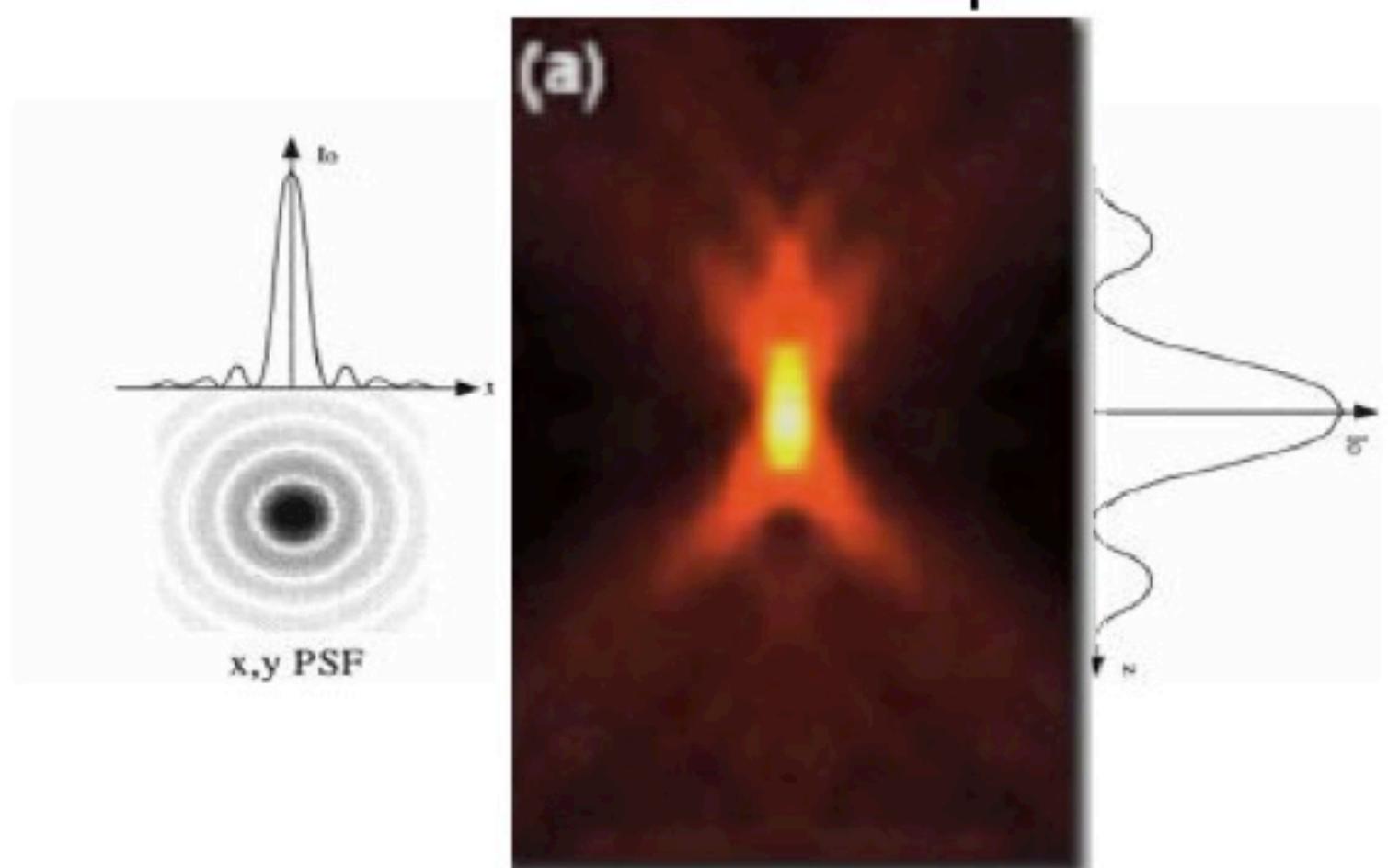


## Ideal sampling

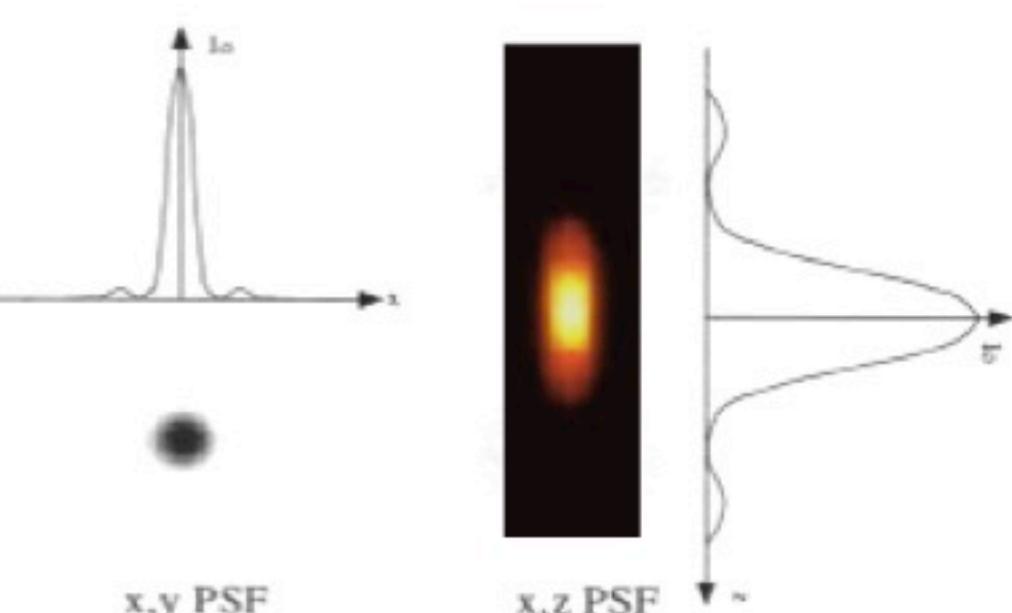
Nyquist criteria :

Image pixel size should be twice smaller than resolution

Plein champ



Confocal



Résolution latérale

$$d_{xy} = 0,61 \lambda / NA$$

Résolution axiale

$$d_z = 2 \lambda n / NA^2$$



$$d_{xy} = 0,46 \lambda / NA + 25\%$$

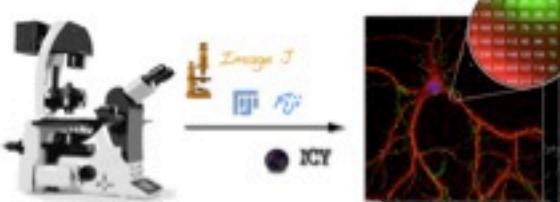
$$d_z = 1.4 \lambda n / NA^2 + 30\%$$



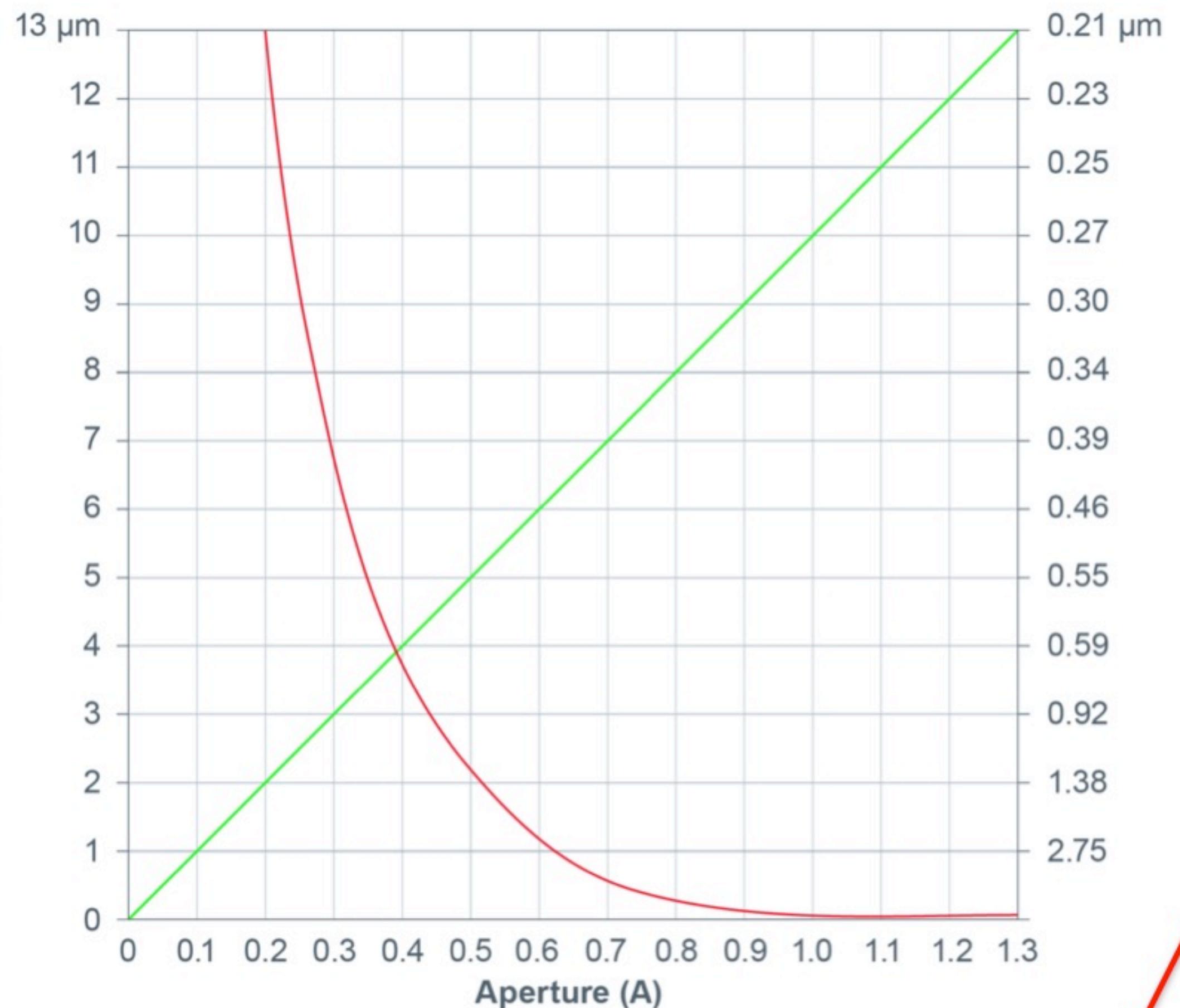
Ex: with 63xobj, NA = 1,4 at 488 nm, resolution is  $d_{xy} = 0,46 \times 488 / 1,4 = 160$  nm

To fulfill Nyquist criteria you should fix your pixel size at  $160 / 2 = 80$  nm.

At 647 nm,  $d_{xy}=212$  nm so ideal sampling pixel size would be at 106 nm.



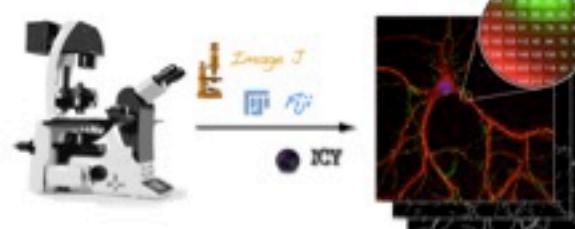
## Iris diaphragm objective in widefield microscopy



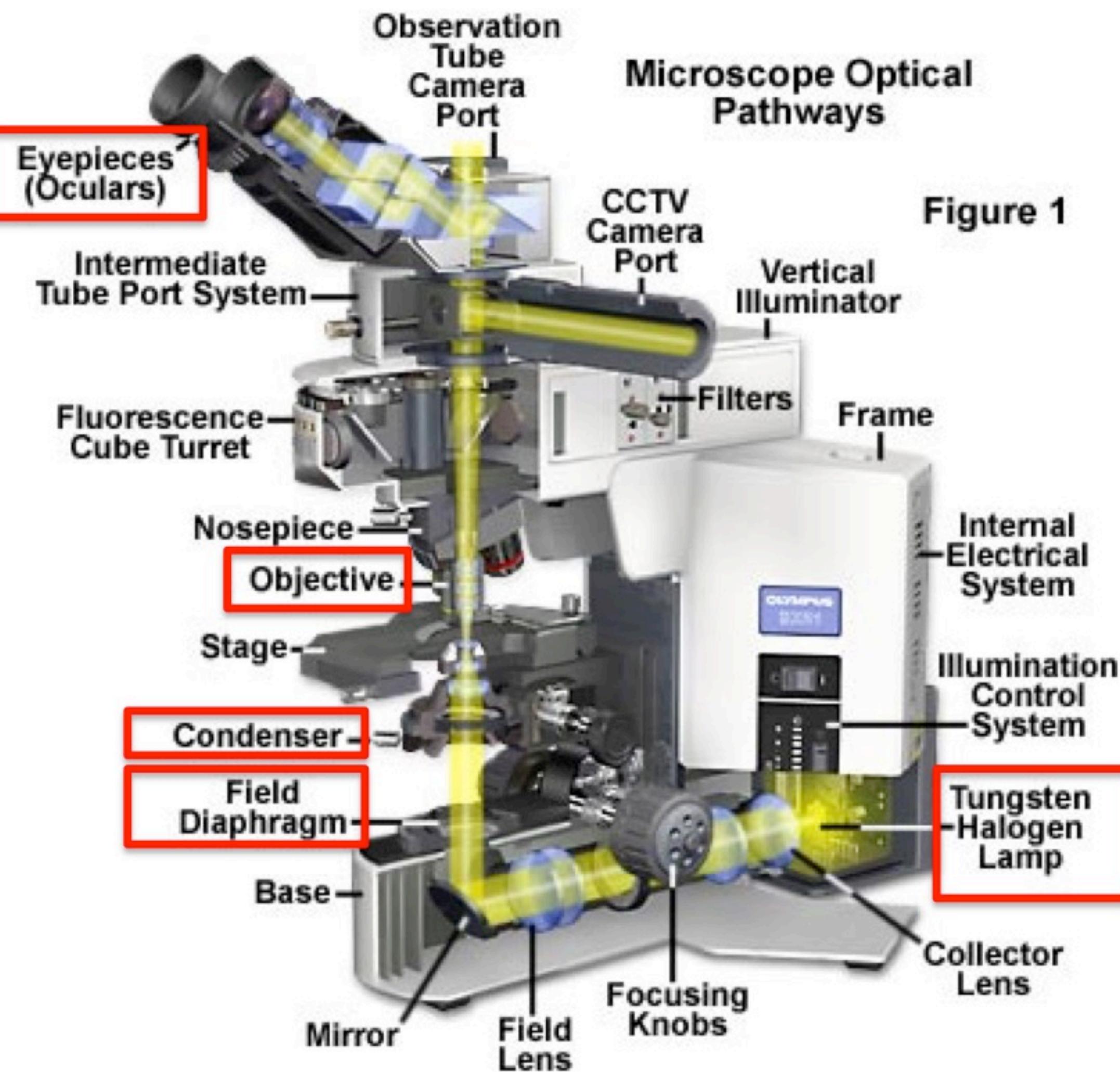
By using iris diaphragm objectives the numerical aperture of the objective can be changed. This is especially useful for widefield microscopy.

When diaphragm is **closed**: high depth of field but low NA and Resolution

When diaphragm is **open**: short depth of field but high NA and **higher Resolution**

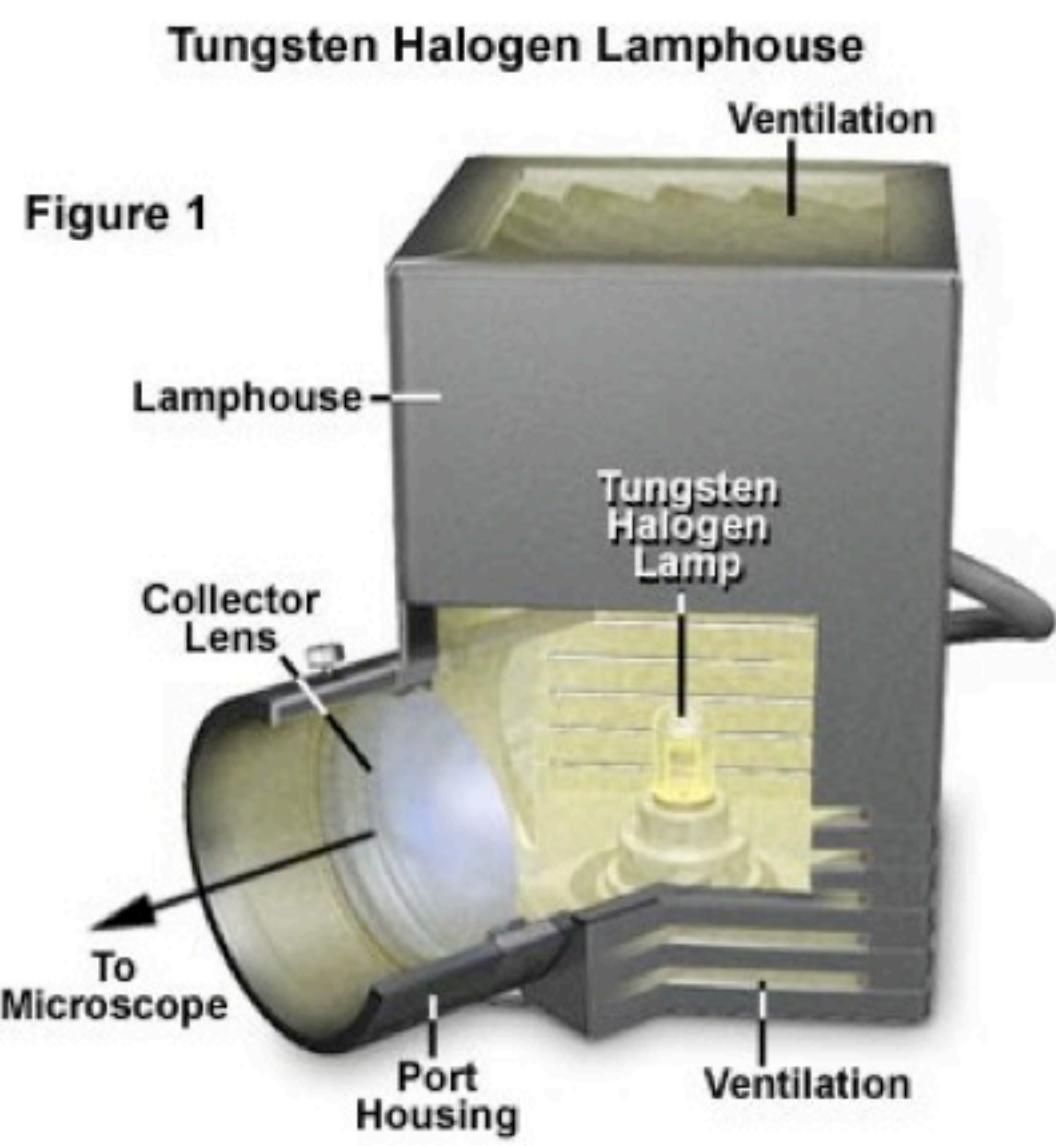


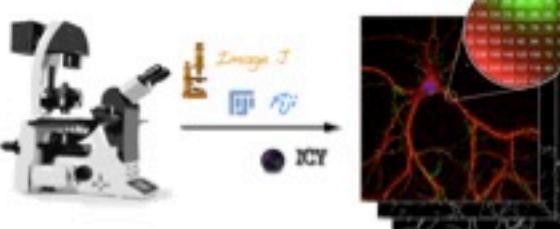
## Brightfield Microscopy, transmitted light



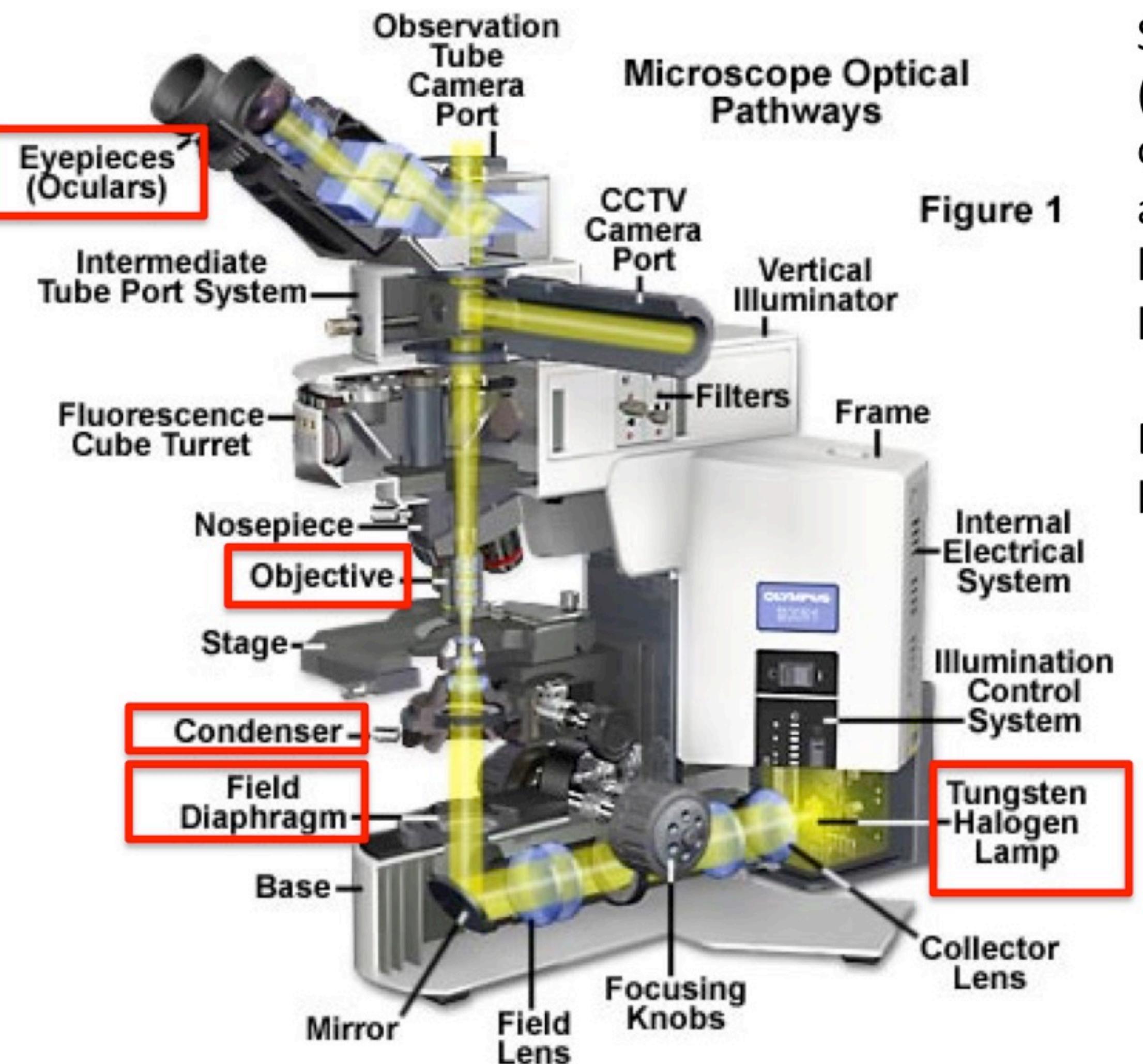
Sample illumination is transmitted (i.e., illuminated from below and observed from above) [white light](#), and contrast in the sample is caused by [attenuation](#) of the transmitted light in dense areas of the sample.

Dark sample on a bright background.



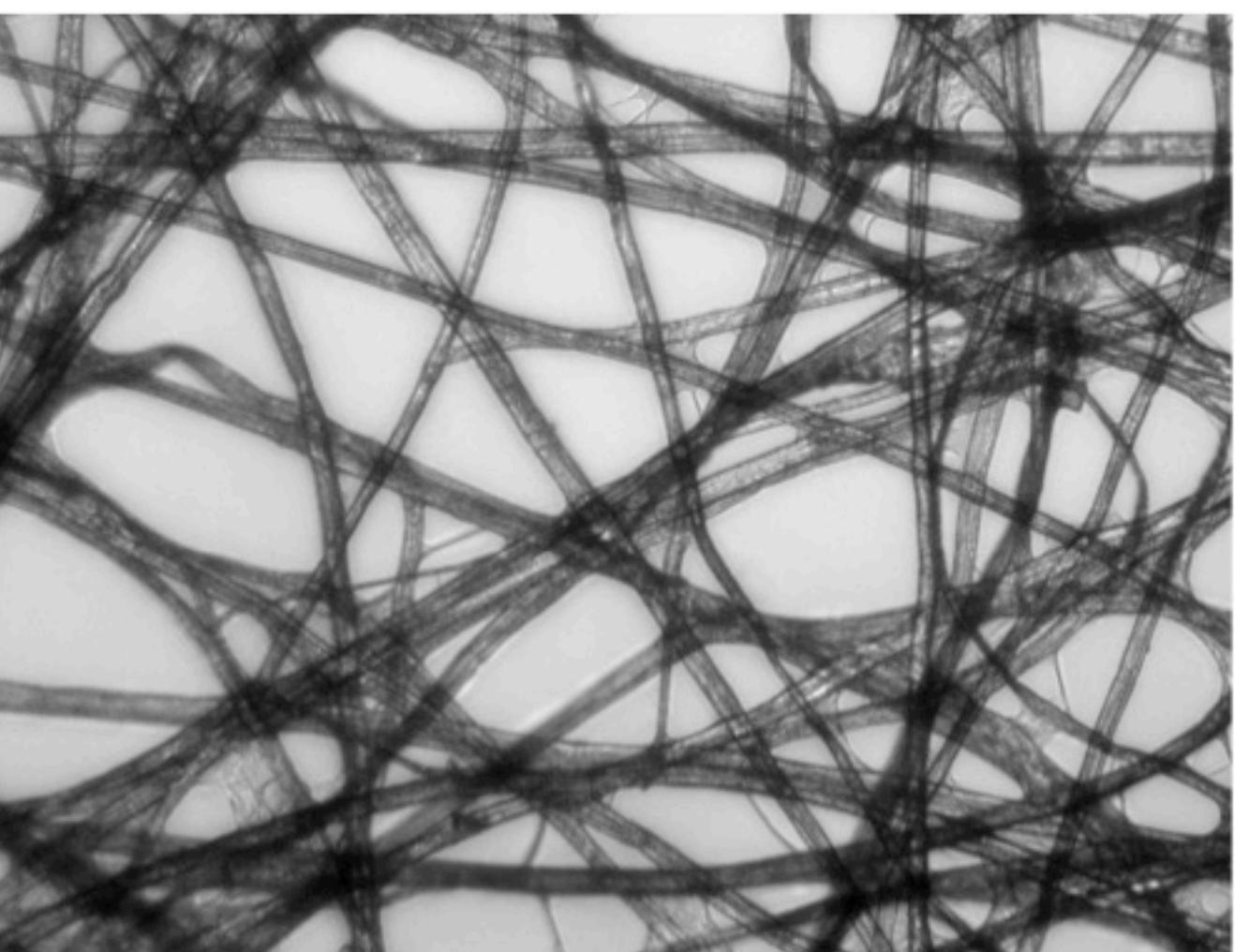


## Brightfield Microscopy, transmitted light

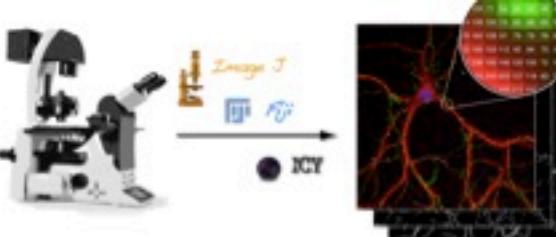


Sample illumination is transmitted (i.e., illuminated from below and observed from above) [white light](#), and contrast in the sample is caused by [attenuation](#) of the transmitted light in dense areas of the sample.

Dark sample on a bright background.



Wikibook/Bright-field microscopy - Wikipedia.html



## Brightfield Microscopy

Dark sample on a bright background.

Bright-field illumination, sample contrast comes from absorbance of light in the sample

Halogen lamp

Field Diaphragm

Aperture condenser diaphragm

Objective

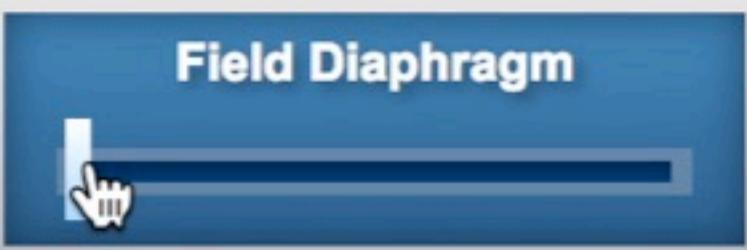
Oculars

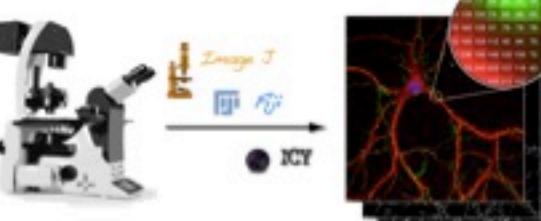
Alignment of the optical components of a microscope to optimize illumination in modern microscopes is carried out following the rules of **Köhler illumination**.

## Transmitted Light Microscopy Optical Pathways



Outside

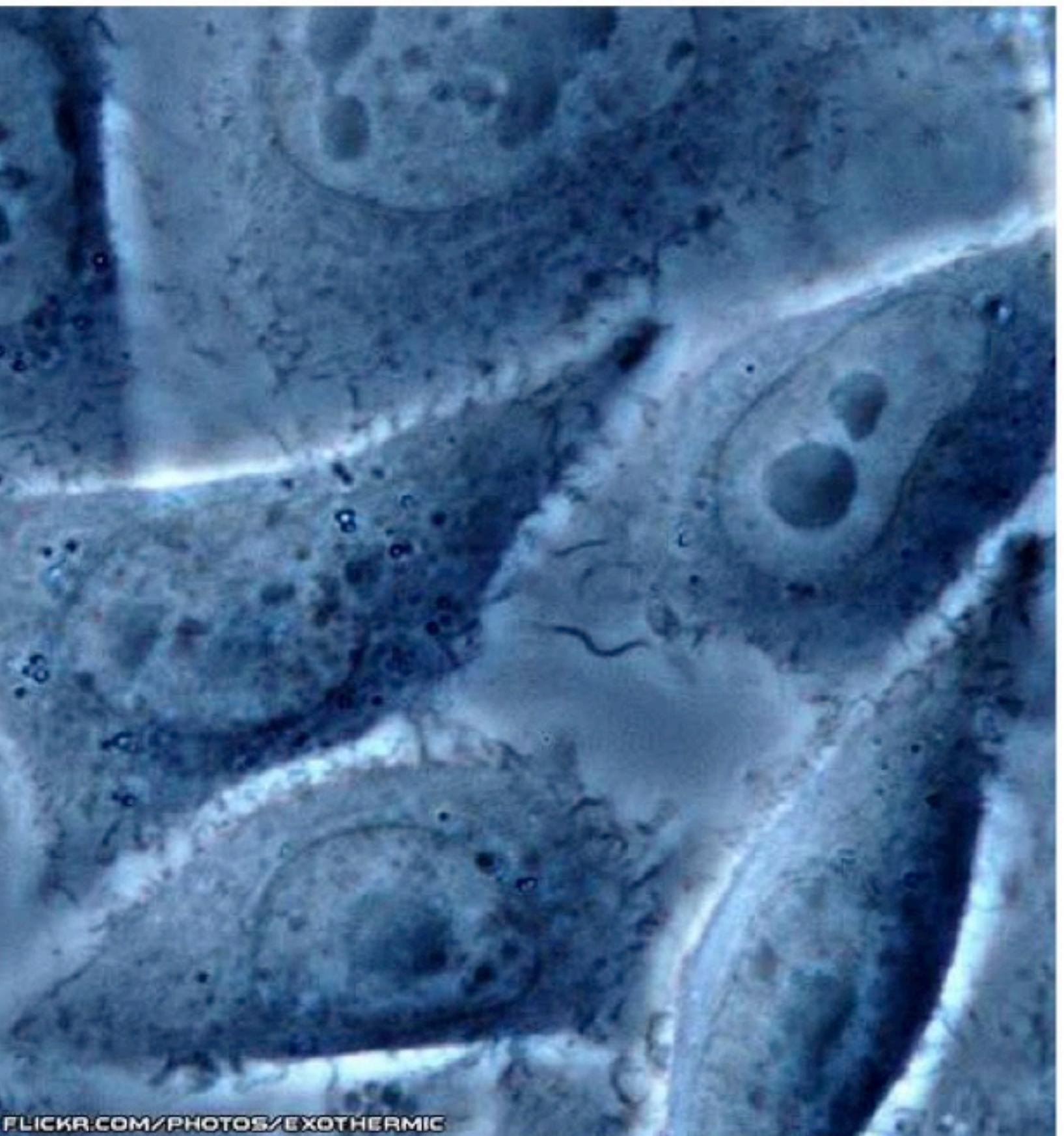




## Phase Contrast Microscopy

A phase contrast microscope is an optical microscope that converts **differences in refractive** indices between two structures into **contrast levels**, which result in phase differences for the light waves passing through them.

It thus visualizes transparent structures when their refractive index differs from that of their neighborhood.



FLICKR.COM/PHOTOS/EXOTHERMIC

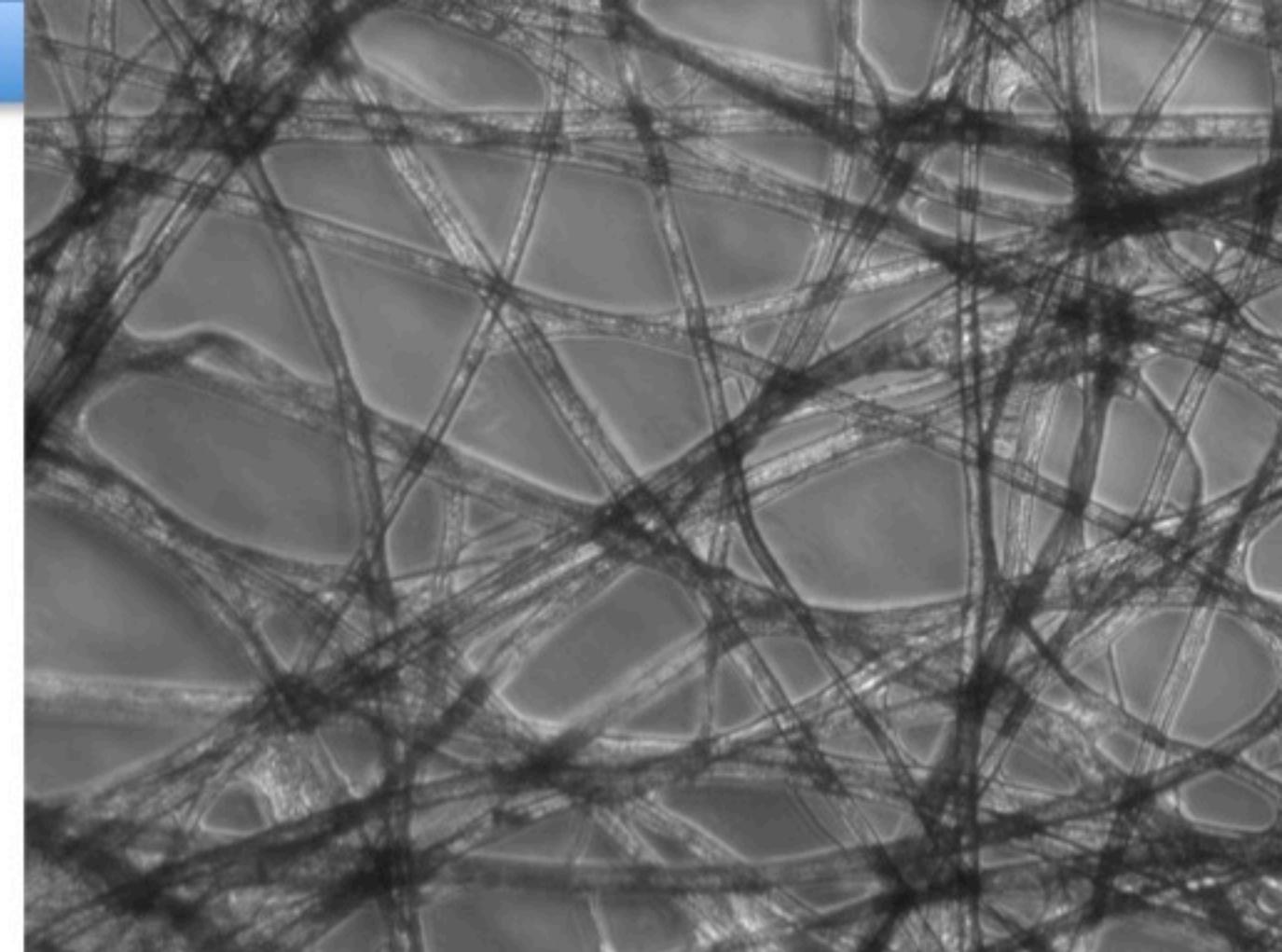
## Phase Contrast Microscopy

Phase-contrast illumination, sample contrast comes from interference of different path lengths of light through the sample

Developed by the Dutch physicist Frederik Zernike in the 1930s(Nobel Prize in physics in 1953).

In order to convert a phase difference into an observable **contrast**, that is to say a **difference in intensity**, interference is formed between the light rays of the object and a reference ray. We say that we transform a "phase object" into an "amplitude object".

This is achieved by means of a **circular** ring in the condenser which produces a **cone of light**. This cone is superimposed on a ring of similar size in the lens. The latter reduces the intensity of the direct light and creates a **phase difference** of a quarter of a wavelength.



[https://en.wikipedia.org/wiki/  
File:Paper\\_Micrograph\\_Phase.png](https://en.wikipedia.org/wiki/File:Paper_Micrograph_Phase.png)

### Phase Contrast Light Pathways

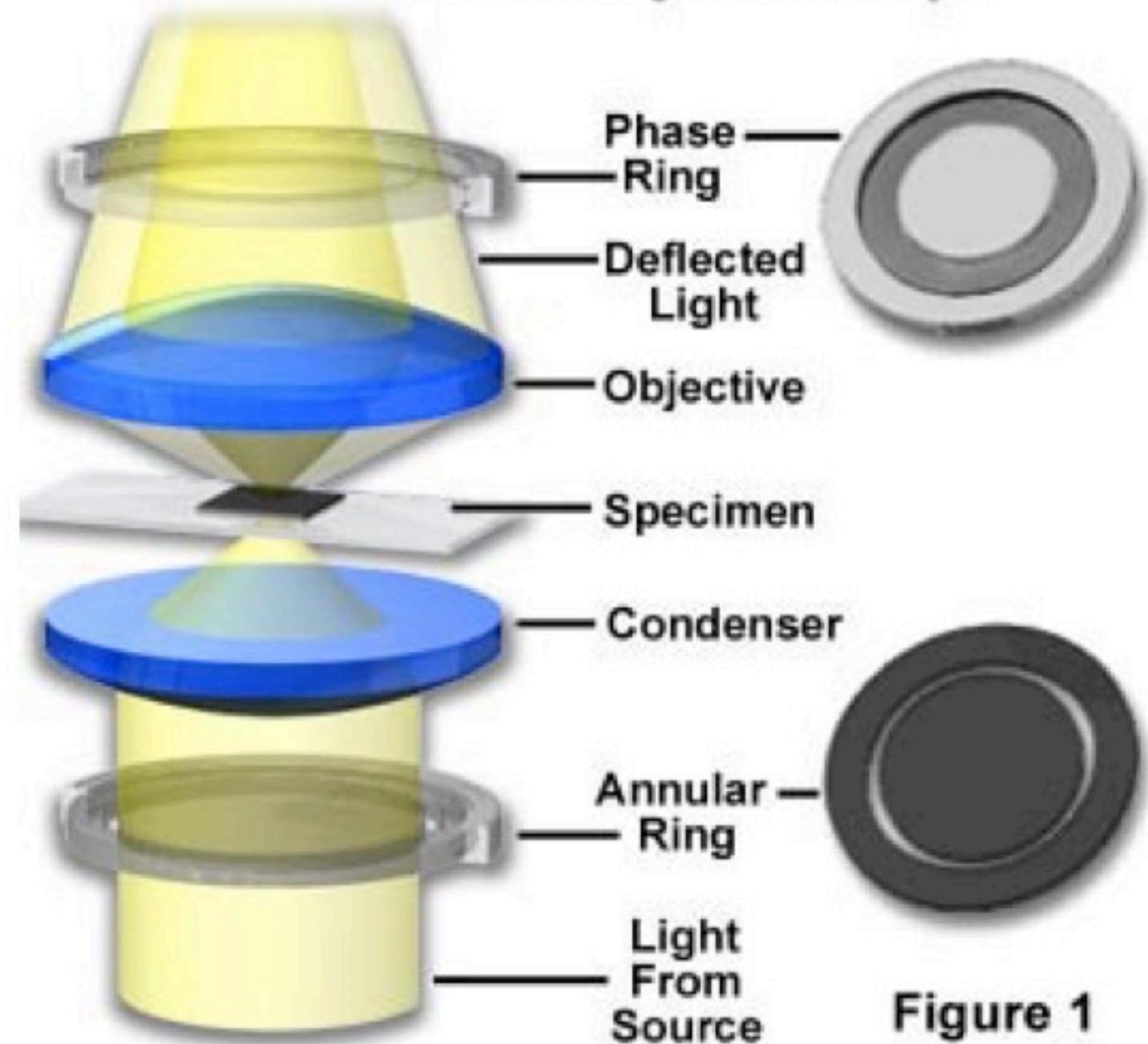
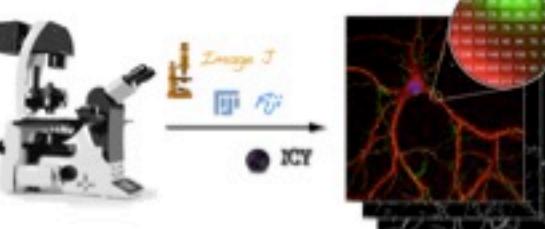
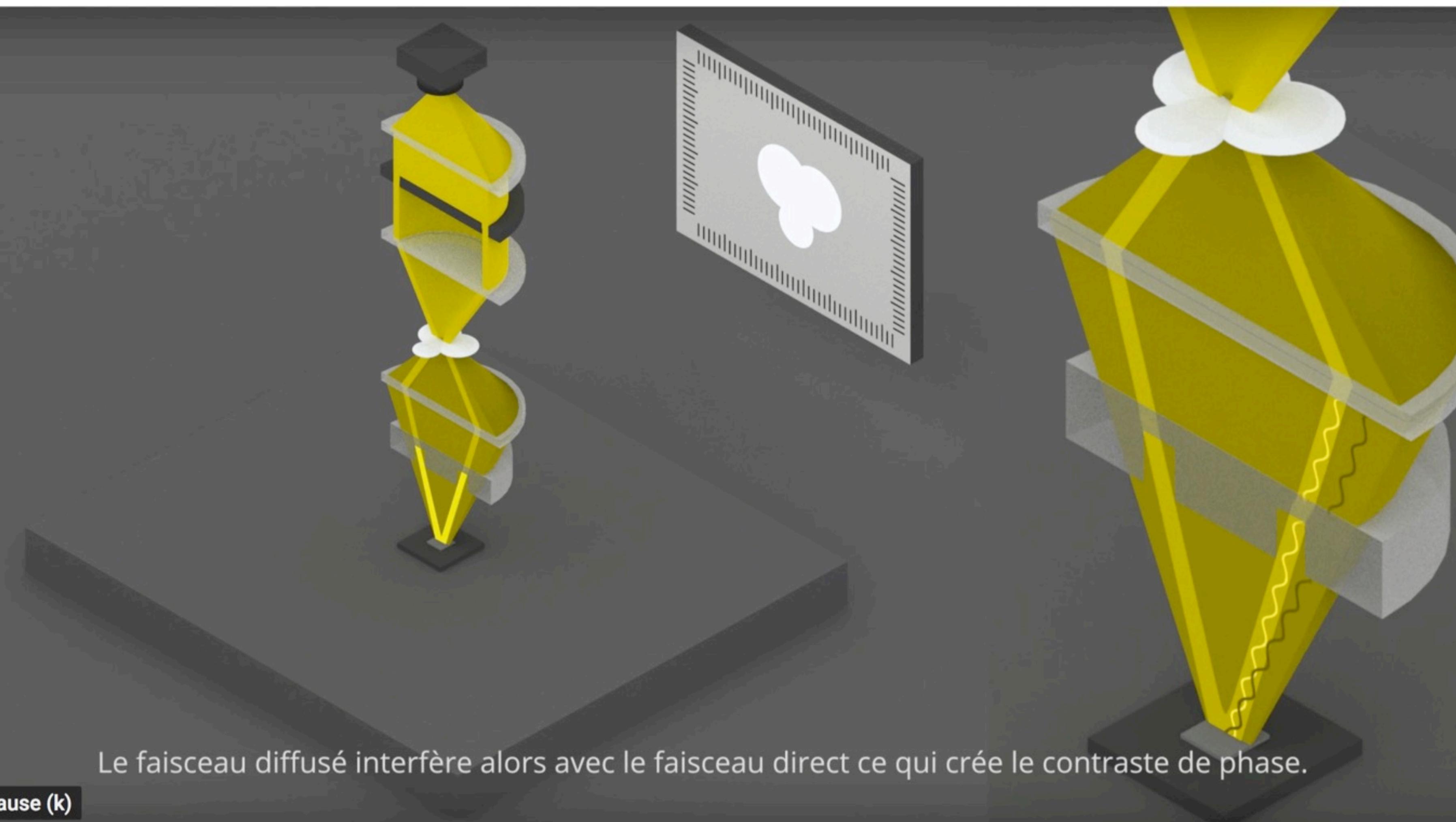


Figure 1

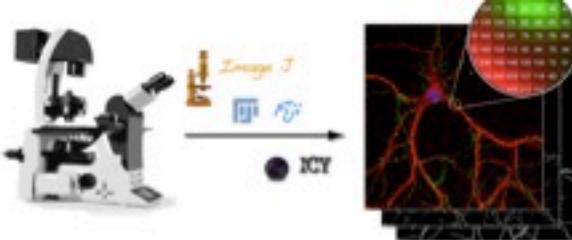


## Phase Contrast Microscopy



Le faisceau diffusé interfère alors avec le faisceau direct ce qui crée le contraste de phase.

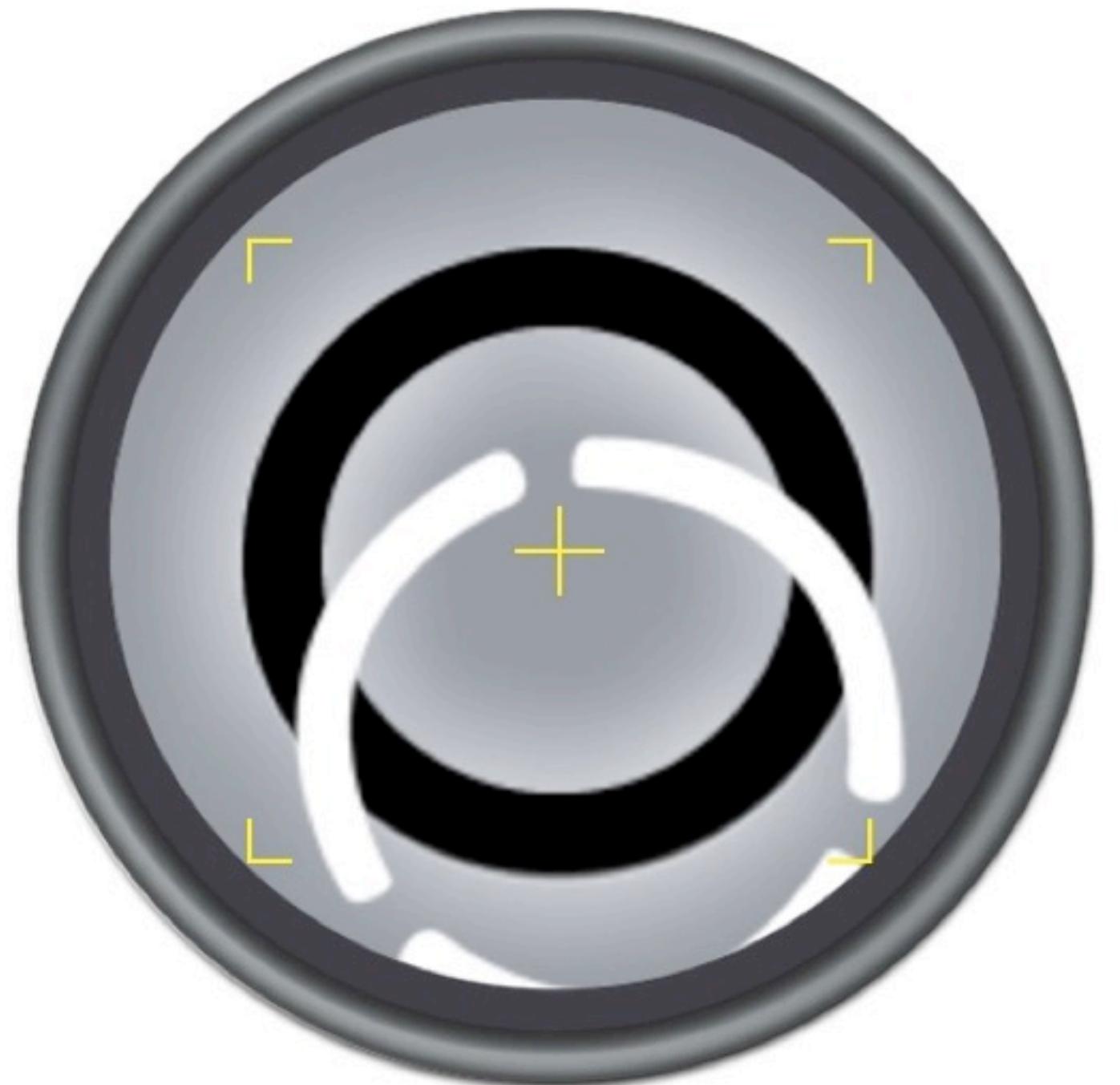
Pause (k)



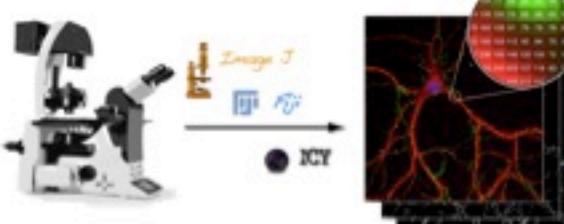
## Phase Plate – Ring Alignment

Concentric alignment of the condenser phase plate slits with the phase ring, positioned inside the objective, is of paramount importance in phase contrast microscopy. This tutorial explores phase plate/ring alignment.

# Phase Plate/Ring Alignment



- Adjust **Focus** and **Intensity** sliders to achieve the best possible image.
- Use the **Phase Ring Position X** and **Y** sliders to maximize specimen contrast.



## Luminescence

La luminescence : spontaneous emission of light after being excited

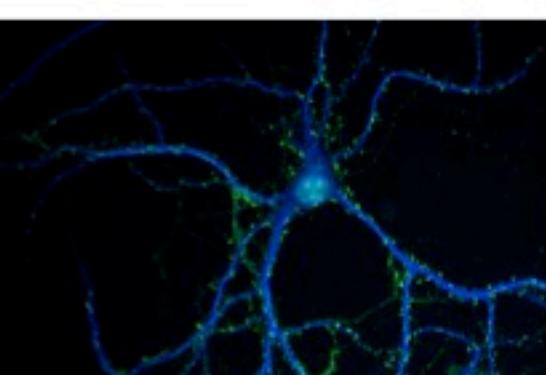
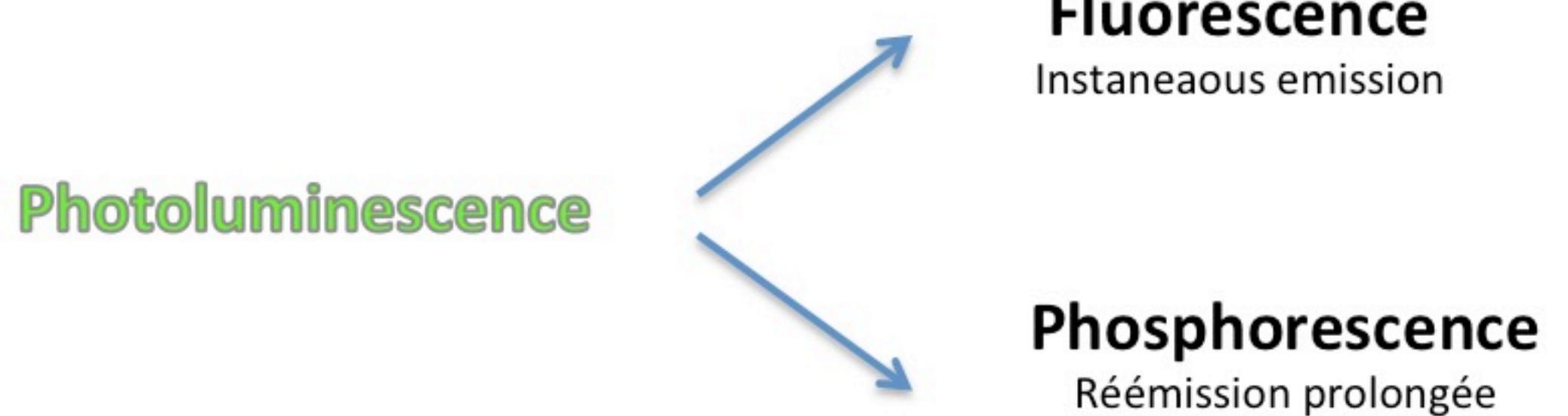
Excitation can result from:

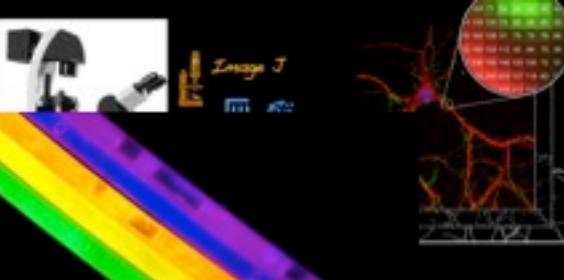
- électromagnétique radiation (**photoluminescence**)
- chemical reaction (chimiluminescence)
- mecanical stimulation.

### Photoluminescence



One fluorescent molecule (fluorophore or fluorochrome) can absorb light energy (excitation light) and quickly restore it through fluorescent light (emission light).





**Excited molecule**

**Luminescence**

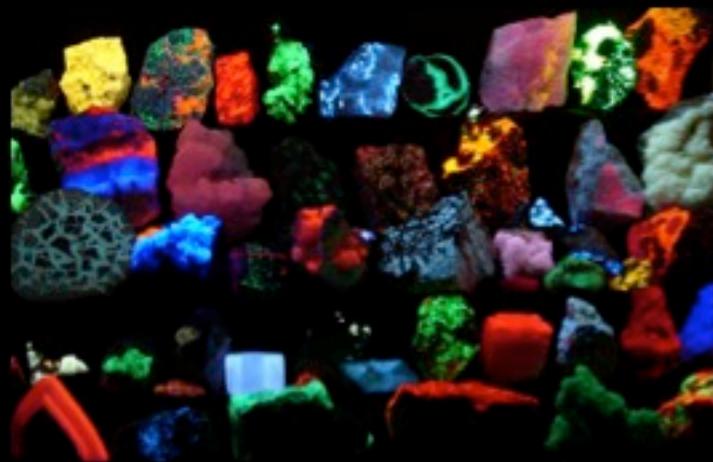
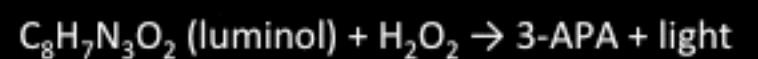
Light emission

**Molecule**

Back to fundamental state

**Chemiluminescence**

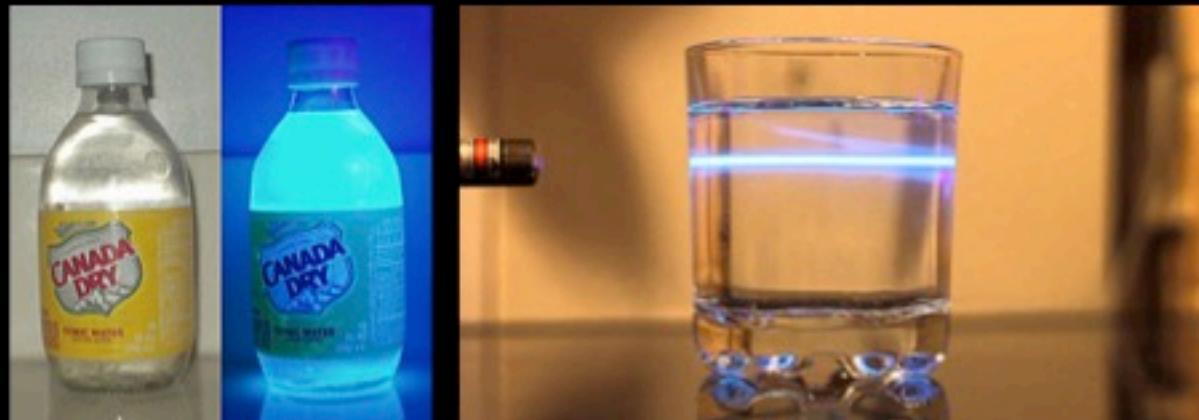
(chemical activation)



Corals



Quinine containing beverages (Canadry, schwepps, ...)



Luminescence

**Photoluminescence**

(Activation by light)

**Fluorescence**

Instantaneous emission



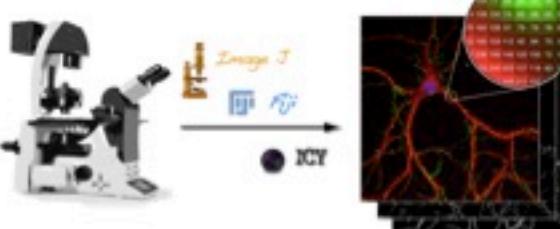
BODY Painting



**Phosphorescence**

Longer emission (even in the dark)

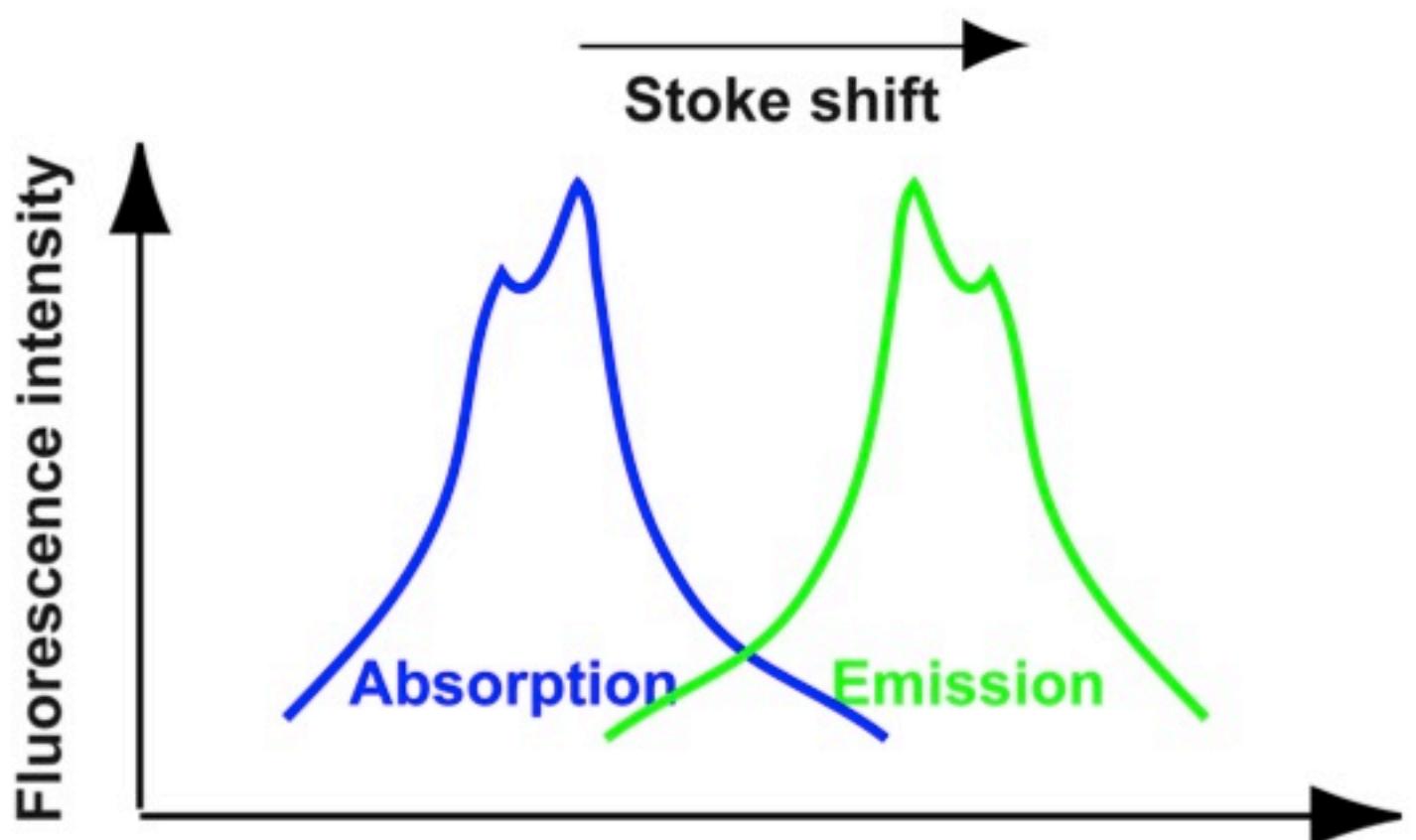




## La Fluorescence

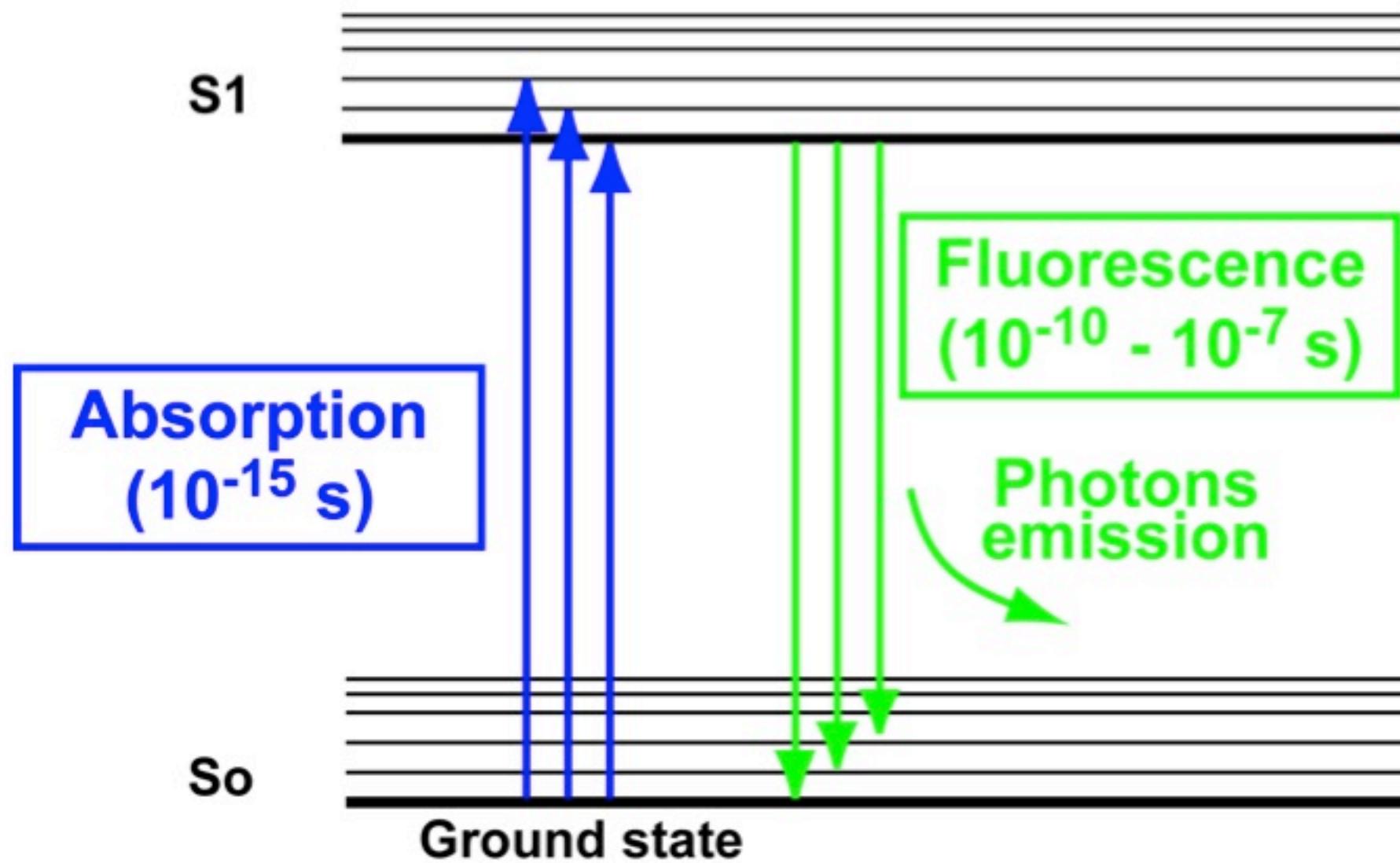
Fluorescence:  
after photon absorption, the fluorophore is excited and restitutes by **emitting photons of lower energy**.

The shift between absorption and fluorescence emission is called « **Stoke shift** »

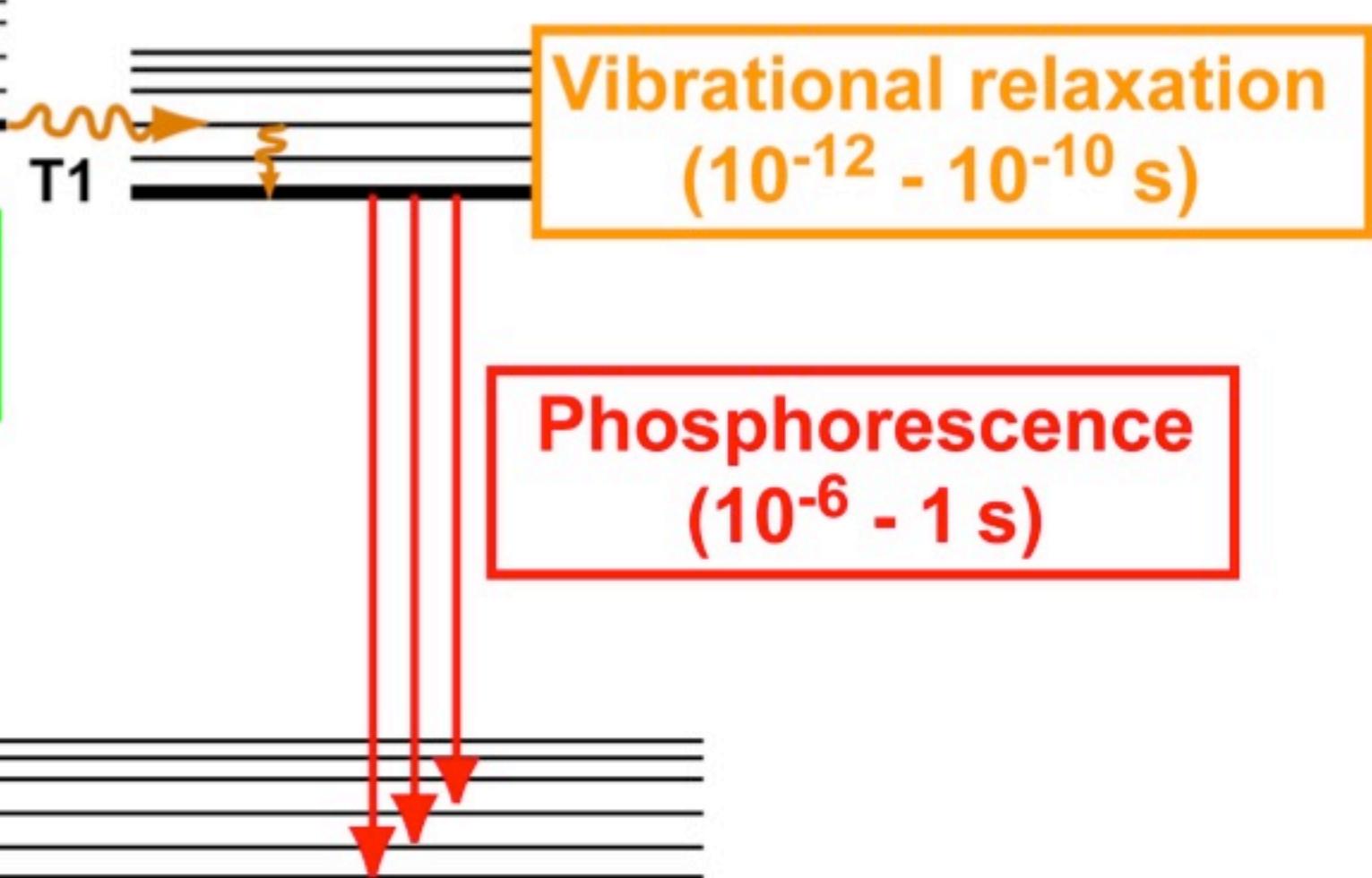


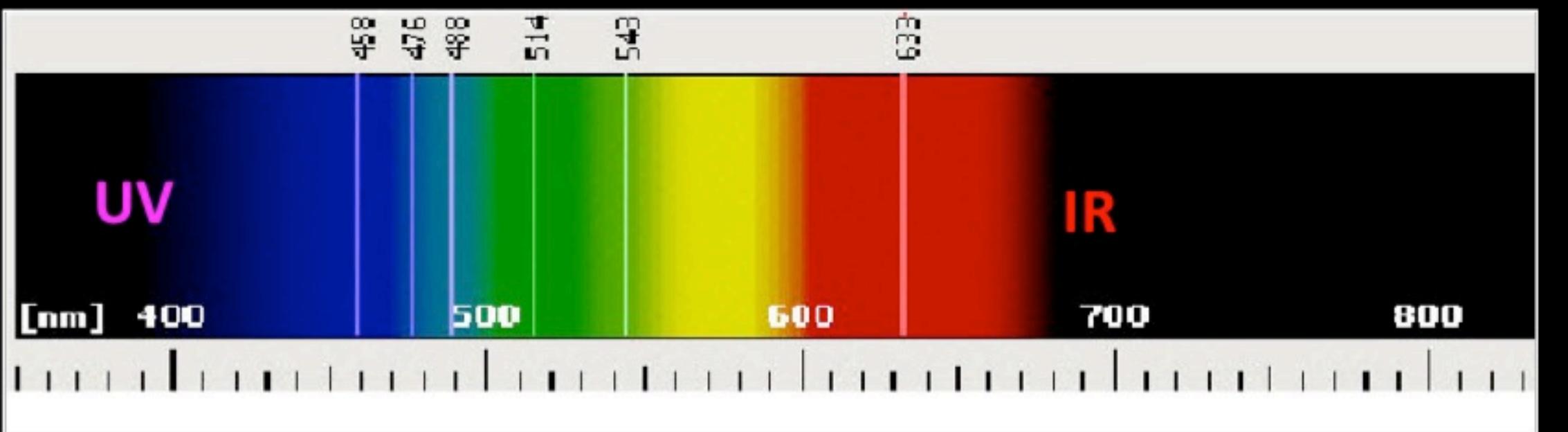
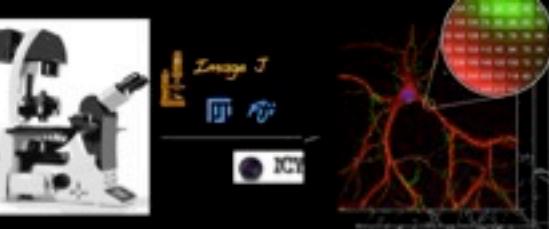
Return to basal state produces **fluorescence** (from singlet state) or **phosphorescence** (from a triplet state).

### Excited singlet states

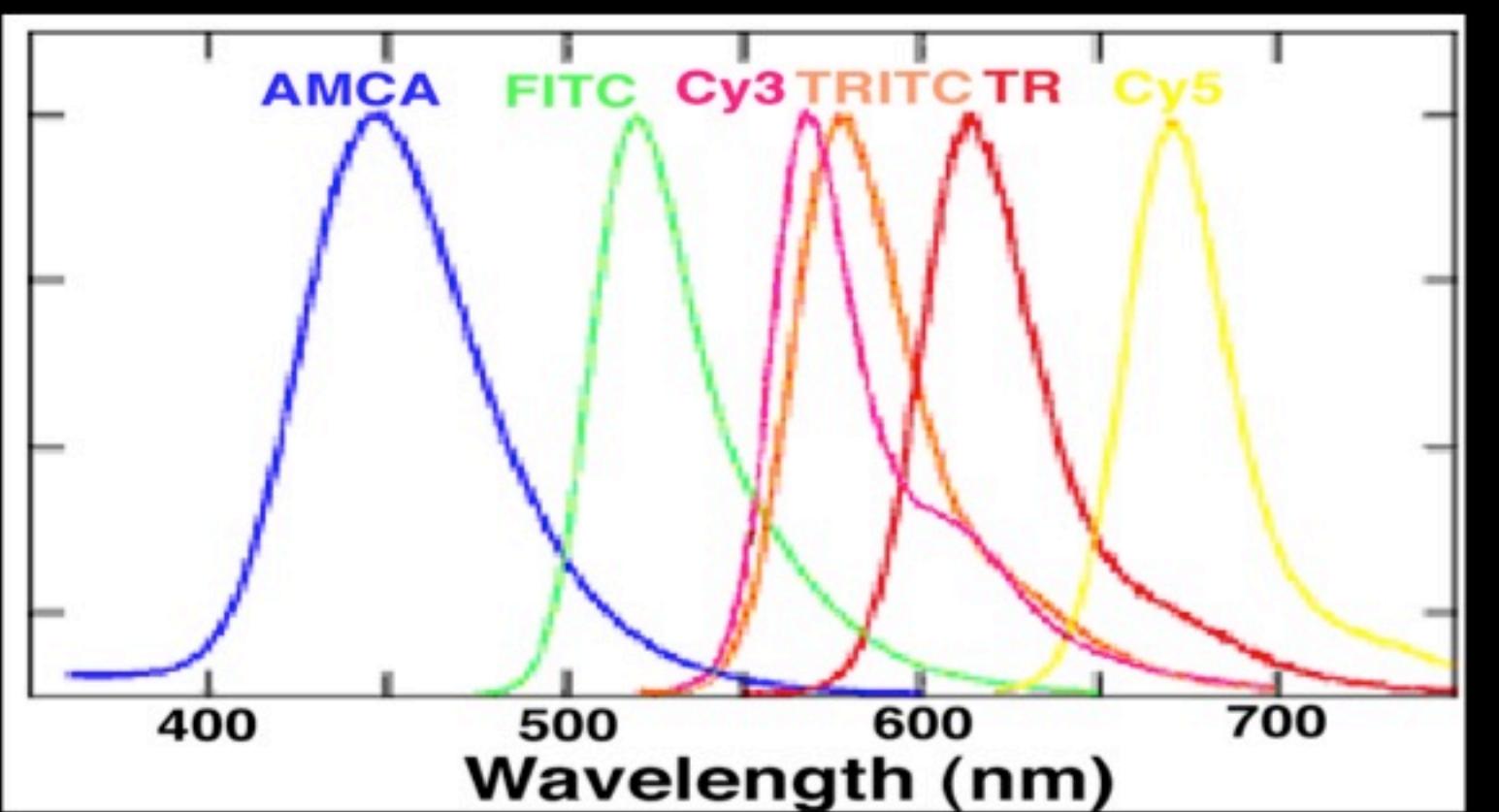


### Excited triplet states





# Fluorescent probes



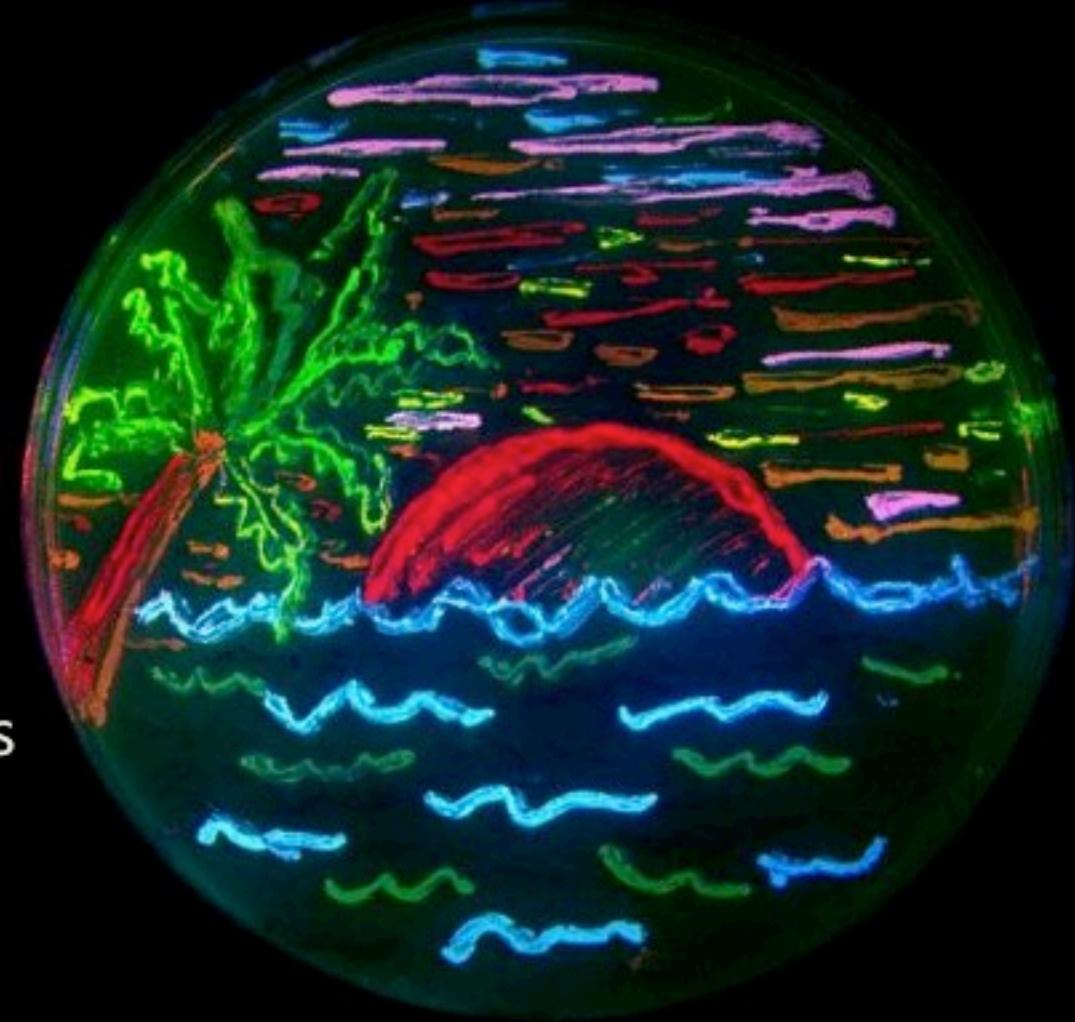
Fluorophore	Absorption Peak (nm)	Emission Peak (nm)
Aminomethylcoumarin, AMCA	350	450
Cyanine, Cy2	492	510
Fluorescein, FITC	492	520
Indocarbocyanine, Cy3	550	570
Tetramethyl Rhodamine, TRITC	550	570
Rhodamine Red-X, RRX	570	590
Texas Red, TR	596	620
Indodicarbocyanine, Cy5	650	670

Color	Alexa Fluor Dye	Abs *	Em *
1	Alexa Fluor 350	346	442
2	Alexa Fluor 405	401	421
3	Alexa Fluor 430	433	541
4	Alexa Fluor 488	495	519
5	Alexa Fluor 532	532	553
6	Alexa Fluor 546	556	573
7	Alexa Fluor 555	555	565
8	Alexa Fluor 568	578	603
9	Alexa Fluor 594	590	617
10	Alexa Fluor 633	632	647‡
11	Alexa Fluor 647	650	665‡
12	Alexa Fluor 660	663	690‡
13	Alexa Fluor 680	679	702‡
14	Alexa Fluor 700	702	723‡
15	Alexa Fluor 750	749	775‡



Roger Tsien

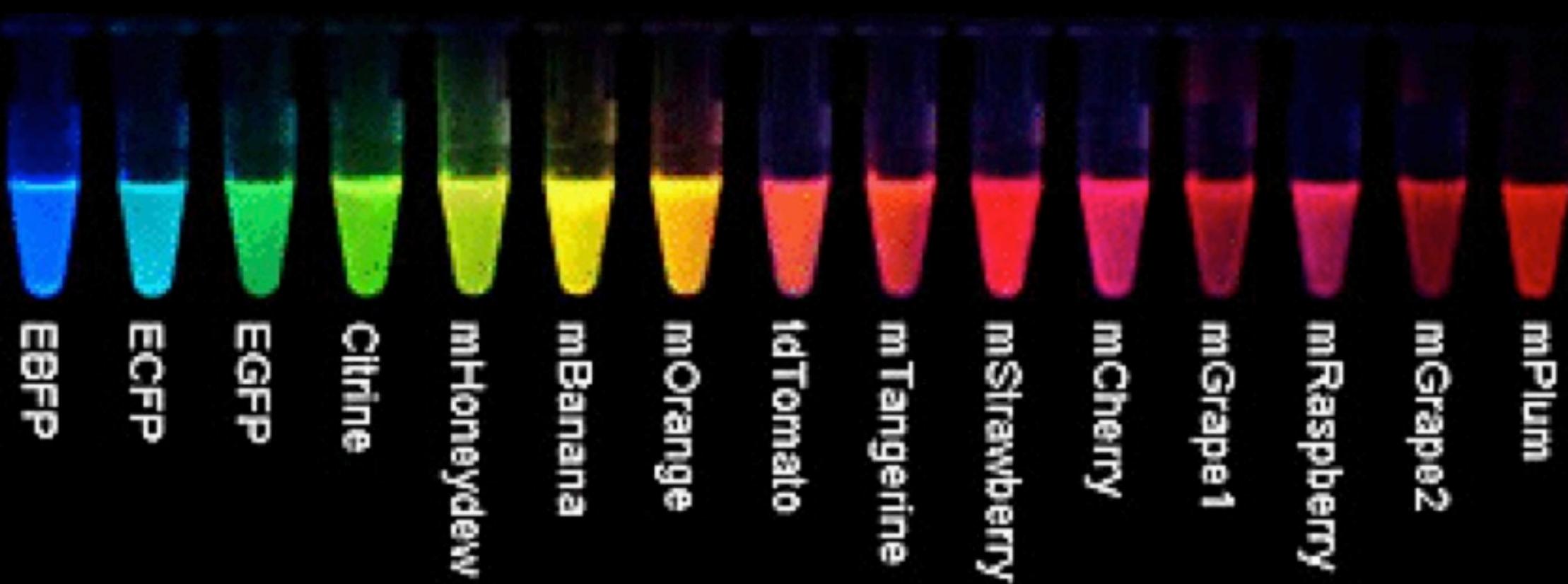
His group has developed mutants that start fluorescing faster than wild type GFP, that are brighter and have different colors (see below, the E stands for enhanced versions of GFP, m are monomeric proteins and tdTomato is a head-to-tail dimer).



R Heim, DC Prasher, RY Tsien: Wavelength mutations and posttranslational autoxidation of green fluorescent protein. Proc. Natl. Acad. Sci. USA 91 (1994) 12501-04.

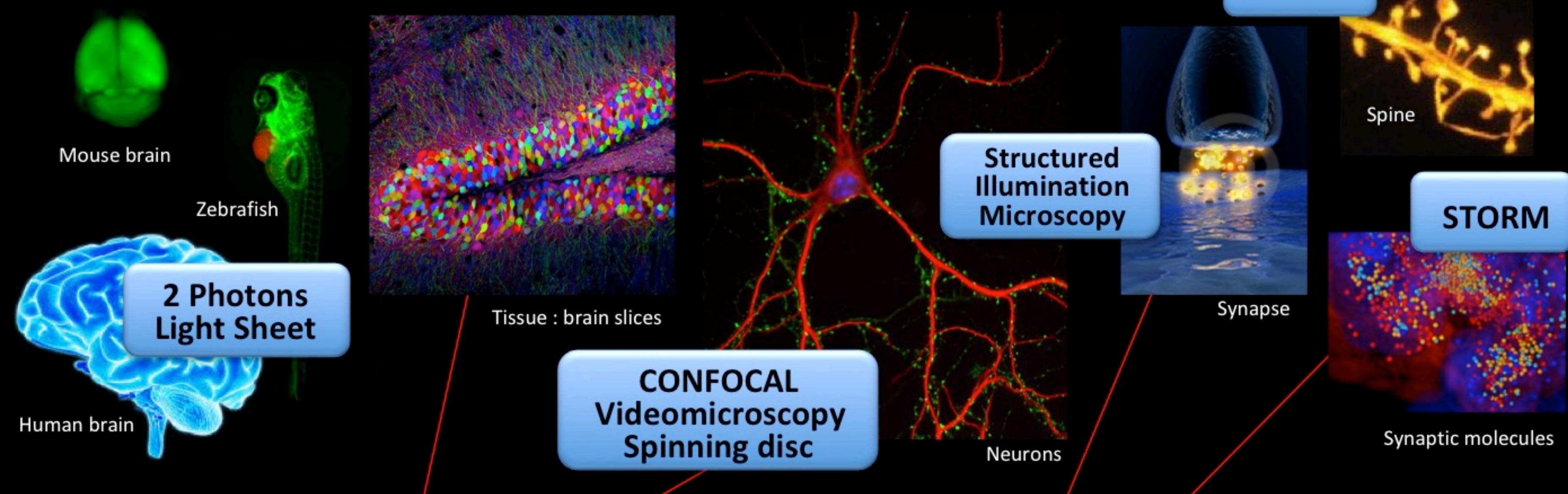
R Heim, A Cubitt, RY Tsien: Improved green fluorescene. Nature 373 (1995) 663-64.

M Ormo, AB Cubitt, K Kallio, LA Gross, RY Tsien, SJ Remington: Crystal structure of the *Aequorea victoria* green fluorescent protein. Science 273 (1996) 1392-95.



## Main Goal

→ To cover imaging from whole organism to tissular, cellular and molecular levels



cm mm 100 µm 10 µm 1 µm 100 nm 10 nm 1 nm

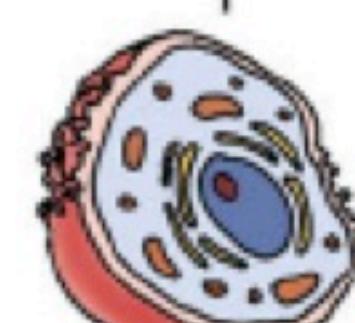


Organs

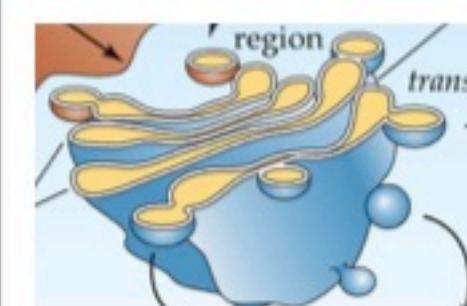


Fish egg

Plant  
And  
Animal  
cells



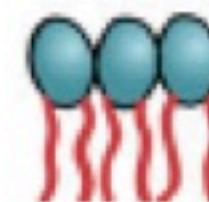
Most bacteria



Organelles



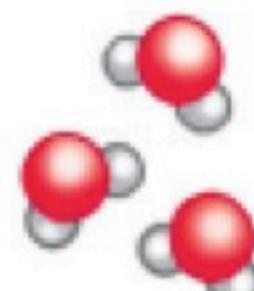
Fluorescent  
proteins



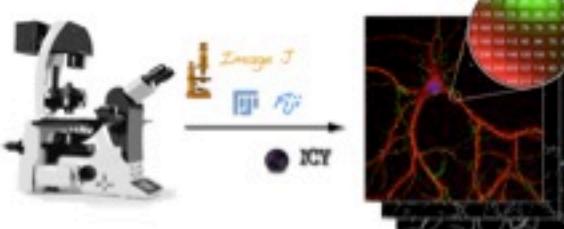
Lipids



Proteins



Small molecules



## Fluorescence Microscope

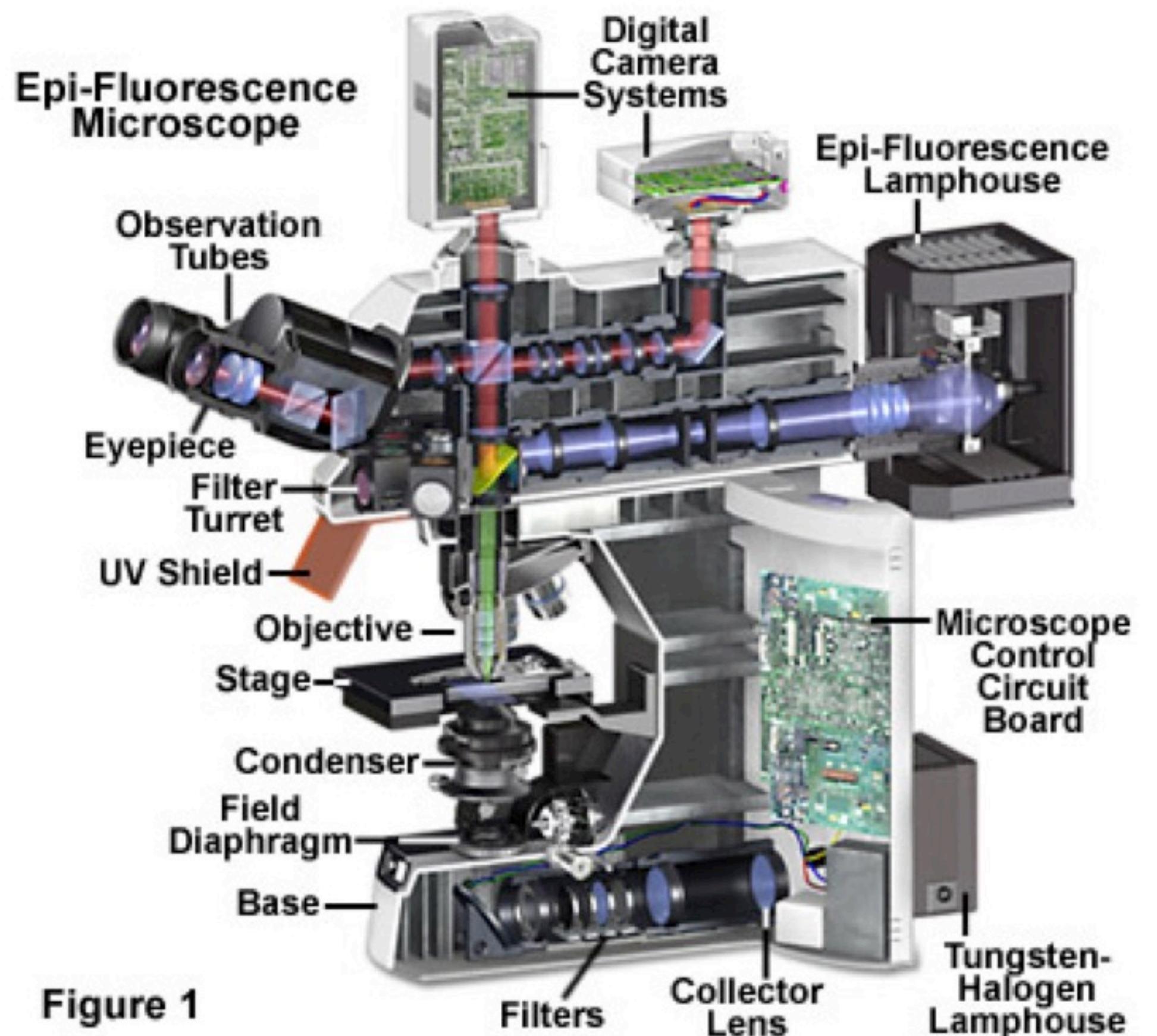
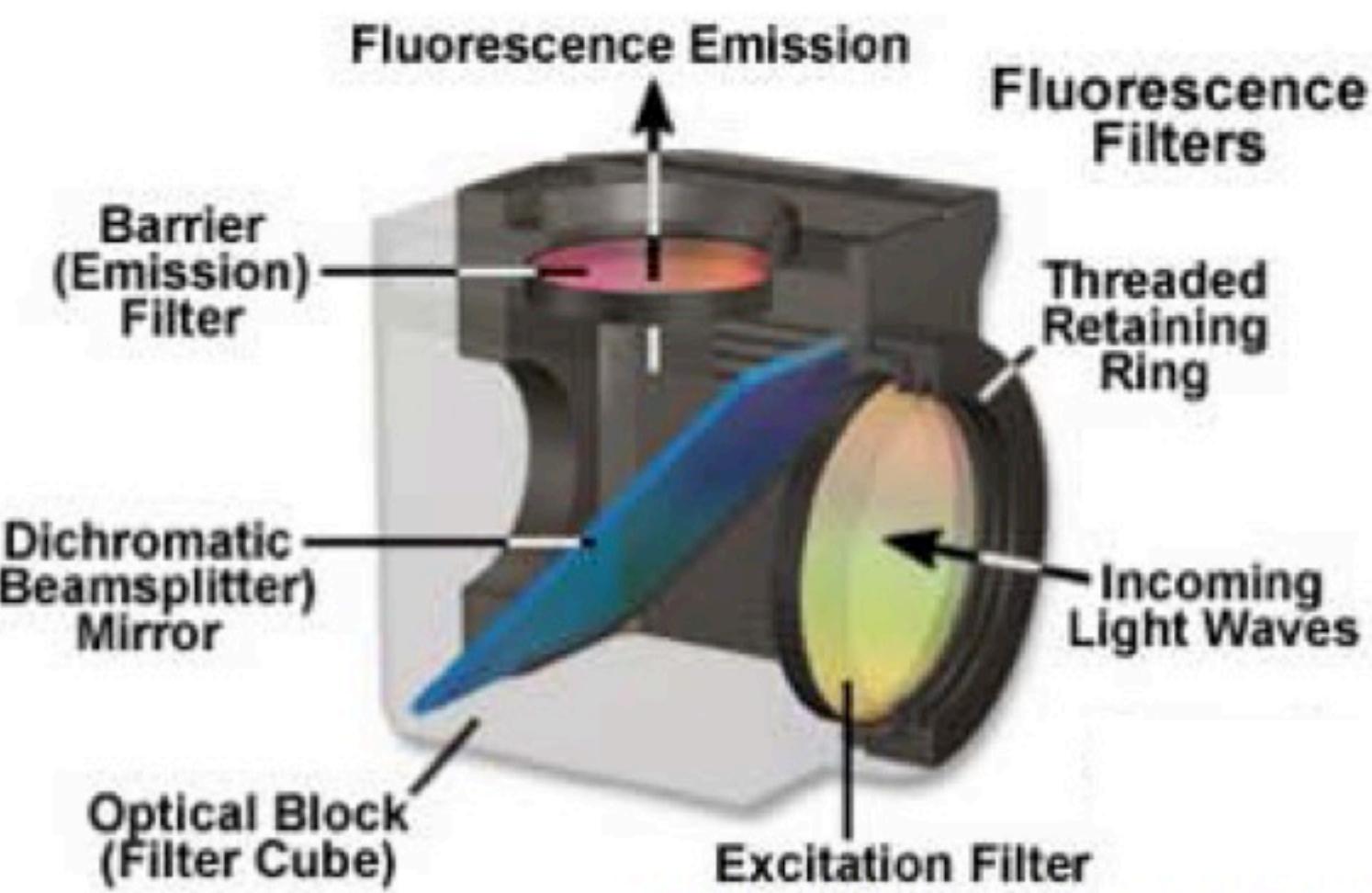
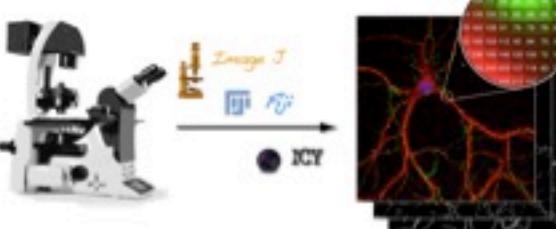


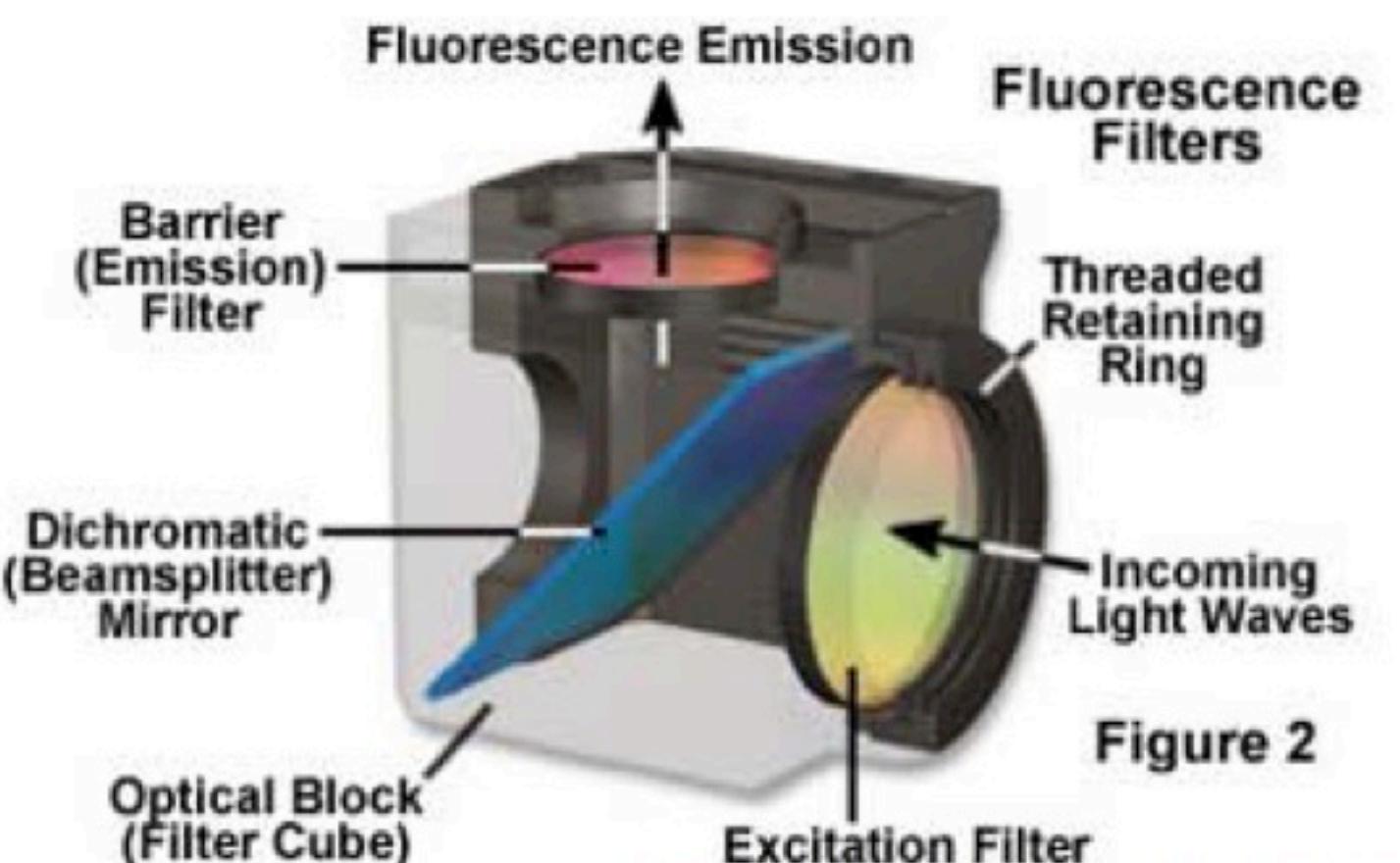
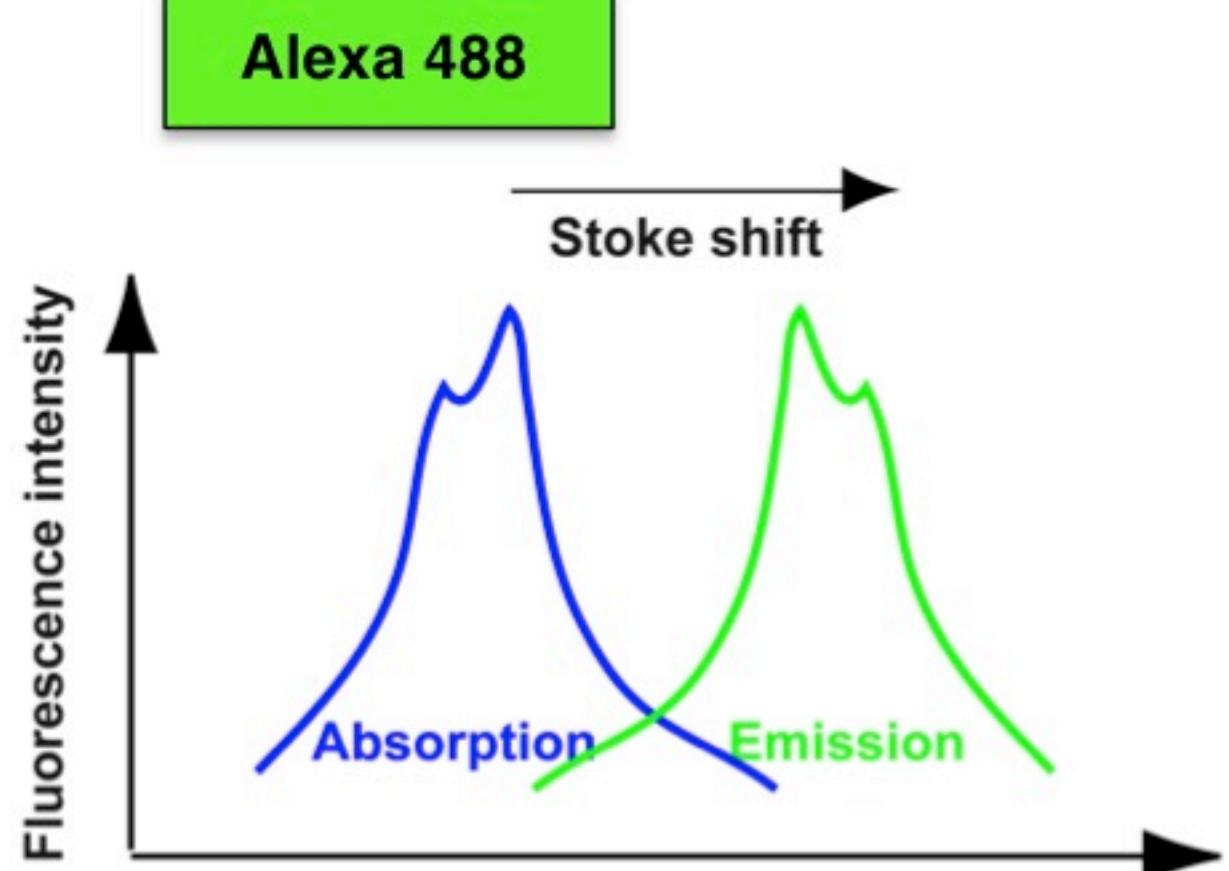
Figure 1

### Dichroic filter

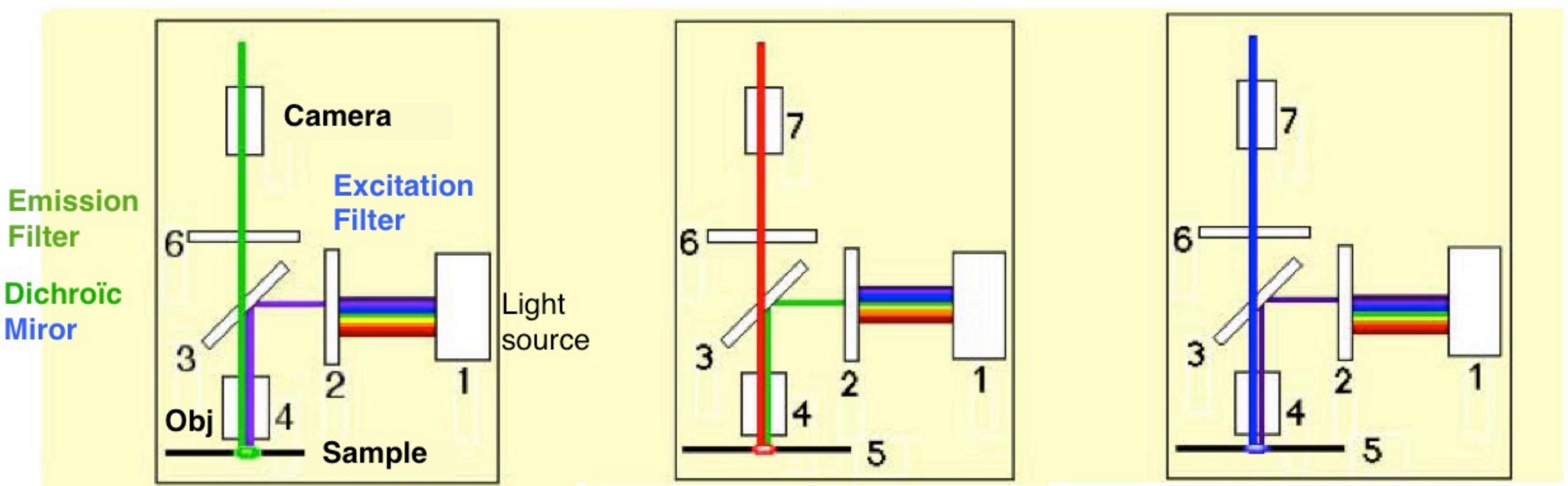


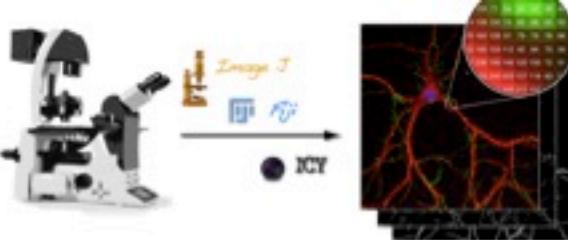


## Dichroic Filter anatomy



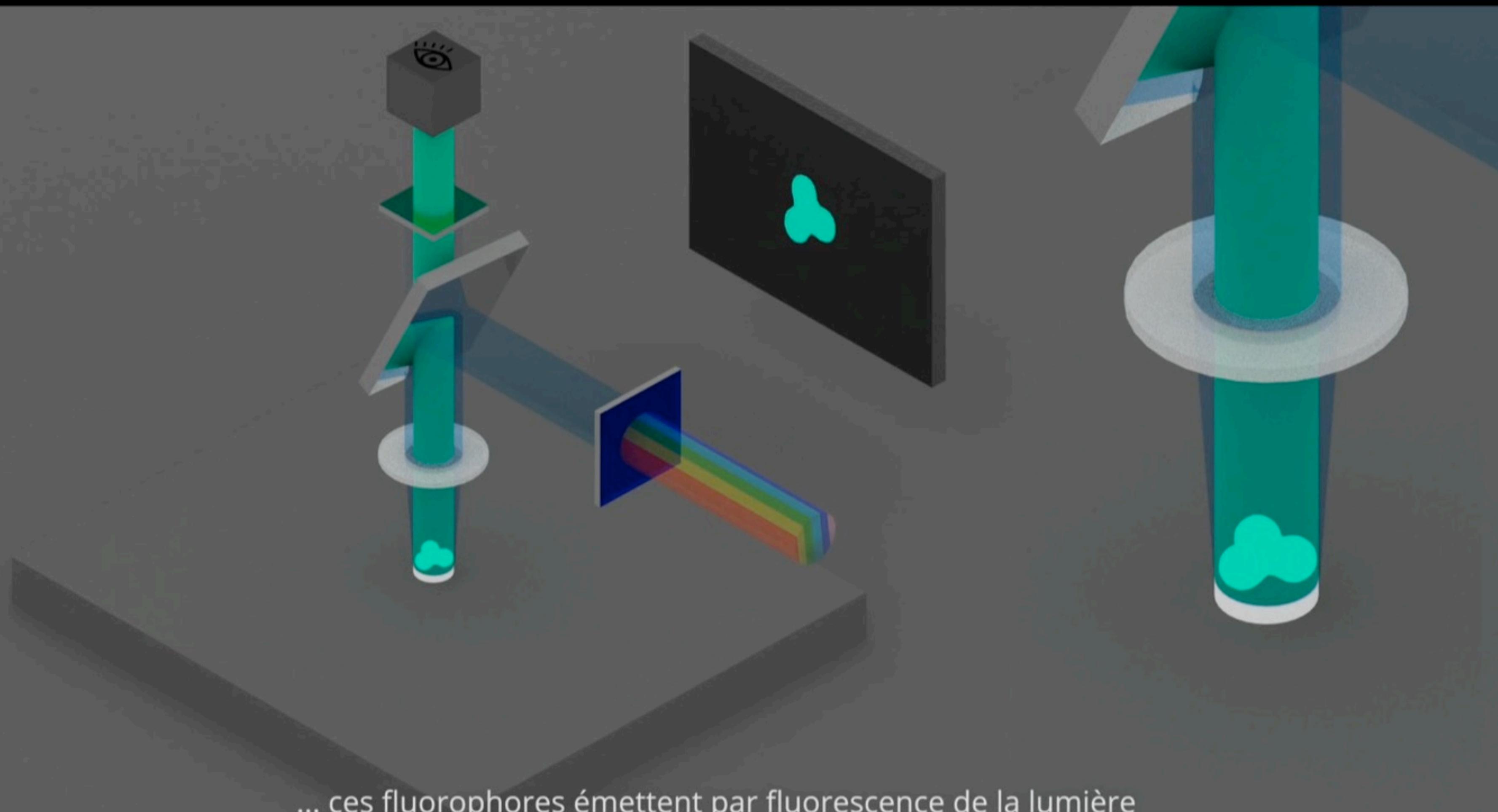
<http://www.microscopyu.com>



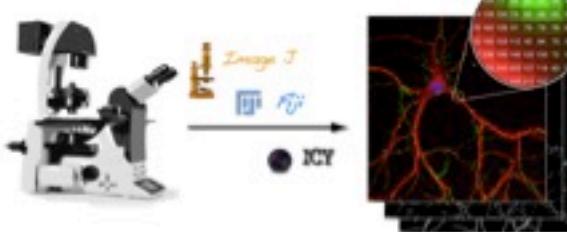


## Fluorescence Microscope

<https://toutestquantique.fr/fluorescent-et-confocal/>



... ces fluorophores émettent par fluorescence de la lumière avec une autre longueur d'onde (ici dans le vert).



## Phase & Fluorescence Microscopy

Matthieu  
**Piel**

Biologiste cellulaire

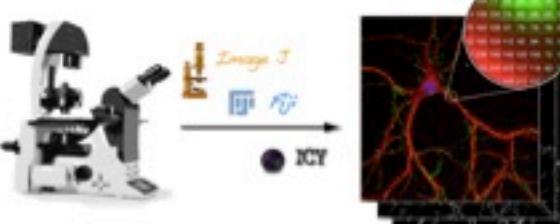
Directeur de recherche au CNRS

Chef d'équipe à l'Institut Curie et  
à l'Institut Pierre Gilles de Gennes  
pour la Microfluidique.



L'Etincelle

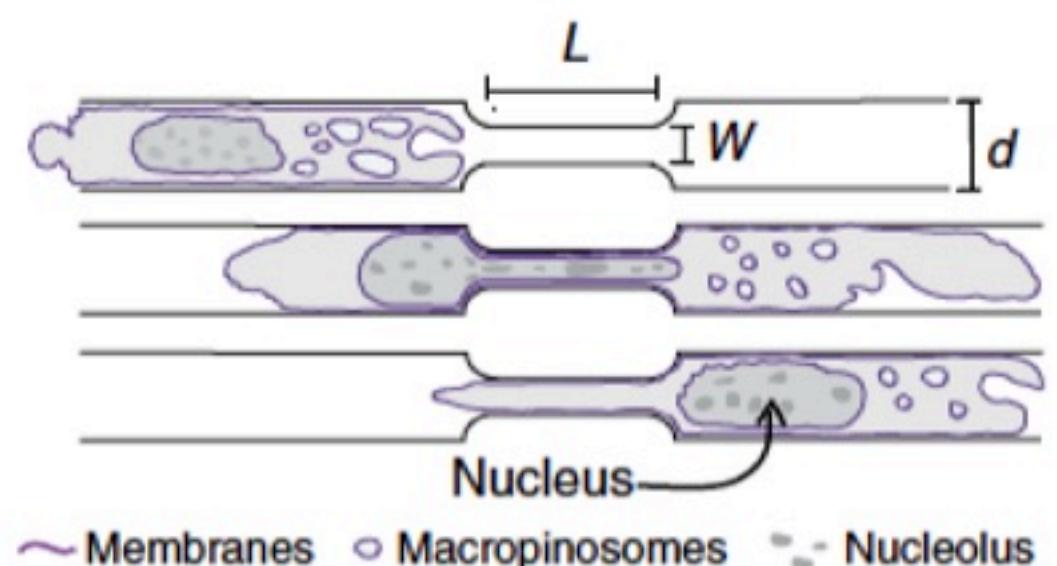




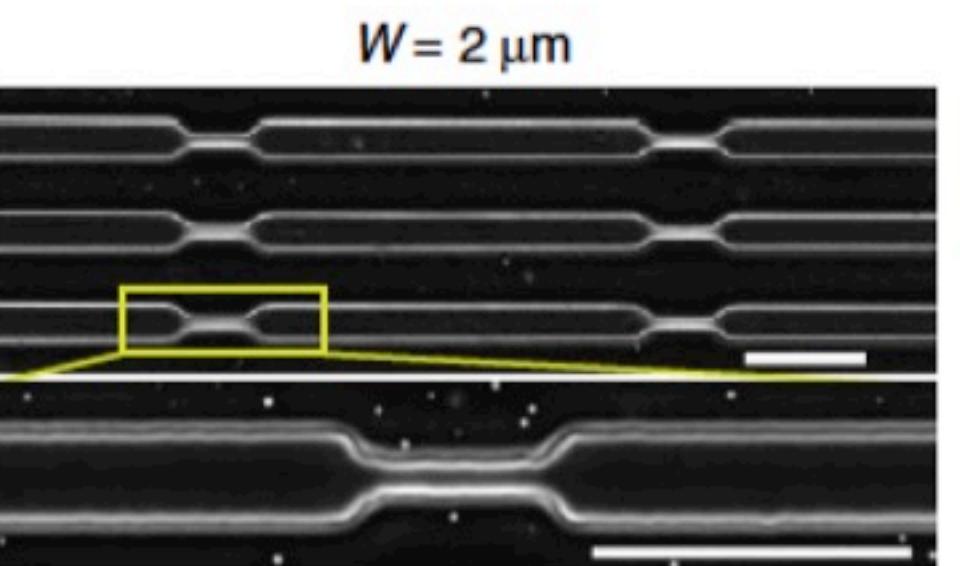
## Phase & Fluorescence Microscopy

Hawa-Racine Thiam, Pablo Vargas, Nicolas Carpi, Carolina Lage Crespo, Matthew Raab, Emmanuel Terriac, Megan C King, Jordan Jacobelli, Arthur S Alberts, Theresia Stradal, Ana-Maria Lennon-Dumenil, Matthieu Piel (2016 Mar 16) **Perinuclear Arp2/3-driven actin polymerization enables nuclear deformation to facilitate cell migration through complex environments.** *Nature communications* : 10997 : [DOI : 10.1038/ncomms10997](https://doi.org/10.1038/ncomms10997)

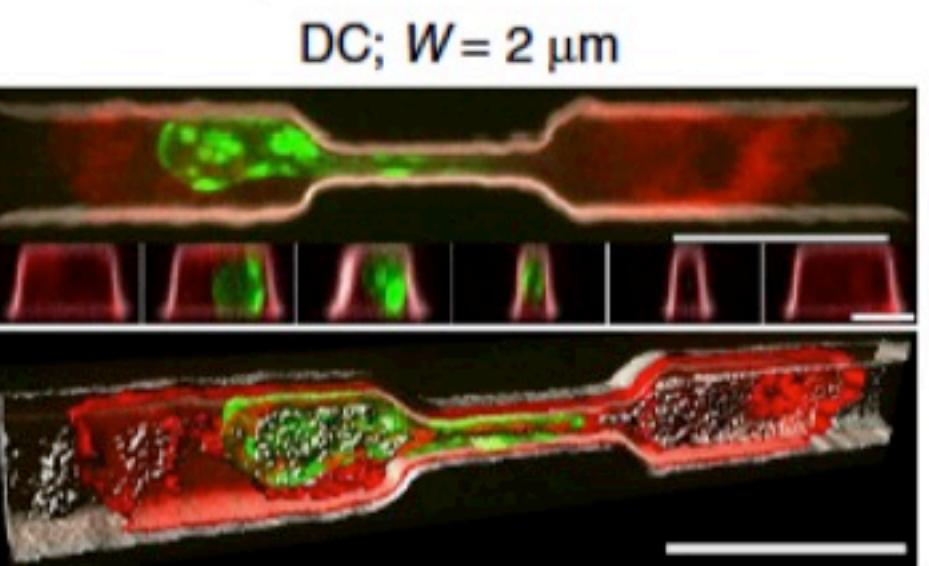
Migratio trough constrictions



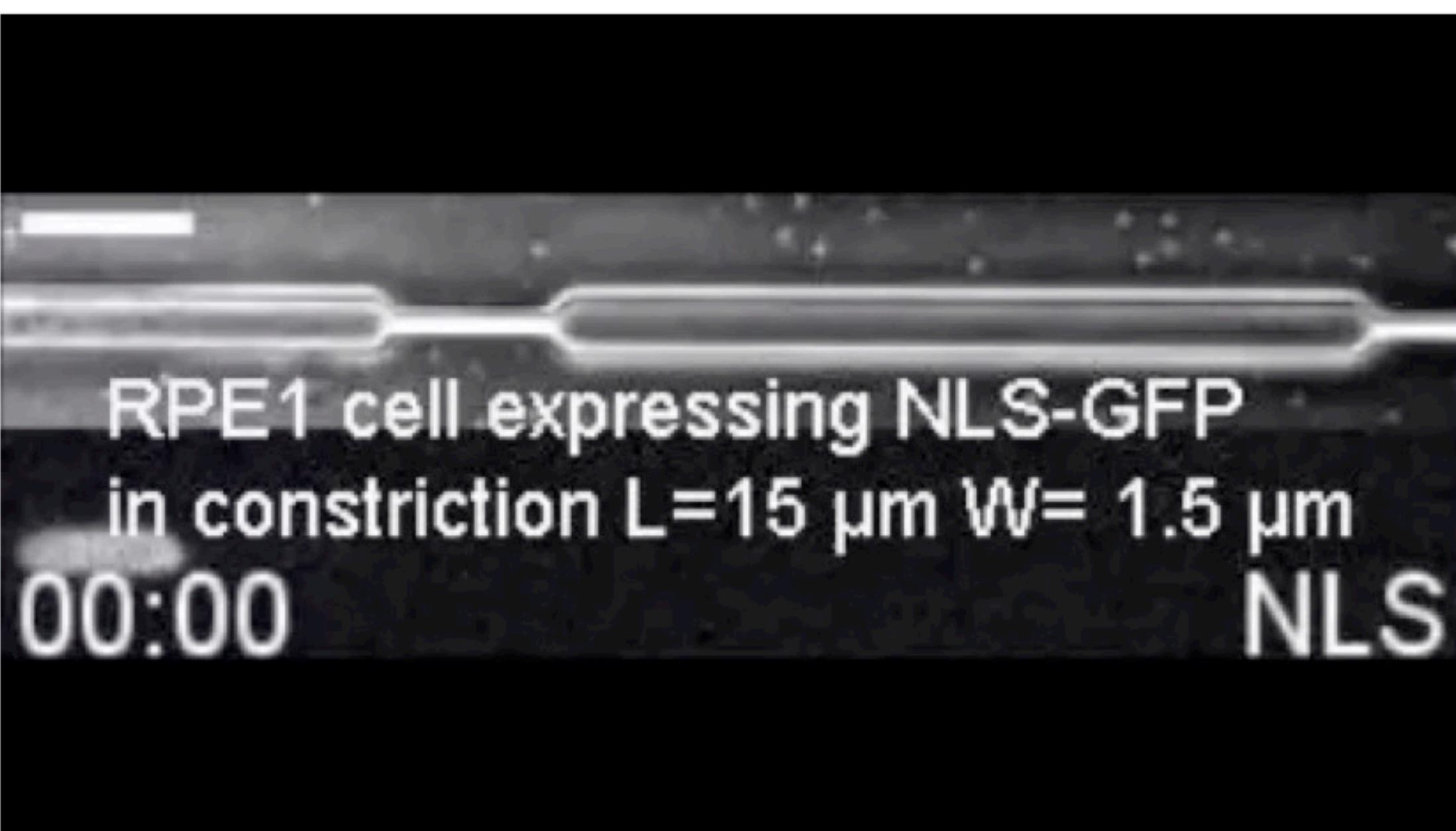
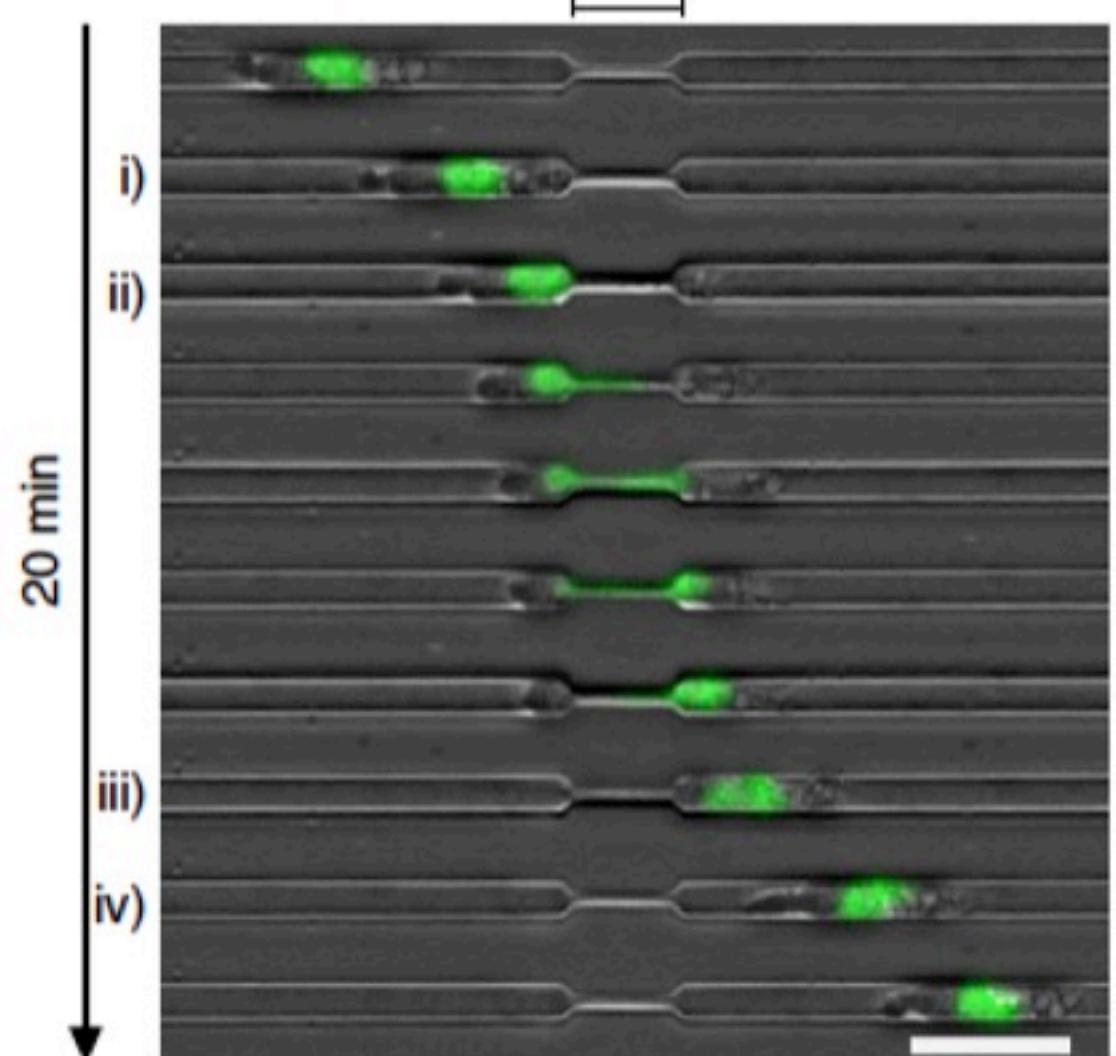
Phase contrast

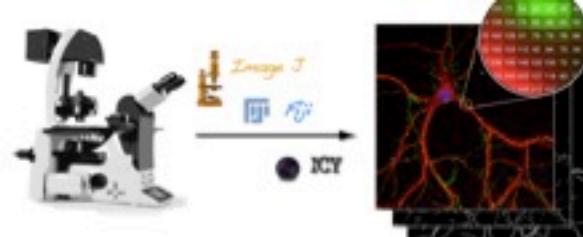


Epifluorescence



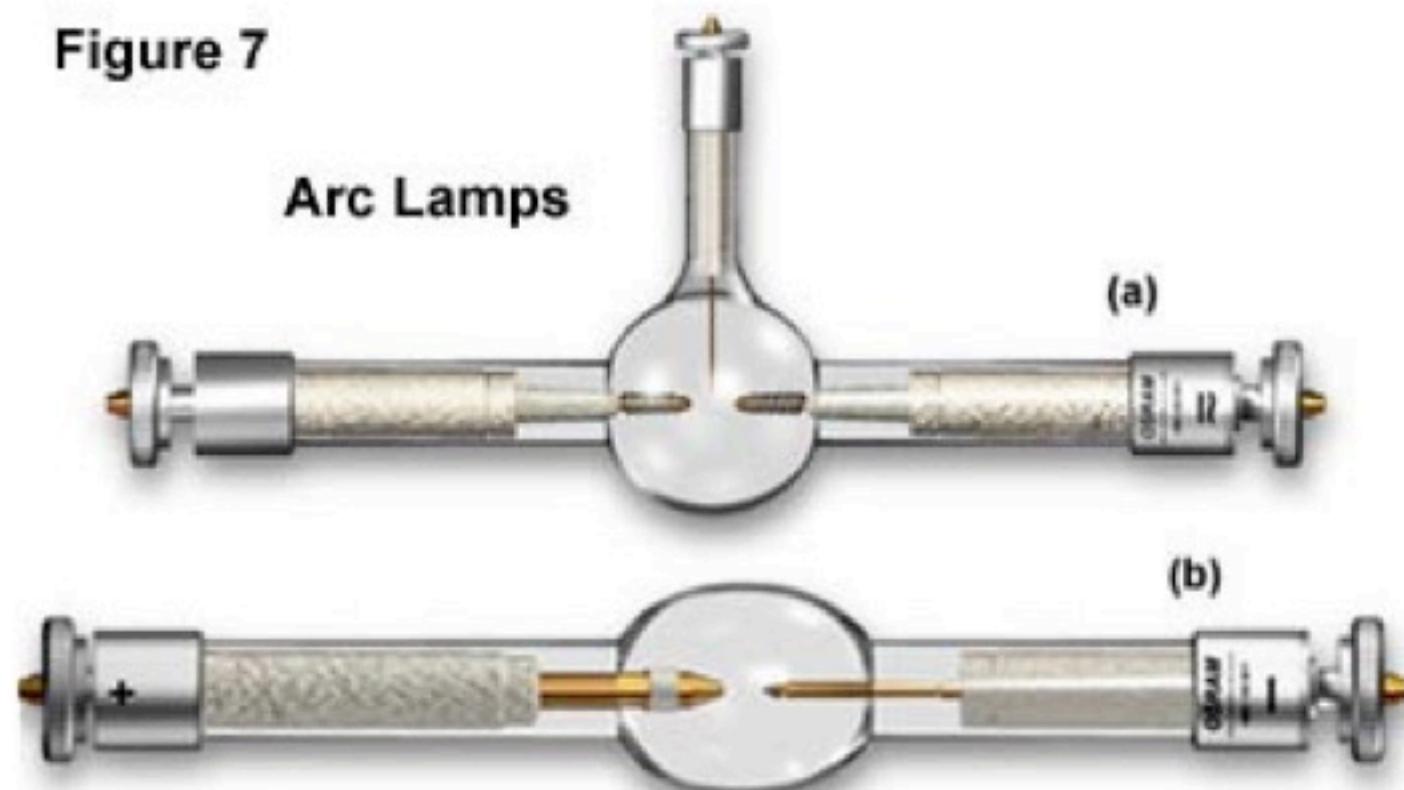
DC;  $L = 15 \mu\text{m}$ ;  $W = 2 \mu\text{m}$ ;  $d = 7 \mu\text{m}$





## Fluorescent Light source

Figure 7



Mercury Arc Lamp UV and Visible Emission Spectrum

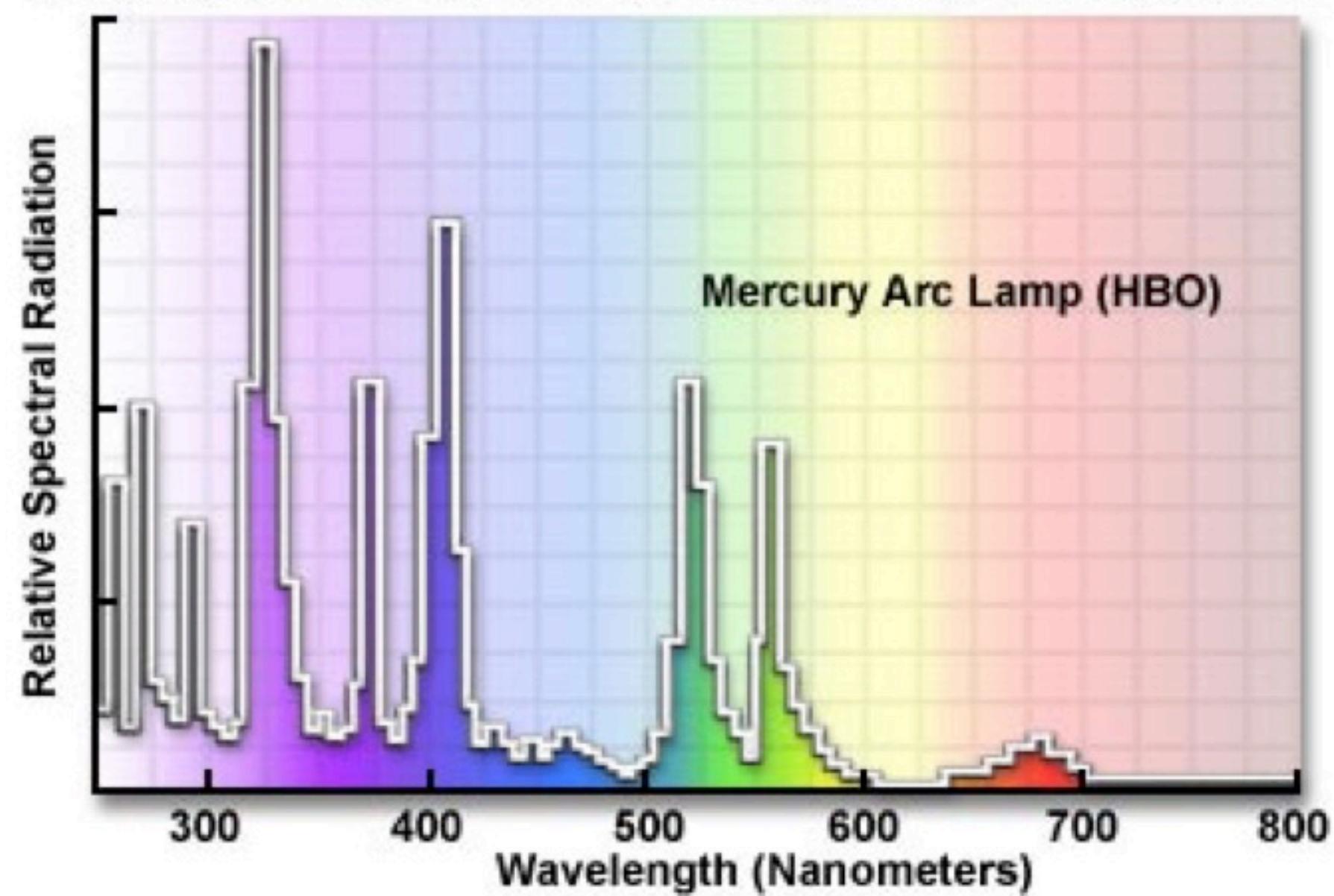


Figure 8

Laser Illumination Source Emission Spectra

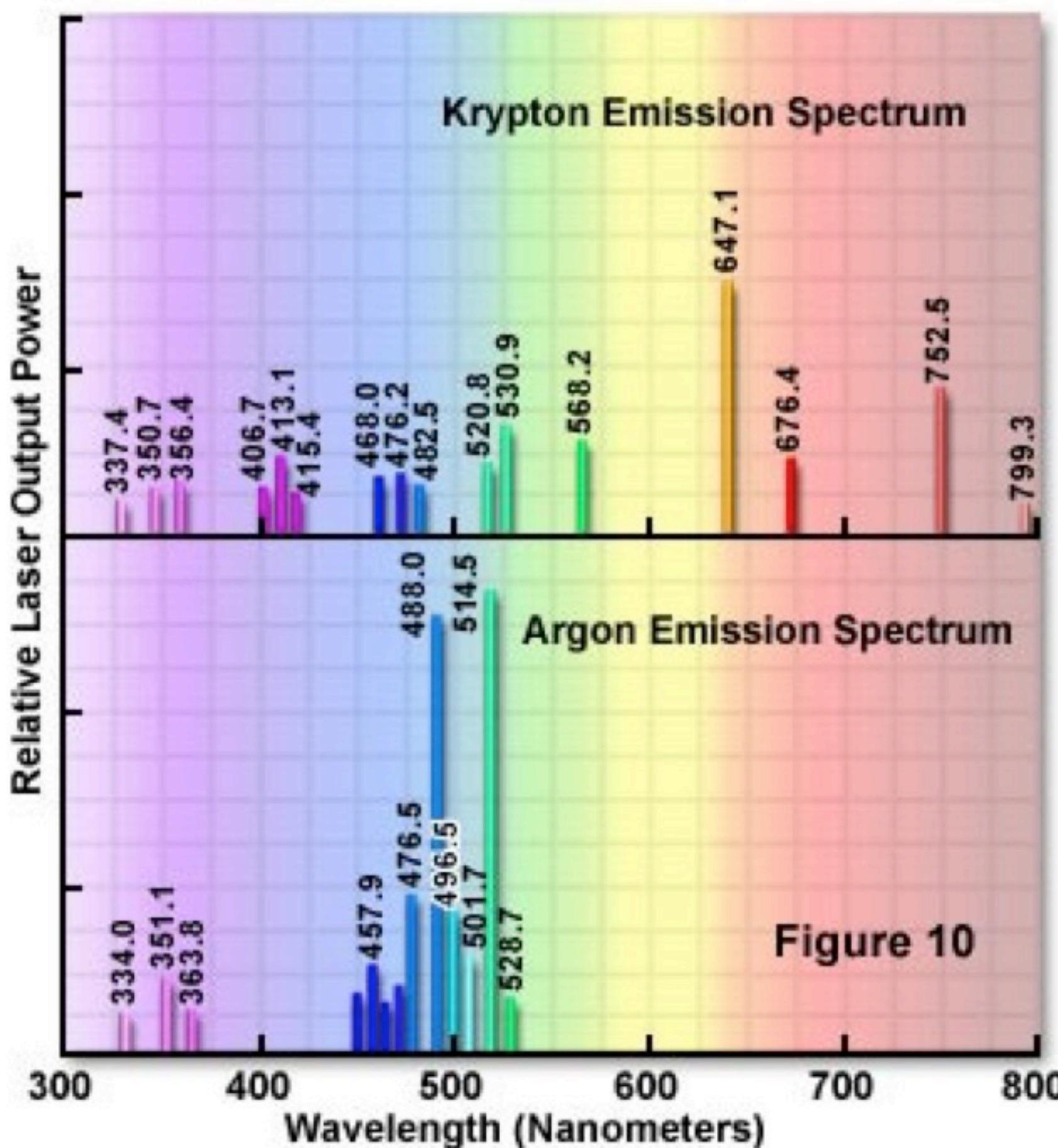
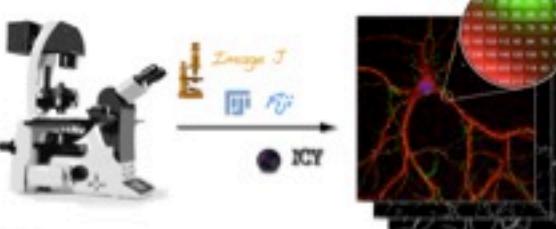


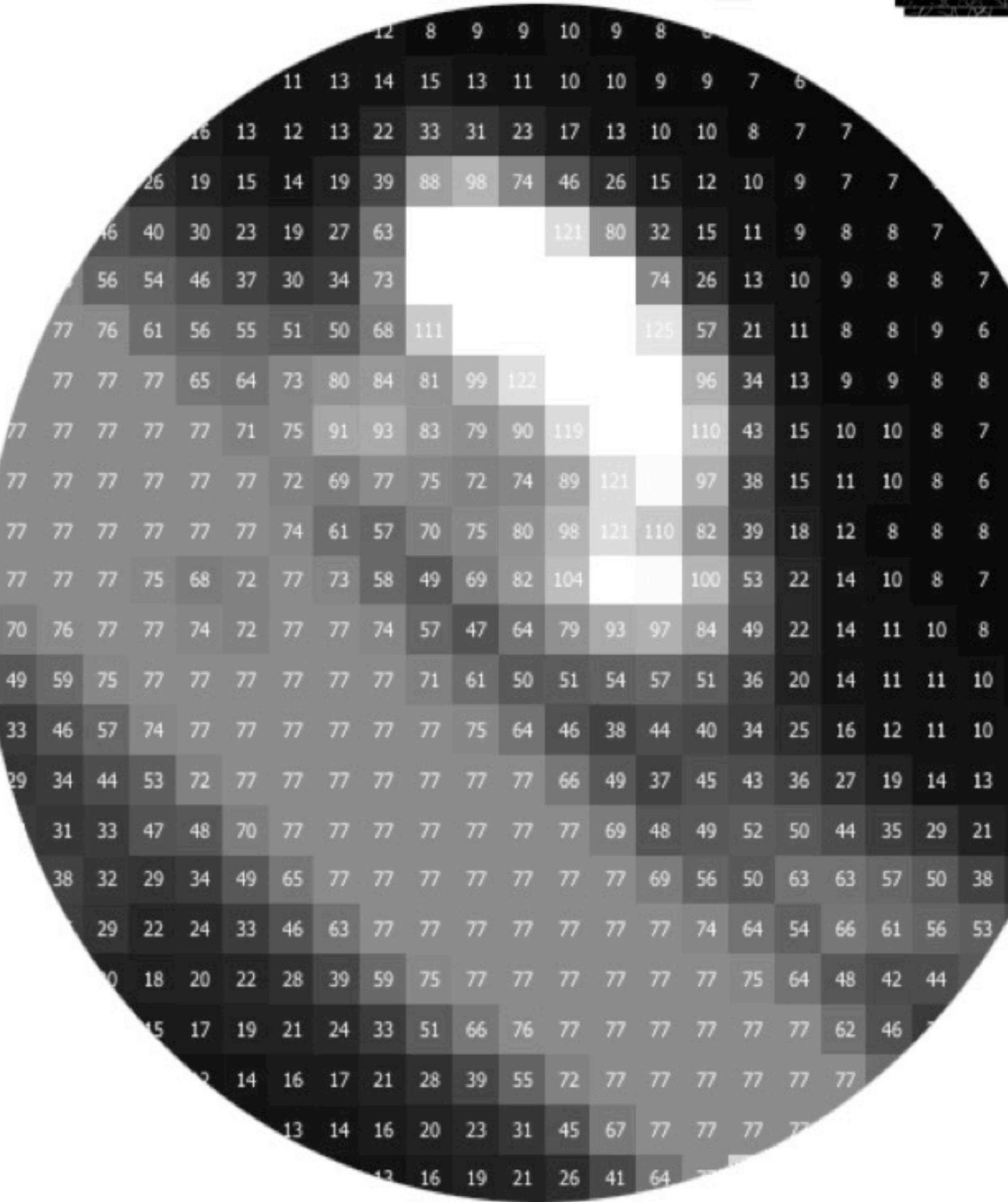
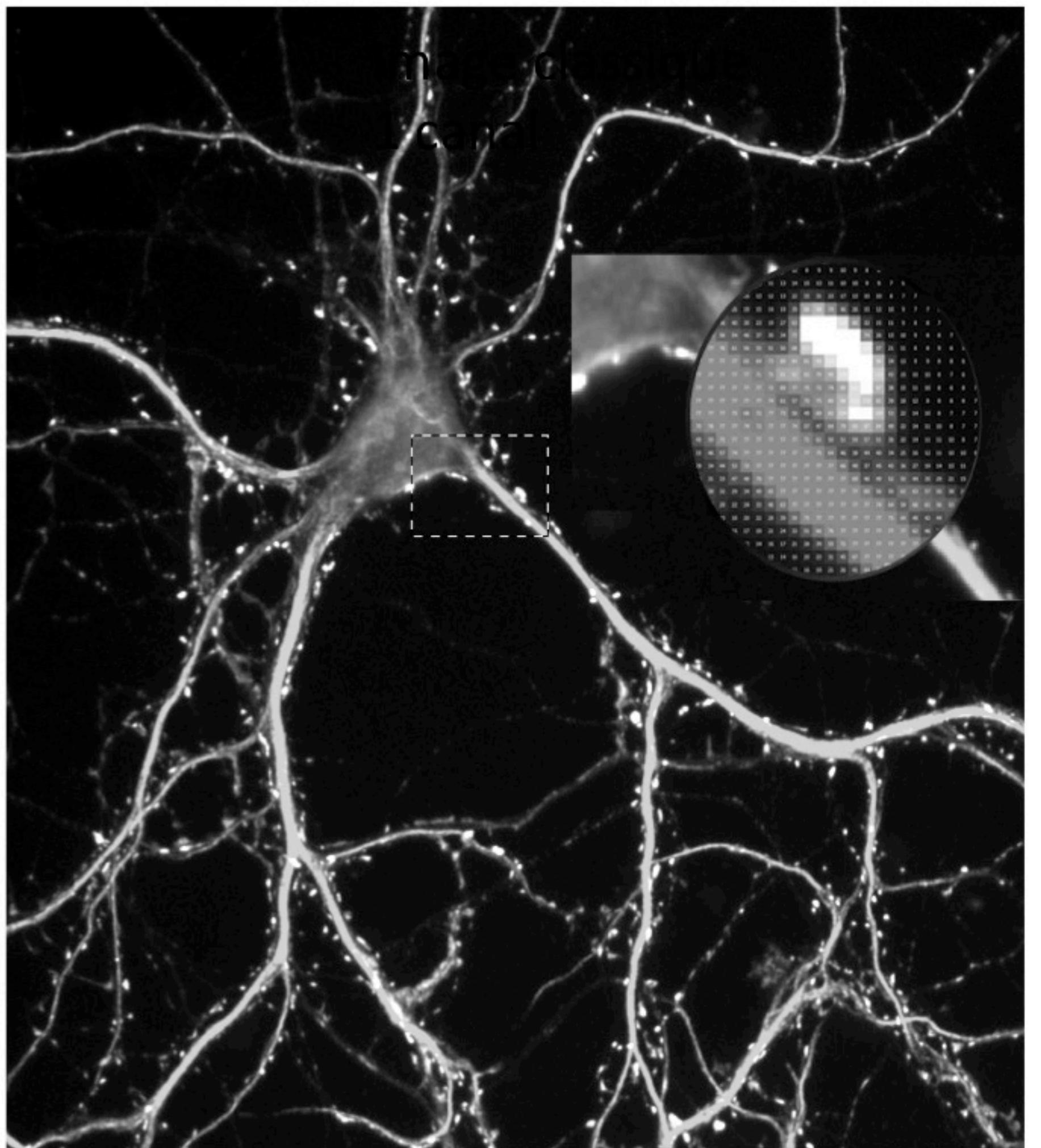
Figure 10

# *Image anatomy*

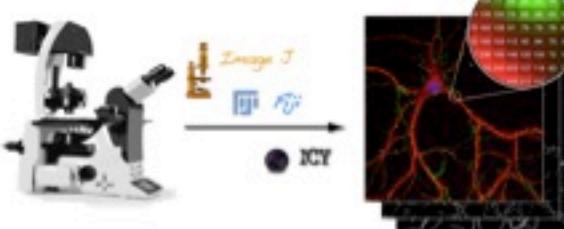
***matrix, histogram, bit depth and RGB colors***



## Pictures are composed of pixels

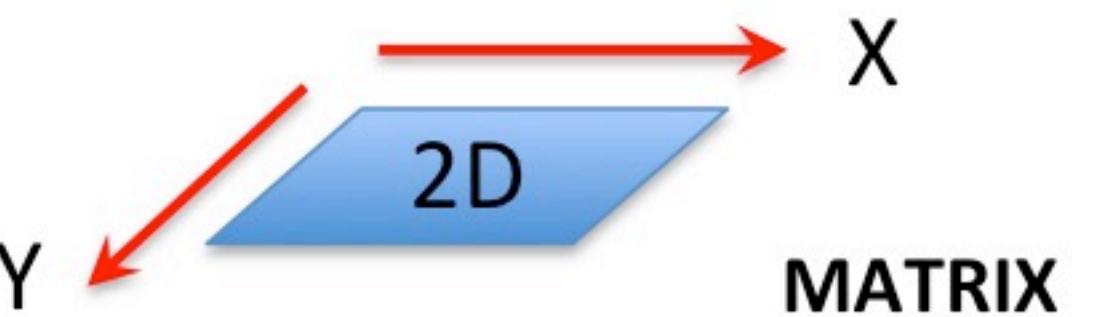
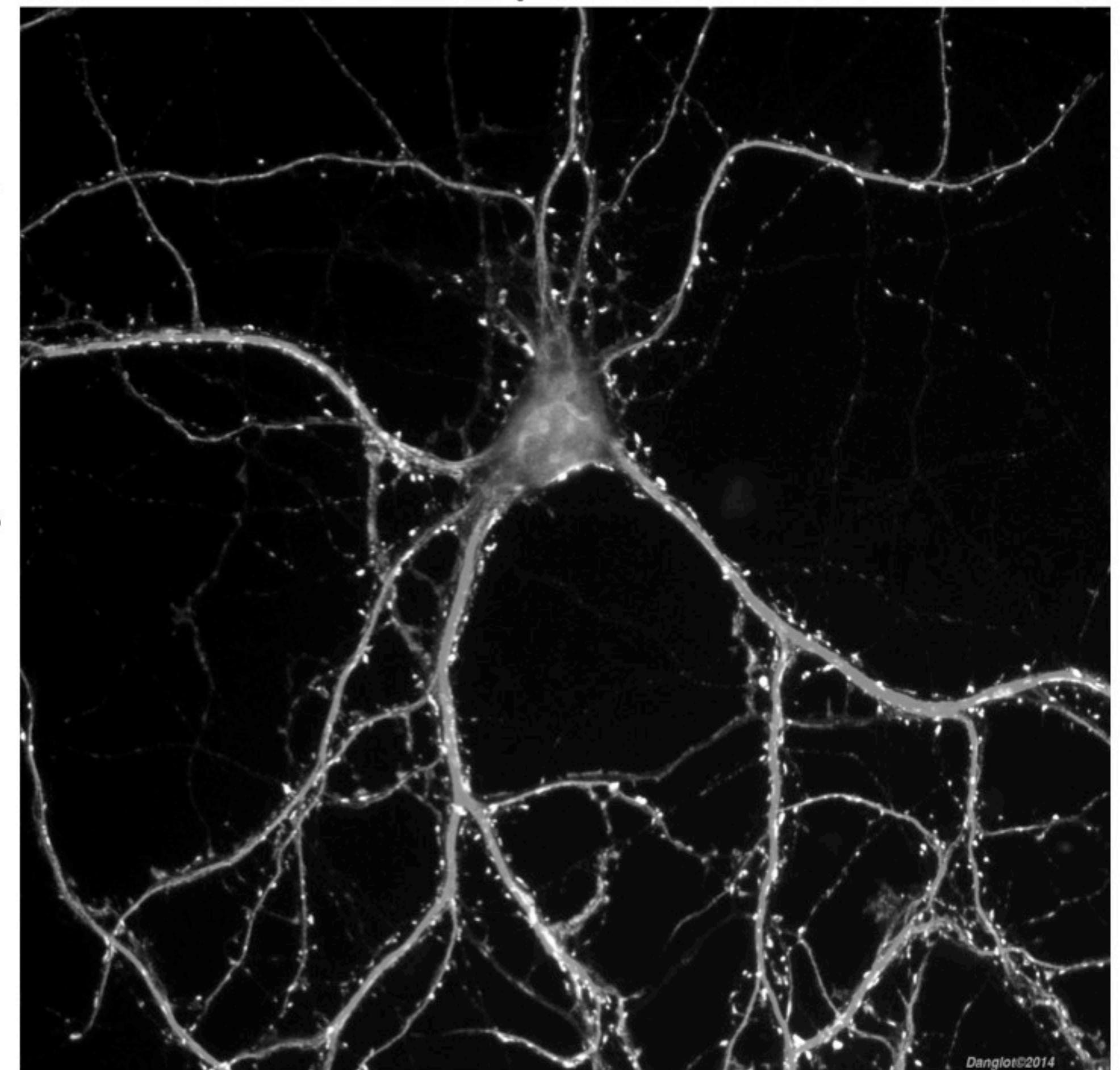


**Each pixel has an intensity**  
**Bright : 255**  
**Black : 0**



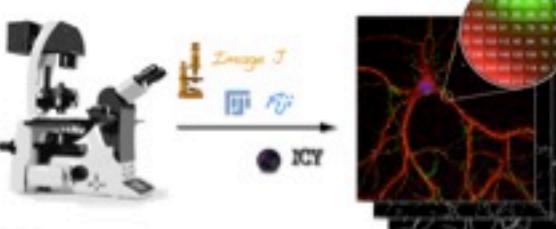
## Pictures are composed of pixels

Number of pixels in X axis

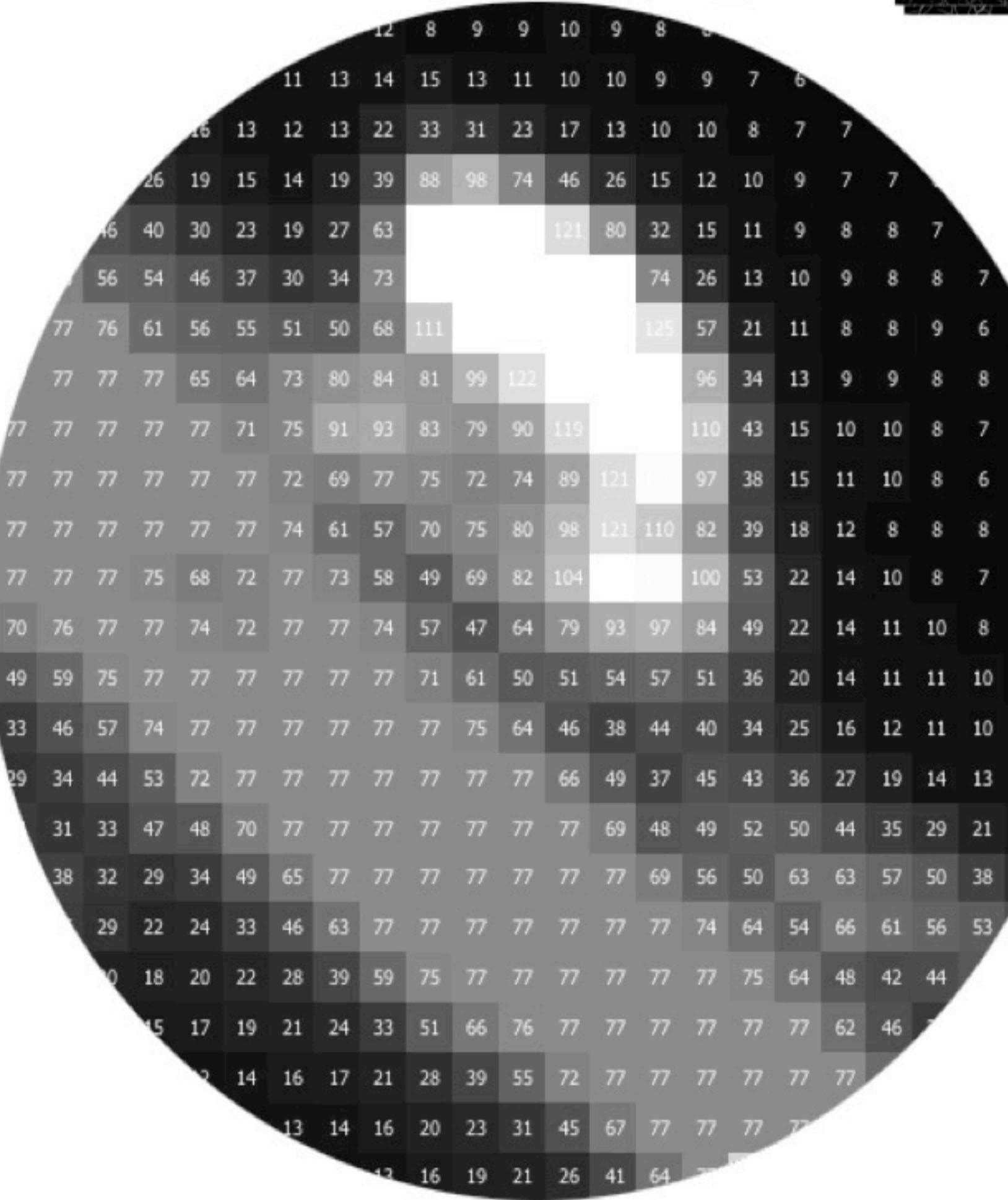
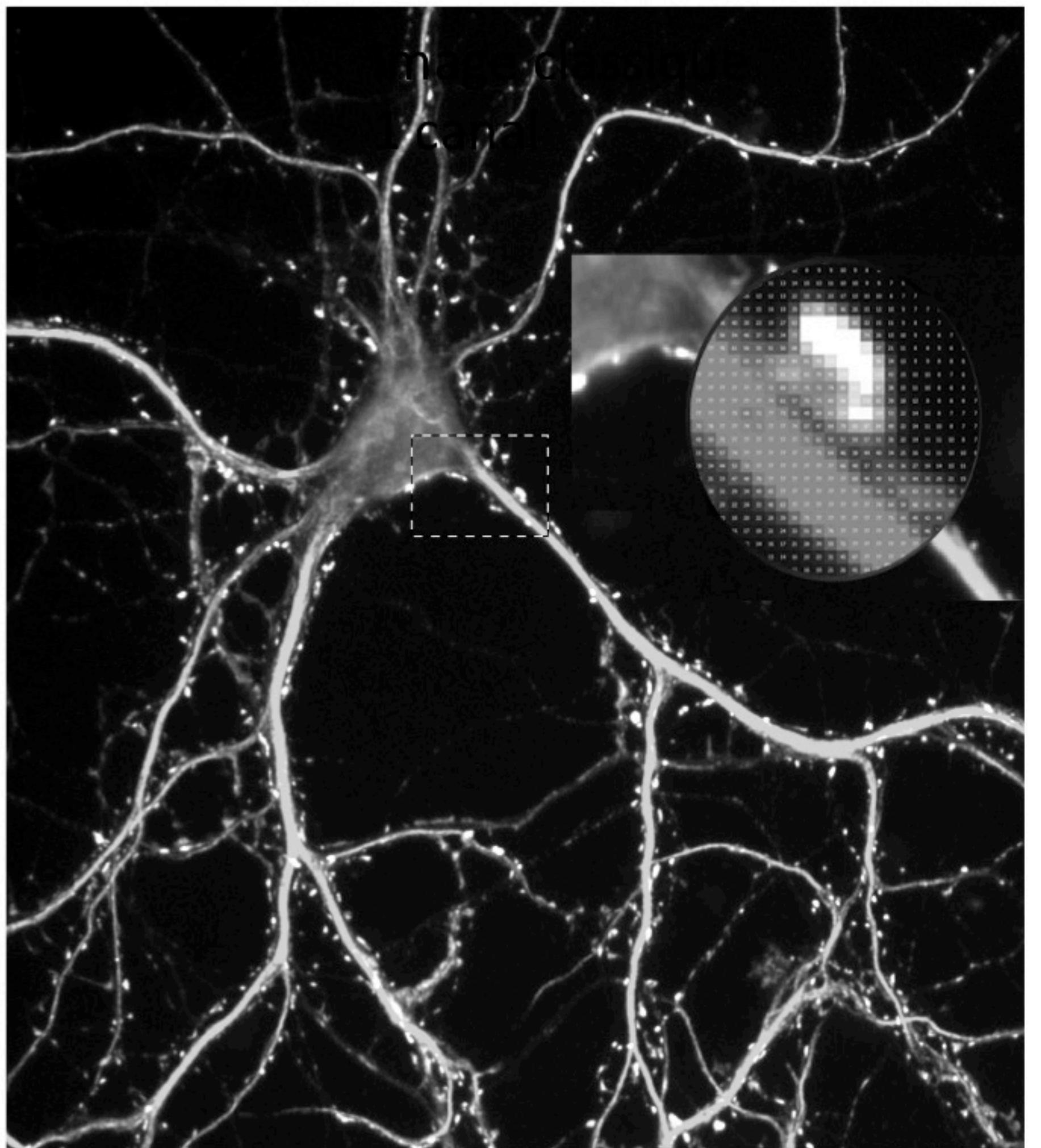


Picture size (matrix) is corresponding to the number of pixels in X and Y

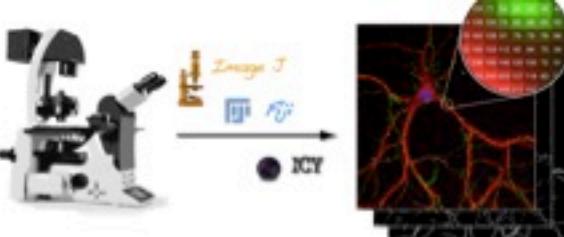
ex: 1024 pixels x 1024 pixels  
Pictures of 1 048 656 pixels  
ie 1,048 Mega pixels



## Pictures are composed of pixels



Numbers correspond to fluorescence intensity

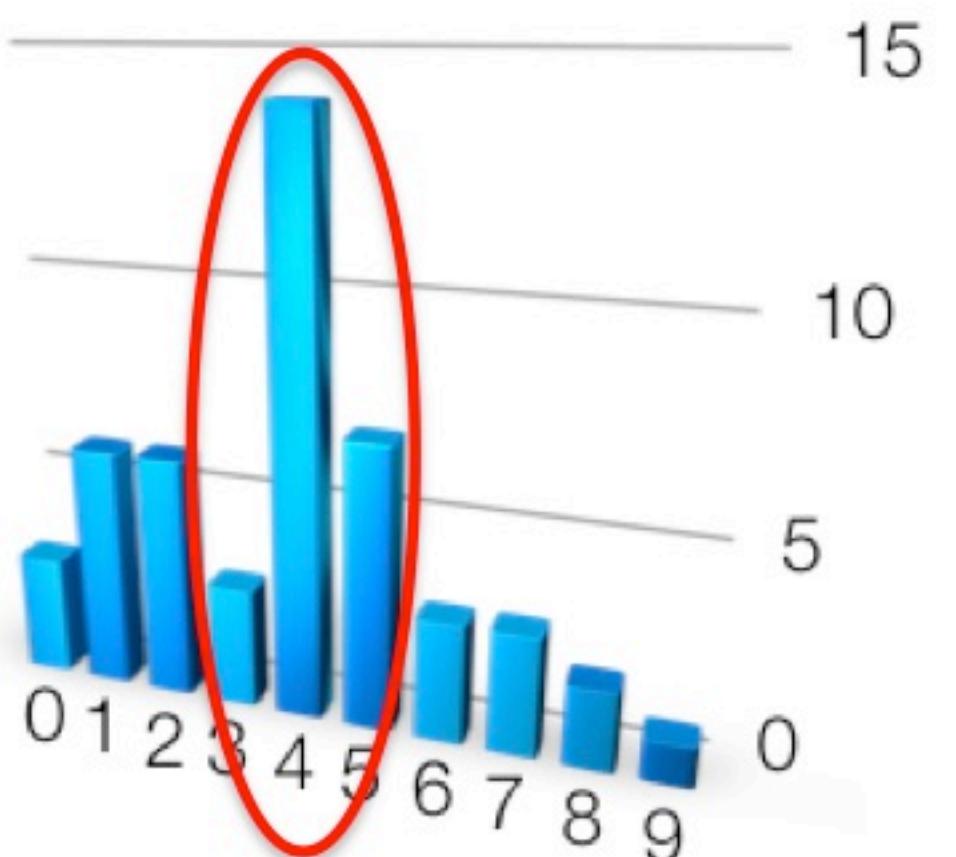


- Histogram : how to visualize intensity dynamics

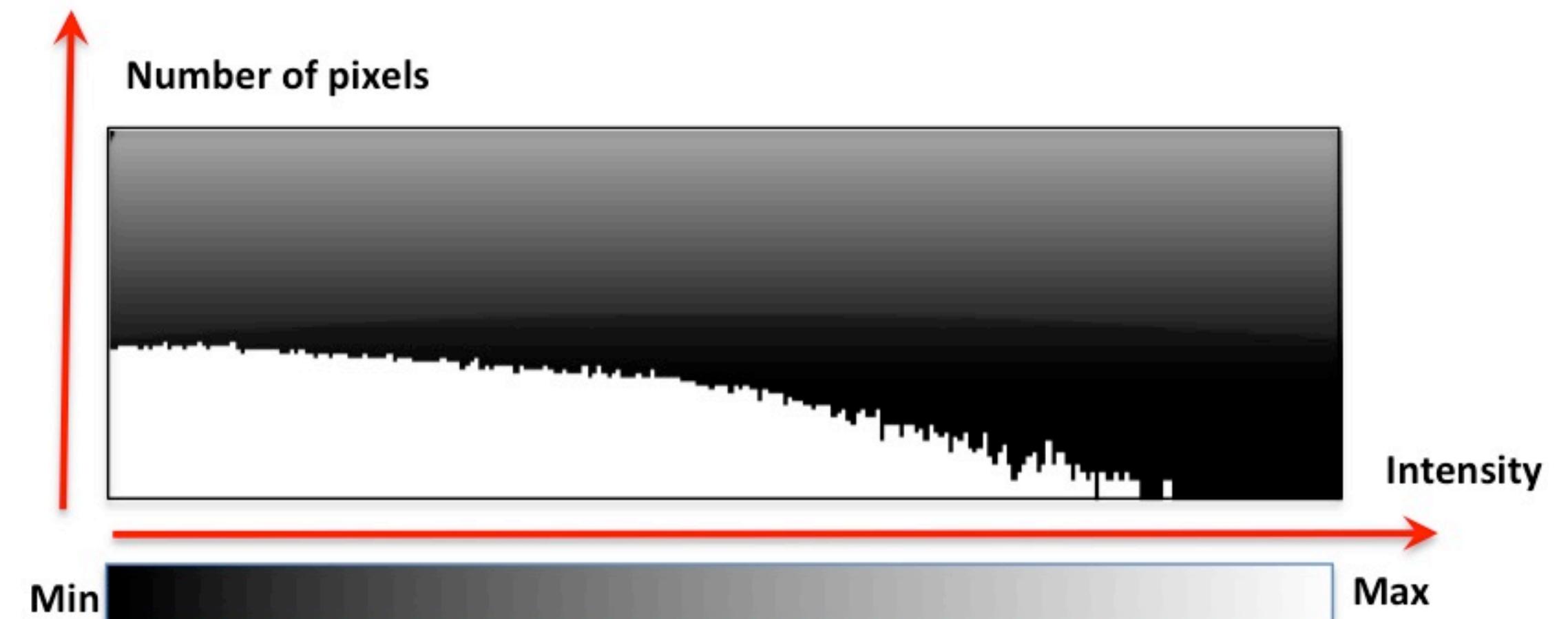
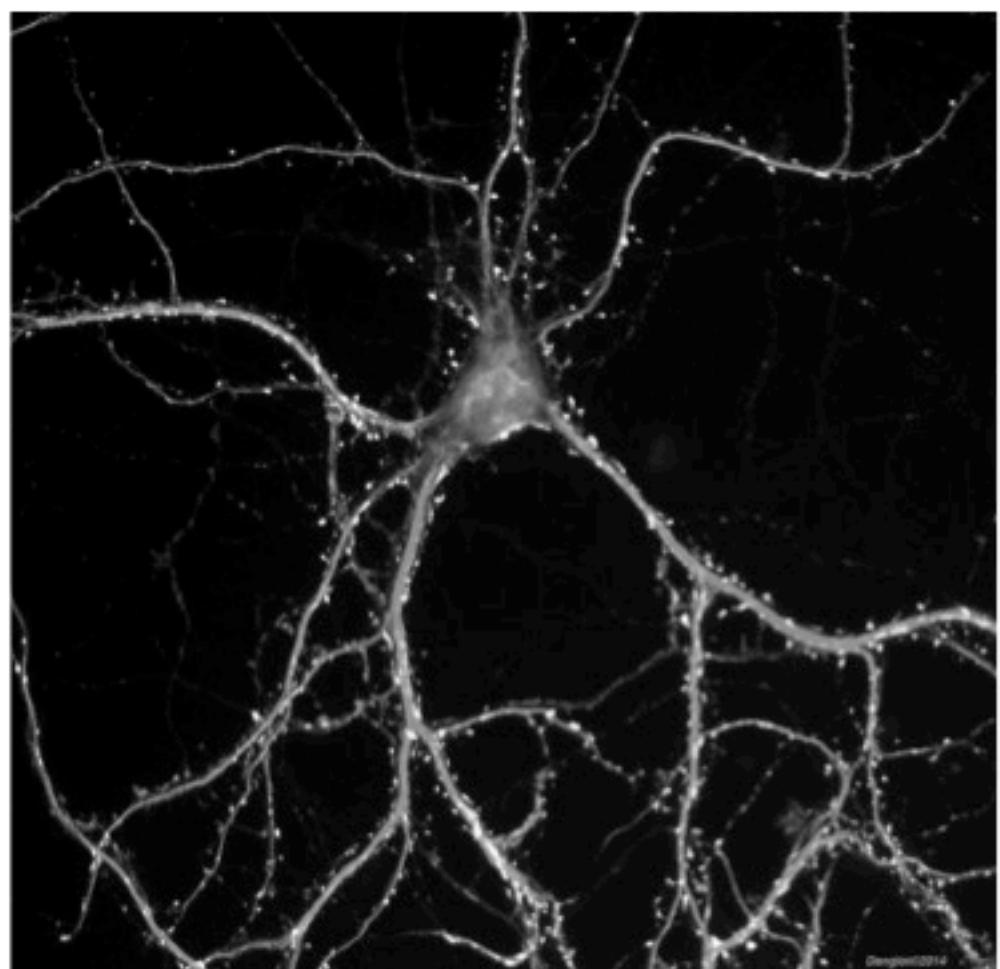
1	4	1	0	1	0	1
3	5	4	4	4	3	4
4	5	4	4	4	4	5
5	5	2	2	2	4	6
4	2	1	0	1	6	7
4	2	2	3	4	7	8
5	4	5	6	7	8	9



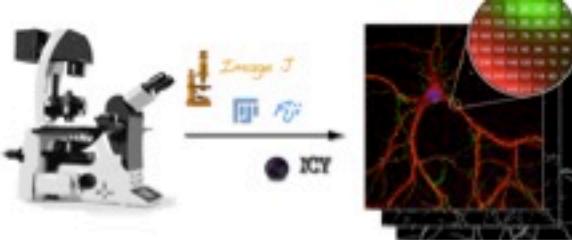
Intensity	# of pixels
0	3
1	6
2	6
3	3
4	14
5	7
6	3
7	3
8	2
9	1



14 pixels have a grey value of 4.

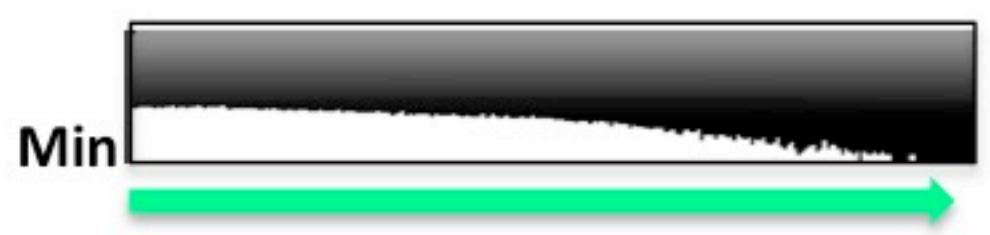
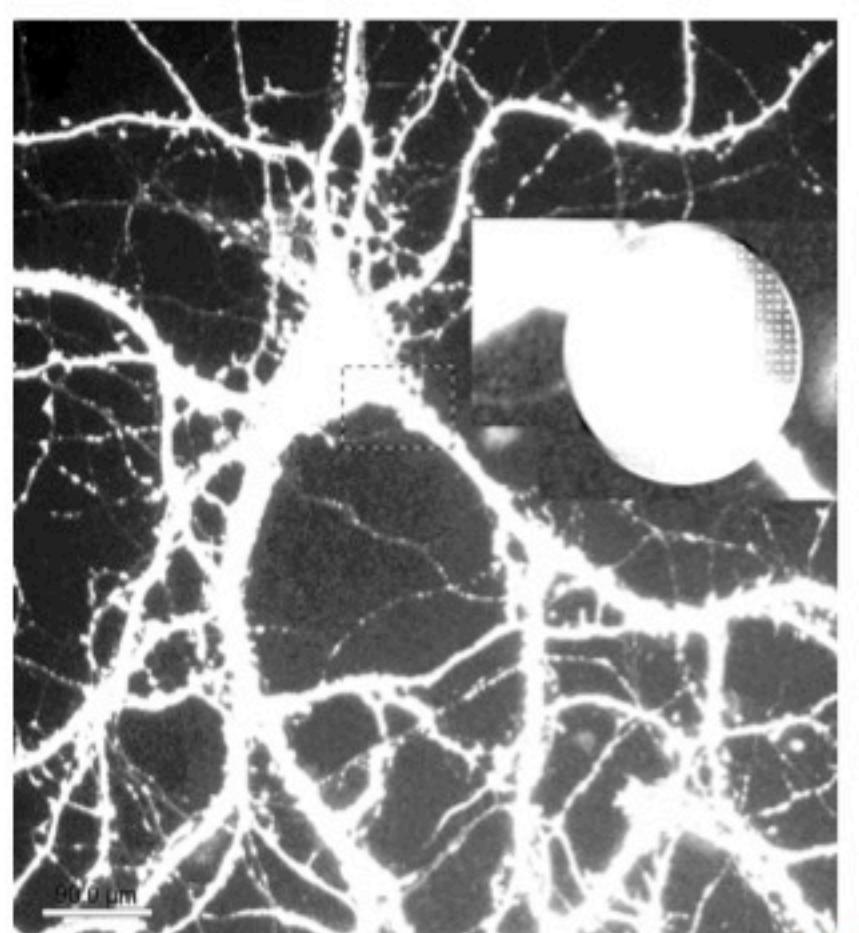
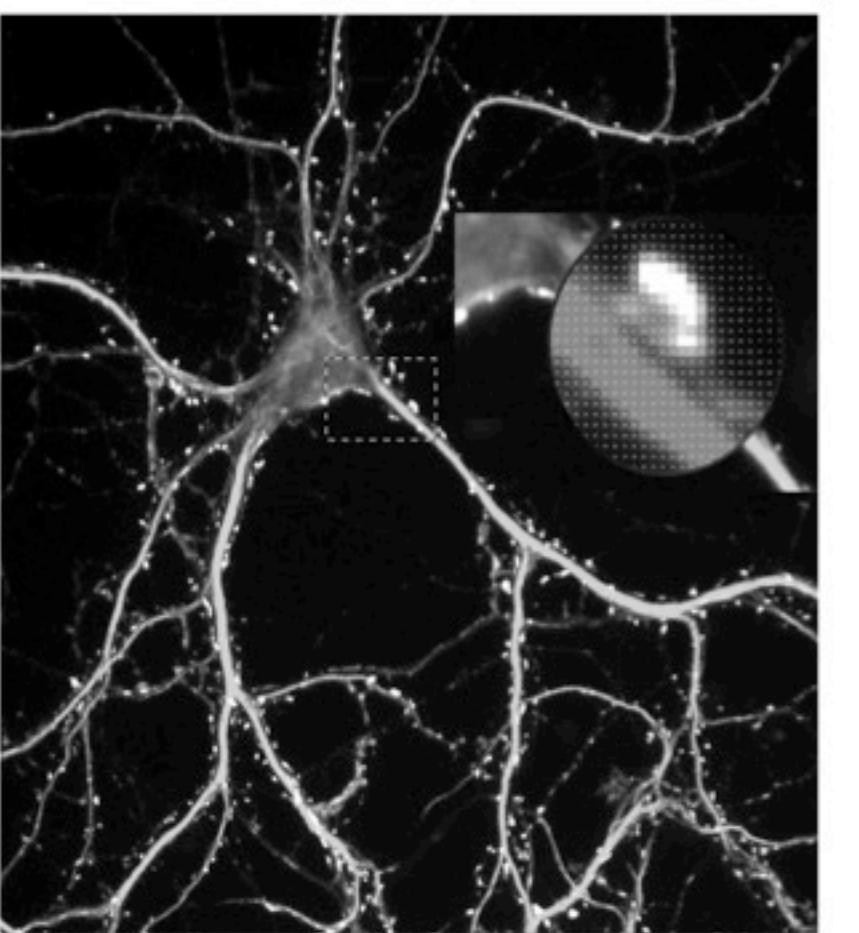
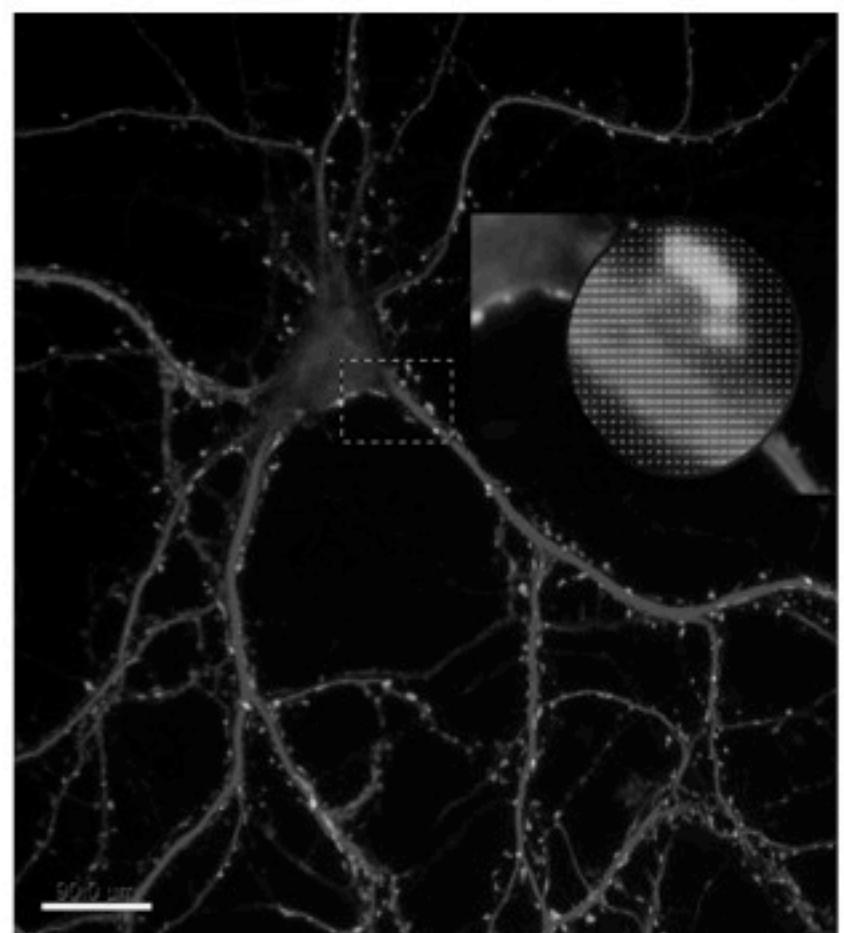


Histogram displays the intensity distribution of black, grey and white pixels.



## Dynamic must be adjusted:

- By increasing exposure time
- By increasing light power



**Under exposed**

Only half of the grey level dynamics is used : loss of sensitivity.



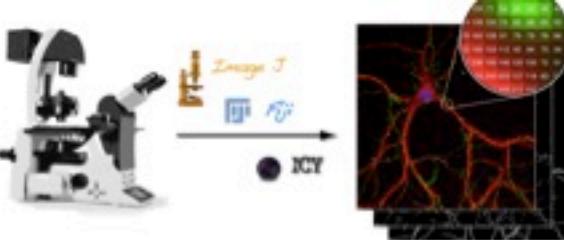
**Good Dynamic**

Expose enough time so the maximum intensity is just below saturation.



**Over exposed**

Saturated picture: the hight value pixels have all the same value and can not be discriminated anymore. You loose information. PROHIBITED

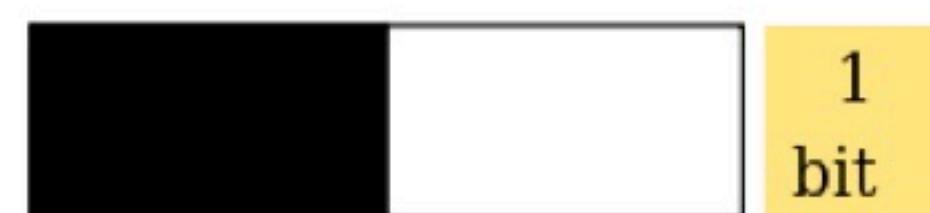


- **Black and white dynamics :**

8-bit      16-bit      32-bit ?

Bit: fundamental unit of storage of your computer

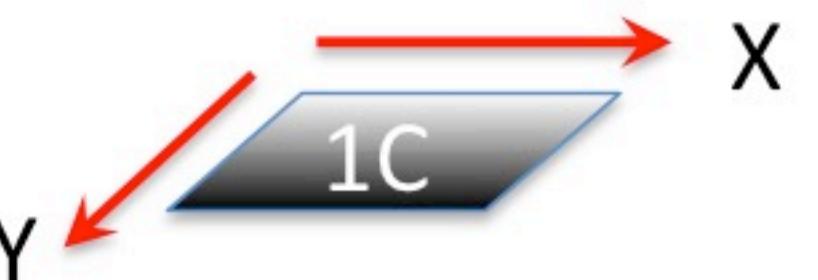
Binary : 0 or 1.



1  
bit

Image 1 bits: can store

$$2^1 = 2$$



1C

grey levels (black or white)

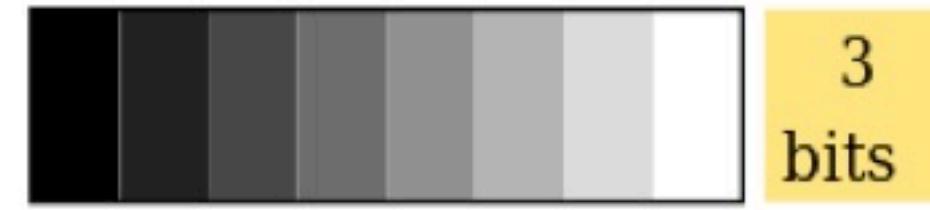


2  
bits

Image 2 bits: can store

$$2^2 = 4$$

grey levels

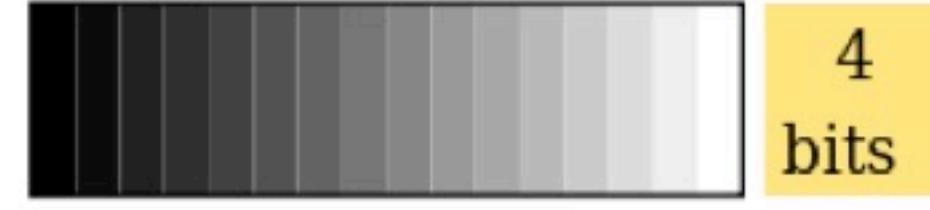


3  
bits

Image 3 bits: can store

$$2^3 = 8$$

grey levels



4  
bits

Image 4 bits: can store

$$2^4 = 16$$

grey levels

### Conventional used dynamics :

8 bits pictures : can store

$$2^8 = 256$$

grey levels

from 0 to 255

12 bits pictures : can store

$$2^{12} = 4096$$

grey levels

from 0 to 4 095

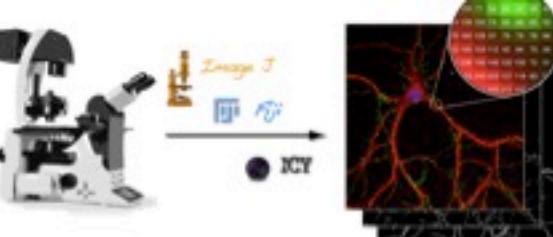
16 bits pictures : can store

$$2^{16} = 65\,536$$

grey levels

from 0 to 65 536

**16 bits pictures, can store more grey levels so give access to finest differences.**



## 1. Picture format

- Confocal ZEISS (710 ou 780)

The screenshot shows the 'Acquisition Mode' settings for a Zeiss confocal microscope. The 'Objective' is set to 'Plan-Apochromat 40x/1.3 Oil DIC M27'. The 'Scan Mode' is 'Frame'. The 'Frame Size' is set to 1024 pixels for both X and Y dimensions. The 'Line Step' is 1. The 'Speed' slider is at 9, and the 'Max' button is selected. Below these, the 'Pixel Dwell' time is 0.79 μsec and the 'Scan Time' is 1.94 sec. In the 'Averaging' section, the 'Number' is 2, 'Mode' is 'Line', and 'Method' is 'Mean'. The 'Bit Depth' is set to 8 Bit. The 'Direction' is set to bi-directional. Correction values for 'Corr X' and 'Corr Y' are 0.01 and 0.15 respectively, with an 'Auto' button below them.

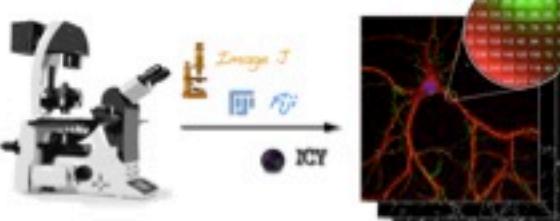
Objective

Matrix size (1024 x 1024 pixels)

Bit depth (8 bits)

Pixel size

This screenshot shows the 'Scan Area' settings. The 'Image Size' is 108.0 μm x 108.0 μm. The 'Pixel Size' is 0.11 μm. There are sliders for 'X' and 'Y' positions, a 'Zoom' slider at 2.0, and a 'Reset All' button at the bottom right. A small diagram in the center shows a 3x3 grid of blue squares with a red crosshair passing through the center square.



## • Confocal Leica (SP5)

LAS AF Series005 x=1024 y=1024 z=26 (54.5 MB)

Leica Microsystems LAS AF - TCS SP5

File Help

Configuration Acquire Process Quantify

Experiments Acquisition

Acquisition Mode: xyz

XY: 1024 x 1024 | 400 Hz | 1 | 156.27 μm \* 156.27 μm

Format: 1024 x 1024 Pinhole

Speed: 400 Hz Bidirectional X

Zoom factor: 2.48

Zoom in

Image Size: 156.27 μm \* 156.27 μm

Pixel Size: 152.76 nm \* 152.76 nm \* 167.85 nm

Section Thickness: 0.968 μm

Line Average: 2 Accu: 1

Frame Average: 3 Accu: 1

Rotation: 16.61

Z-Stack: 4.196 μm | 26 steps

Sequential Scan

- scan +

between lines between frames between stacks

Load Save

Taille de la matrice (1024 x 1024 pixels)

Objectif (40x NA=1,25)

Taille du pixel

Image Size: 156.27 μm \* 156.27 μm

Pixel Size: 152.76 nm \* 152.76 nm \* 167.85 nm

Beam Path Settings

Load/Save single setting Lydia Cy5 Delete Save

ROI Scan ROI Bleach Point

UV Visible

XY: 512 x 512 | 400 Hz | 1 | 246.03 μm \* 246.03 μm

Format: 512 x 512 Pinhole

Speed: 16 x 16 Bidirectional X

Zoom factor: 1

Zoom in

Image Size: 512 x 512

Pixel Size: 1024 x 256

1024 x 512

1024 x 1024

2048 x 2048

4096 x 4096

8192 x 8192

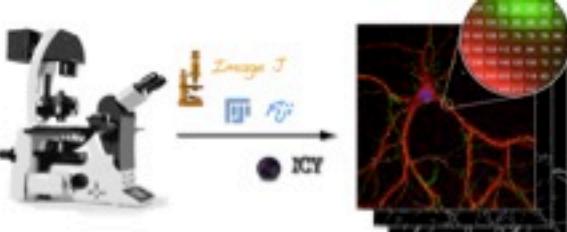
More ...

Control Panel Scaleometer Objective: 40x 1.25 Specimen

Additional Channels

Auto Gain

Legend: M ALL H 1:1



- **Confocal Leica (SP5)**

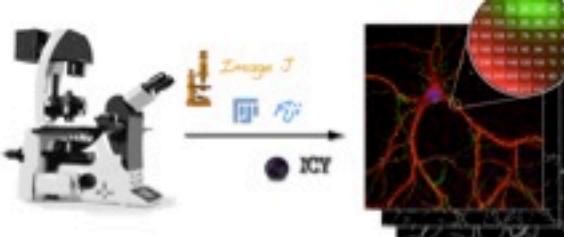
The screenshot shows the Leica LAS AF software interface. The top menu bar includes 'LAS AF Series005 x=1024 y=1024 z=26 (54.5 MB)', 'Leica Microsystems LAS AF - TCS SP5', 'File', and 'Help'. Below the menu is a navigation bar with tabs: Configuration (highlighted in red), Acquire, Process, and Quantify.

**Hardware Configuration Panel:** This panel contains icons for Microscope, Objective, Laser, Beam Path, Stage, Dyes, Ctrl Panel, and Super-Z. The 'Ctrl Panel' icon is highlighted with a red box and has an orange arrow pointing to it from the 'Settings' icon in the Hardware Settings panel.

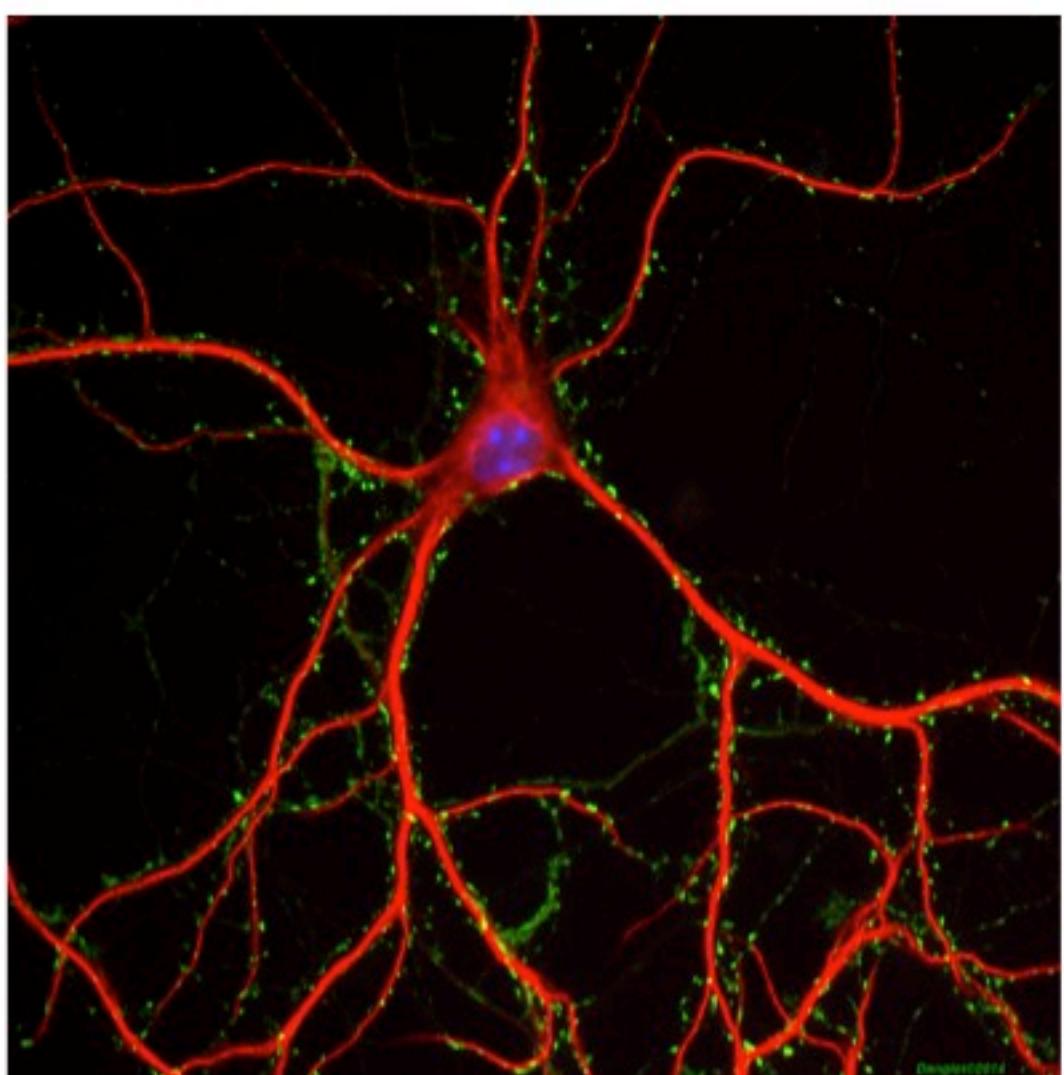
**Hardware Settings Panel:** This panel is titled 'Settings'. It includes sections for Panning (Step Size: 3 %), Line Average during Live Acquisition (Line Average), Data Transfer Mode (radio buttons for Direct, Enhanced, Direct overflow, and Maximum Integration Time), Resolution (Bit Depth dropdown menu), and Online Maximum Projection (Online Maximum Projection checkbox).

**Resolution Section (Bit Depth):** A green circle highlights the 'Bit Depth' dropdown menu, which lists 16 Bit, 8 Bit, 12 Bit, and 16 Bit. The '16 Bit' option is selected and highlighted with a brown box.

**Bit depth (16 bits)**



- **Color image dynamics :**



**RGB color image :**

- 24 bits: 3 channels :

Red channel = 256 values

Green channel = 256 values

Blue channel = 256 values

$$256 \times 256 \times 256 = 2^{16} = 16\ 777\ 216 \text{ ie 16 millions colors}$$

- 32 bits: 3 channels + transparency

Red channel = 256 values

Green channel = 256 values

Blue channel = 256 values

Alpha channel = 256 values (transparency)

Channel 1 : RED



0 256

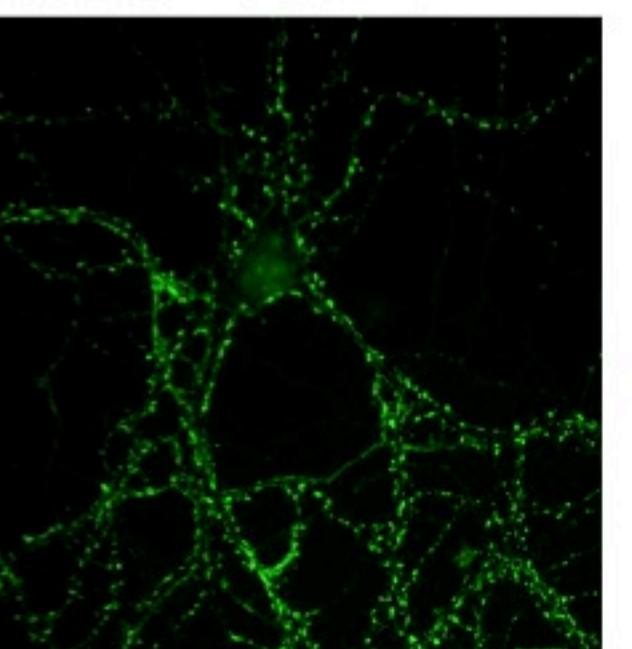
3C

R

G

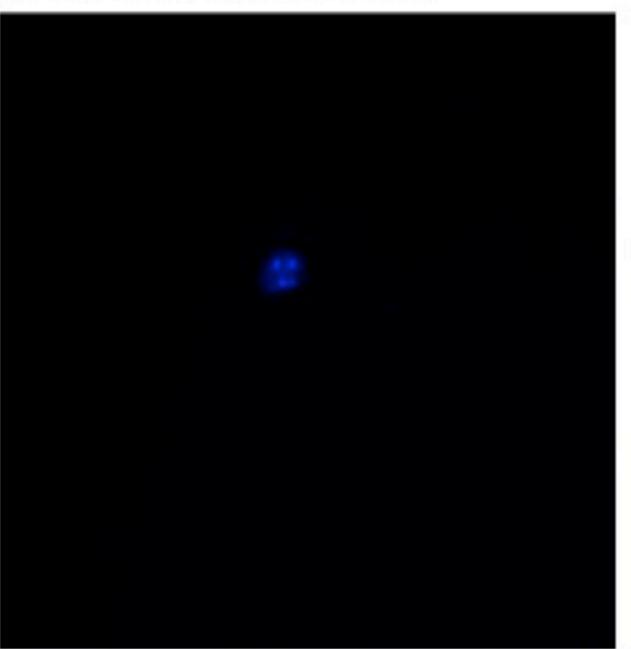
B

Channel 2 : GREEN



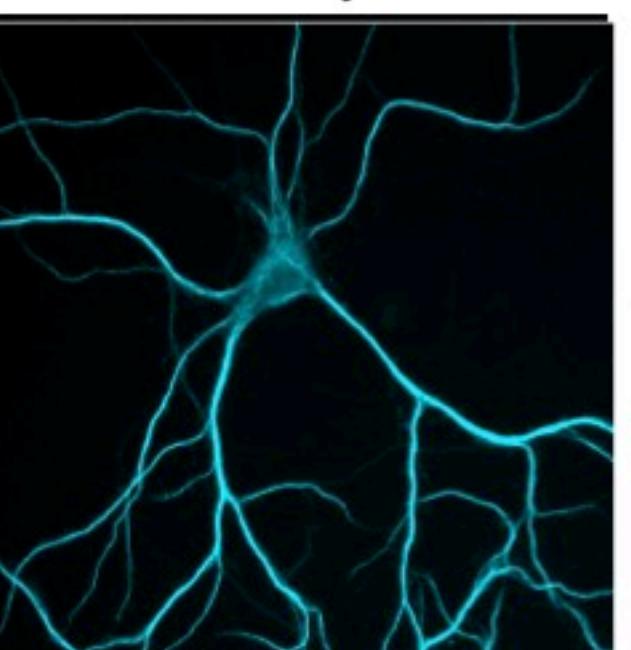
0 256

Channel 3 : Blue

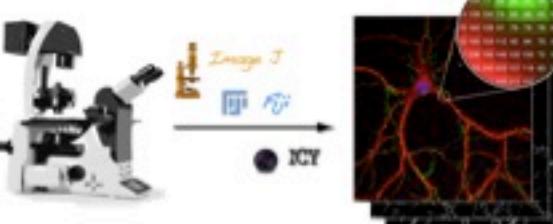


0 256

Channel n : cyan



0 65 536



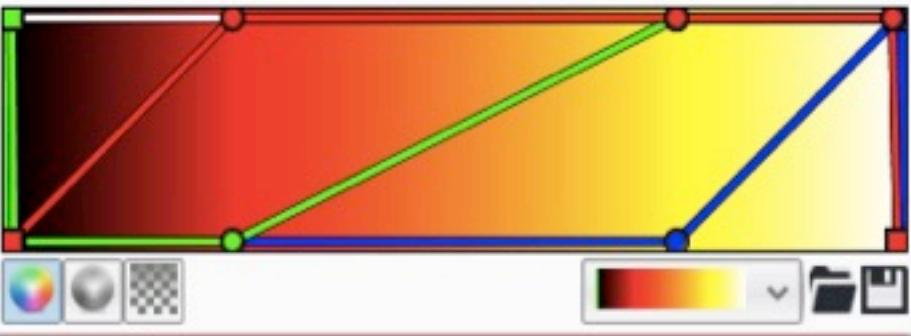
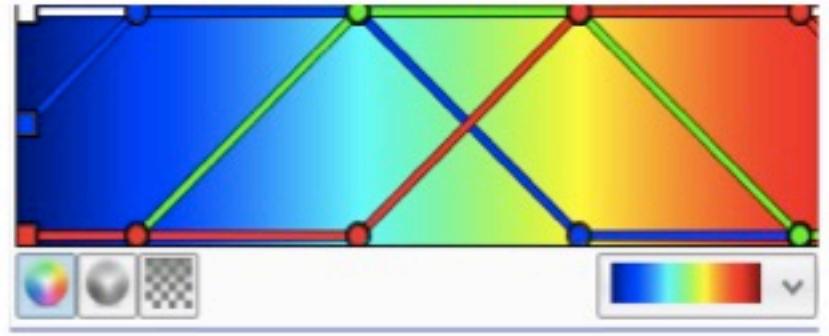
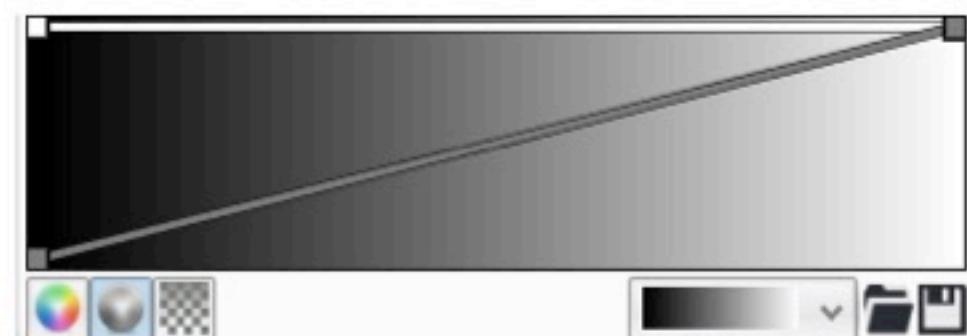
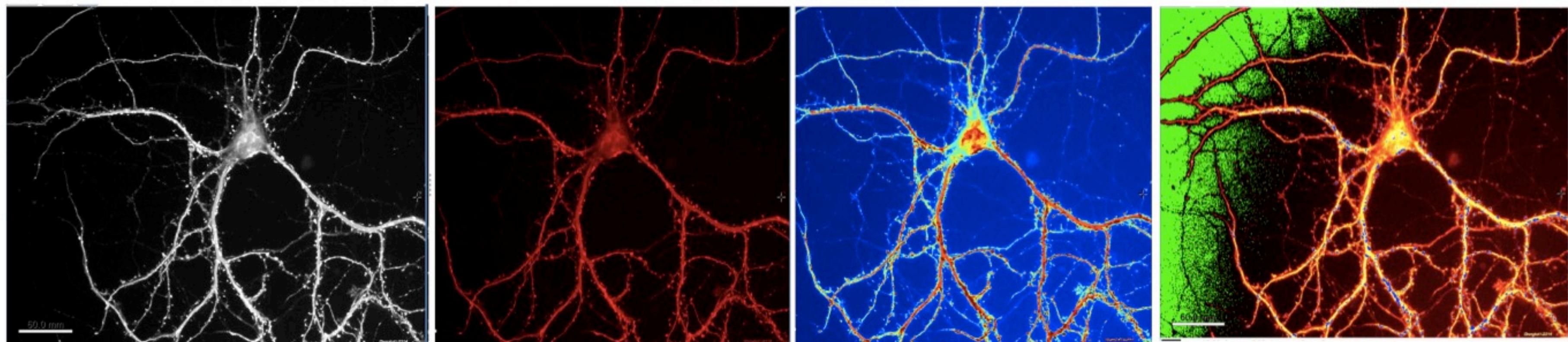
- Visualisation of pictures with RGB colors :**

Screens use 3 color channels (Red, Green, Blue, RGB)

Each color is coded in 8 bits (256).

**One image is always converted in a display space (16 millions color).**

**Our eyes are sensitive only to 100 000 tints ...**



LUT : Black & white



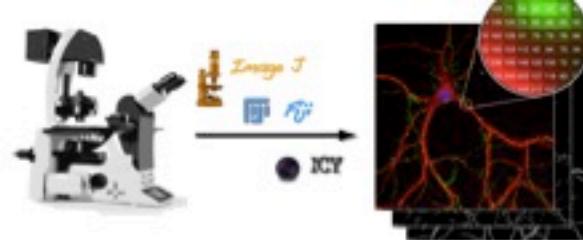
Red gradient



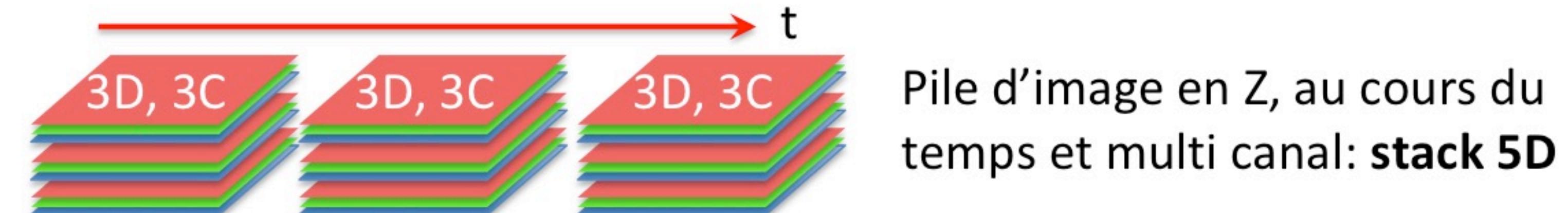
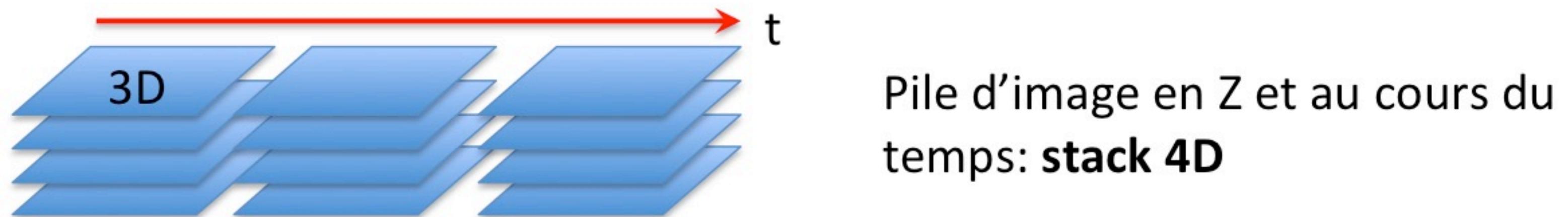
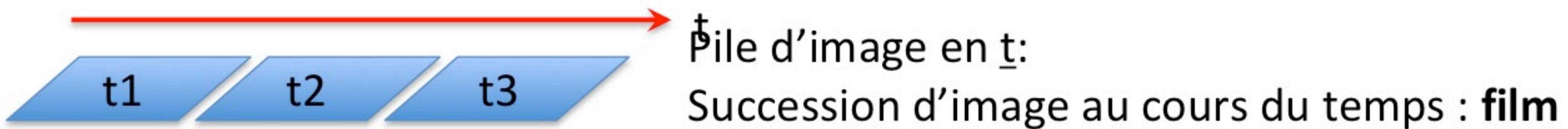
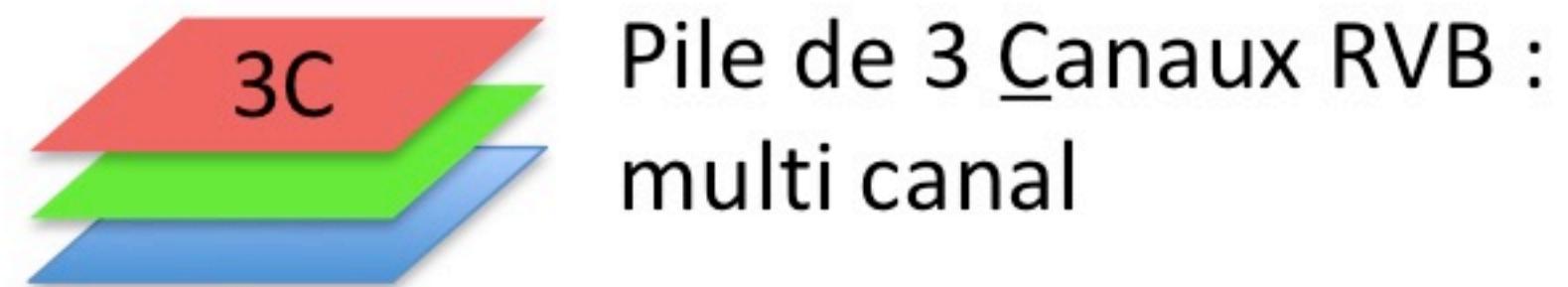
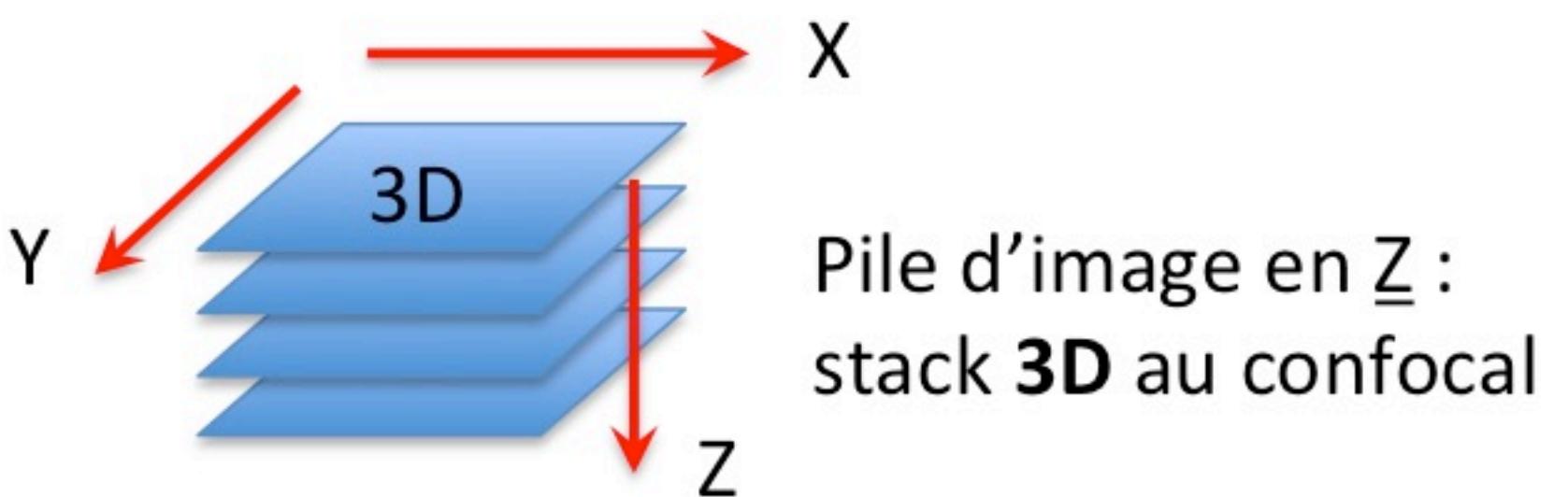
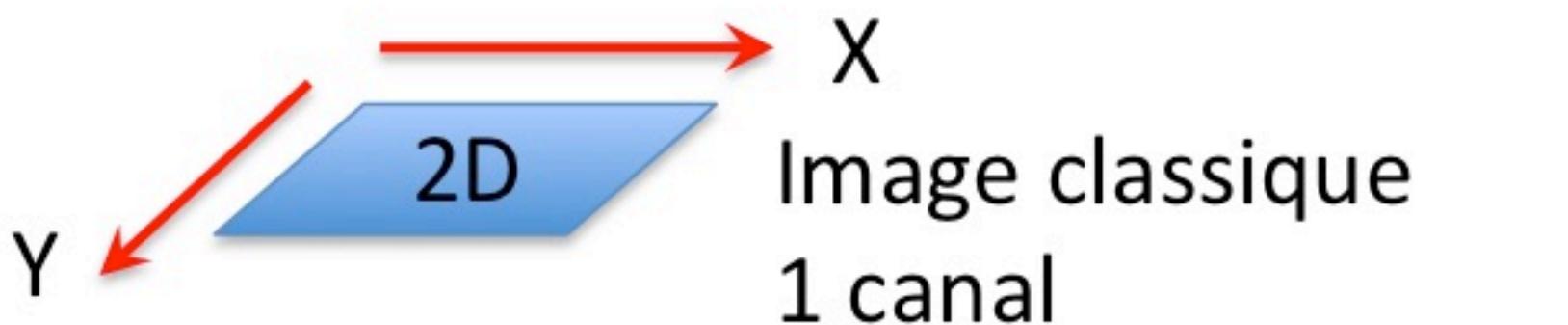
LUT : « JET » :  
More sensitive on  
green

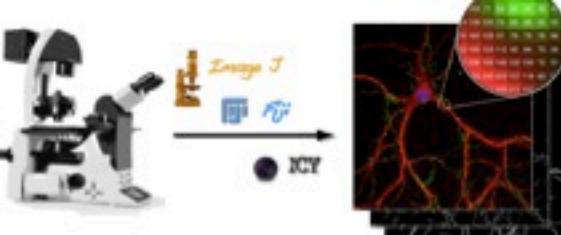


LUT : « GLOW O & U » :  
Green: black pixels  
Blue: saturating pixels

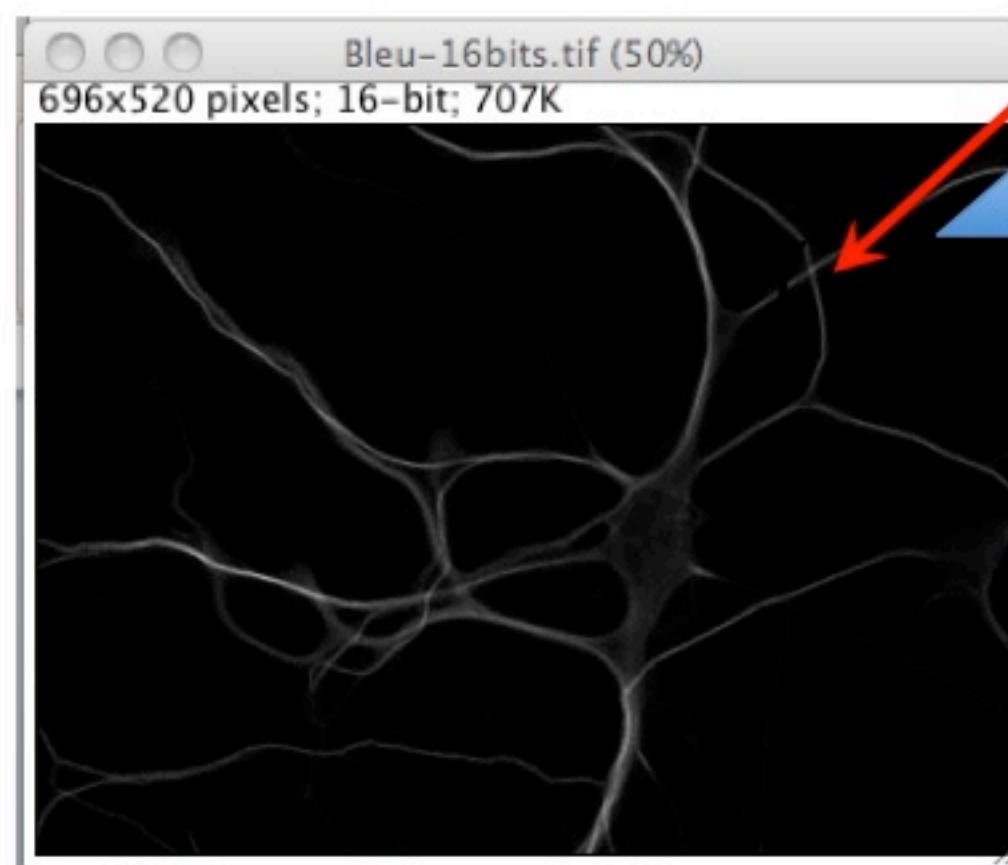


- Les piles d'images ou stack ou multi -tif:





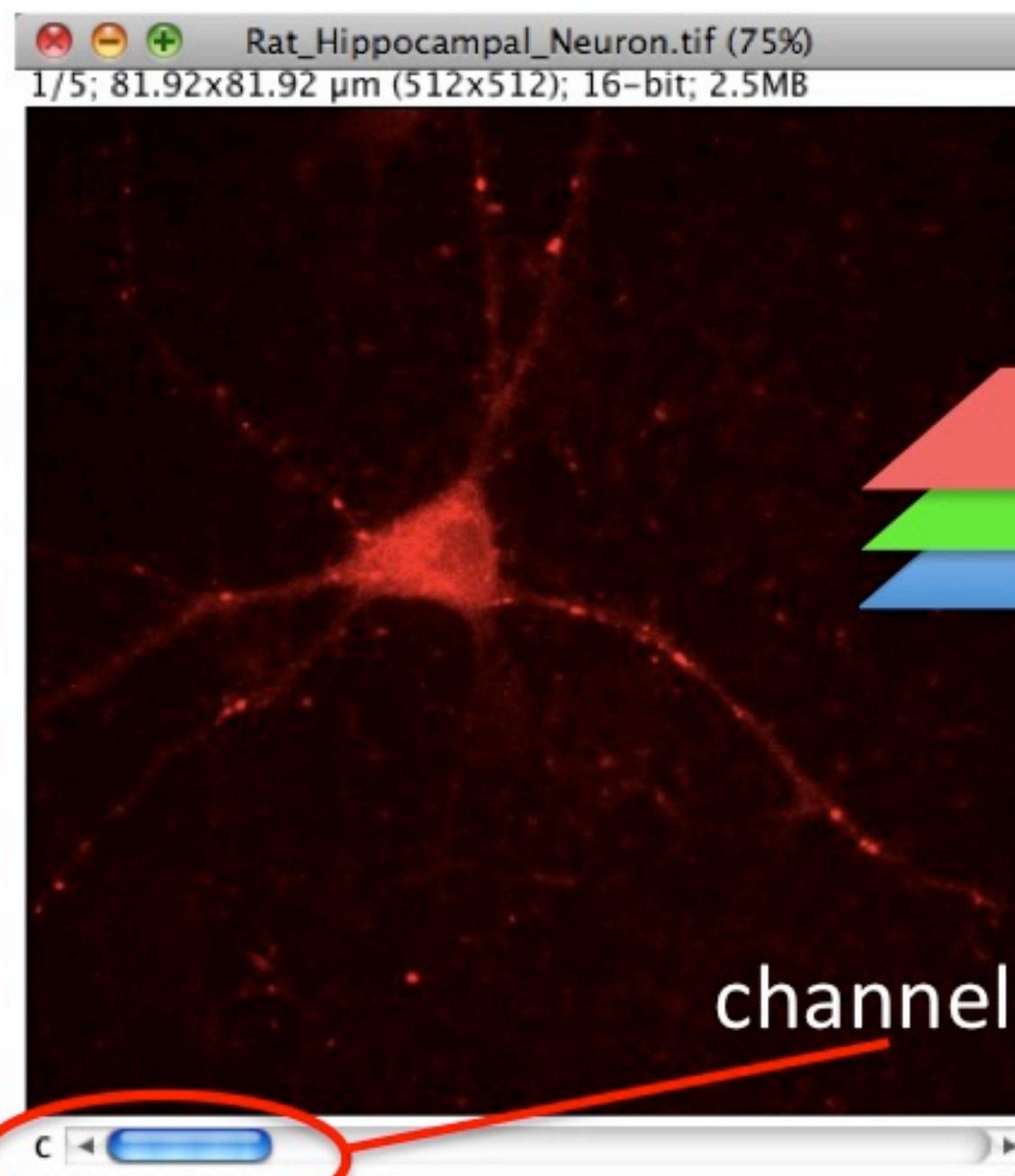
- Image stack or multi -tif:



2D

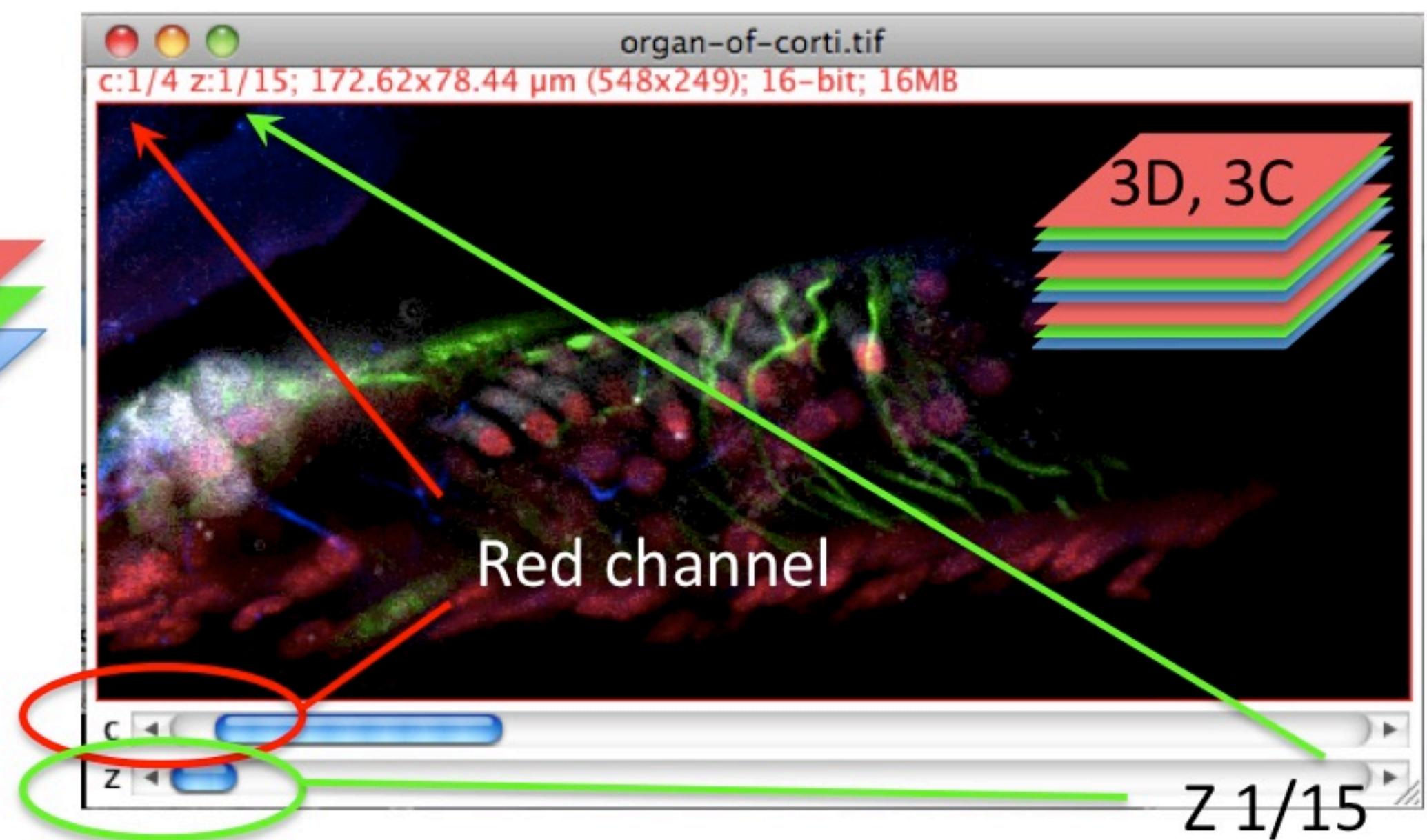


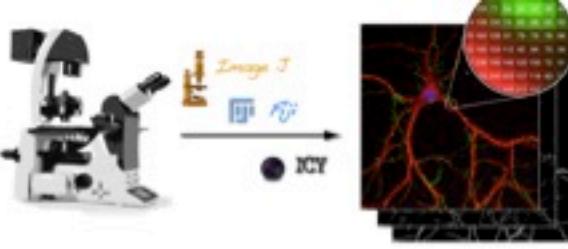
X  
Y  
Z



3C

channel



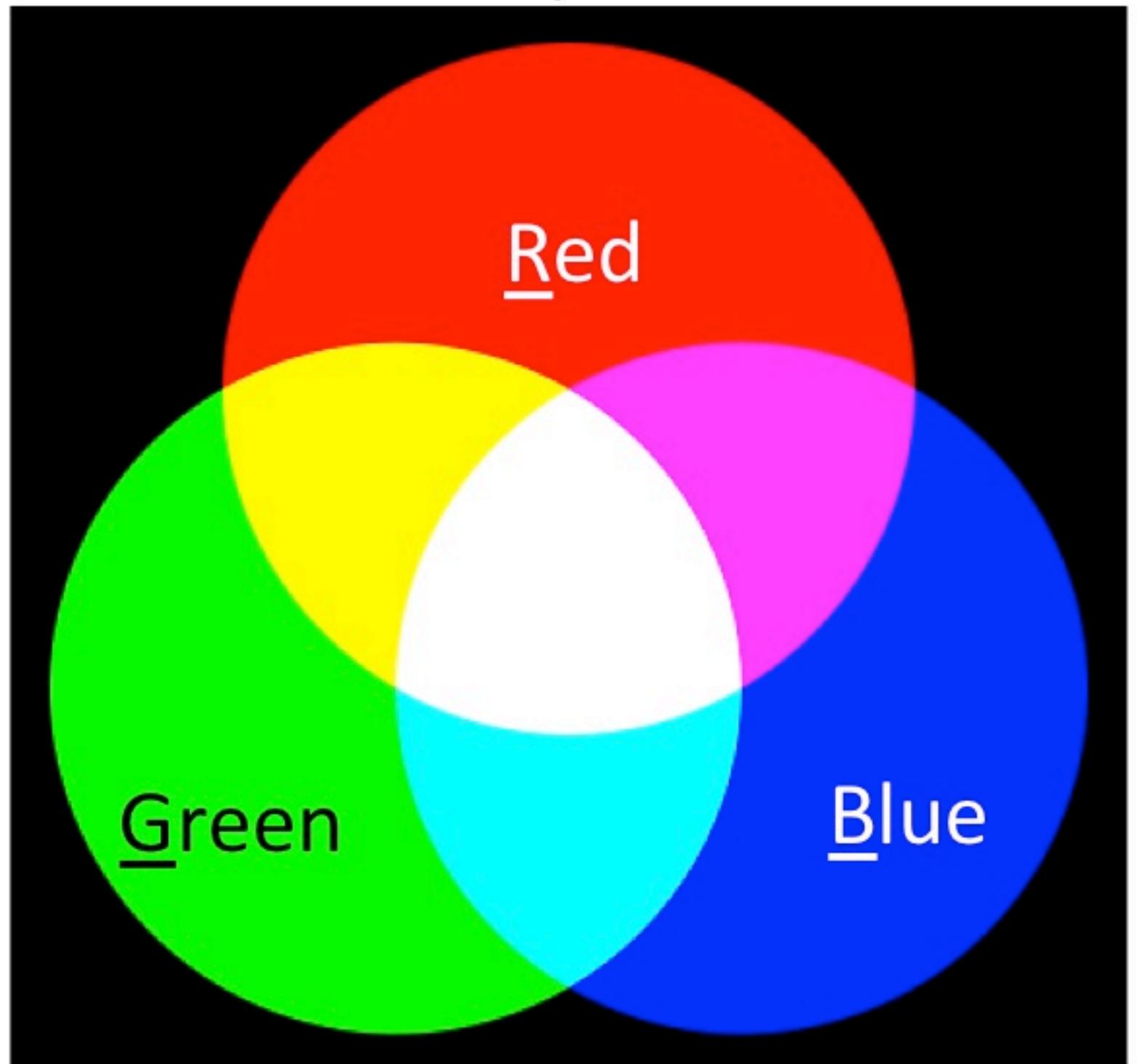


## Colorimetric spaces

### Additive synthesis

Based on color addition

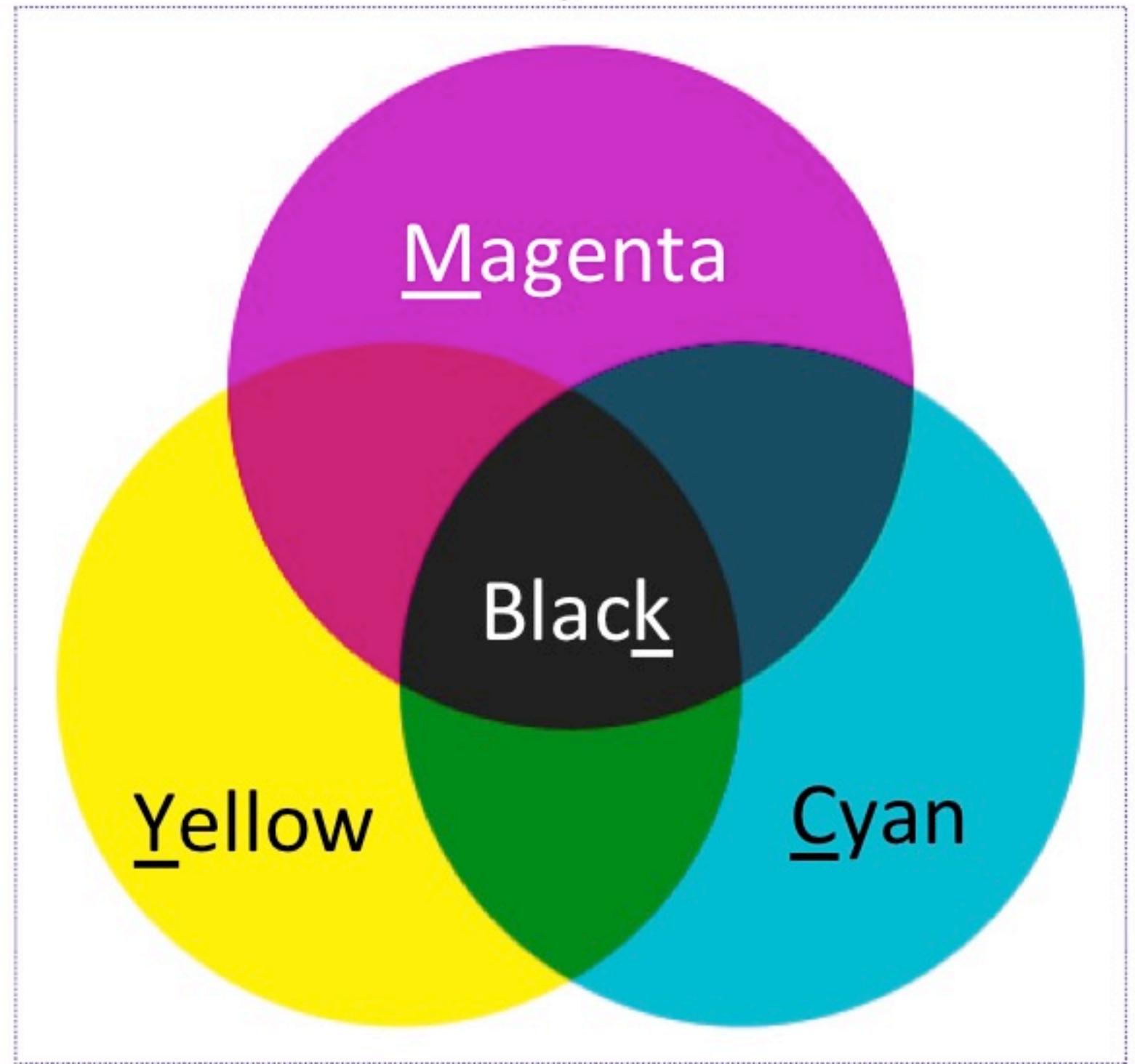
RGB / RVB



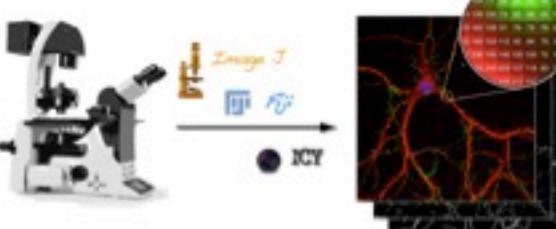
### Subtractive synthesis

Based on pigment absorption

CMYK / CMJN



- RGB: addition of colors leads to the white.
- CMYK: mixture of colors leads to black.

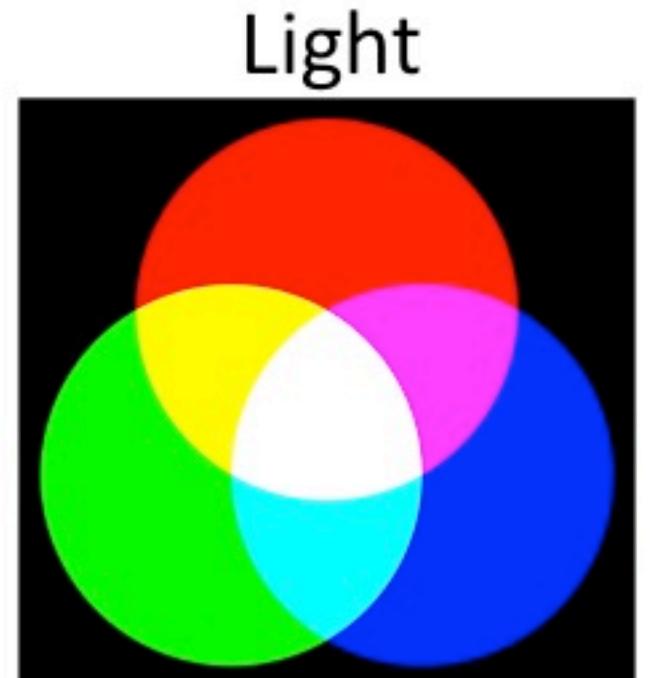


## Colorimetric spaces

### Additive synthesis

Based on color addition

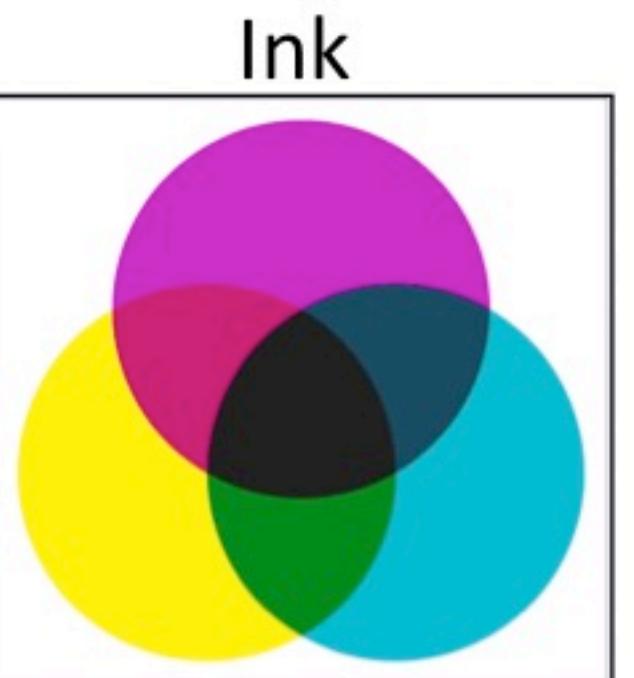
**RGB / RVB**  
screens/ projectors

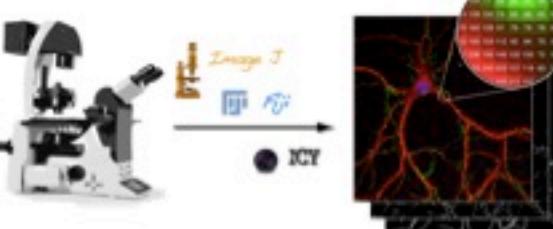


### Subtractive synthesis

Based on pigment absorption

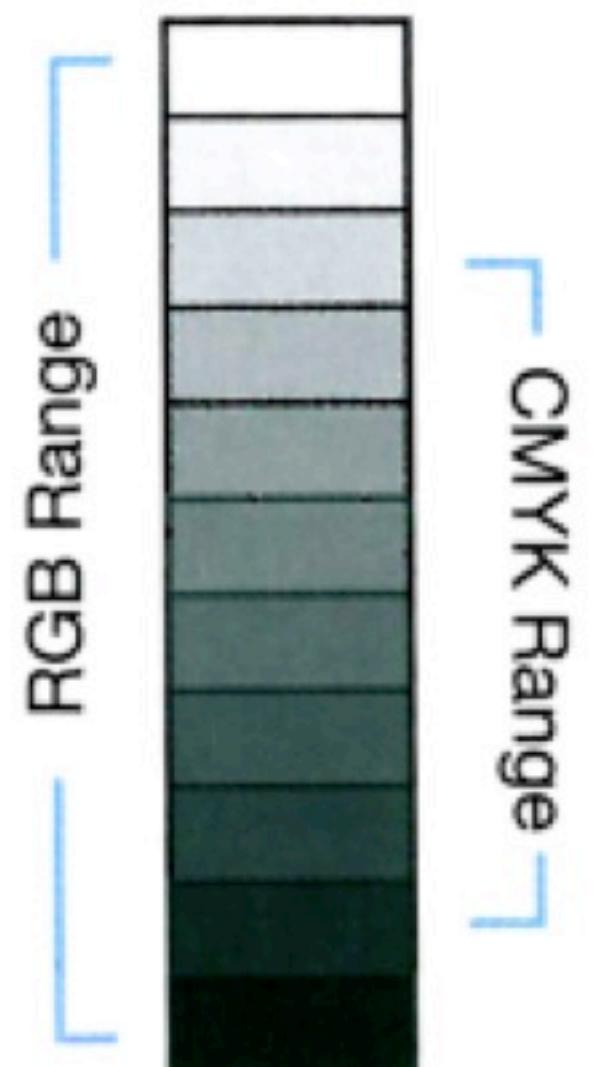
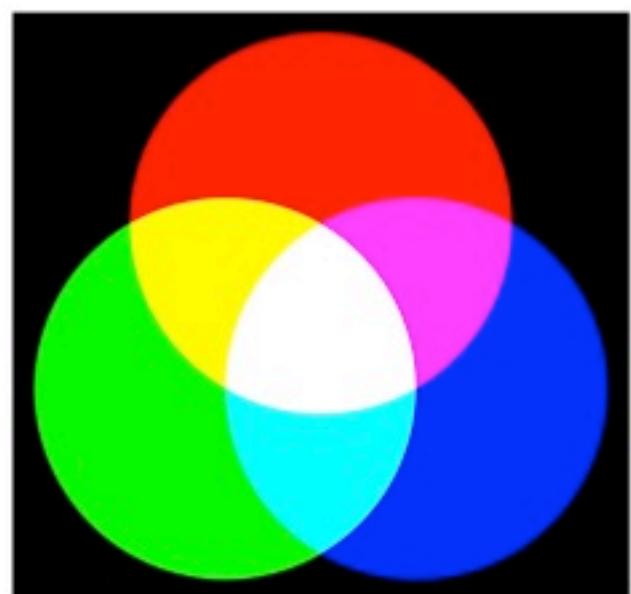
**CMYK / CMJN**  
Press - printers



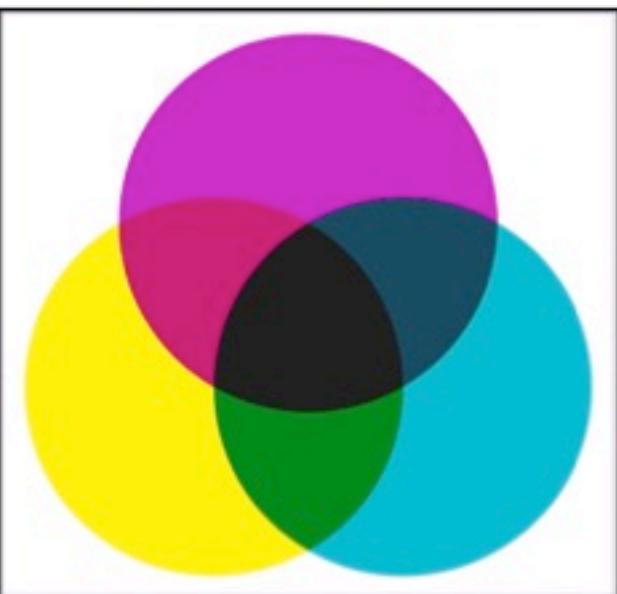
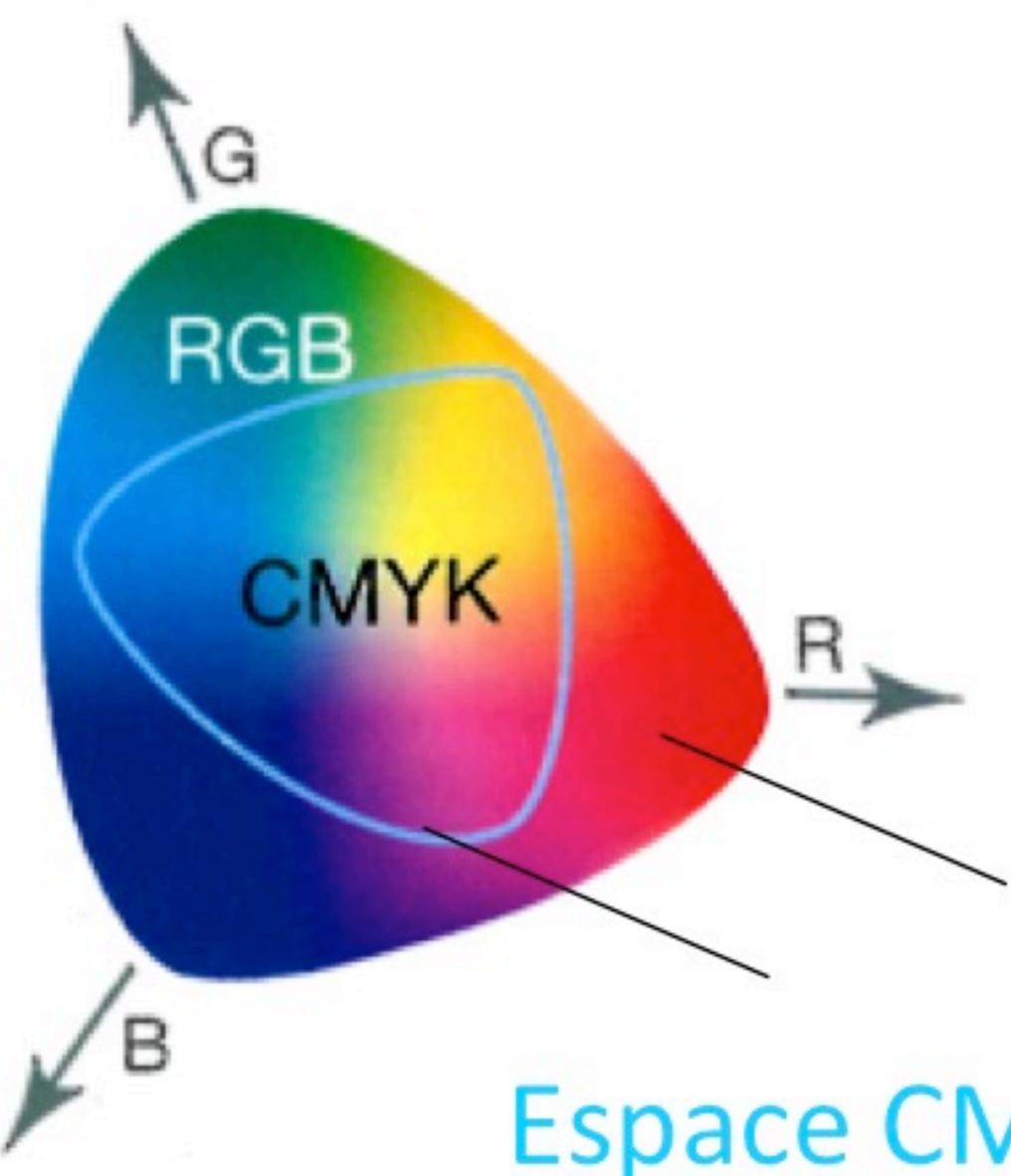


## Colorimetric spaces

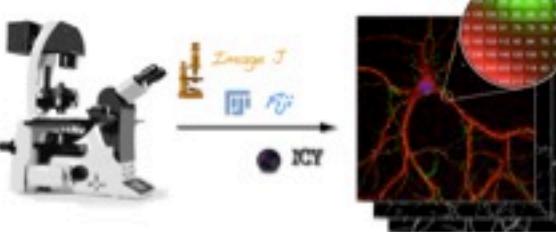
RGB / RVB  
screens/ projectors



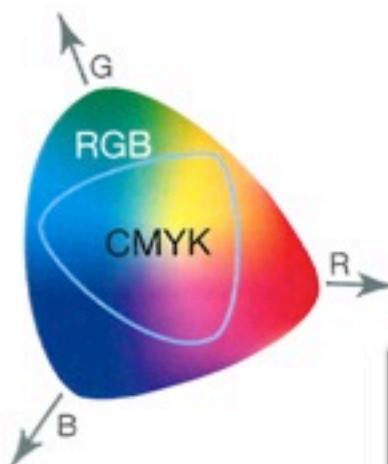
CMYK / CMJN  
Press - printers



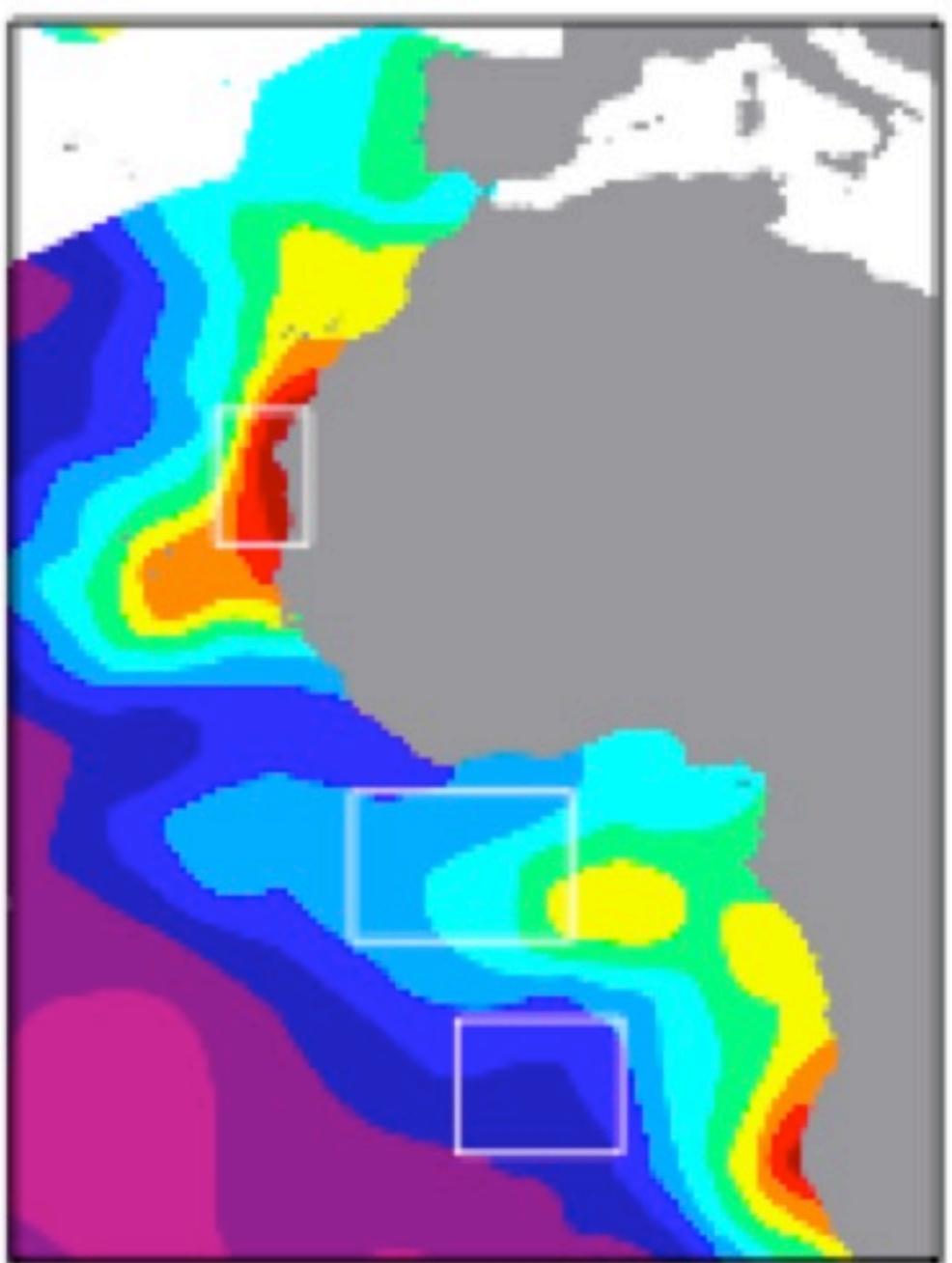
- RGB describes a larger portion of color space than does CMYK
- That's the reason why it's hard to convert RGB to CMYK



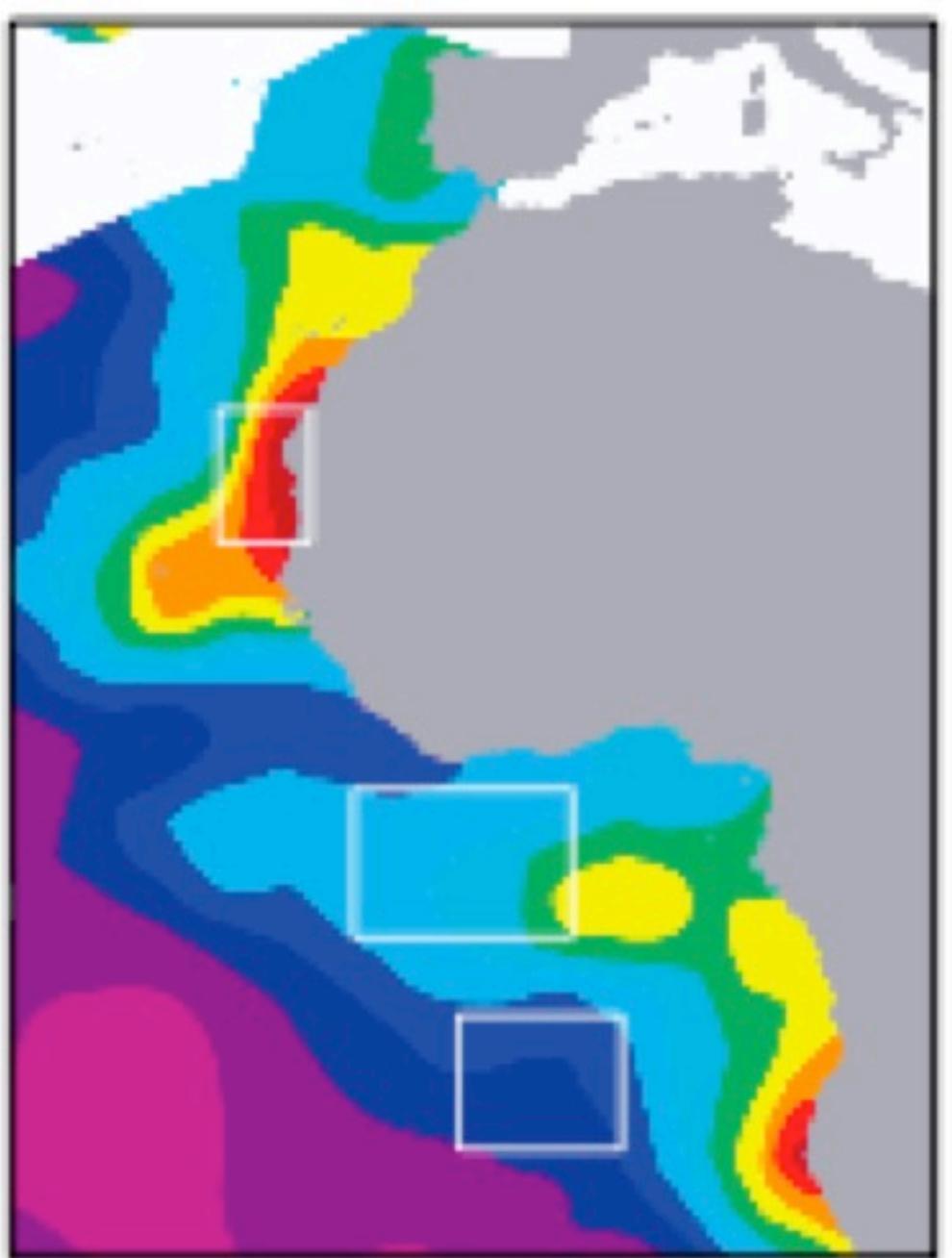
## Colorimetric spaces



RVB  
(screen)



CMJN  
Coated paper  
(journal)

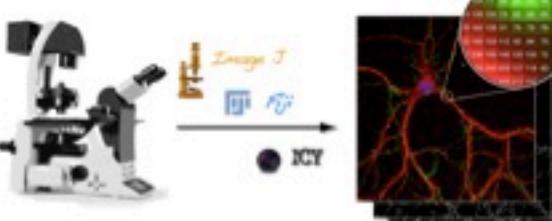


CMYK  
Uncotaed paper  
(laser printer)



Practical computing for biologists

- RGB space is larger and contain more colors than CMYK.
- Oceanographic datas are lost with CMYK space.



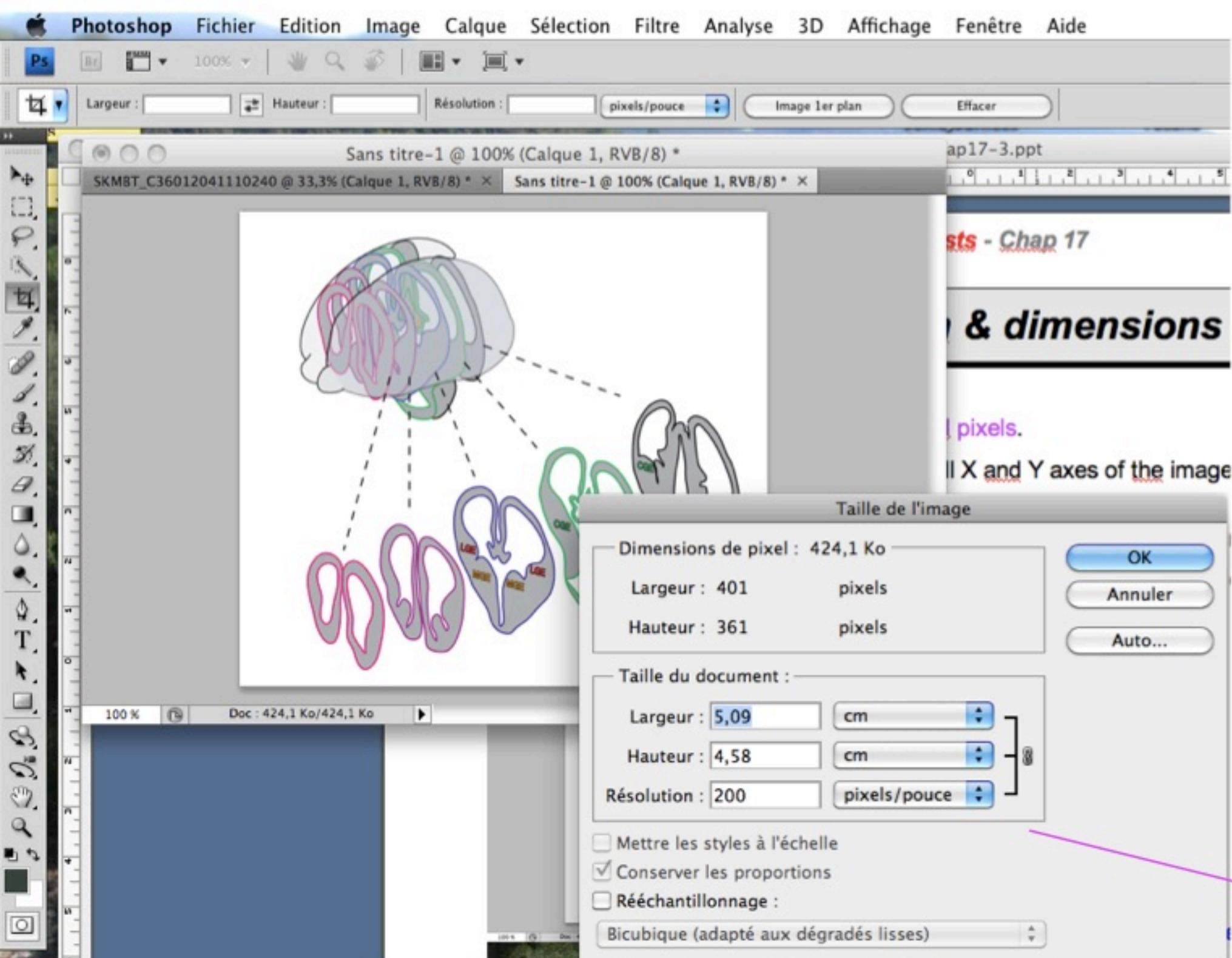
## Resolution and image size

Les **images pixellisées** sont faites d'une **grille de pixels colorisés**.

**Pixel Dimension en Pixel :** number of pixel of the matrix for example 800 x 600 pixels.

**Physical size :** this is image size on a **printed paper**, for example 21 cm x 29,7 cm.

**Resolution:** this is pixel size, expressed as **pixel number by unit of physical size**, usually named dots per inch (DPI) or pixel per inch (PPI).

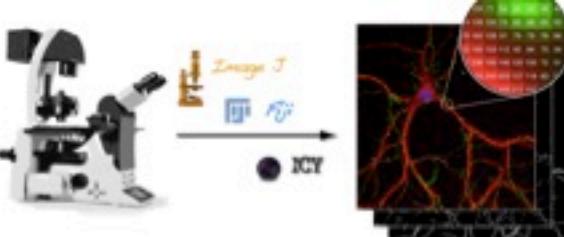


**Pixel size**

**Physical size**

**Resolution**

**Parameters are all linked**



## Resolution and image size

The figure illustrates the relationship between physical size, pixel resolution, and image size.

**Left Panel: Original Image (Same physical size)**

**Right Panel: Resampled Image (Lower pixels)**

**Bottom Left: Dimensions de pixel (Pixel dimensions dialog box)**

Dimensions de pixel : 468,8 Ko	
Largeur : 400	pixels
Hauteur : 400	pixels

**Bottom Right: Taille de l'image (Image size dialog box)**

Dimensions de pixel : 29,3 Ko	
Largeur : 100	pixels
Hauteur : 100	pixels

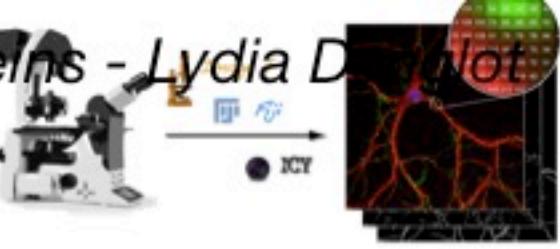
**Bottom Options:**

- Mettre les styles à l'échelle
- Conserver les proportions
- Rééchantillonnage :

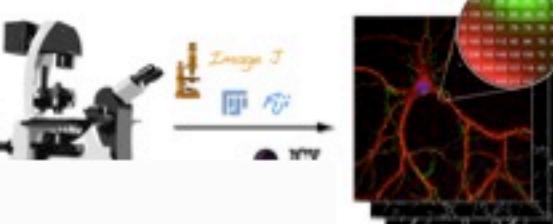
Bicubique (adapté aux dégradés lisses)

**Bottom Labels:**

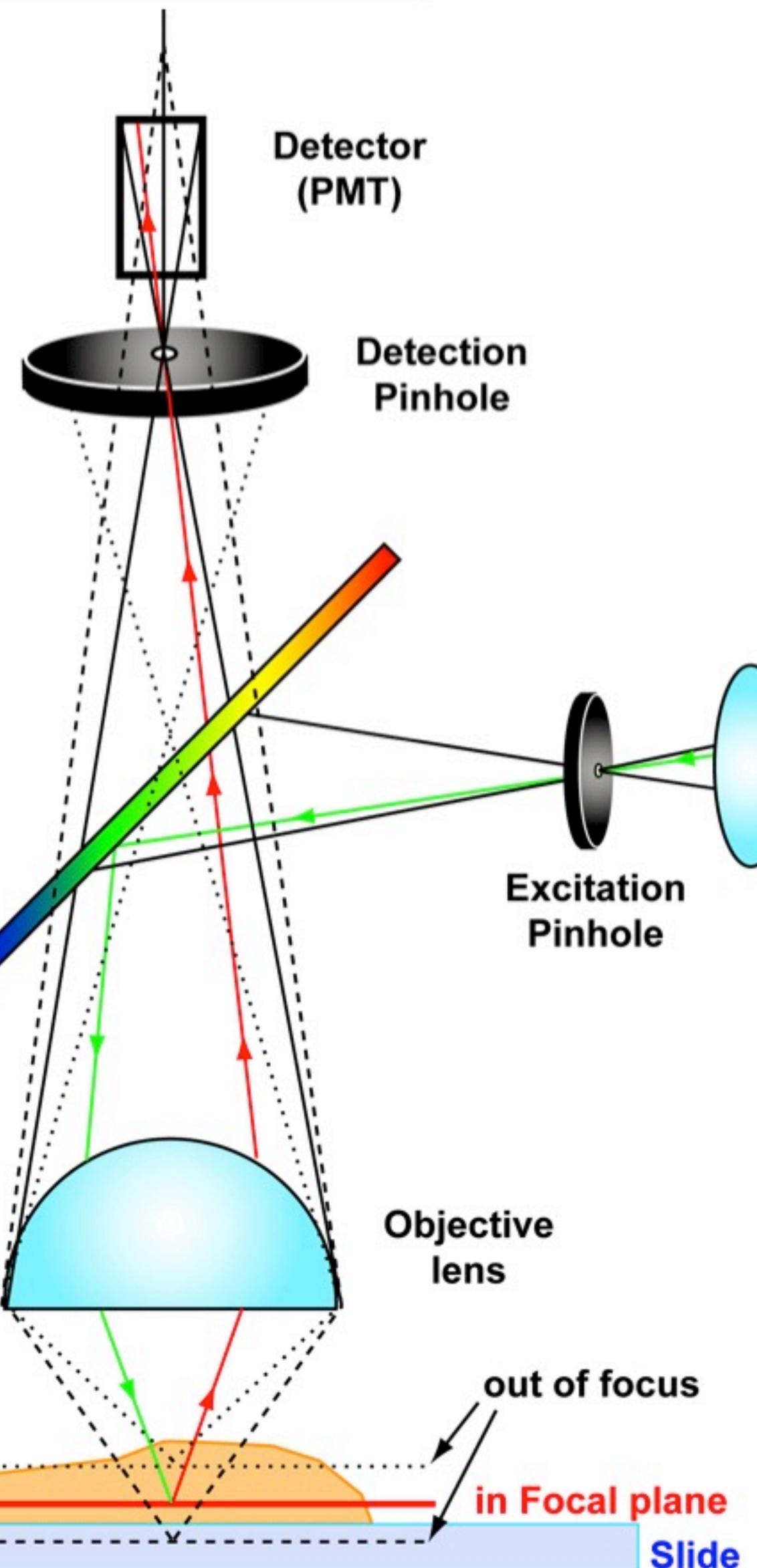
Same physical size  
Lower pixels  
Lower resolution  
Pixelised picture



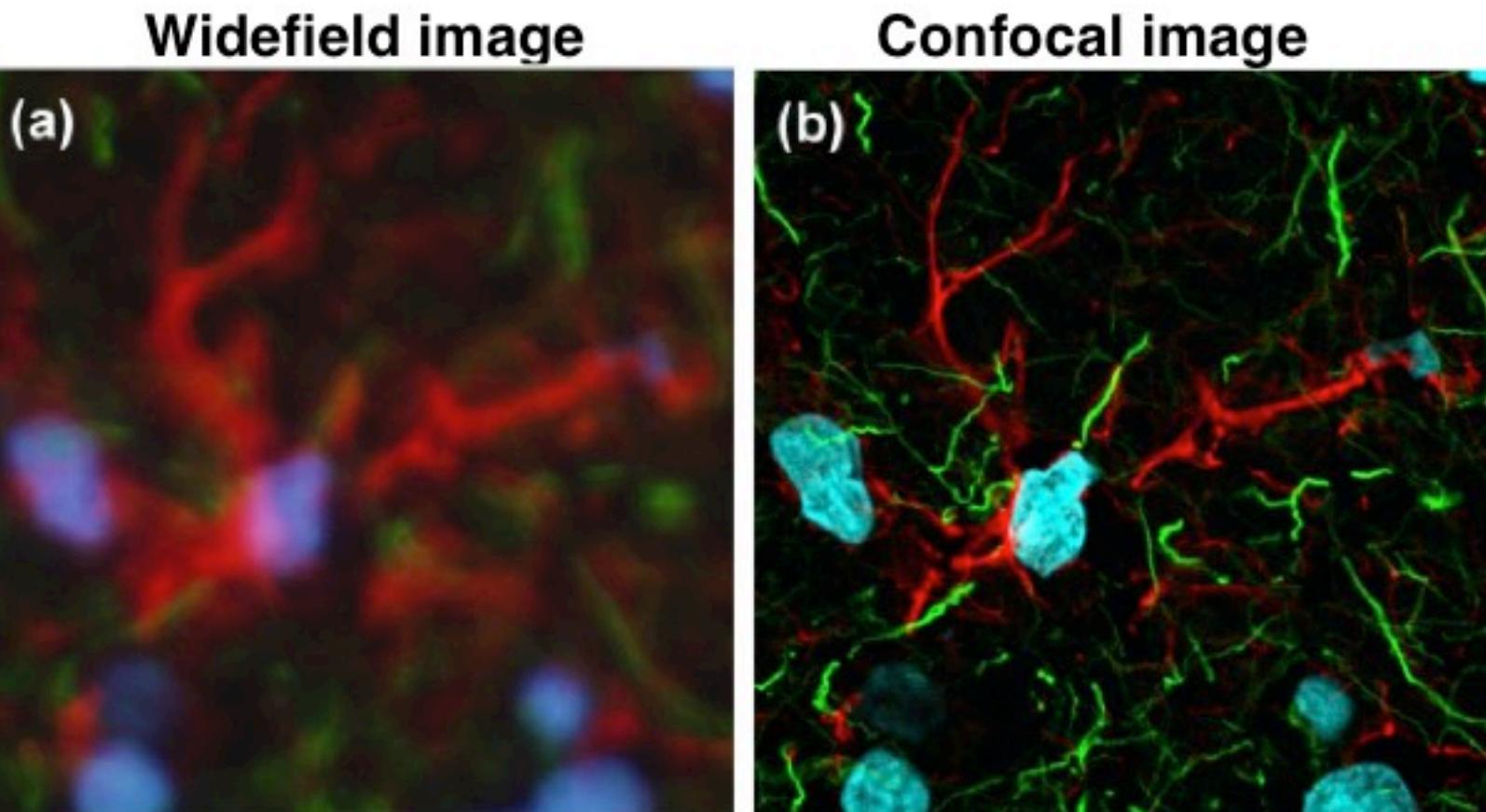
# *Confocal microscopy*



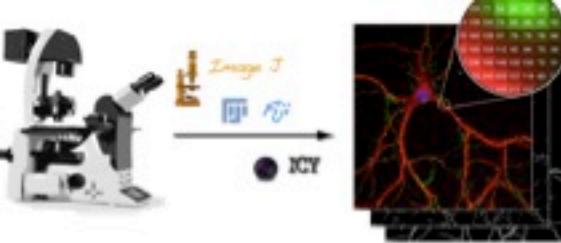
## Confocal microscope



<http://www.leica-microsystems.com>

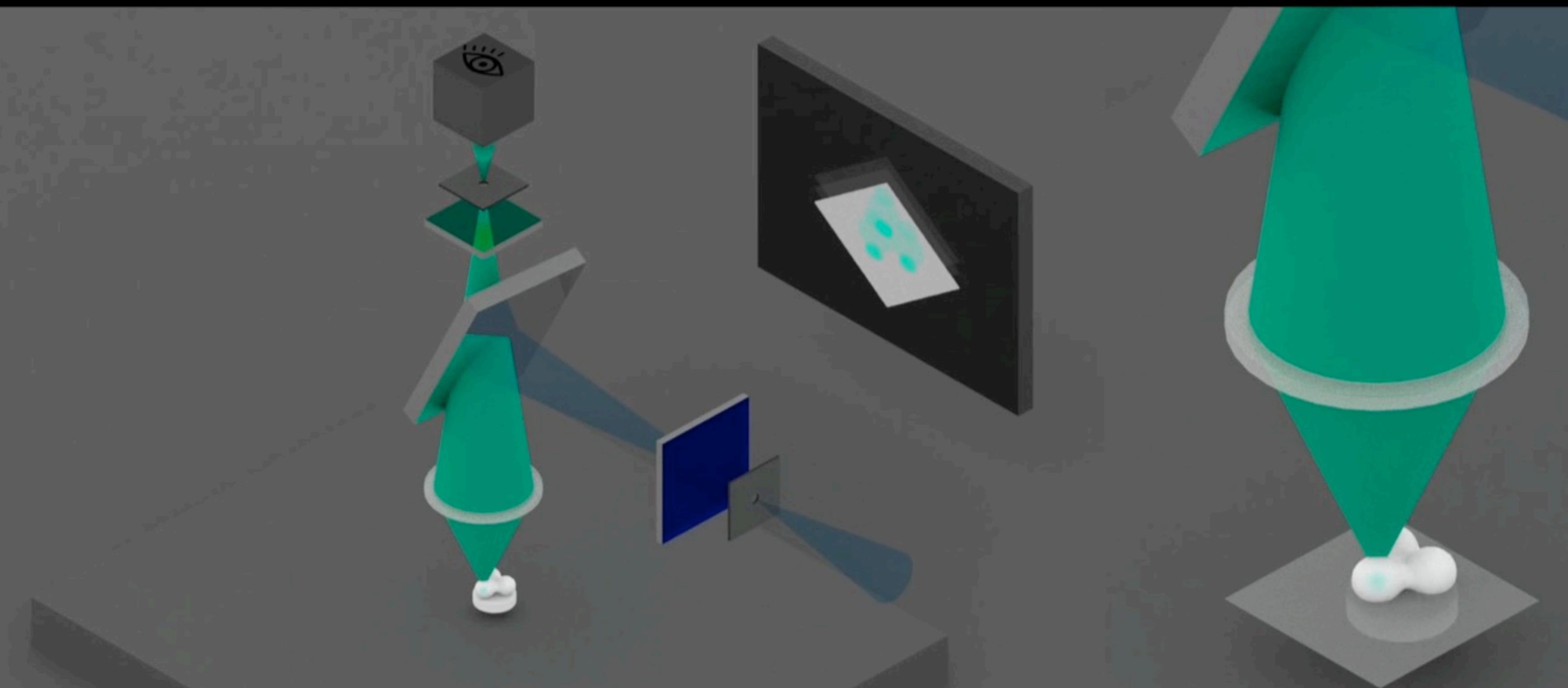


From LASER SCANNING CONFOCAL MICROSCOPY  
Nathan S. Claxton, Thomas J. Fellers, and Michael W. Davidson <http://www.olympusfluowiew.com>

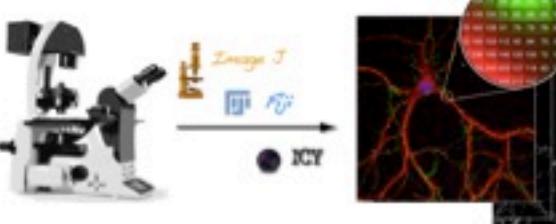


## Confocal Microscope

<https://toutestquantique.fr/fluorescent-et-confocal/>

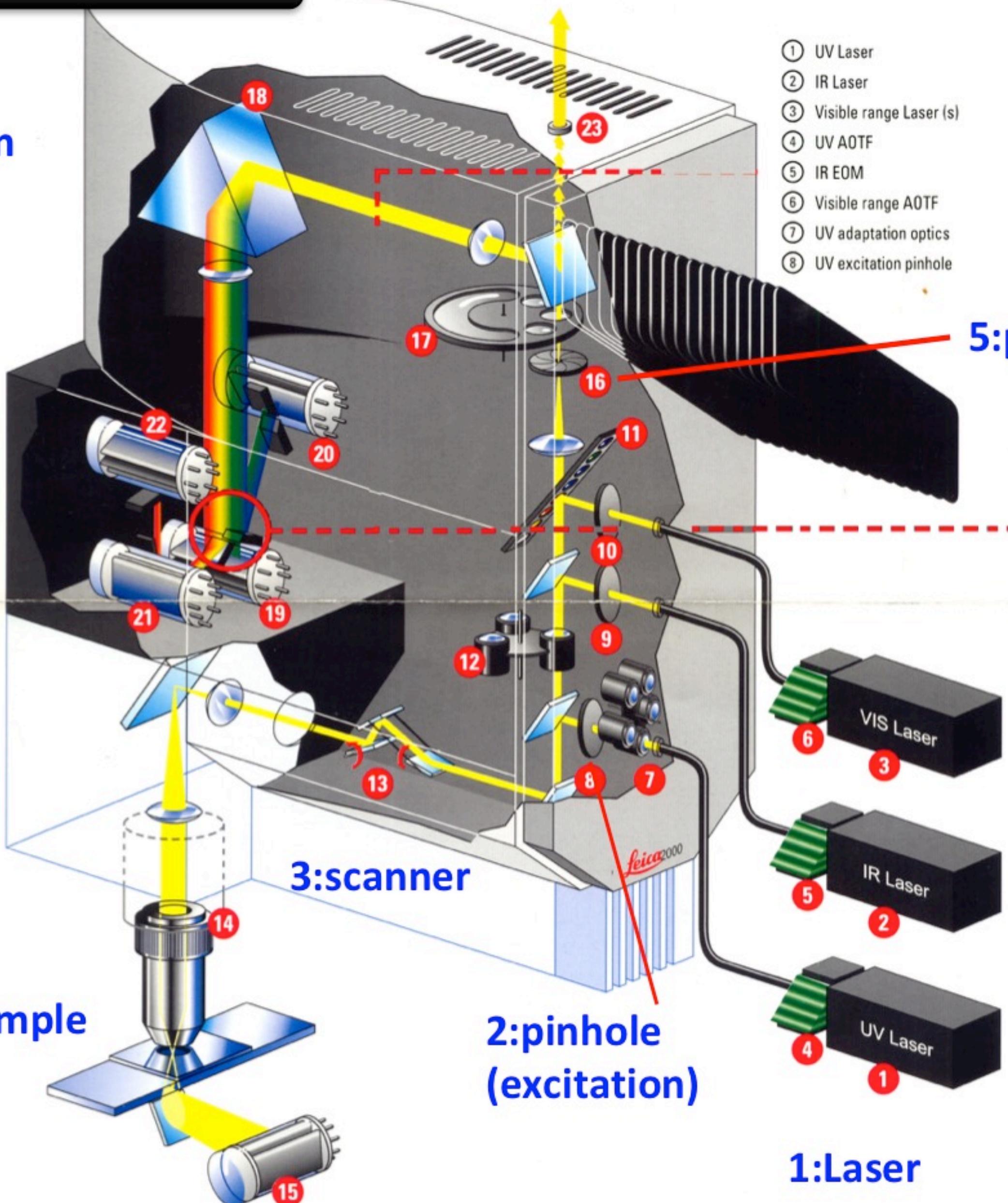


Un traitement informatique permet finalement de reconstituer l'image en volume.



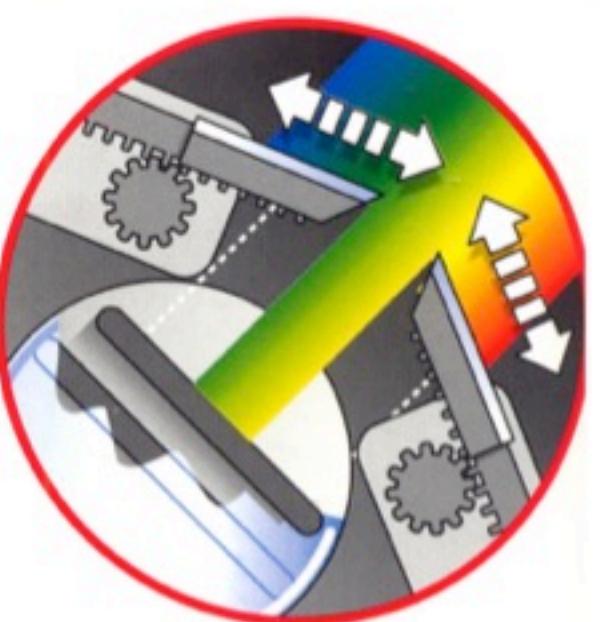
## Confocal microscope

6:prism



7:PMT

5:pinhole (detection)



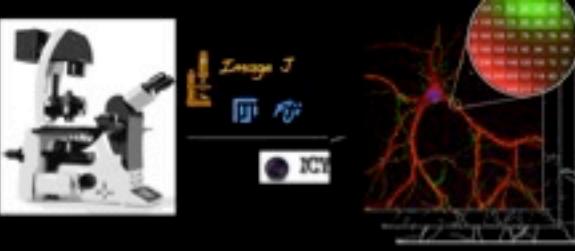
4:sample

2:pinhole  
(excitation)

1:Laser

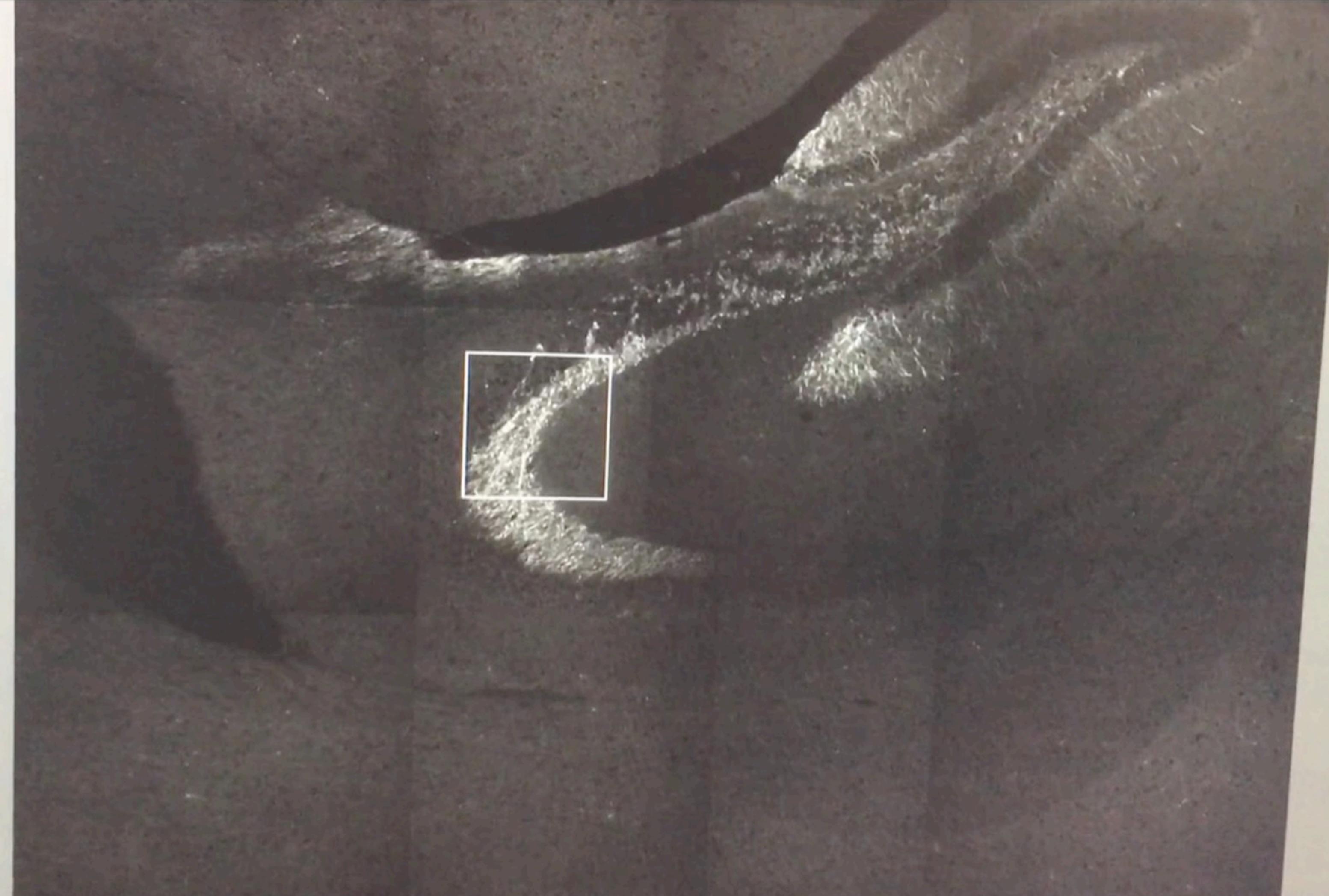
Confocal: the 2 pinholes are conjugated on the same focal plane.

**Leica**



# Tile imaging modalities

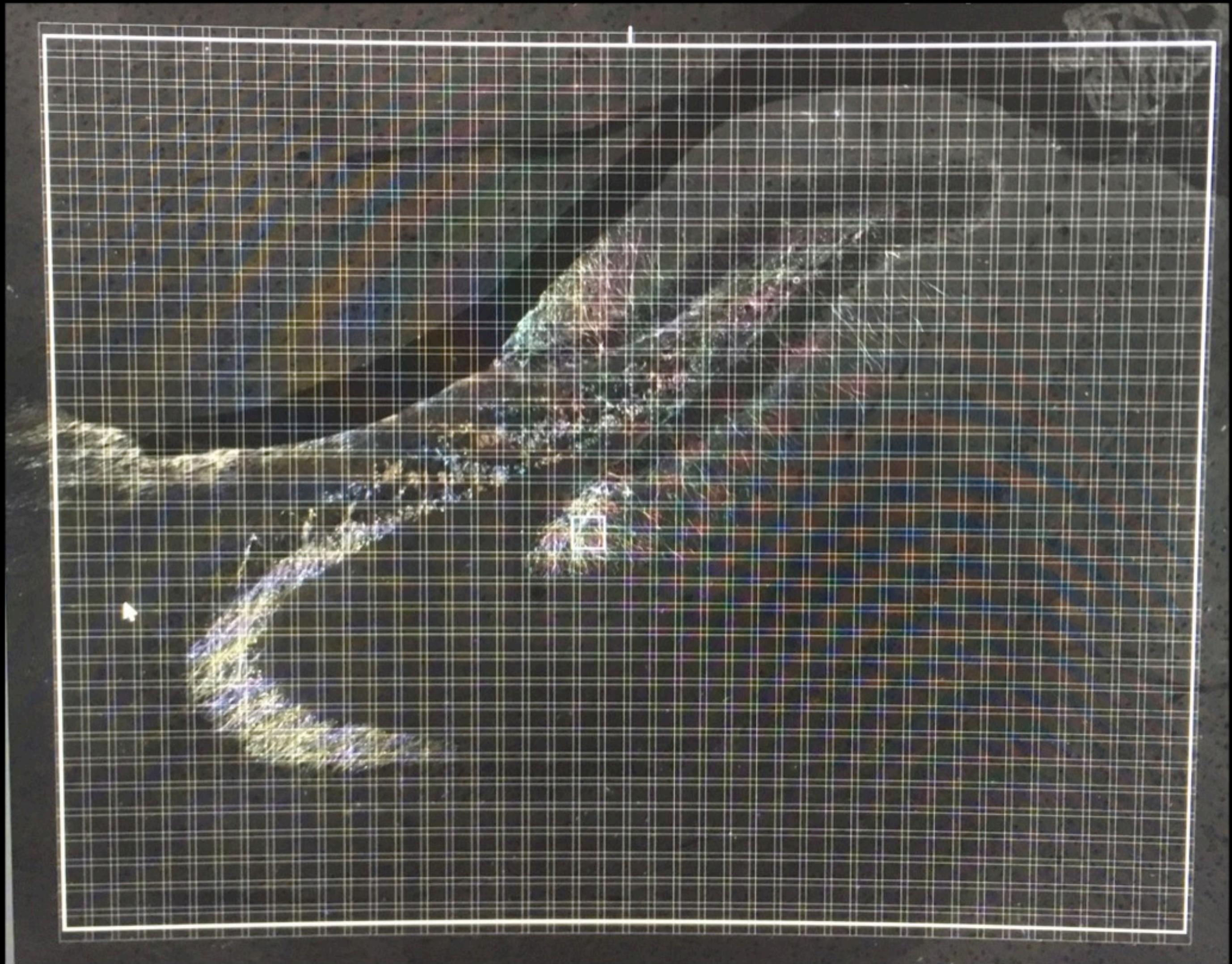
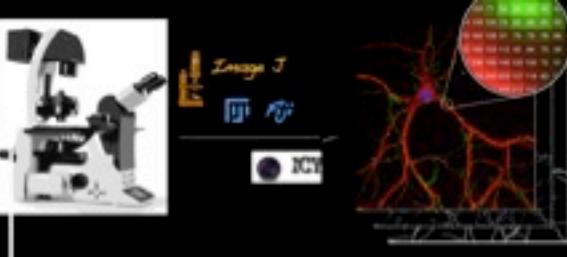
LEICA confocal SP8  
20X



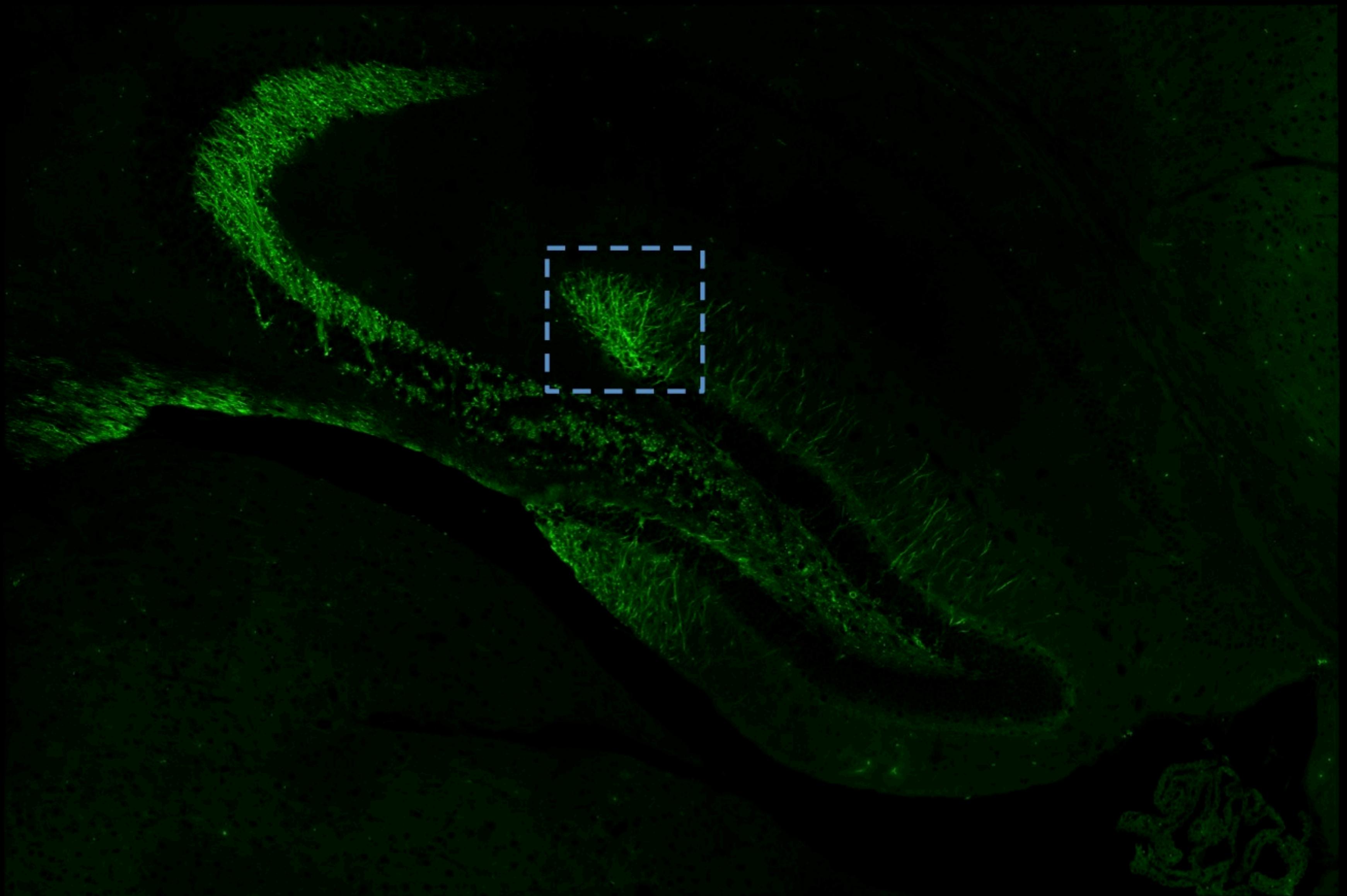
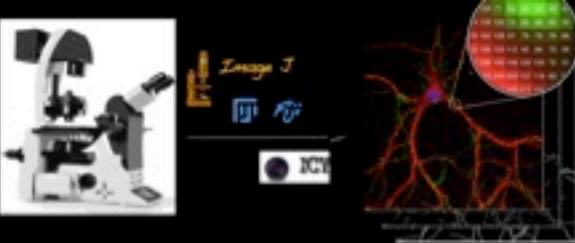
- The inhomogeneity of the picture reveal grids on the picture.
- This artifact can be suppressed by zooming on the center of the image (1,6 x)

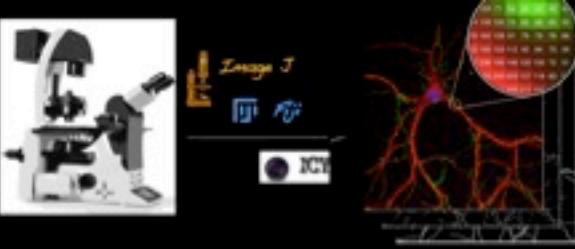
# Tile imaging modalities

LEICA SP5, SP8,  
93 X

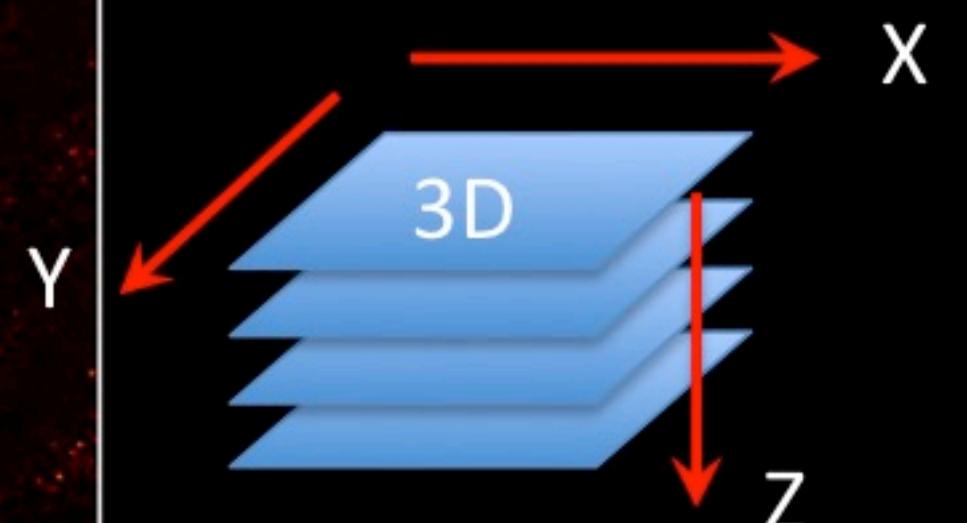
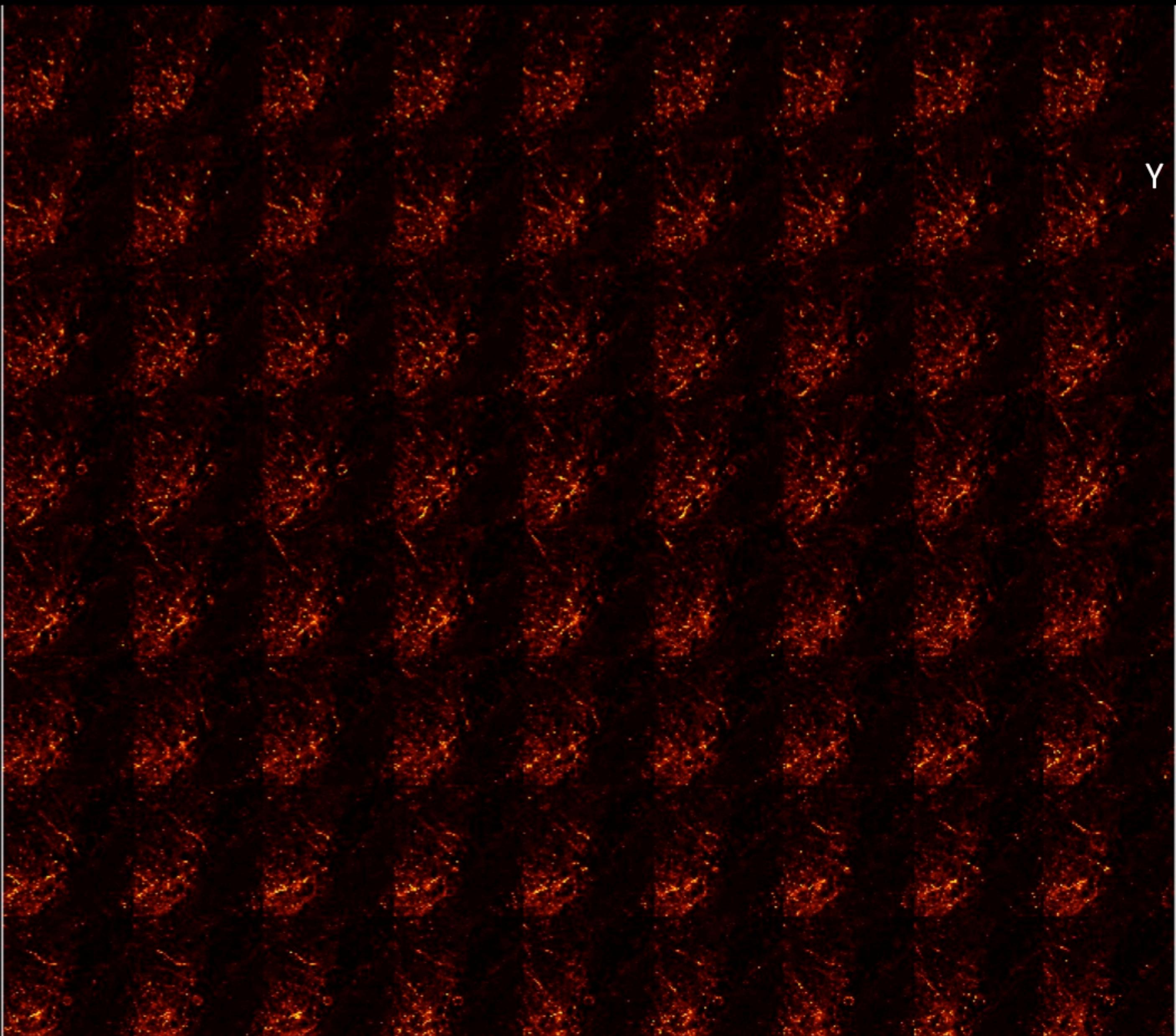


- The same field of view acquired at 93x impose far much more pictures.

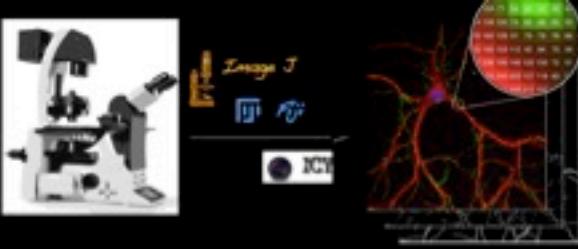




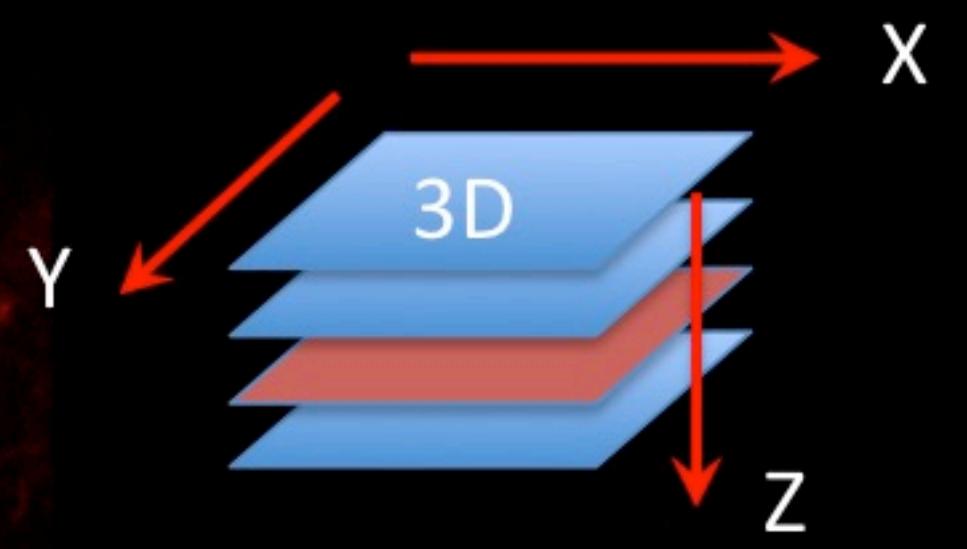
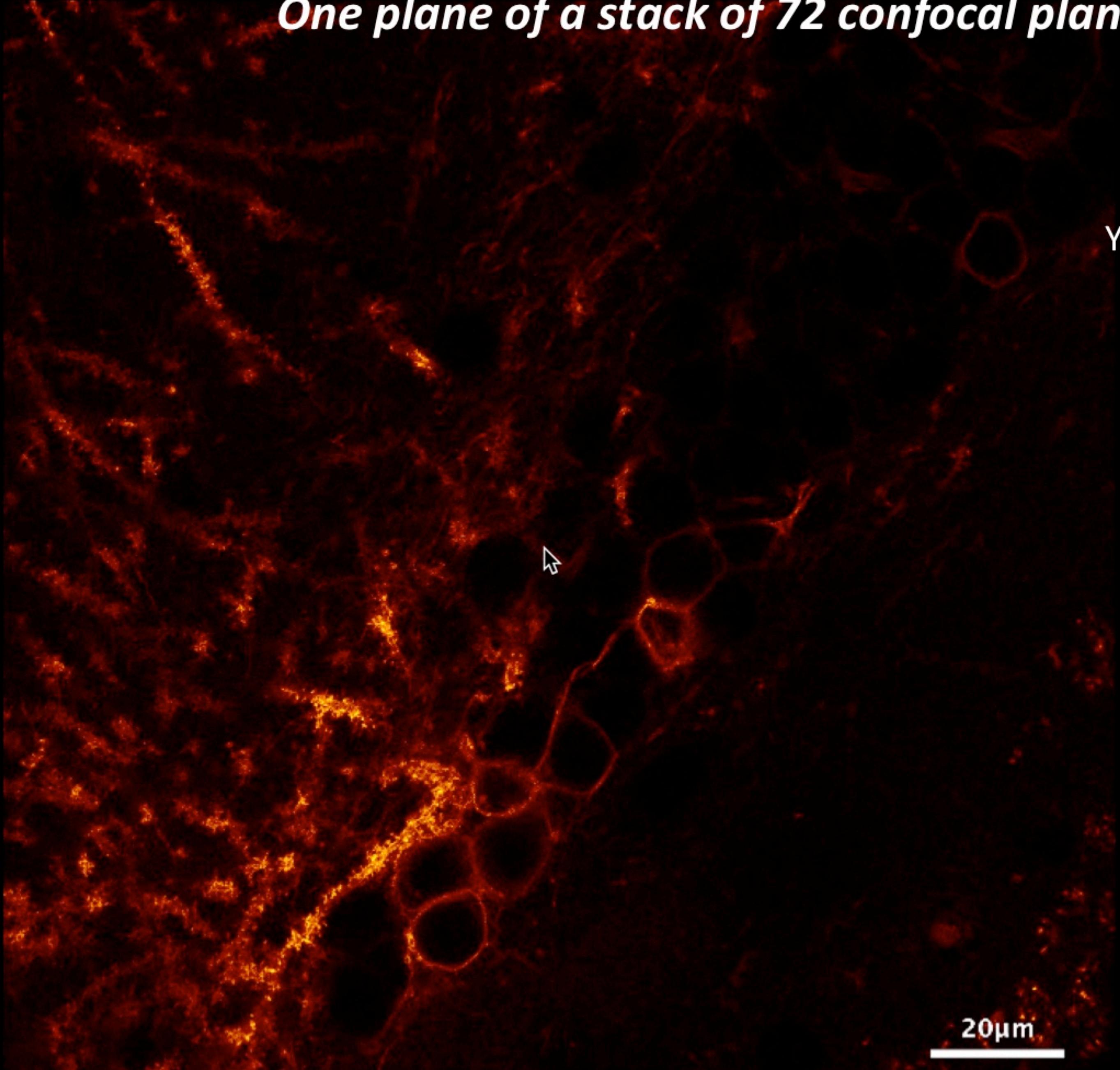
## A stack of 72 confocal planes



72 Z planes

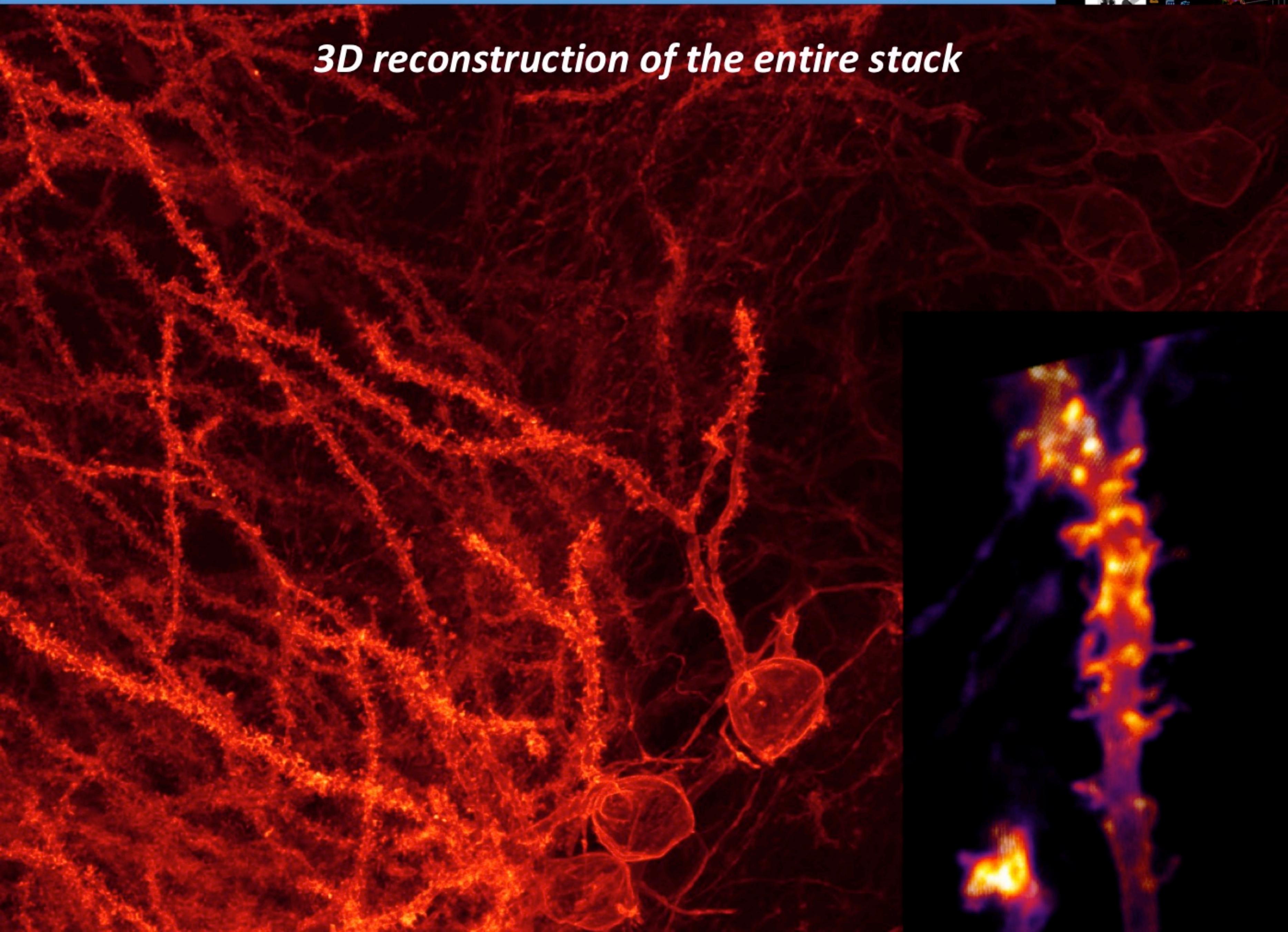


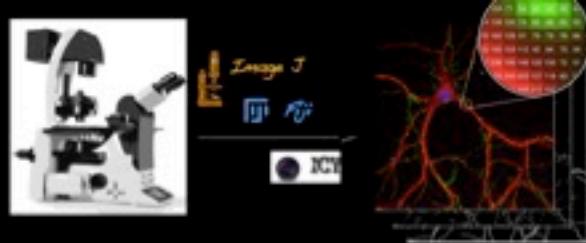
# *One plane of a stack of 72 confocal planes*



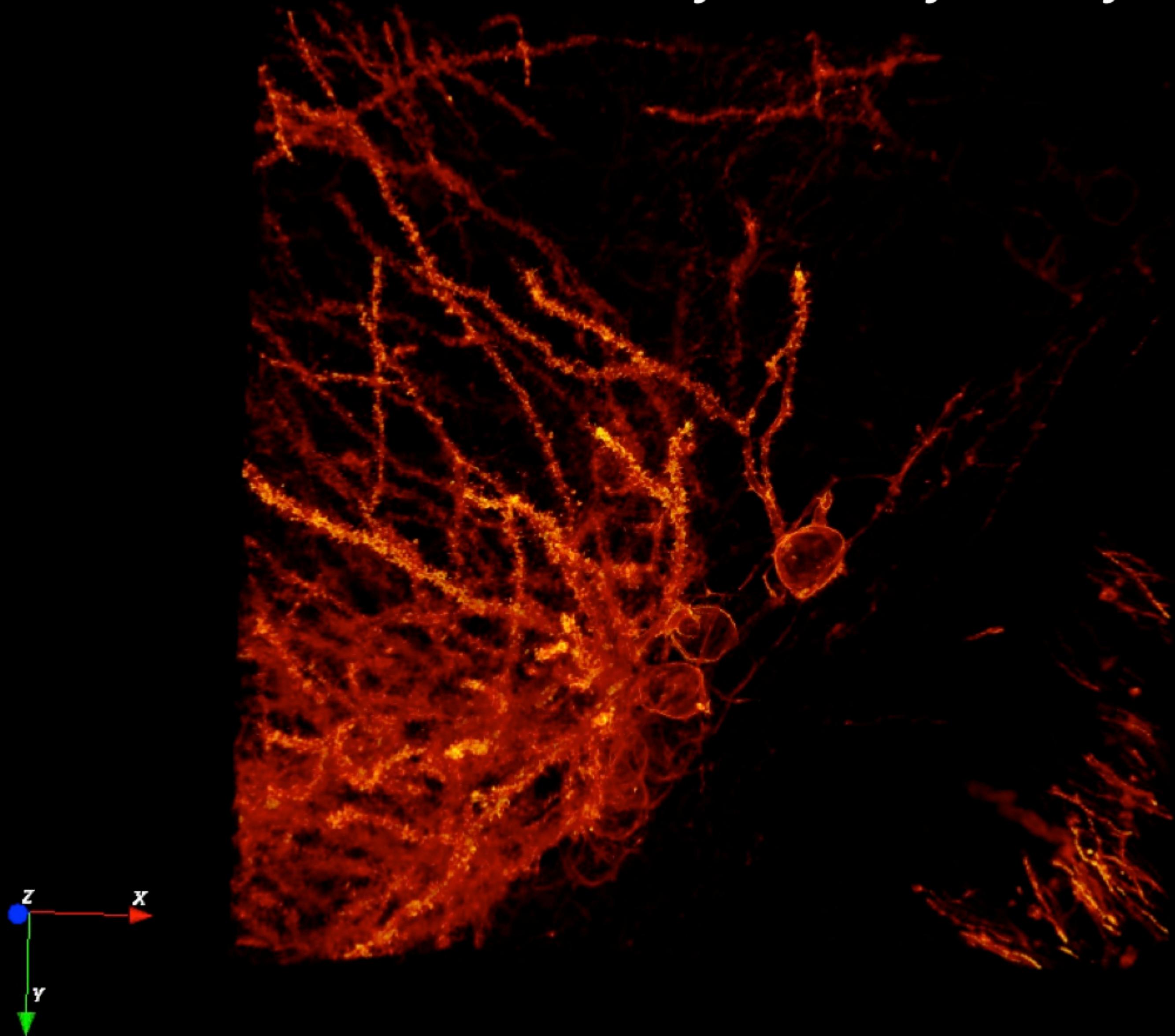
72 Z planes

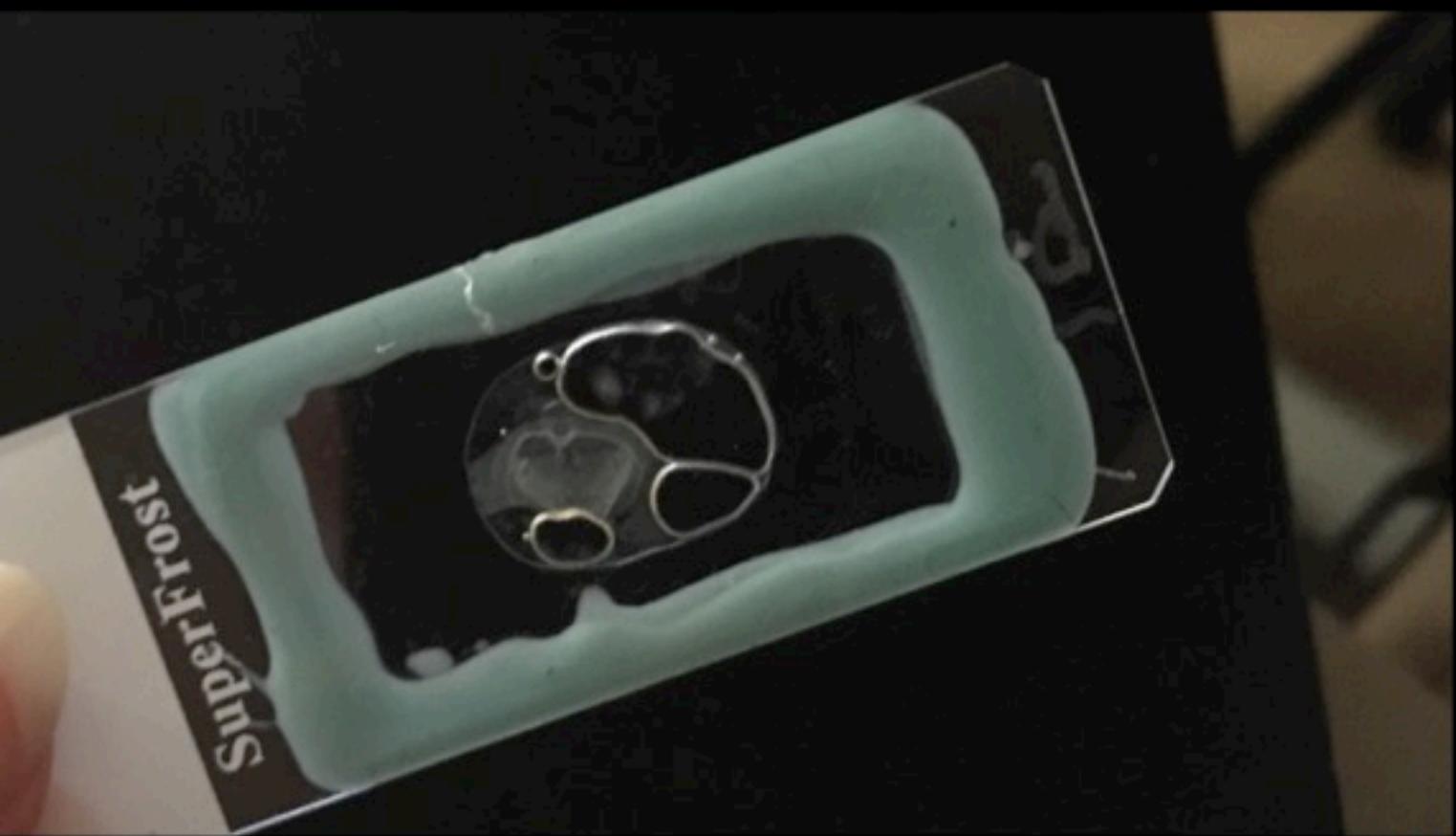
## *3D reconstruction of the entire stack*





## *Animated 3D reconstruction of a stack of 72 confocal planes*



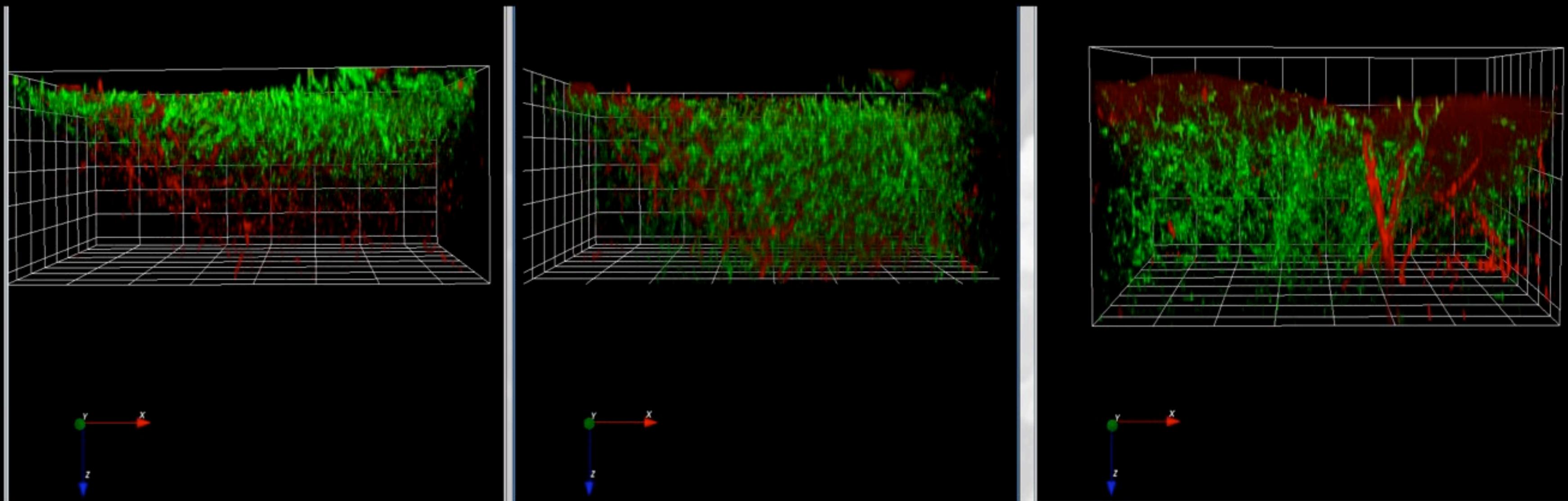


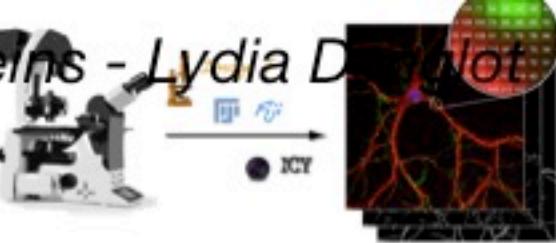
**Confocal**

***Imaging thick sample :  
Acquisition on a 500 microns slices  
mounted within the slide***

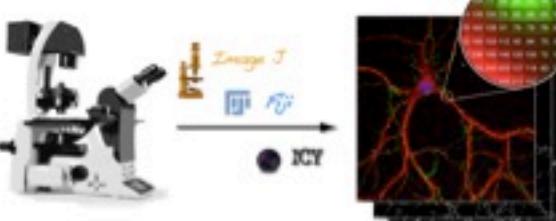
***Confocal with laser  
compensation***

***Confocal with CLARITY***

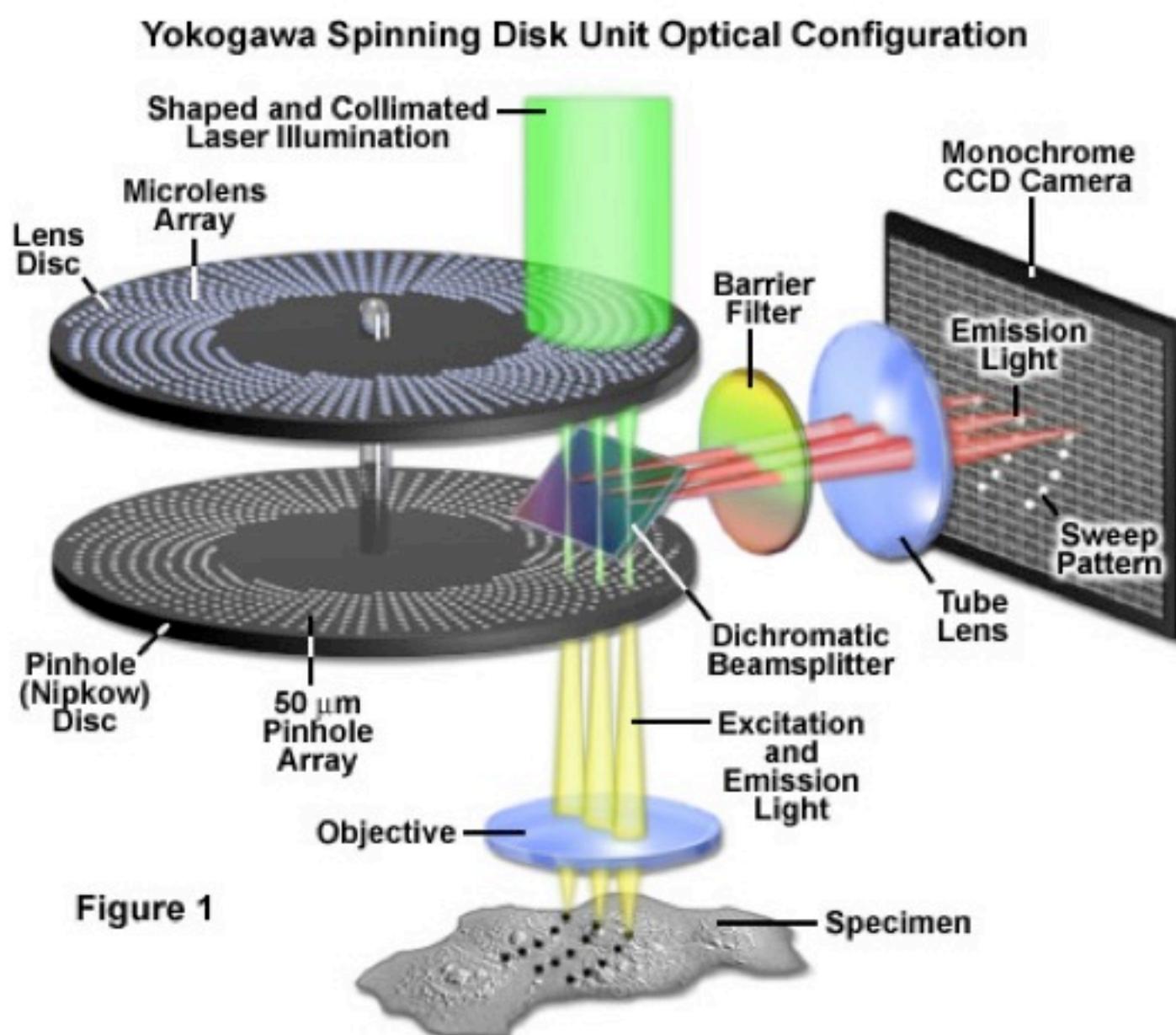




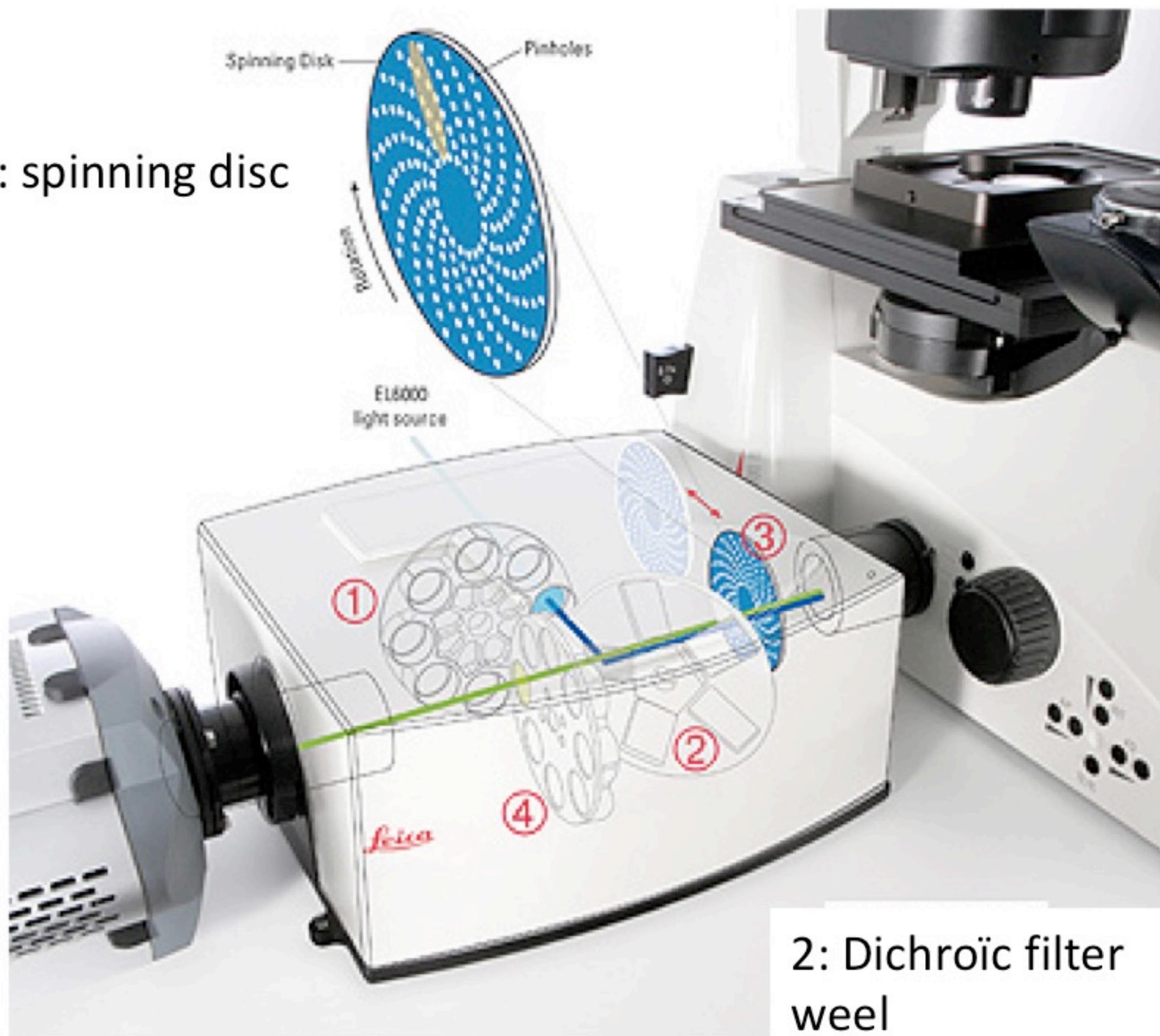
# *Spinning disc microscopy*



## Fast confocal microscope : « spinning disc »



3: spinning disc

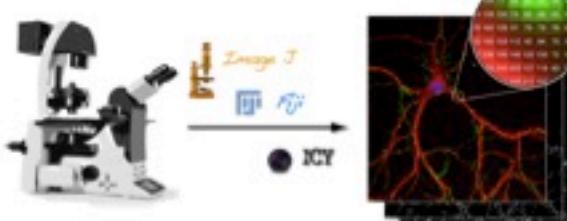


2: Dichroic filter weel

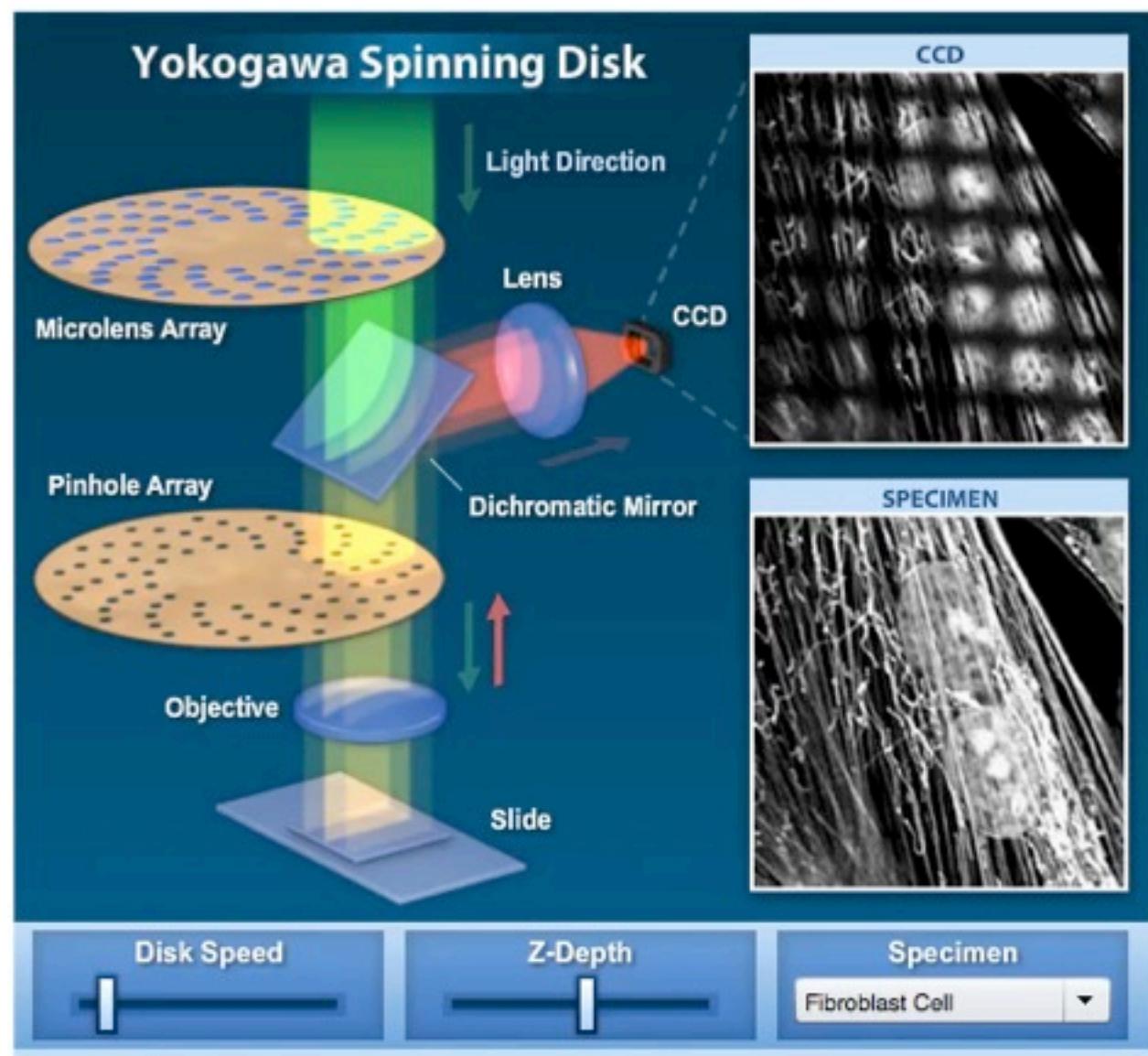
<http://www.leica-microsystems.com>

1: excitation filter weel      4: emission filter weel

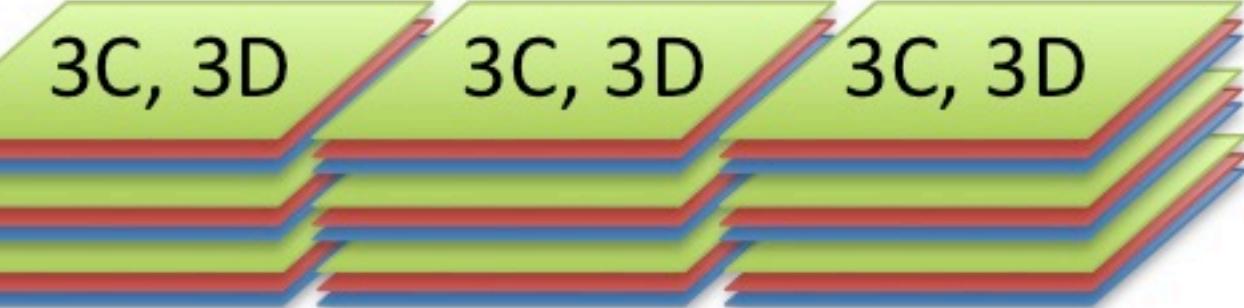
<http://zeiss-campus.magnet.fsu.edu/tutorials/spinningdisk/yokogawa/indexflash.html>



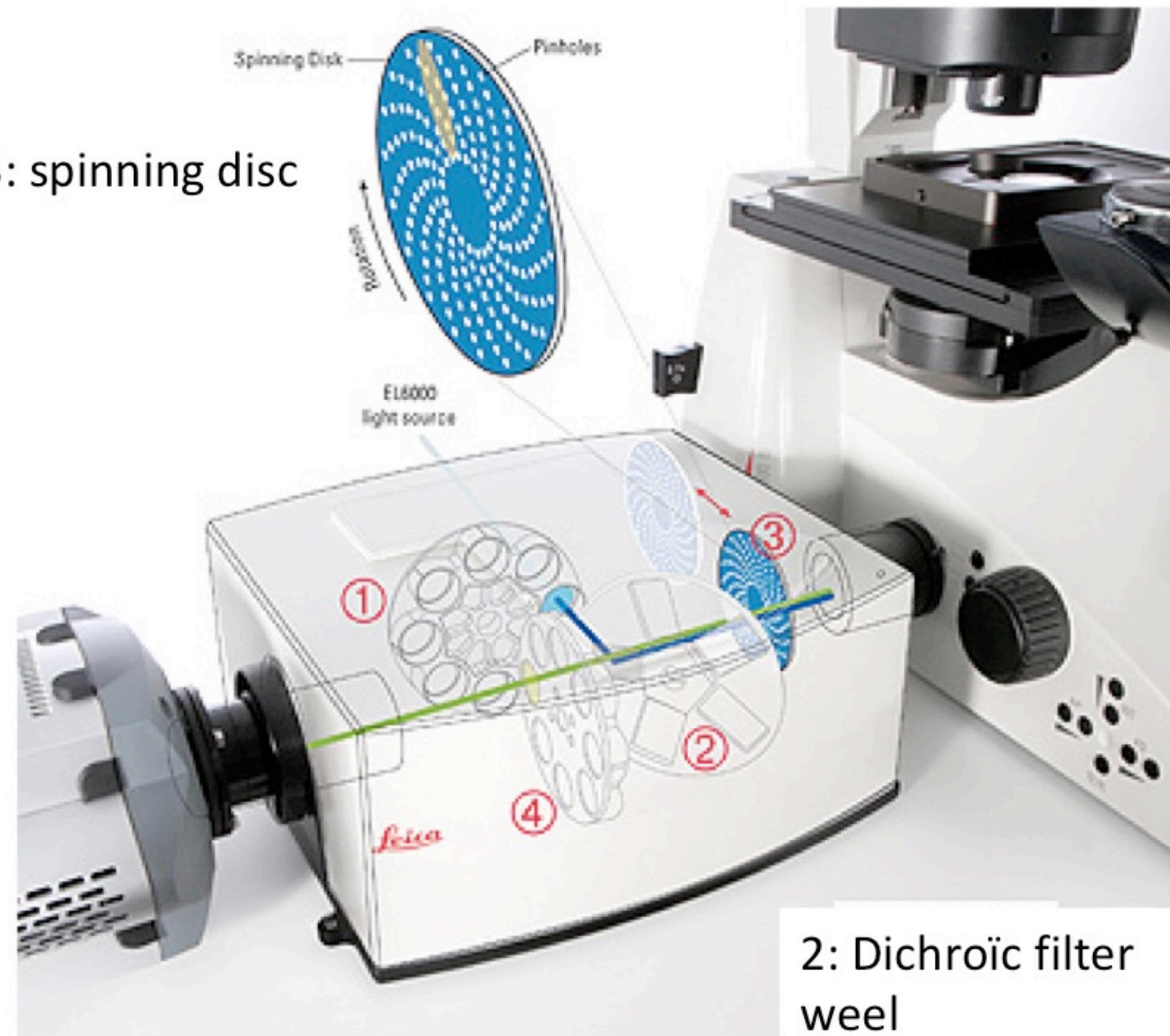
## Fast confocal microscope : « spinning disc »



<http://zeiss.magnet.fsu.edu/tutorials/spinningdisk/yokogawa/indexflash.html>



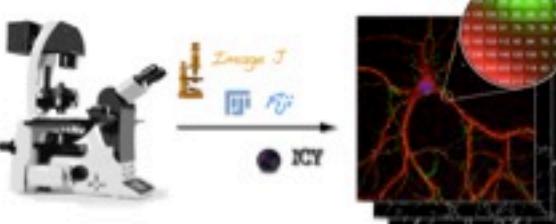
3: spinning disc



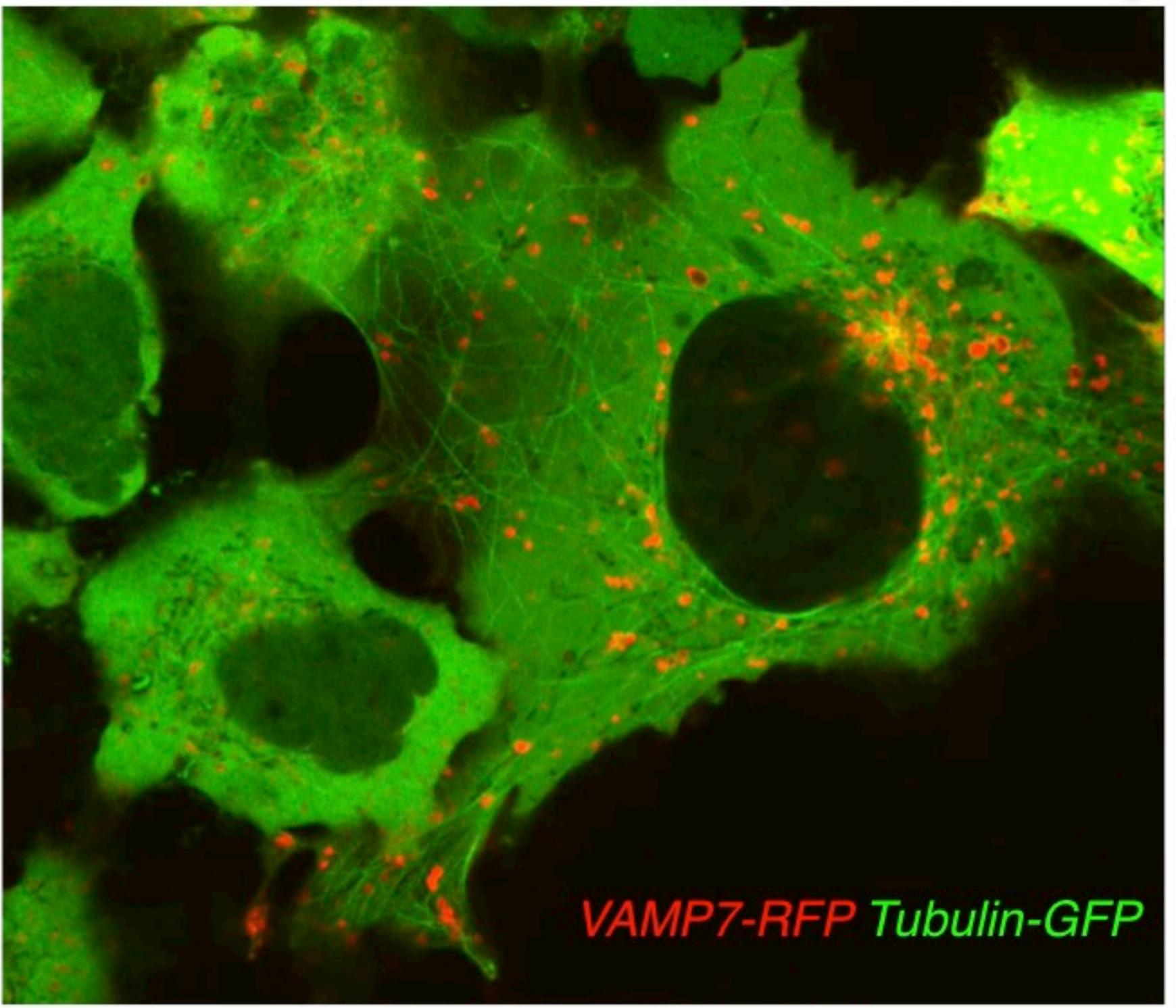
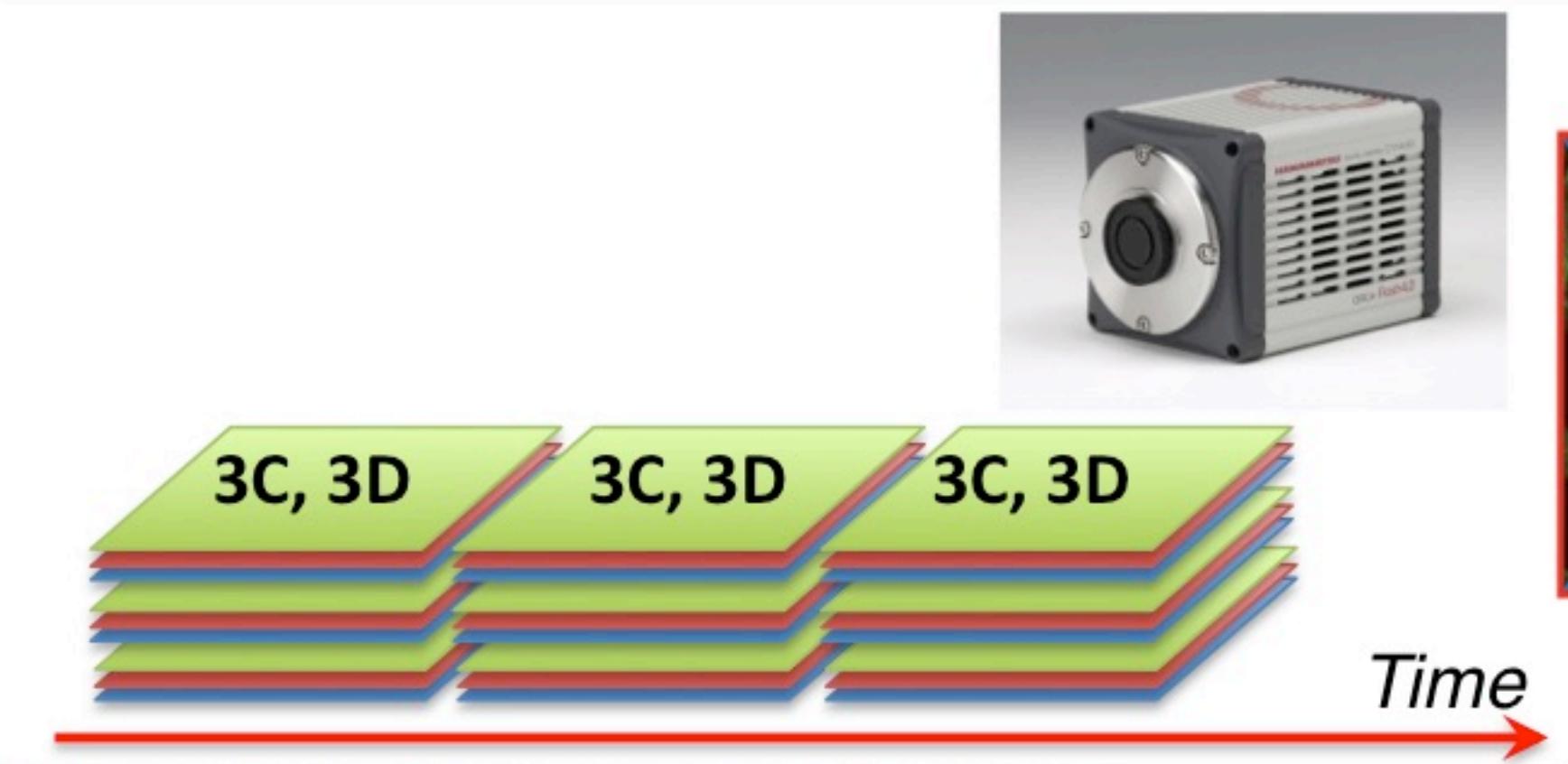
<http://www.leica-microsystems.com>

1: excitation filter weel

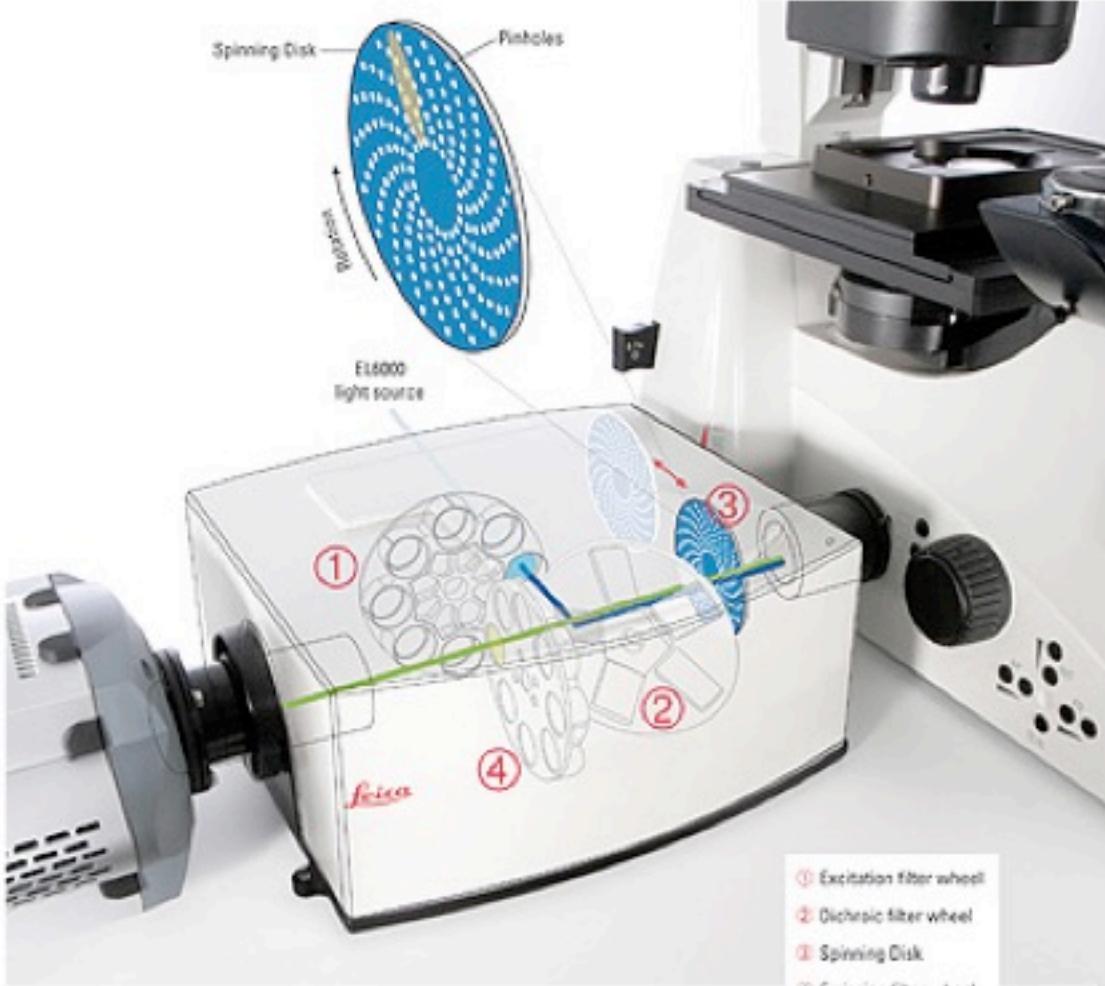
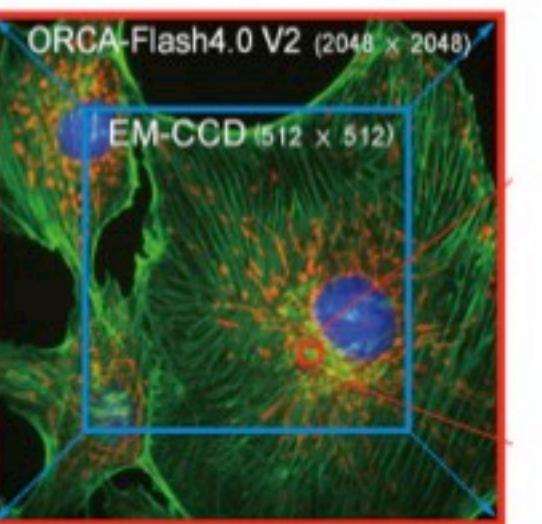
4: emission filter weel



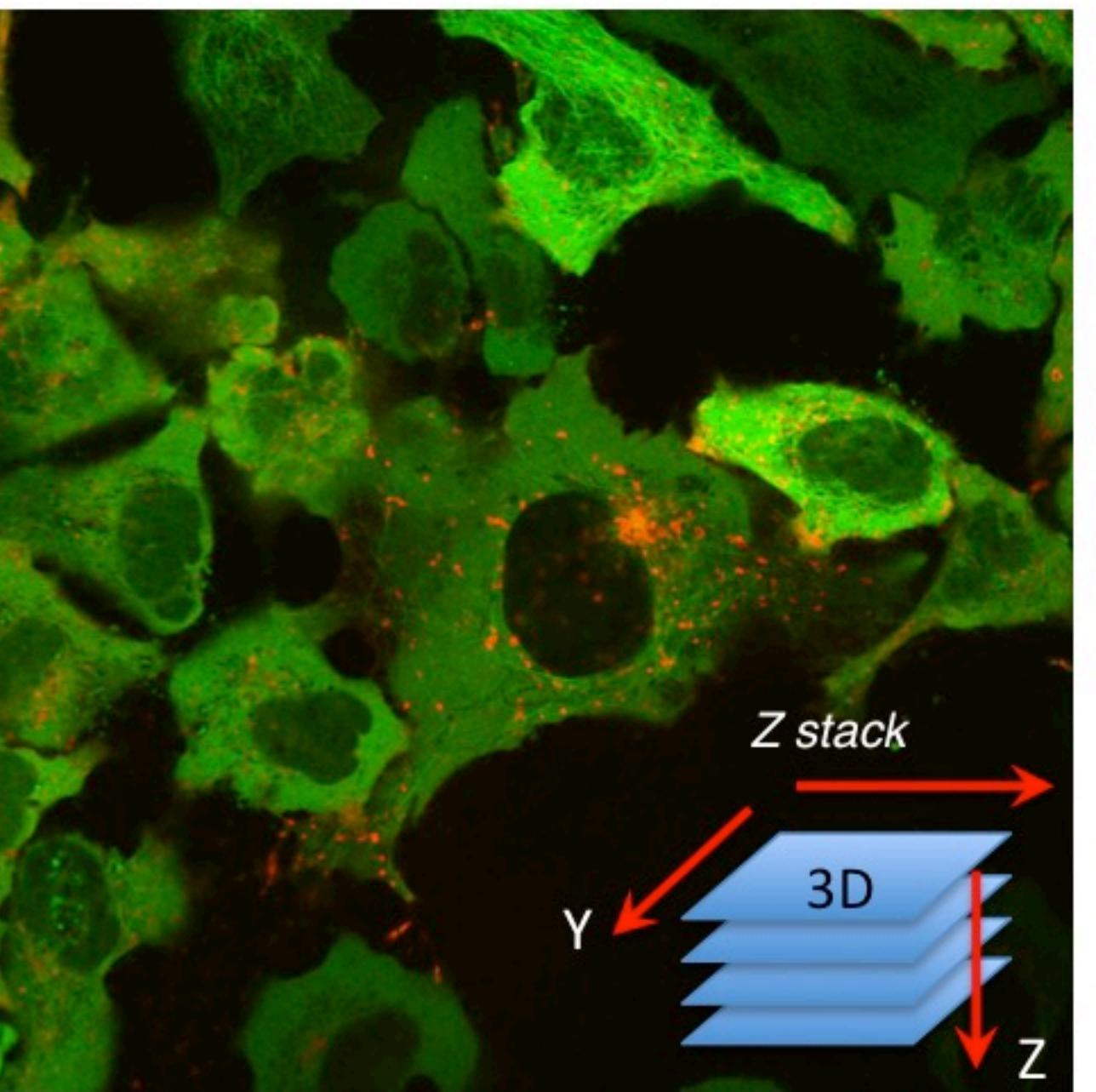
## Fast confocal microscope : « spinning disc »



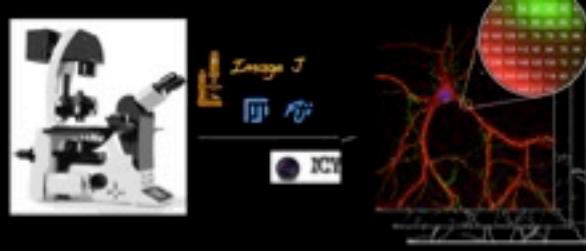
Organel tracking (**vesicles**) with **cytoskeleton** along time



<http://www.leica-microsystems.com>

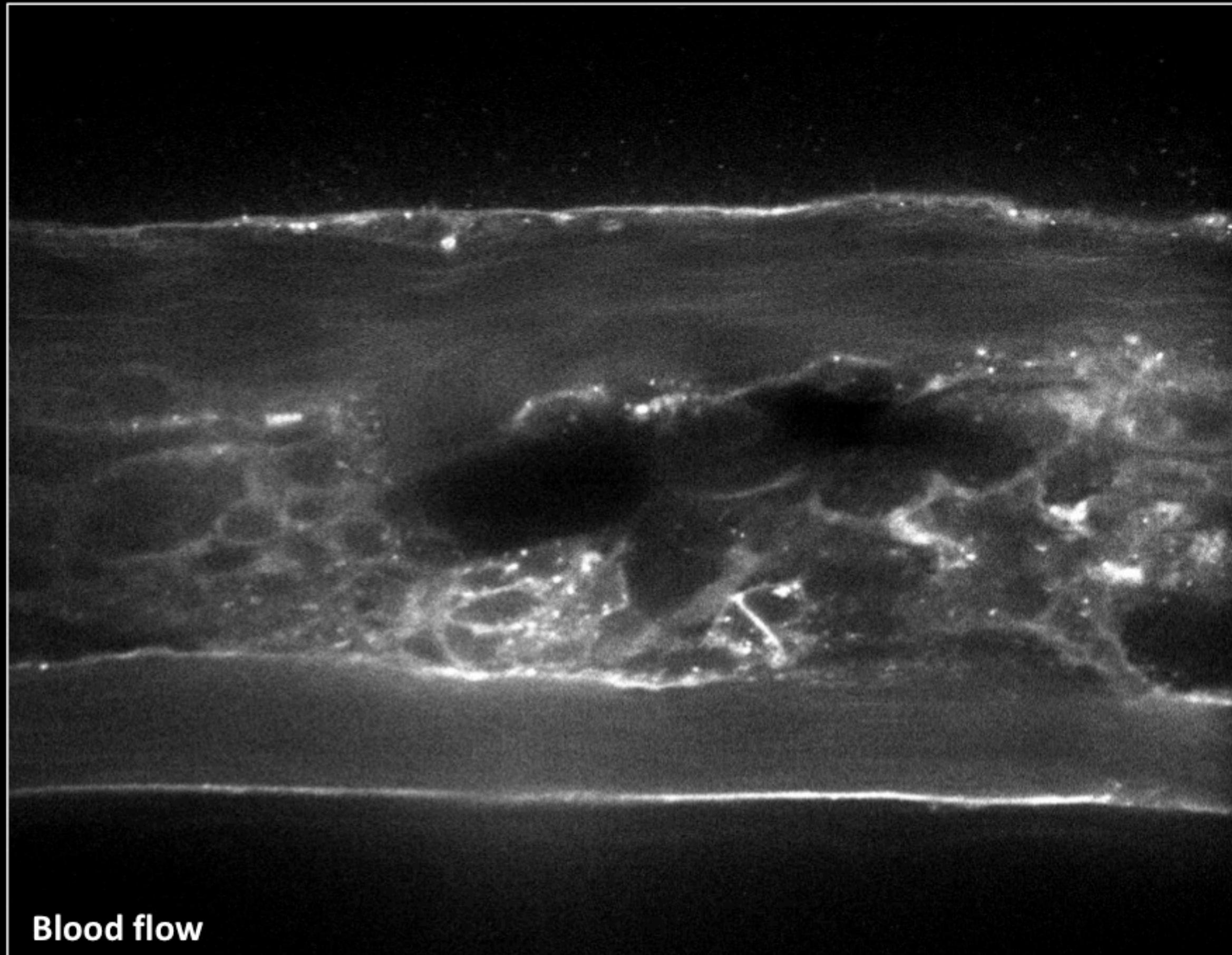
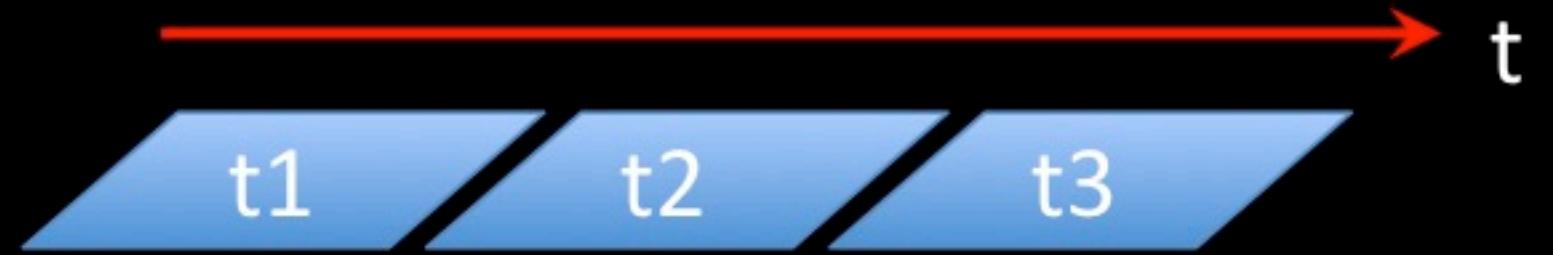


Organel tracking (**vesicles**) with **cytoskeleton** in 3D

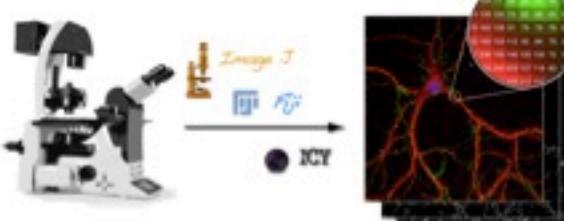


# Multiple imaging modalities

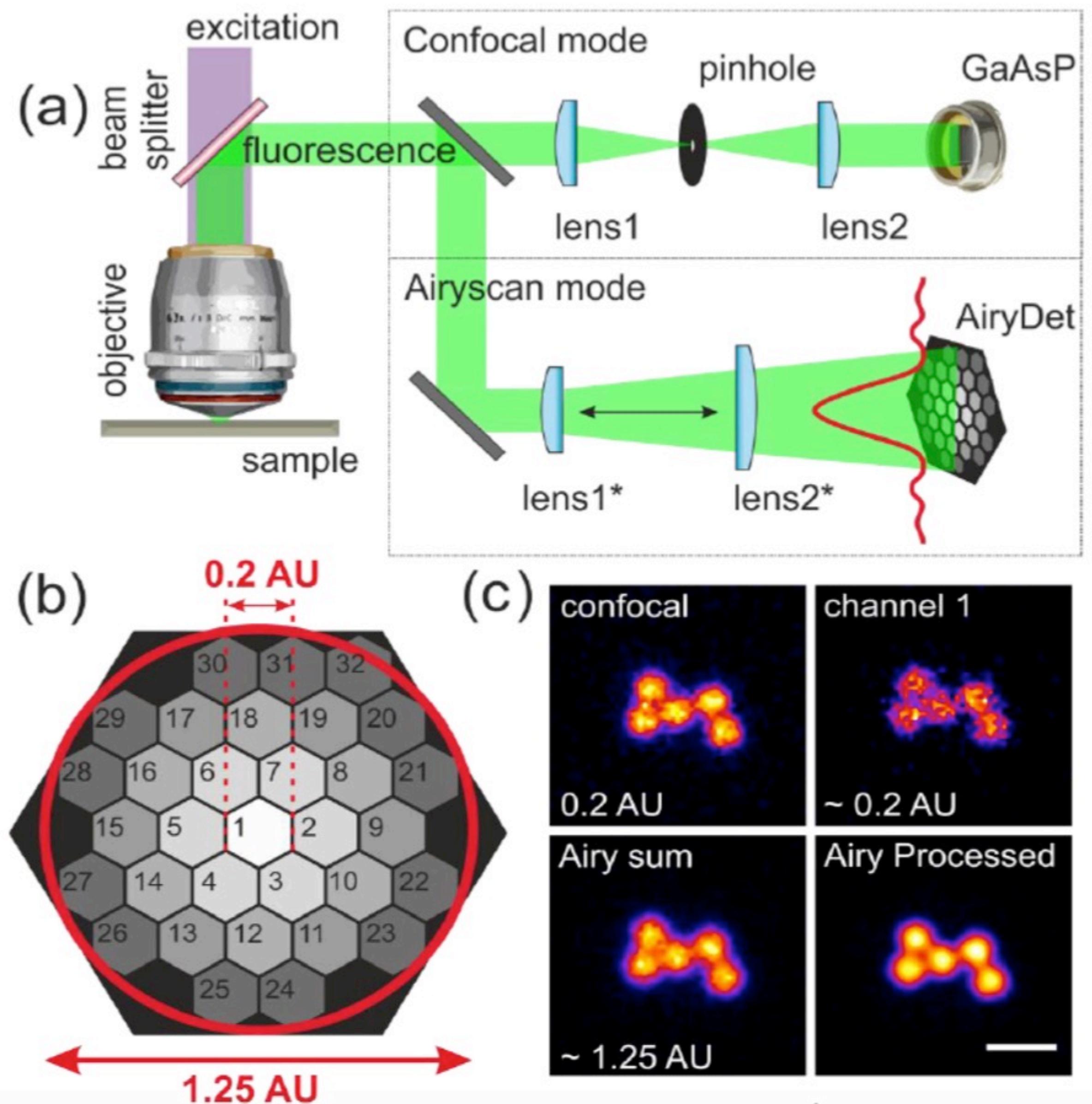
Live biological samples



Leica  
Spinning-disk  
Yokogawa CSU X1



## Zeiss Airyscan technology

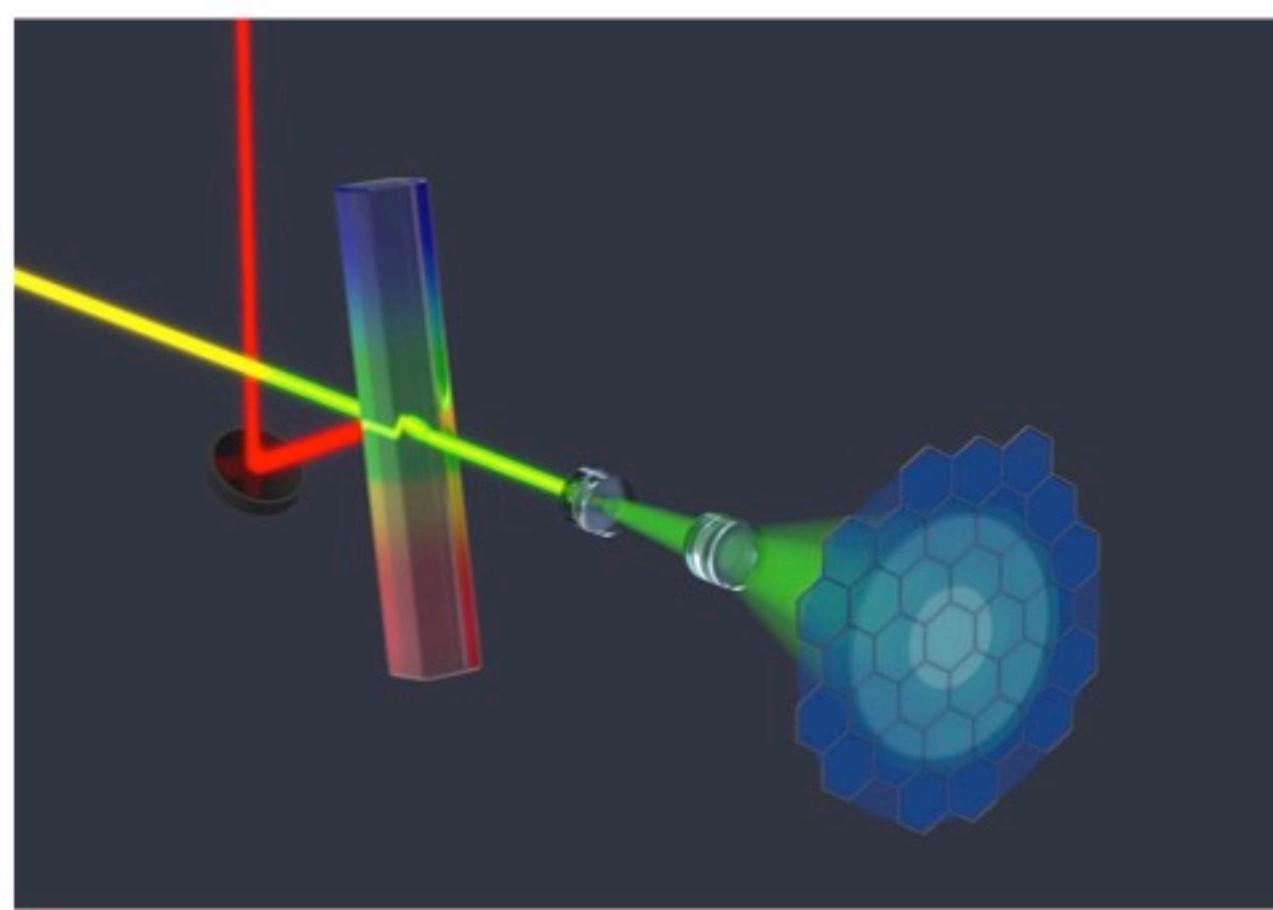


hv photonics

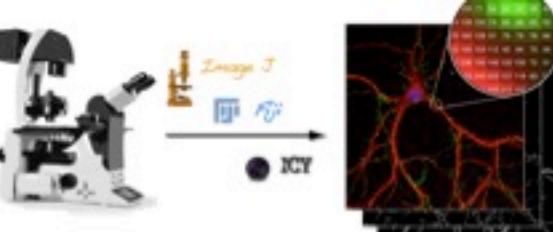
Article

Exploring the Potential of Airyscan Microscopy for Live Cell Imaging

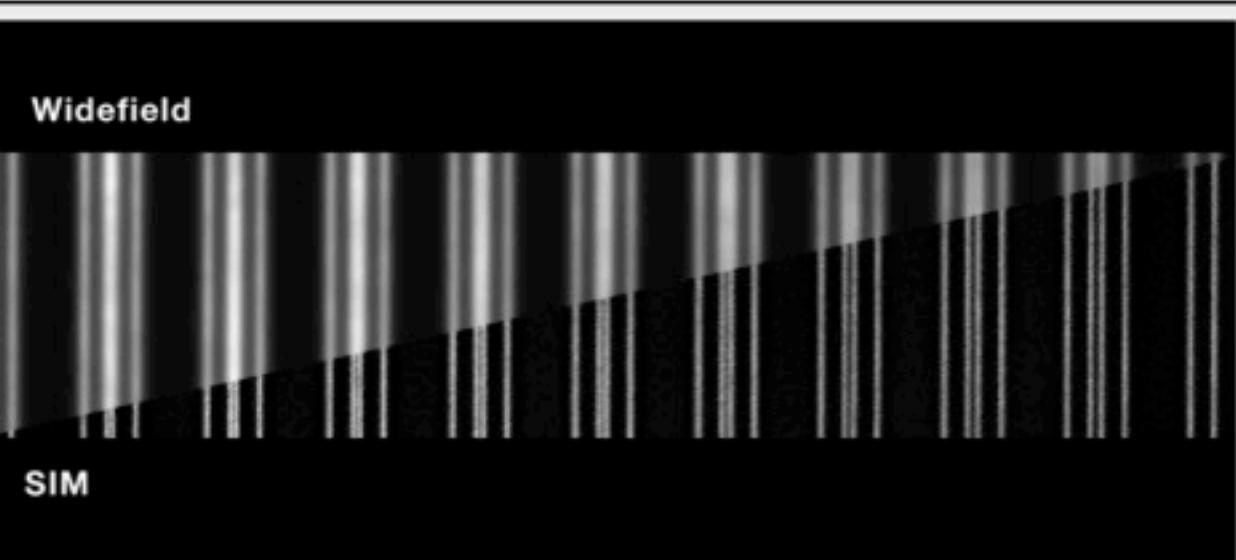
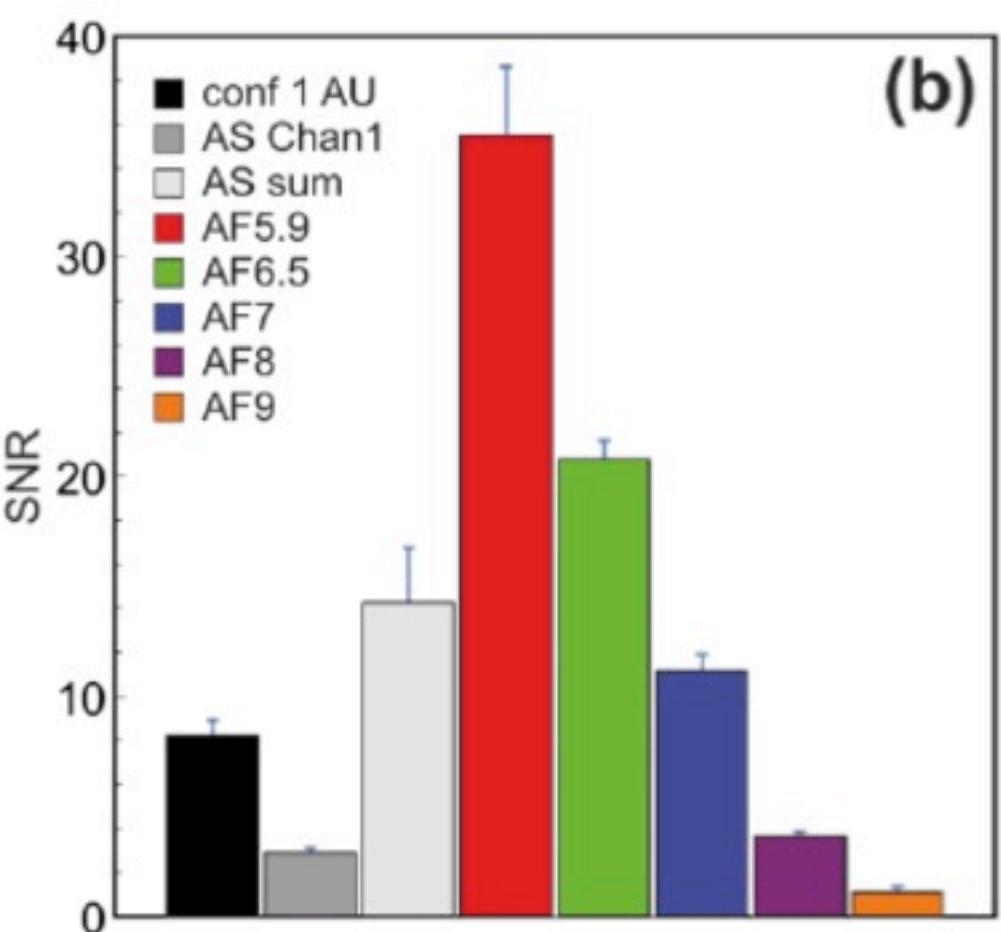
Kseniya Korobchevskaya <sup>1</sup>, B. Christoffer Lagerholm <sup>2</sup>, Huw Colin-York <sup>3</sup> and Marco Fritzsche <sup>1,3,\*</sup>



From <https://www.zeiss.fr/microscopie/produits/confocal-microscopes/lsm-800-with-airyscan.html#trajet-du-faisceau>



## Zeiss Airyscan technology measured with Argolight SIM slide

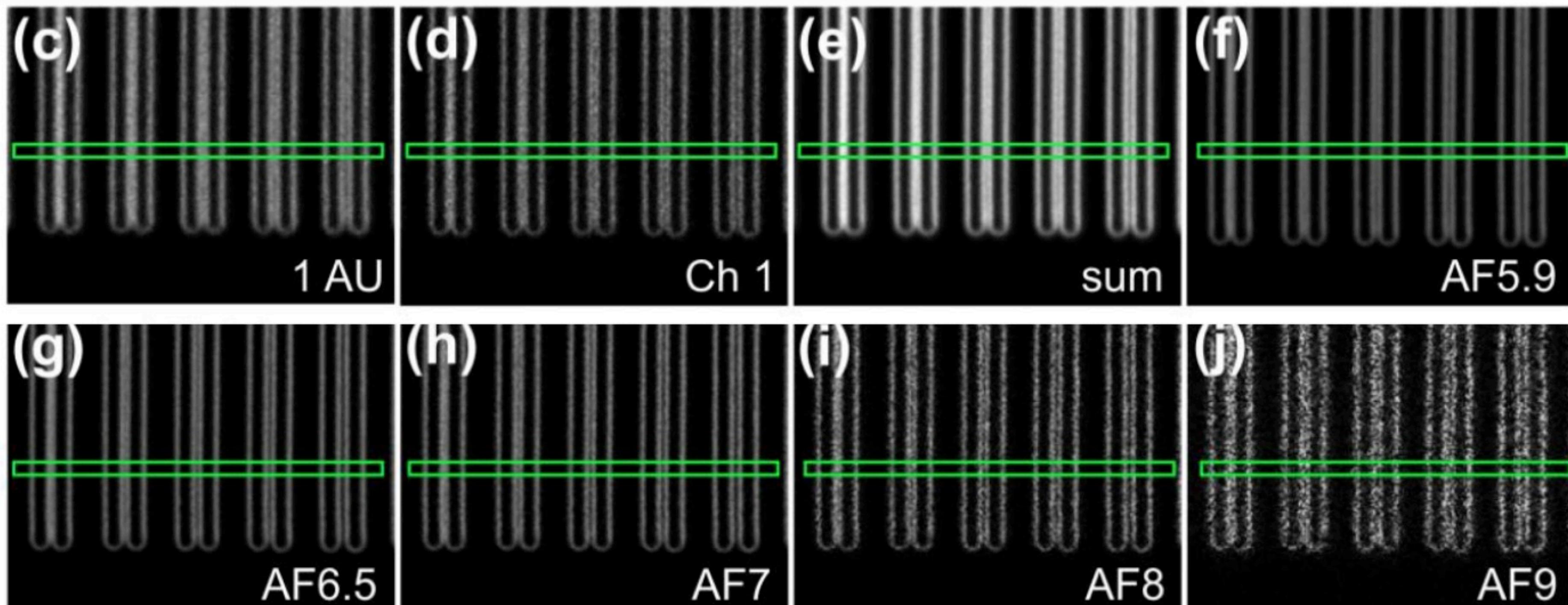


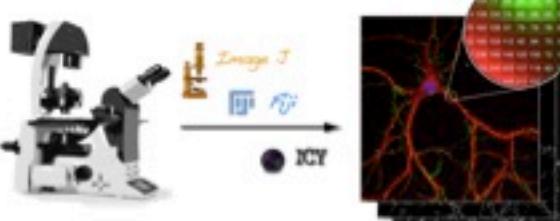
hv photonics

MDPI

Article  
Exploring the Potential of Airyscan Microscopy for  
Live Cell Imaging

Kseniya Korobchevskaya <sup>1</sup>, B. Christoffer Lagerholm <sup>2</sup>, Huw Colin-York <sup>3</sup> and





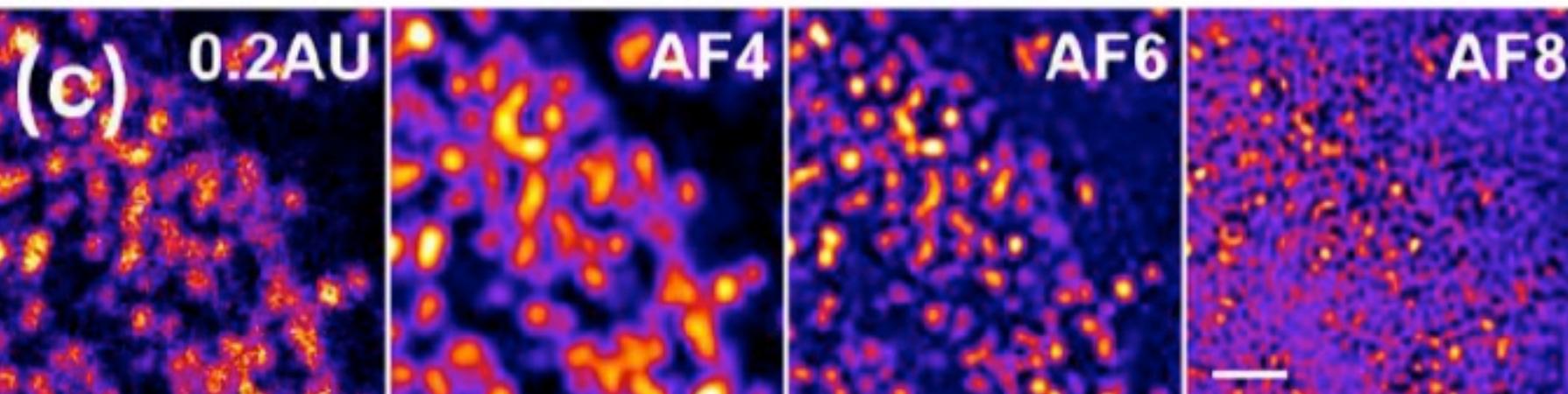
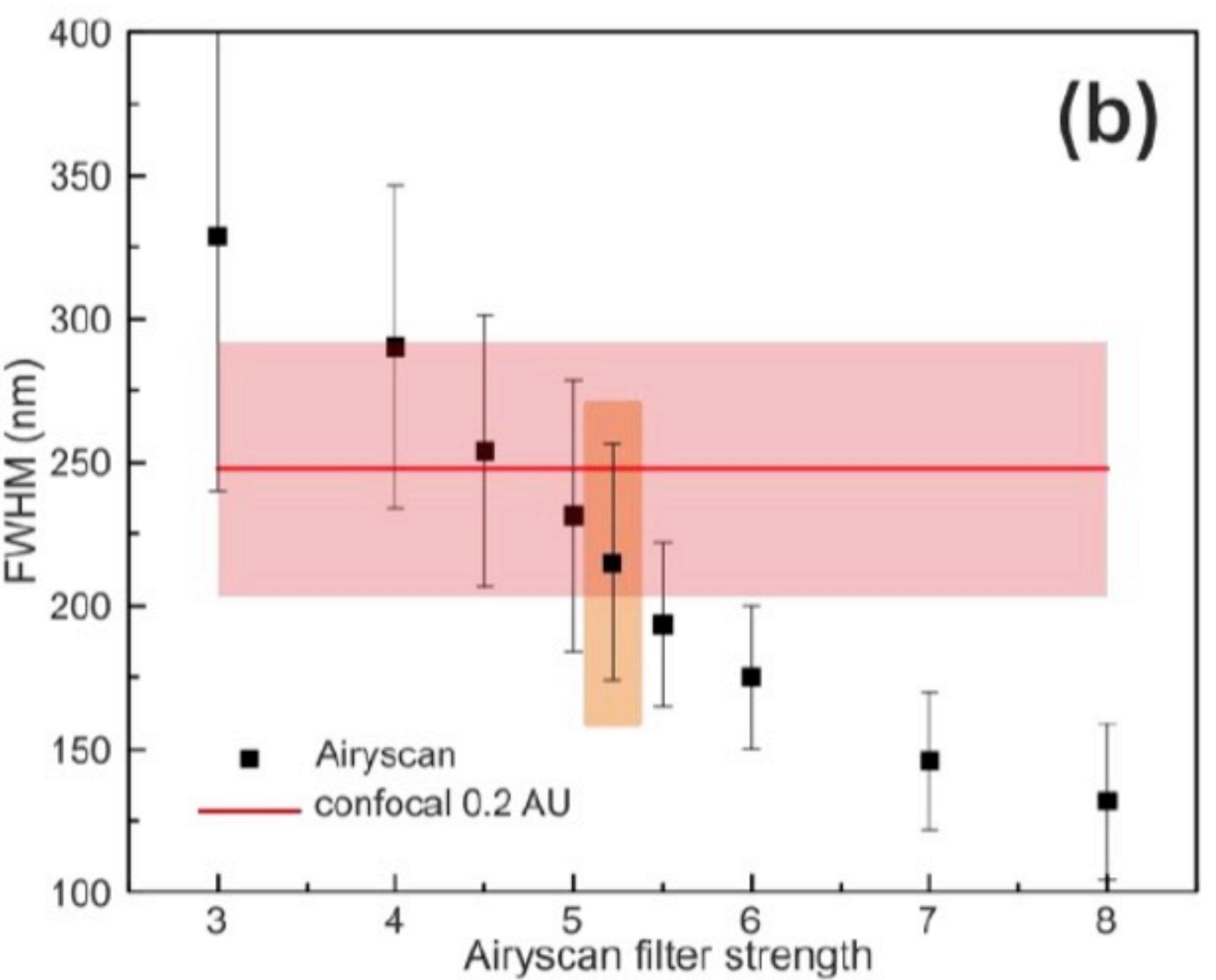
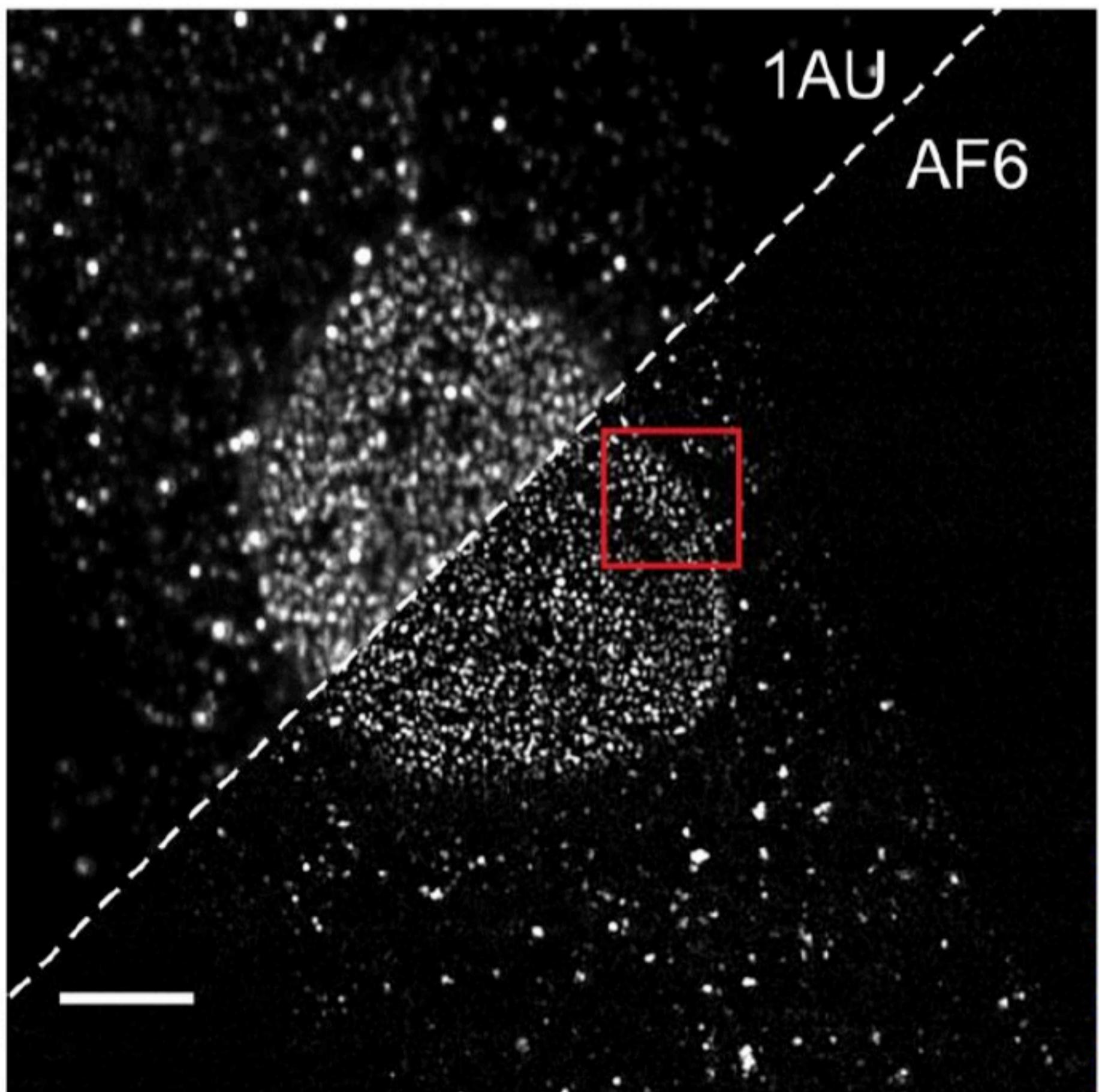
## Zeiss Airyscan technology

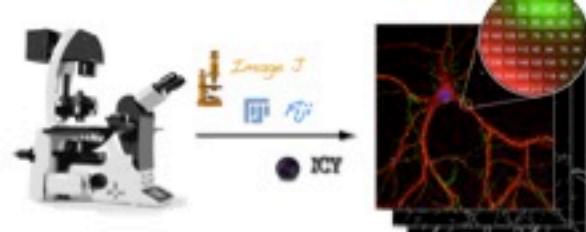


Article

### Exploring the Potential of Airyscan Microscopy for Live Cell Imaging

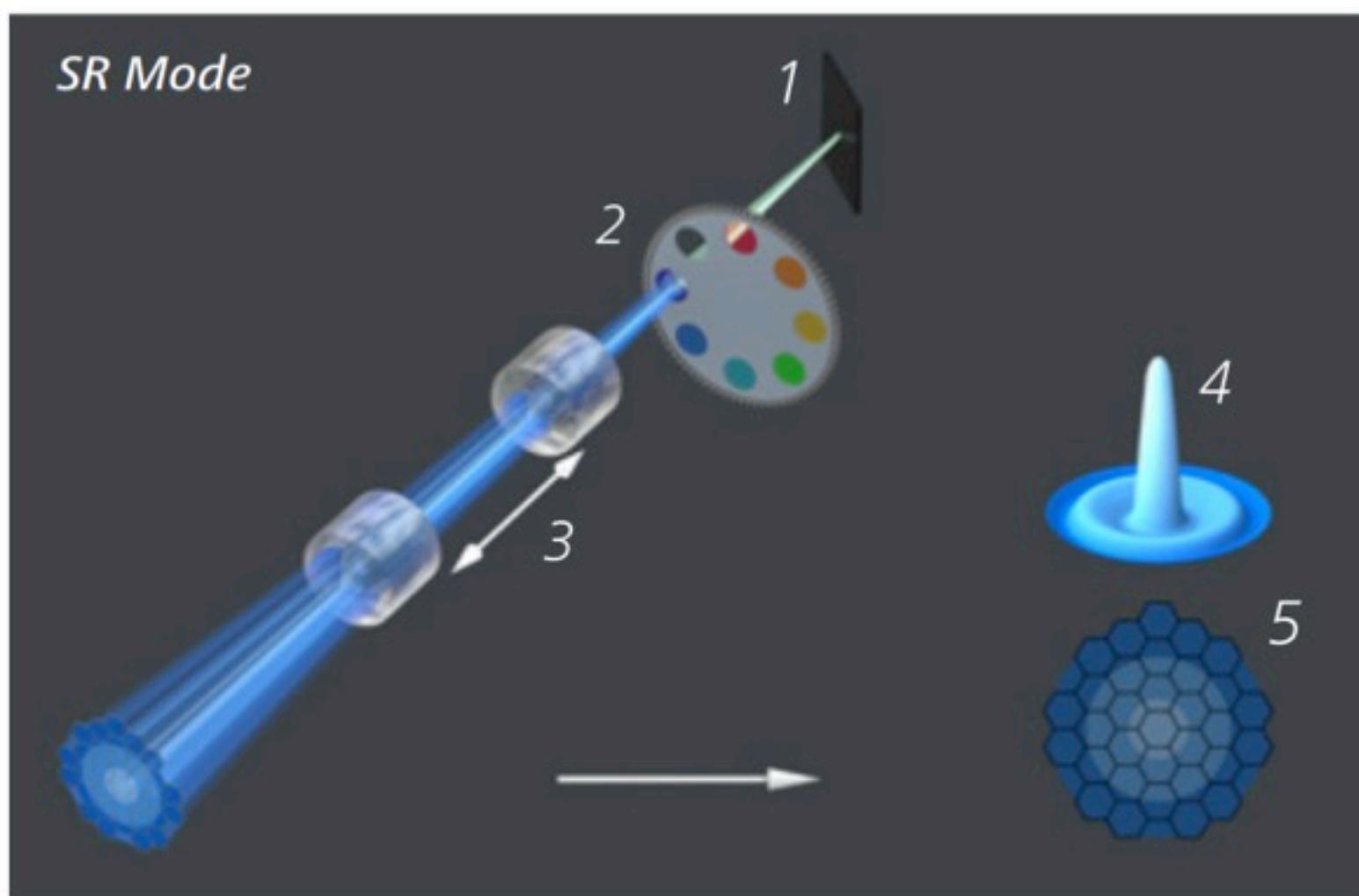
Kseniya Korobchevskaya <sup>1</sup>, B. Christoffer Lagerholm <sup>2</sup>, Huw Colin-York <sup>3</sup> and Marco Fritzsche <sup>1,3,\*</sup>



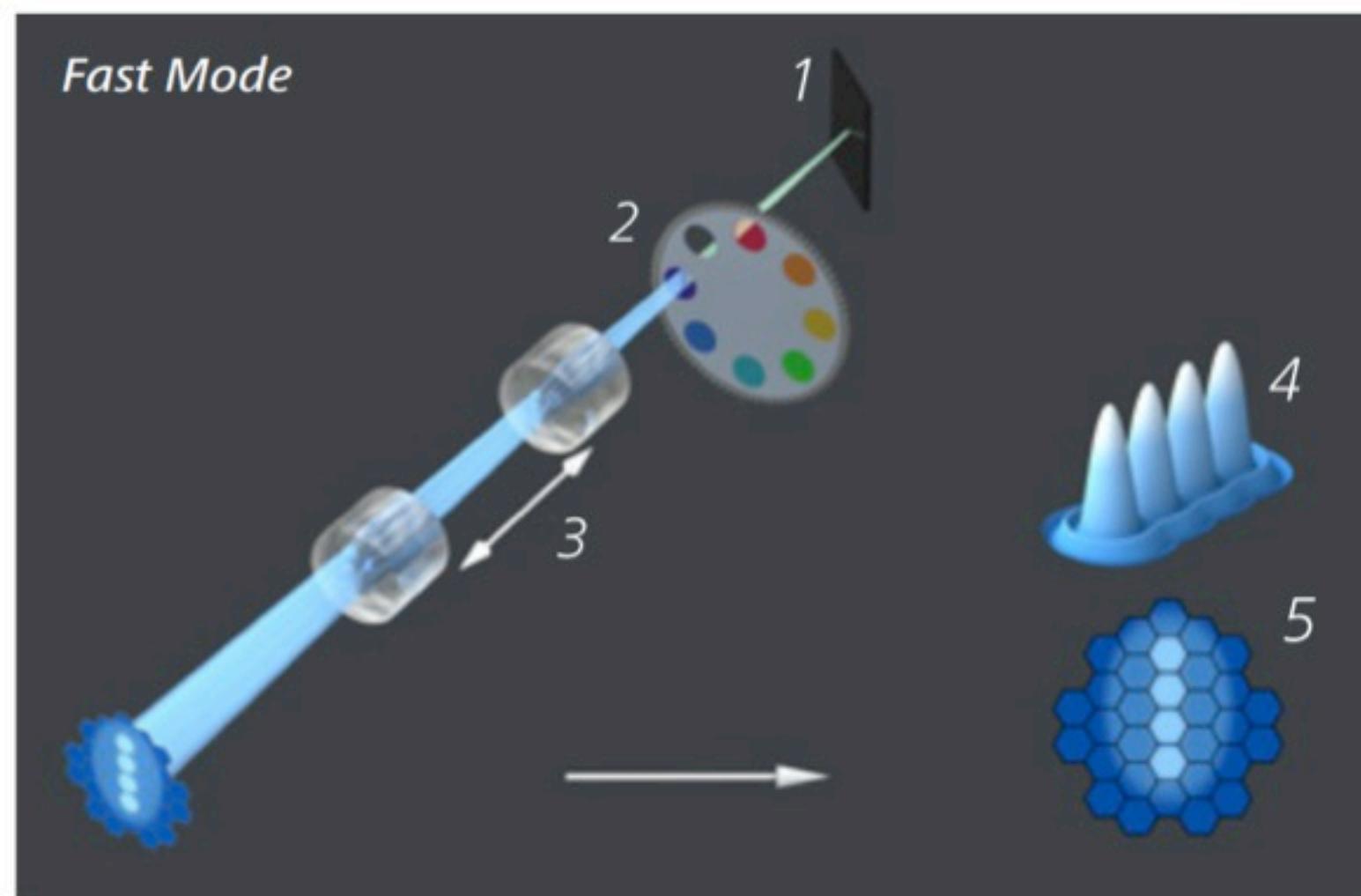


## Zeiss fast Airyscan for live cell imaging

SR Mode

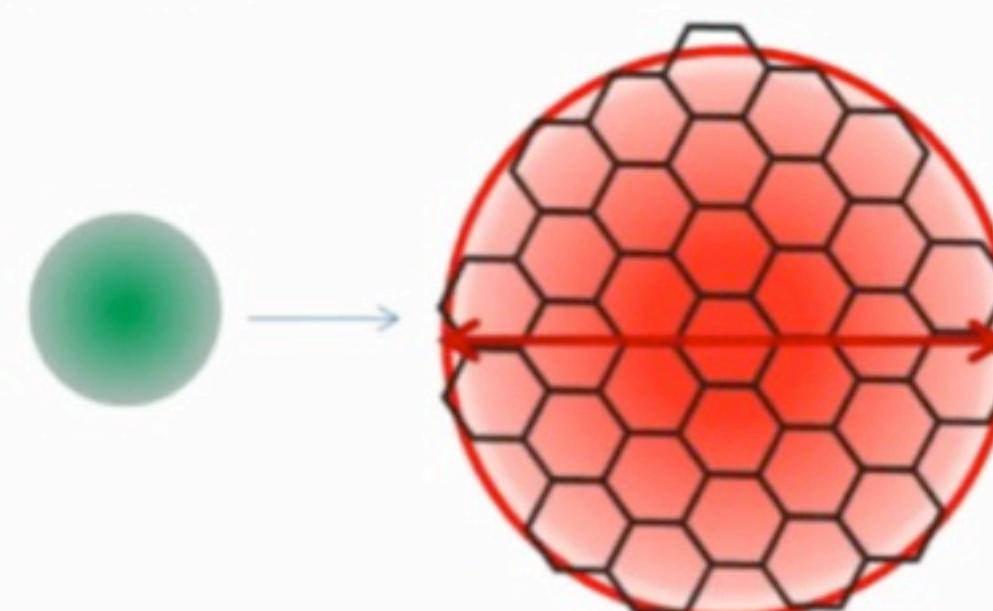


Fast Mode

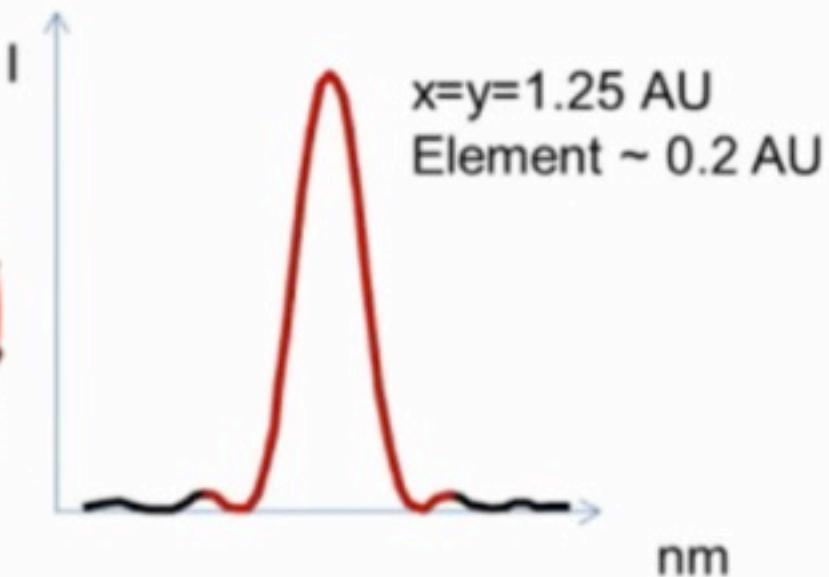


## → Illumination

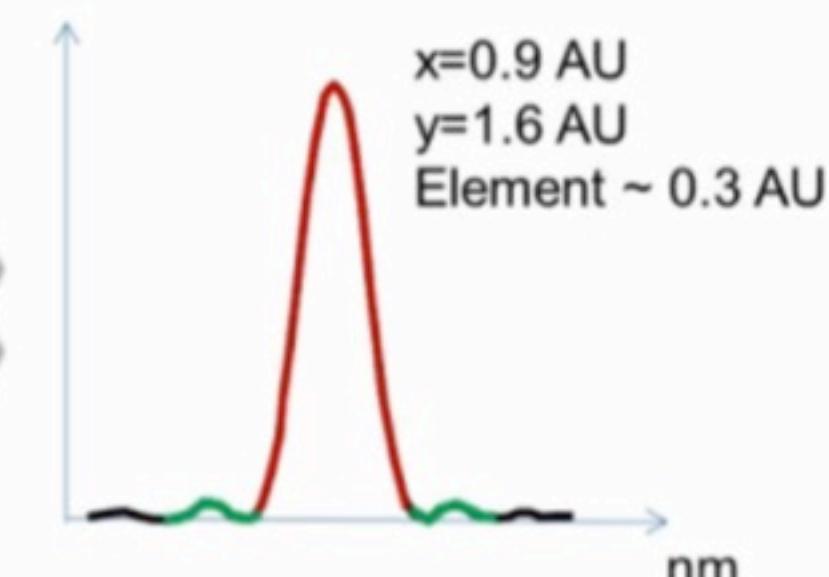
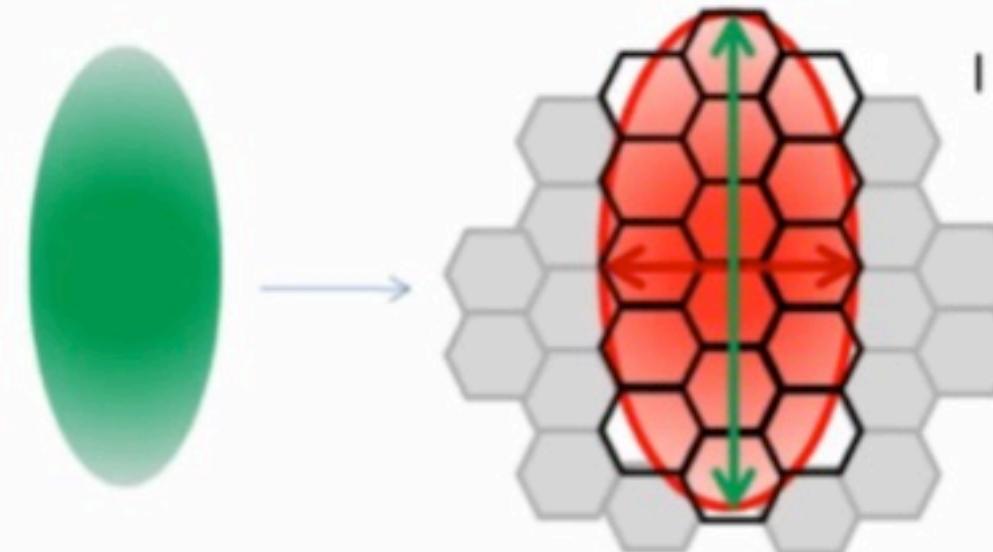
Airyscan



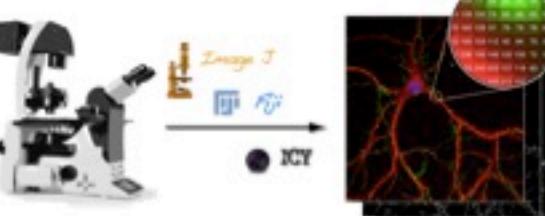
## Detection



Fast mode



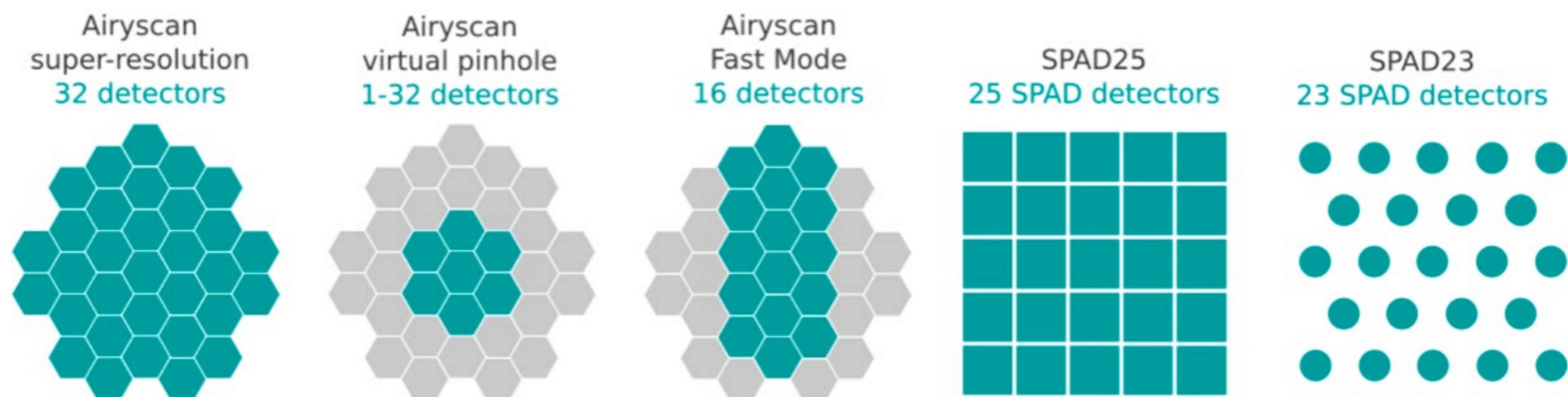
From <http://crl.berkeley.edu/2016/06/14/the-fast-module-for-zeiss-lsm-880-airyscan-is-here/>



## Zeiss fast Airyscan for live cell imaging

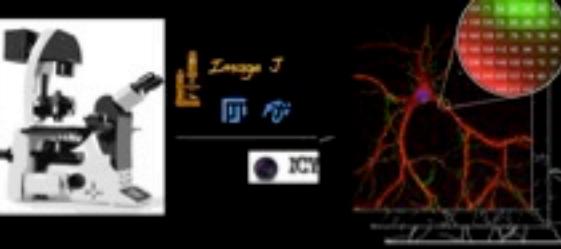
### About array-detector confocal systems

Within array-detector confocal systems, an array of multiple detectors replaces the conventional pinhole and single detector typical for a regular **confocal system**. Each individual detector acts as a small pinhole, where all but the central detector are slightly displaced with respect to the original pinhole center. The signal from each detector is used to build up an image, and each image is a slightly shifted version of the central detector image. The total (summed) signal collected by all detectors is comparable to that of a single large pinhole in 'classic' confocal. Consequently, an array-detector system has the advantage of combining the benefit of high-signal of a large pinhole confocal system with the high-resolution aspect of a small pinhole confocal system.



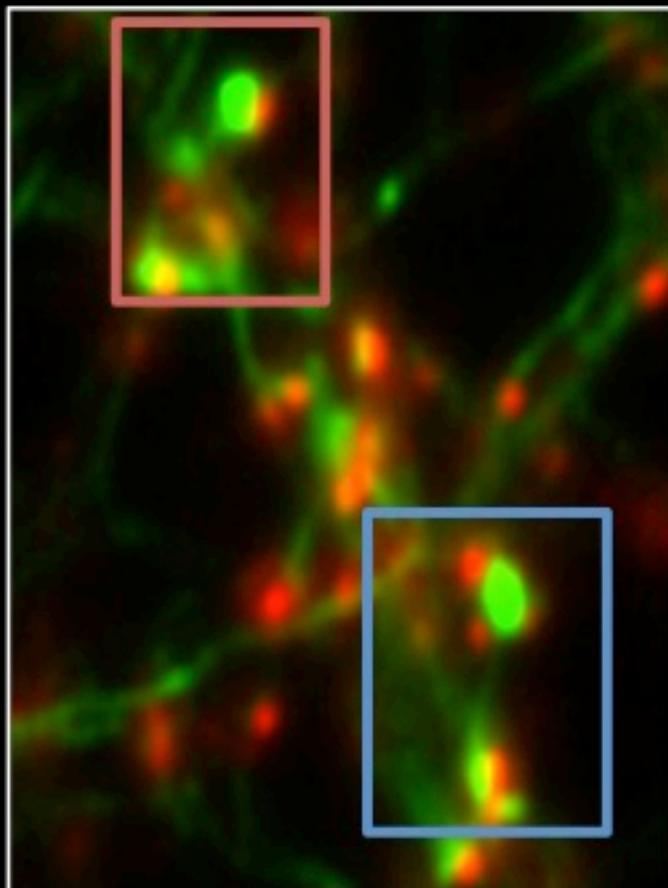
The **Huygens Array Detector Optical Option** allows you to obtain high resolution and contrast from array detector data, such as that acquired on a Zeiss® Airyscan system. The Airyscan microscope can be used in 4 modes, and Huygens now offers high quality deconvolution for each single mode:

- **Standard mode:** this is the conventional confocal mode of the Airyscan. For Huygens deconvolution you can use the Confocal Optical Option in Huygens setting the pinhole size at the size of the pinhole used during acquisition.
- **Virtual pinhole mode:** in this mode you can decide for the size of the pinhole in post-processing. For Huygens deconvolution you can use the Confocal Optical Option in Huygens setting the pinhole size at the size of the pinhole decided in post-processing.
- **Super Resolution mode:** these datasets include all 32-detector images. The Array-detector confocal option in Huygens includes various modes to intelligently combine the information from these 32-detector datasets and deconvolve data acquired in Airyscan super-resolution mode.
- **Fast mode:** this mode uses elongated laser excitation in combination with 16 detectors (the central 3 'vertical' detector columns). The fast mode allows for the acquisition of 4 lines simultaneously, thereby speeding up the image acquisition with a factor of 4. The Array-detector confocal option in Huygens includes a special Fast Airyscan mode to optimally process the 16-detector datasets from Fast Airyscan.

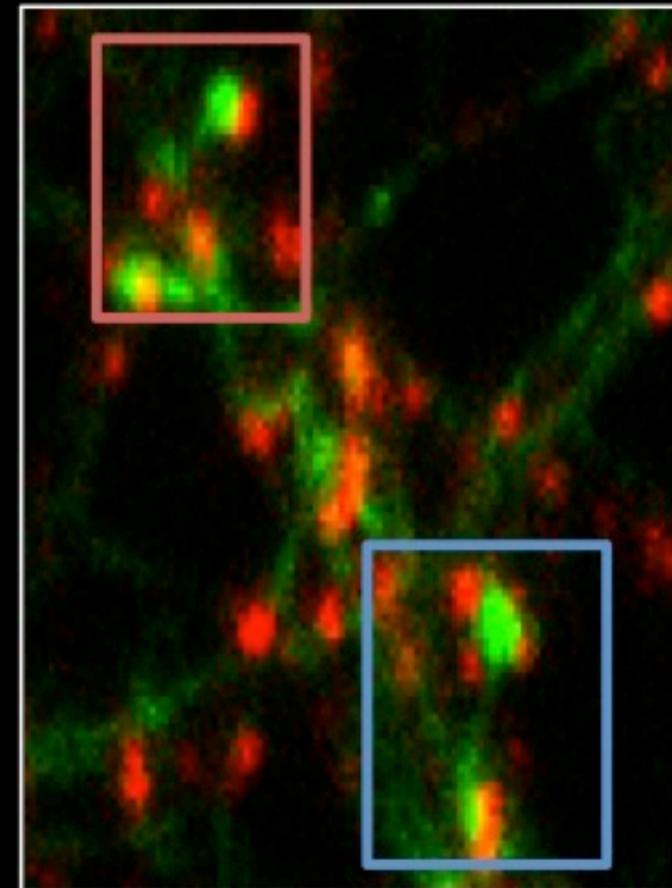


# From widefield to SIM

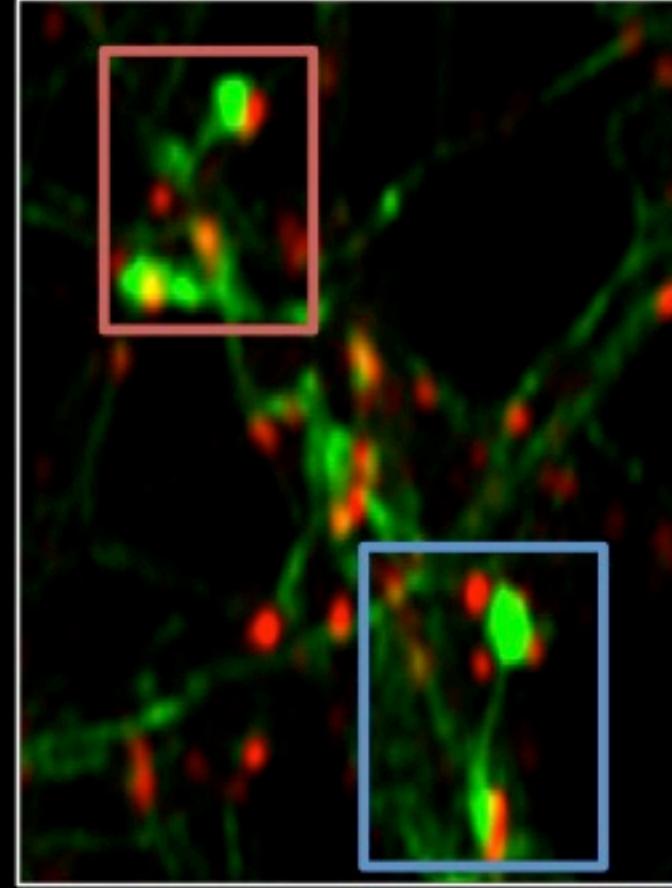
Widefield



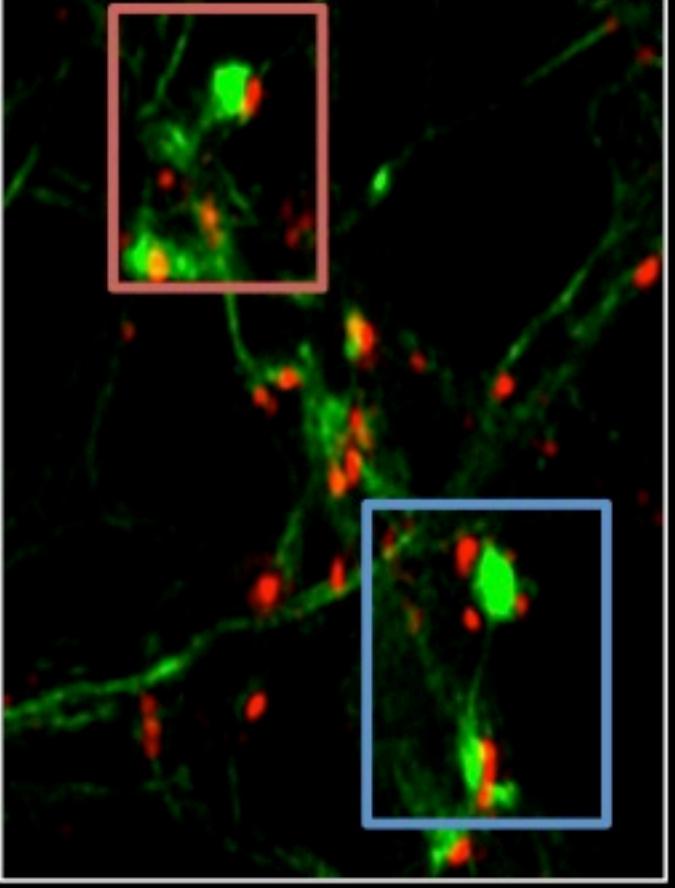
Confocal



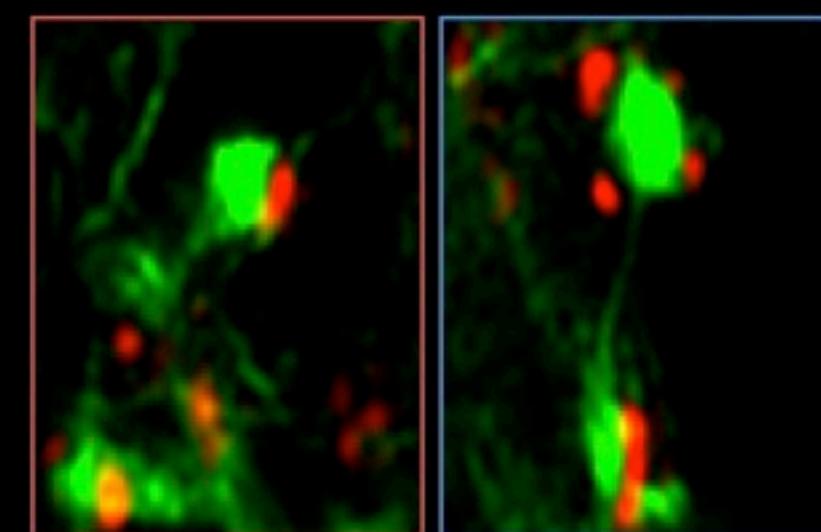
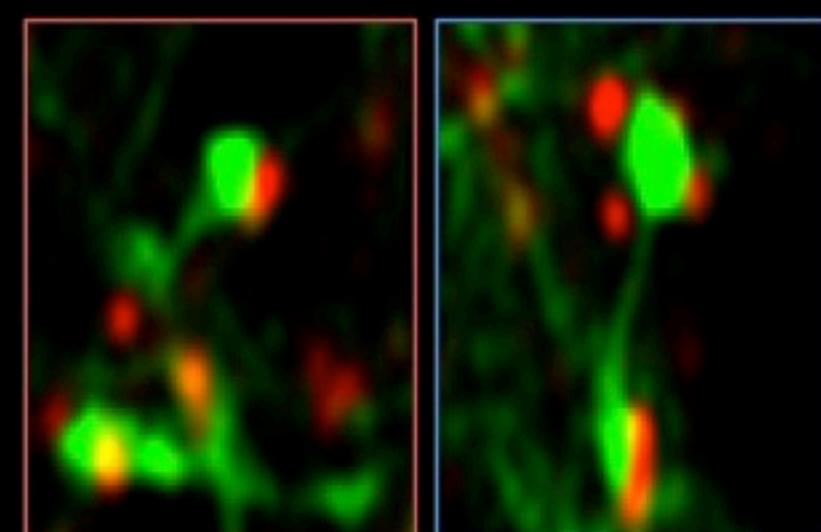
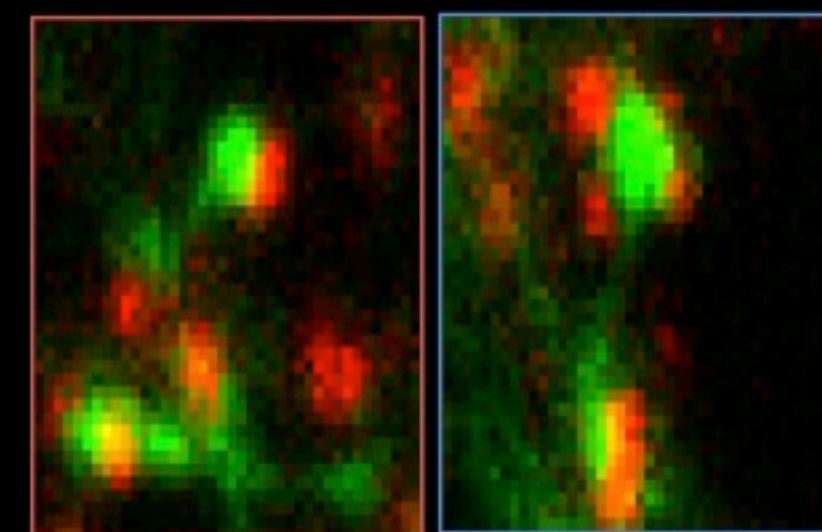
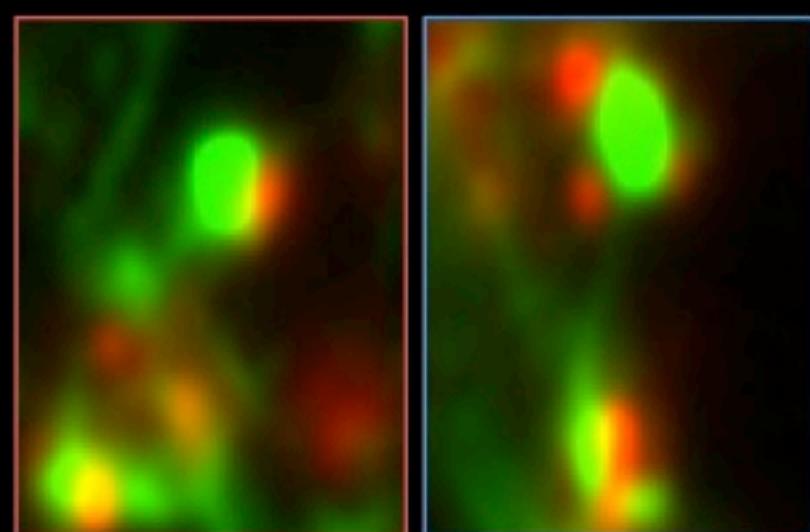
Airyscan



SIM



F-actin      Bassoon



around 350

around 200

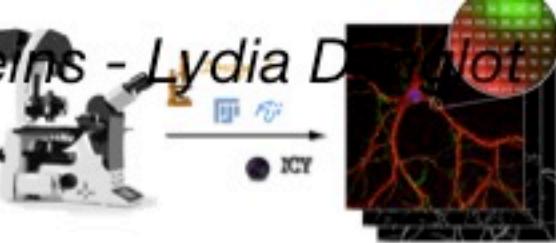
up to 140

up to 120

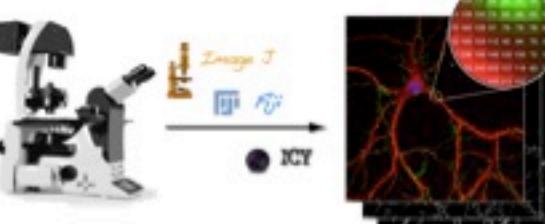
Resolution  
(nm)ZEISS LSM880  
LEICA SP5, SP8ZEISS LSM880  
LEICA SP5, SP8  
Spinning-disk

ZEISS LSM880

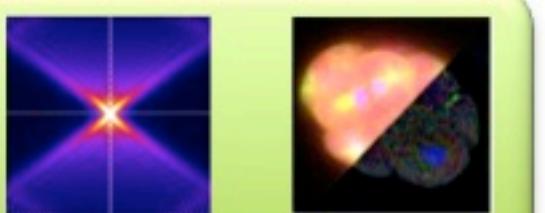
ZEISS LSM880



# *Super resolution microscopy*

**Resolution:**

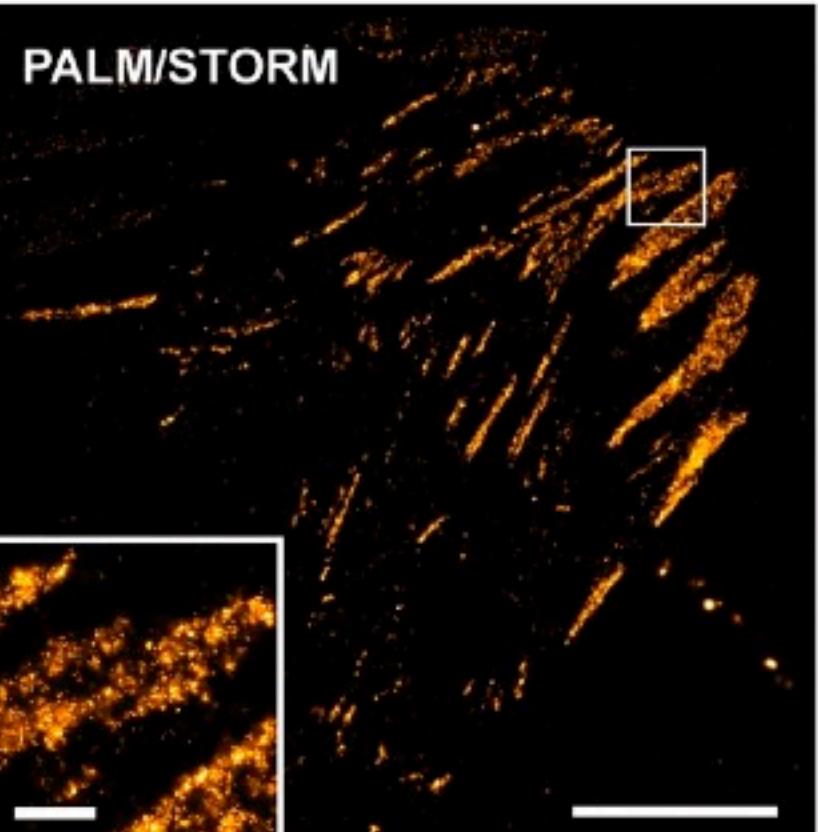
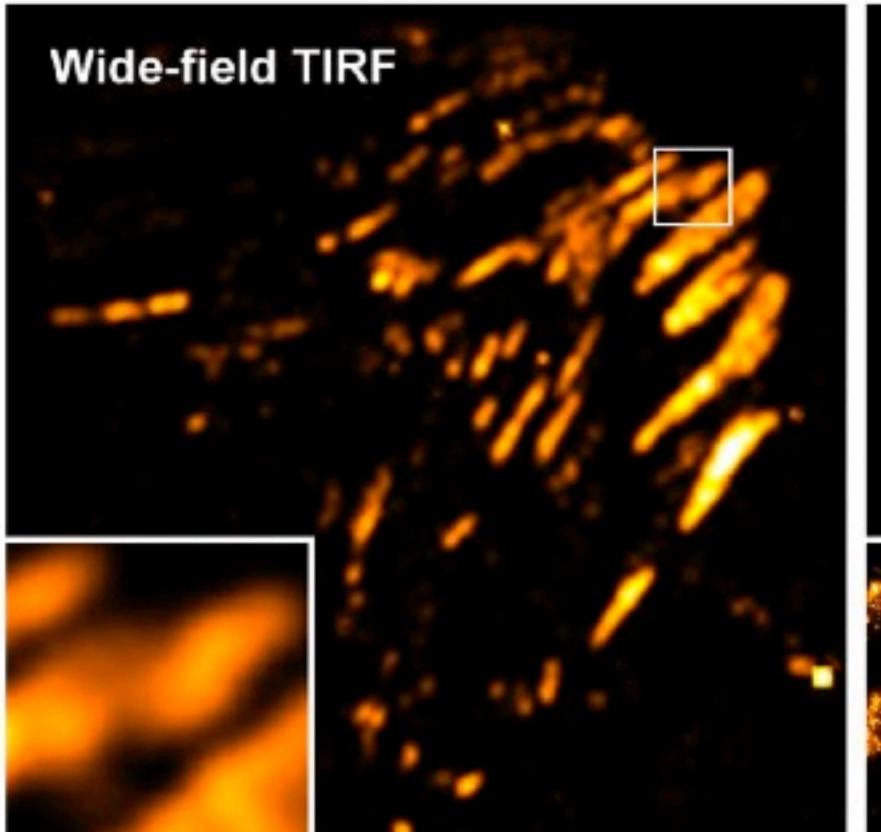
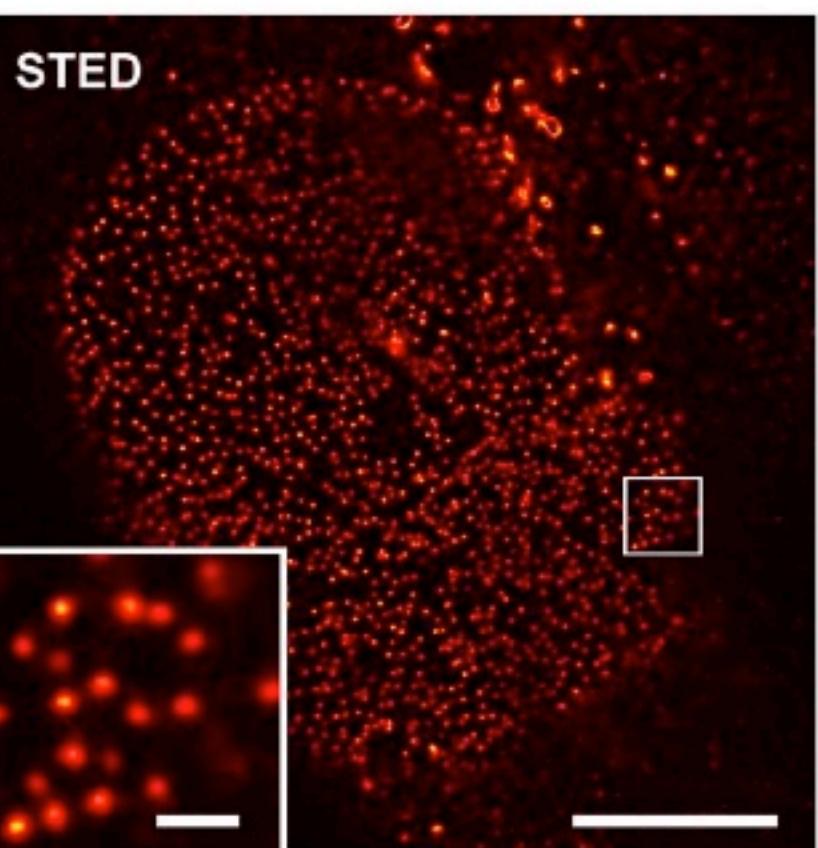
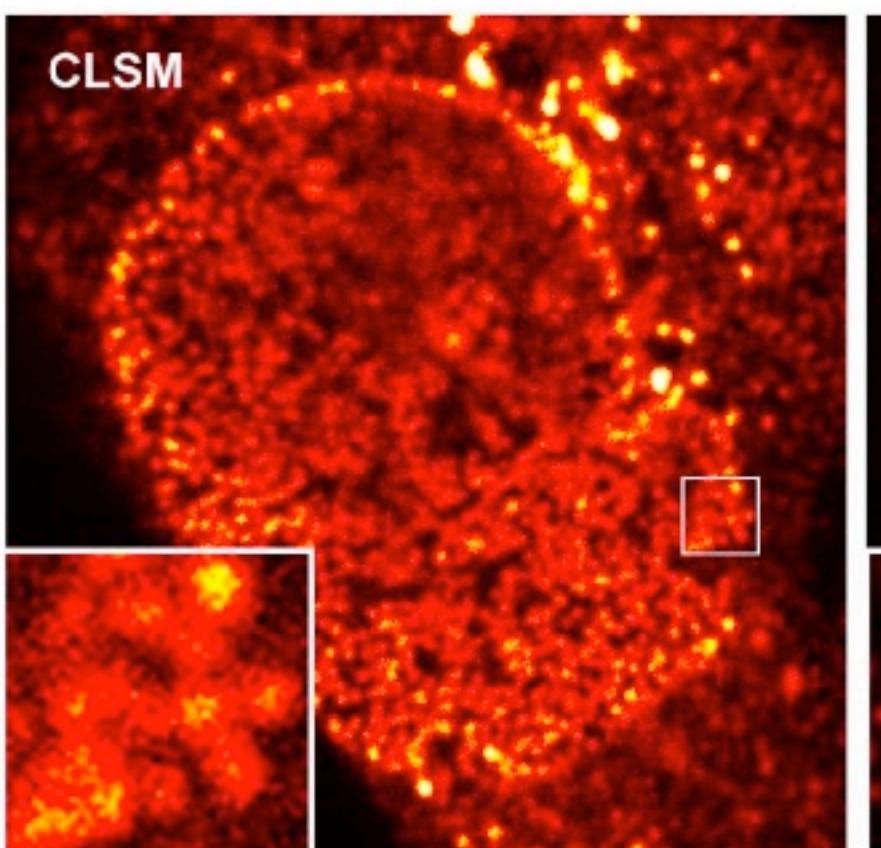
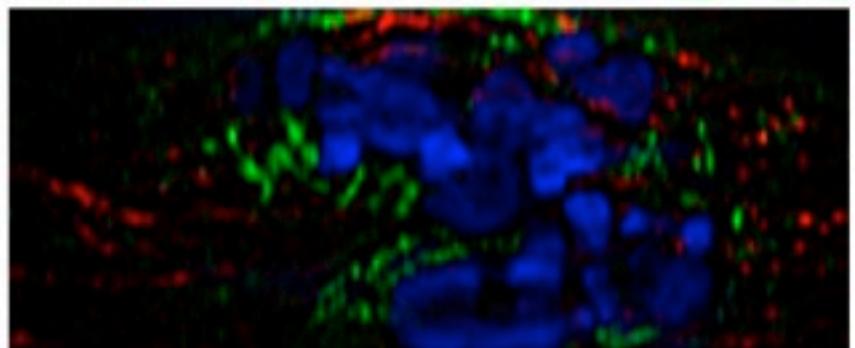
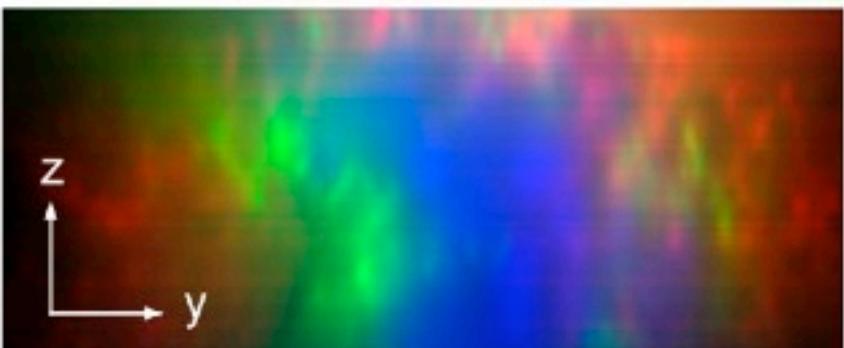
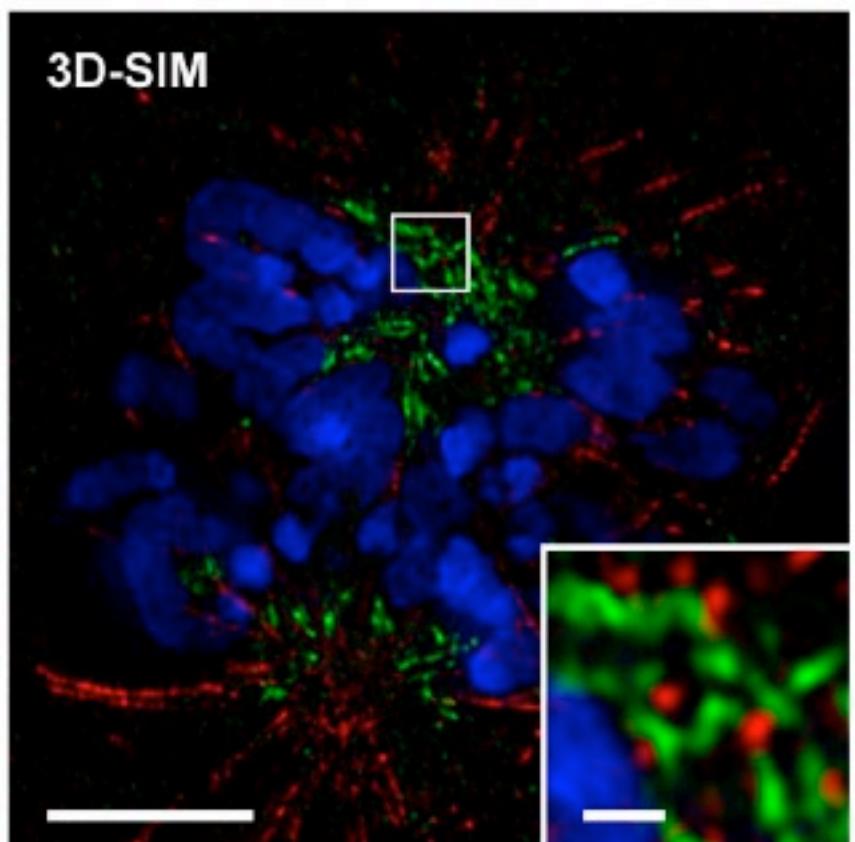
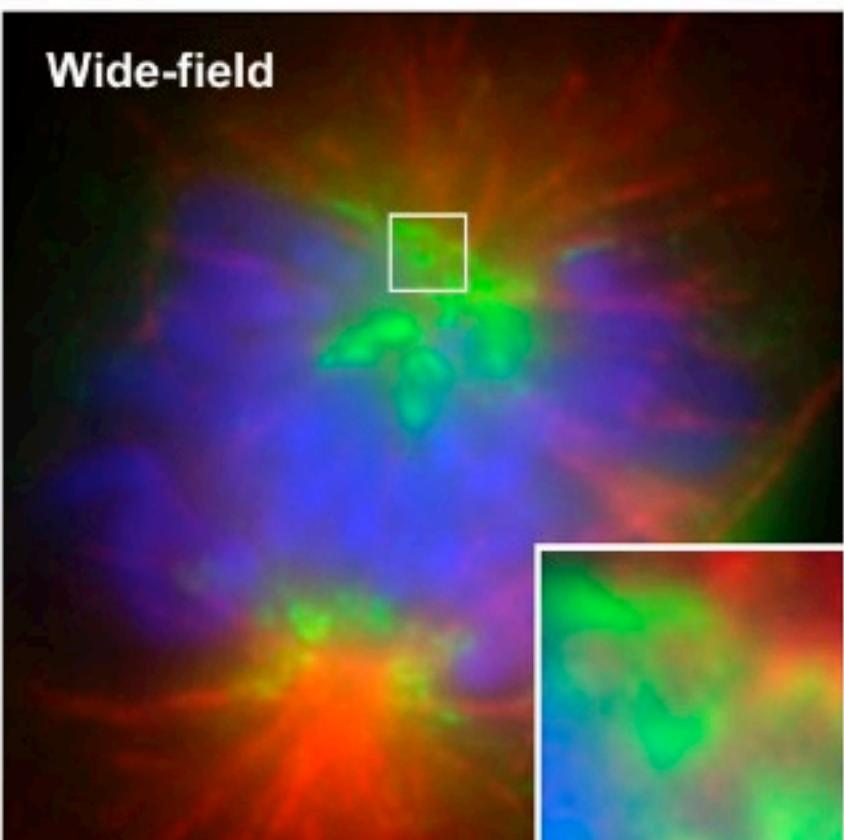
- Recalage
- PSF, deconvolution

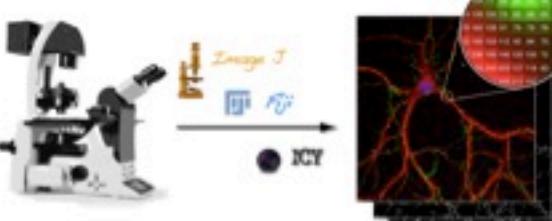
**A guide to super-resolution fluorescence microscopy.**

[Schermelleh L<sup>1</sup>](#), [Heintzmann R](#), [Leonhardt H](#).

[J Cell Biol. 2010 Jul 26; 190\(2\): 165–175.](#)

**JCB**





## Resolution:

- Recalage
- PSF, déconvolution

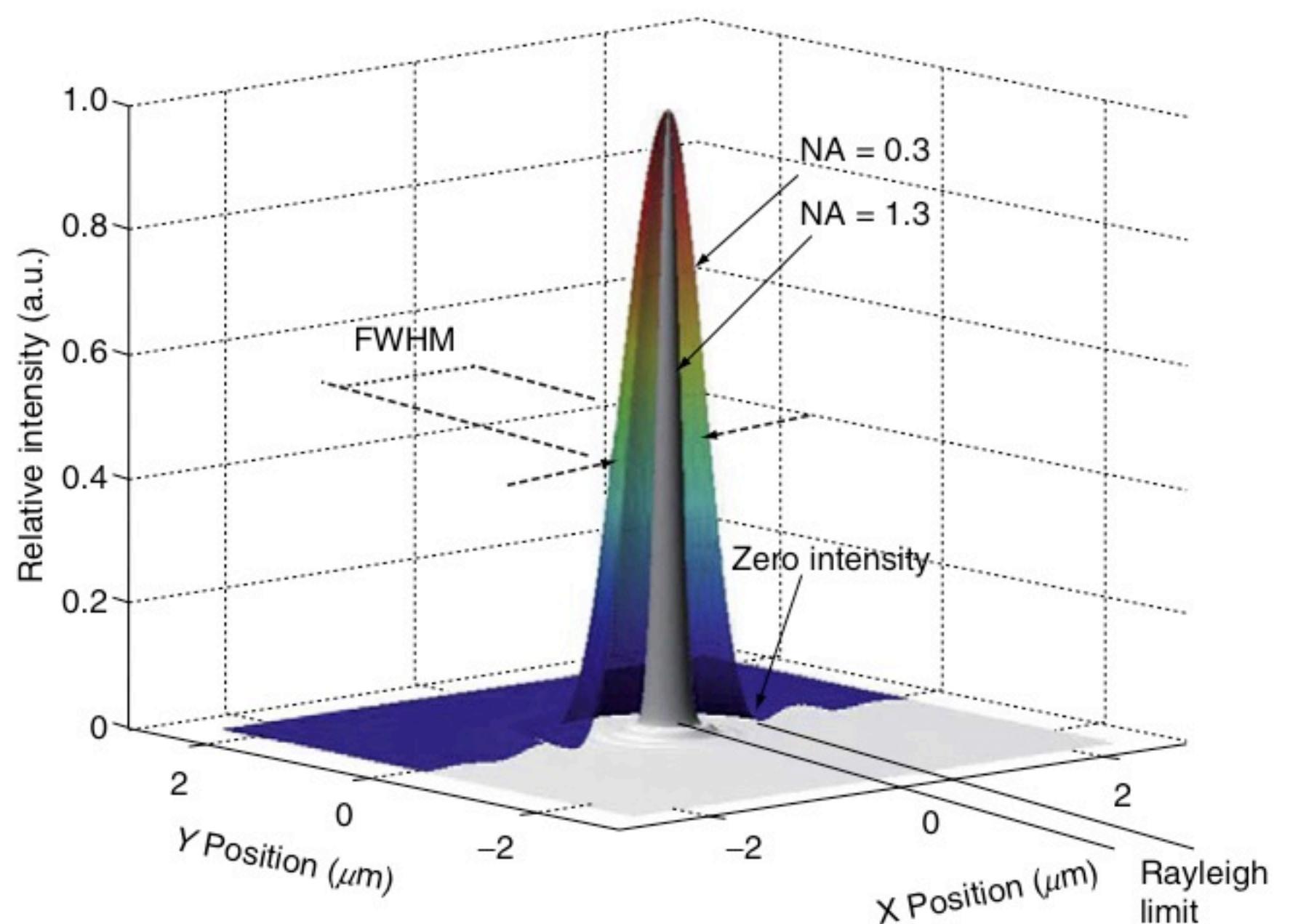


## Breaking the Resolution Limit in Light Microscopy

Rainer Heintzmann\*, 1, Gabriella Ficz†, 2

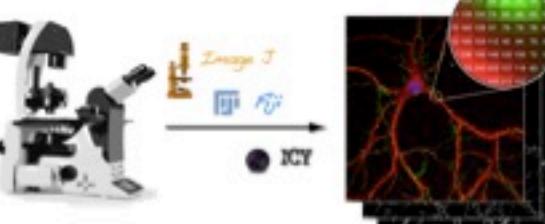
Methods in Cell Biology

Volume 114, 2013, Pages 525–544



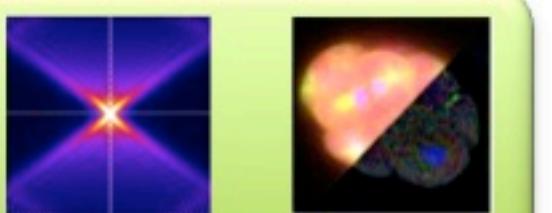
**FIGURE 22.1**

The point spread function (PSF). Two PSFs are shown, one for high numerical aperture ( $NA = 1.3$  in gray) and one for  $NA = 0.3$  (slightly transparent shades). As can be seen, the low-NA PSF is wide and has well-defined positions of zero intensity, leading to the definition of the Rayleigh limit. For this, PSF also the definition of full width measured at half the maximum (FWHM) is shown. The high-NA PSF (uniformly gray peak in the middle) is much finer but does not have the rings of zero intensity.



## Resolution:

- Recalage
- PSF, déconvolution

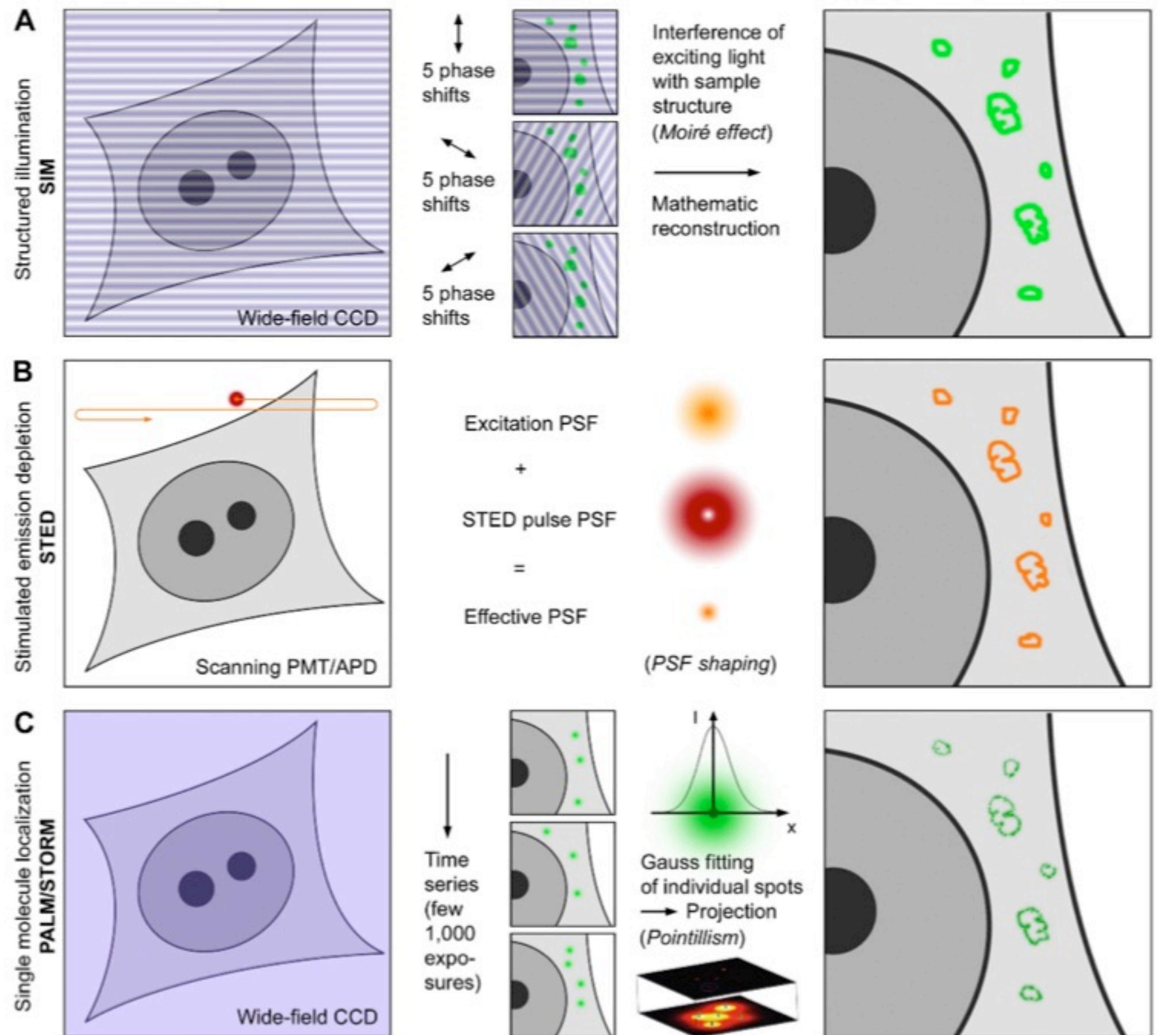


## A guide to super-resolution fluorescence microscopy.

Schermelleh L<sup>1</sup>, Heintzmann R, Leonhardt H.

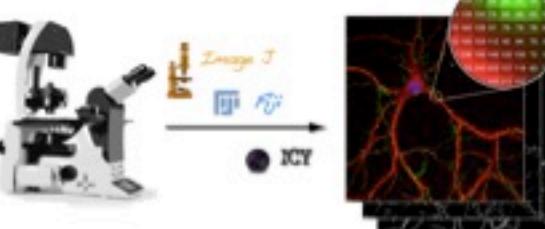
J Cell Biol. 2010 Jul 26; 190(2): 165–175.

**JCB**



**Figure 1. Super-resolution imaging principles.** (A) In SIM the sample plane is excited by a nonuniform wide-field illumination. Laser light passes through an optical grating, which generates a stripe-shaped sinusoidal interference pattern. This combines with the sample information originating from structures below the diffraction limit to generate moiré fringes. The image detected by the CCD camera thus contains high spatial frequency sample information shifted to a lower spatial frequency band that is transmitted through the objective. A mathematical reconstruction allows, from a series of 15 raw images per slice, to reconstruct a high-resolution image with doubled resolution in xy compared with wide-field resolution. In 3D-SIM additional doubling in the axial resolution is achieved by accounting for an additional modulation introduced along the axial direction. (B) In STED microscopy the focal plane is scanned with two overlapping laser beams, typically being pulsed with a mutual time delay. While the first laser excites the fluorophores, the second longer wavelength laser drives the fluorophores back to the ground state by the process of stimulated emission. A phase plate in the light path of the depletion laser generates a donut-shaped energy distribution, leaving only a small volume from which light can be emitted that is then being detected. Thus, the PSF is shaped to a volume smaller than the diffraction limit. (C) Single molecule localization microscopy assures that only a relatively low number of fluorophores are in the emitting (active) state. This is achieved either by photoactivation, photoswitching, triplet state shelving, or blinking. These molecules are detected on the CCD camera as diffraction-limited spots, whose lateral position is determined with very high accuracy by a fit. Single molecule positions from several thousand raw images, each with a different subset of emitters, are then used to generate a density map featuring several hundred thousand single molecule positions within the plane of focus.

either by photoactivation, photoswitching, triplet state shelving, or blinking. These molecules are detected on the CCD camera as diffraction-limited spots, whose lateral position is determined with very high accuracy by a fit. Single molecule positions from several thousand raw images, each with a different subset of emitters, are then used to generate a density map featuring several hundred thousand single molecule positions within the plane of focus.



## Resolution:

- Recalage
- PSF, déconvolution



## A guide to super-resolution fluorescence microscopy.

[Schermelleh L<sup>1</sup>](#), [Heintzmann R](#), [Leonhardt H](#).

[J Cell Biol. 2010 Jul 26; 190\(2\): 165–175.](#)

JCB

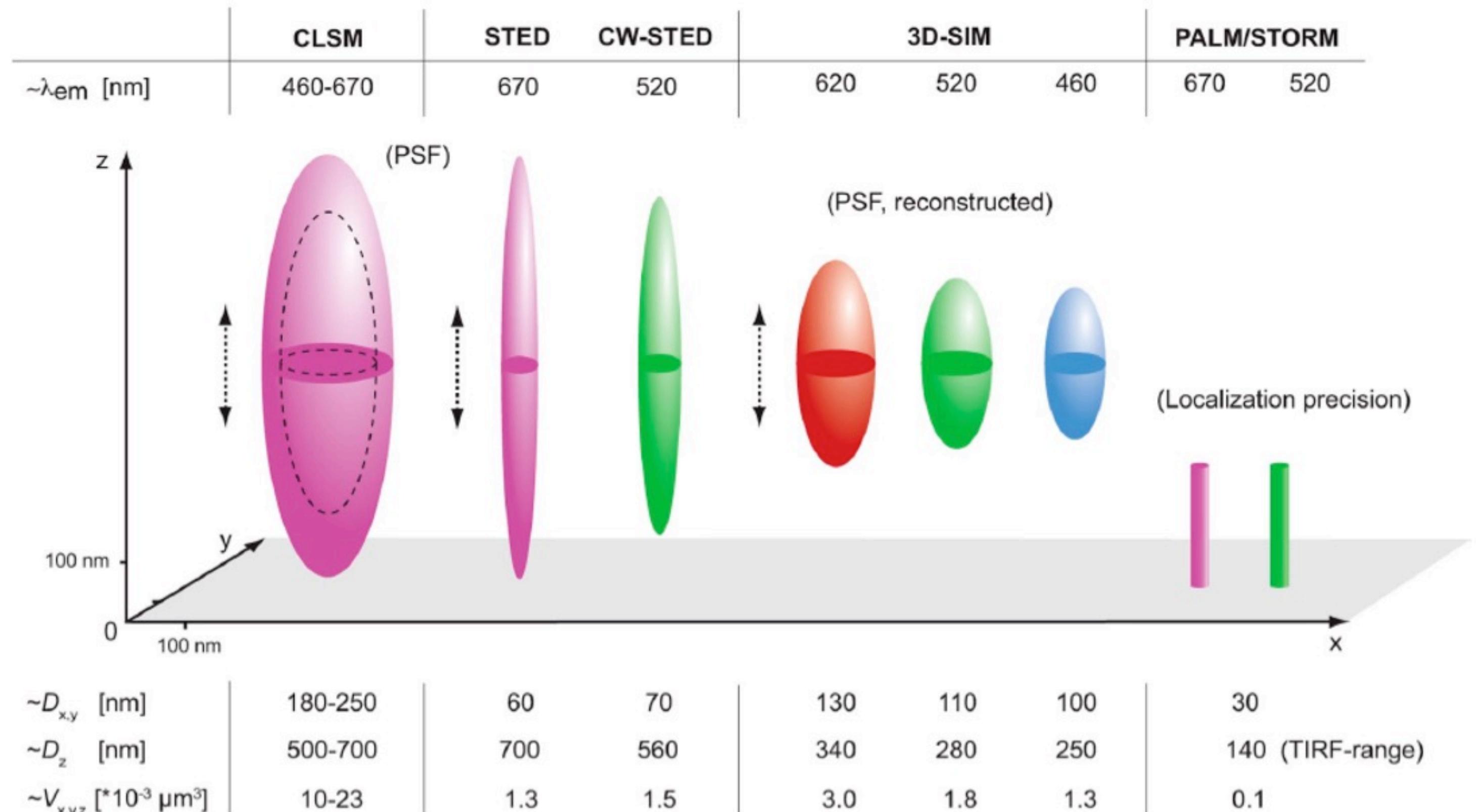
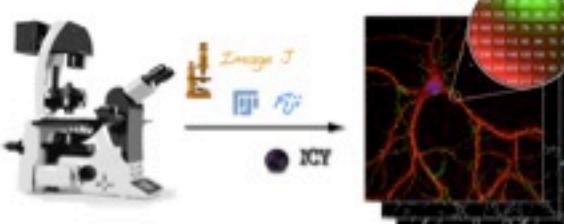
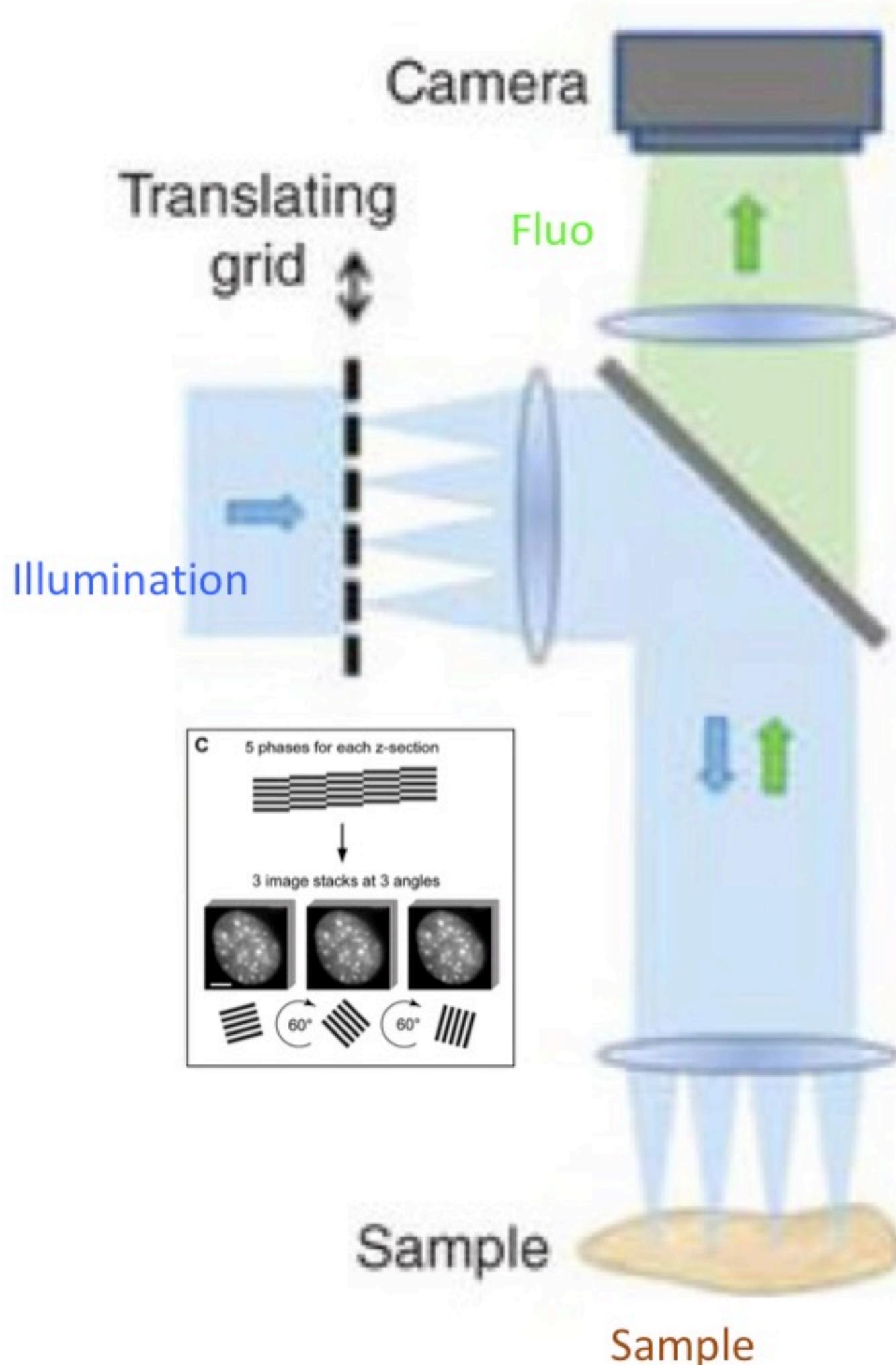


Figure 2. Resolvable volumes obtained with current commercial super-resolution microscopes. A schematic 3D representation of focal volumes is shown for the indicated emission maxima. The approximate lateral ( $x,y$ ) and axial ( $z$ ) resolution and resolvable volumes are listed. Note that STED/CW-STED and 3D-SIM can reach up to 20  $\mu\text{m}$  into the sample, whereas PALM/STORM is usually confined to the evanescent wave field near the sample bottom. It should be noted that deconvolution approaches can further improve STED resolution. For comparison the “focal volume” for PALM/STORM was estimated based on the localization precision in combination with the  $z$ -range of TIRF. These indications do not necessarily constitute actual resolution as many other effects (e.g., fluorophore orientation, local refractive index variations, flatfield quality of the camera, local aberrations, and statistical selection bias) influence image quality and final resolution.



## Superresolution : Structured Illumination Microscopy

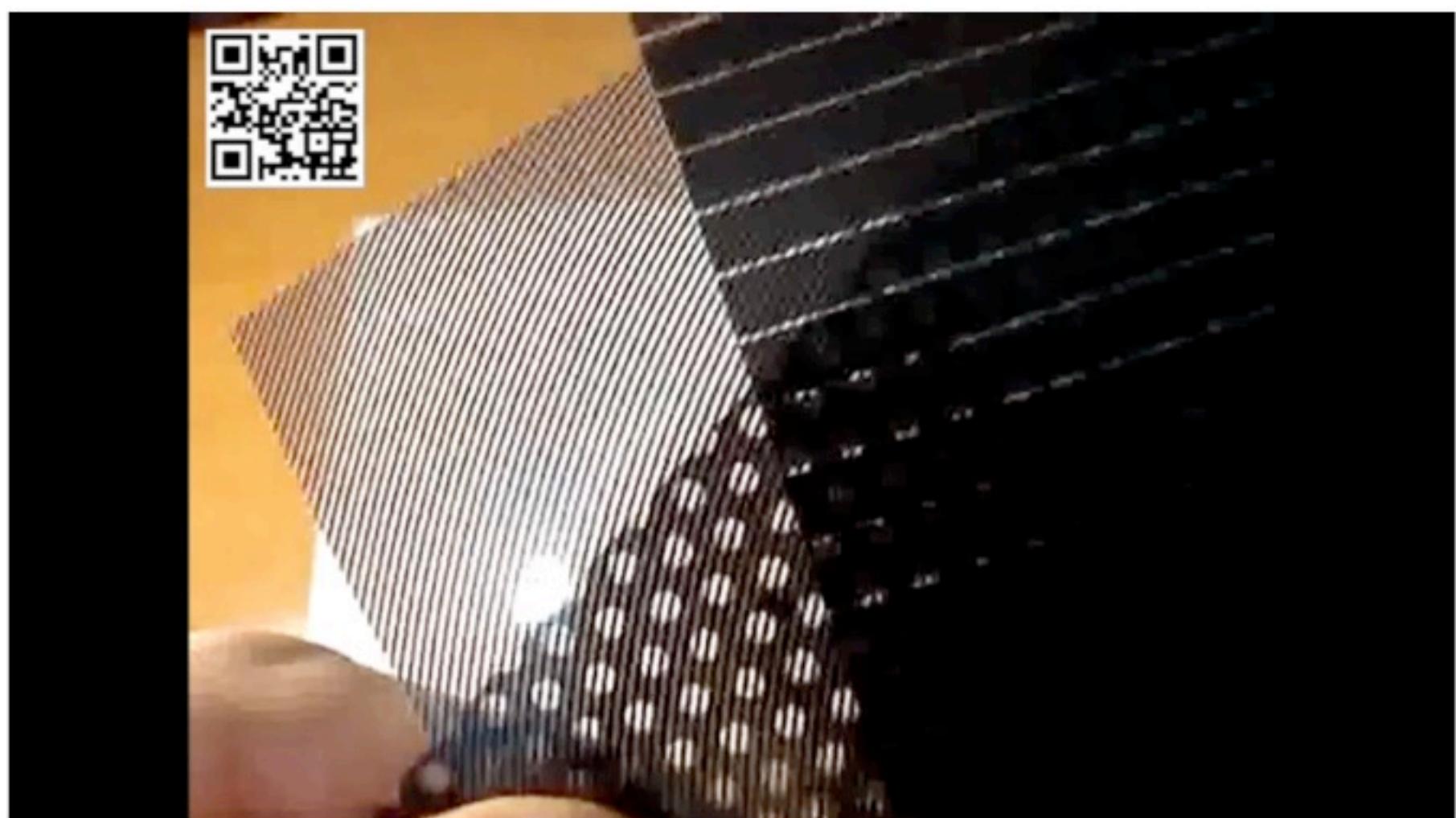


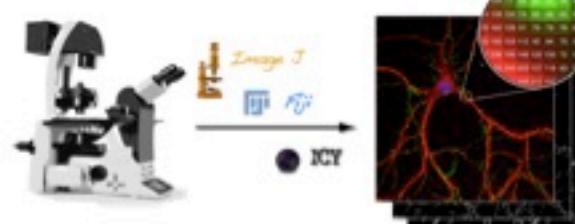
The sample is illuminated through a grid pattern.

Interference between illumination pattern and the structure pattern produces a third characteristic, the Moiré fringes.

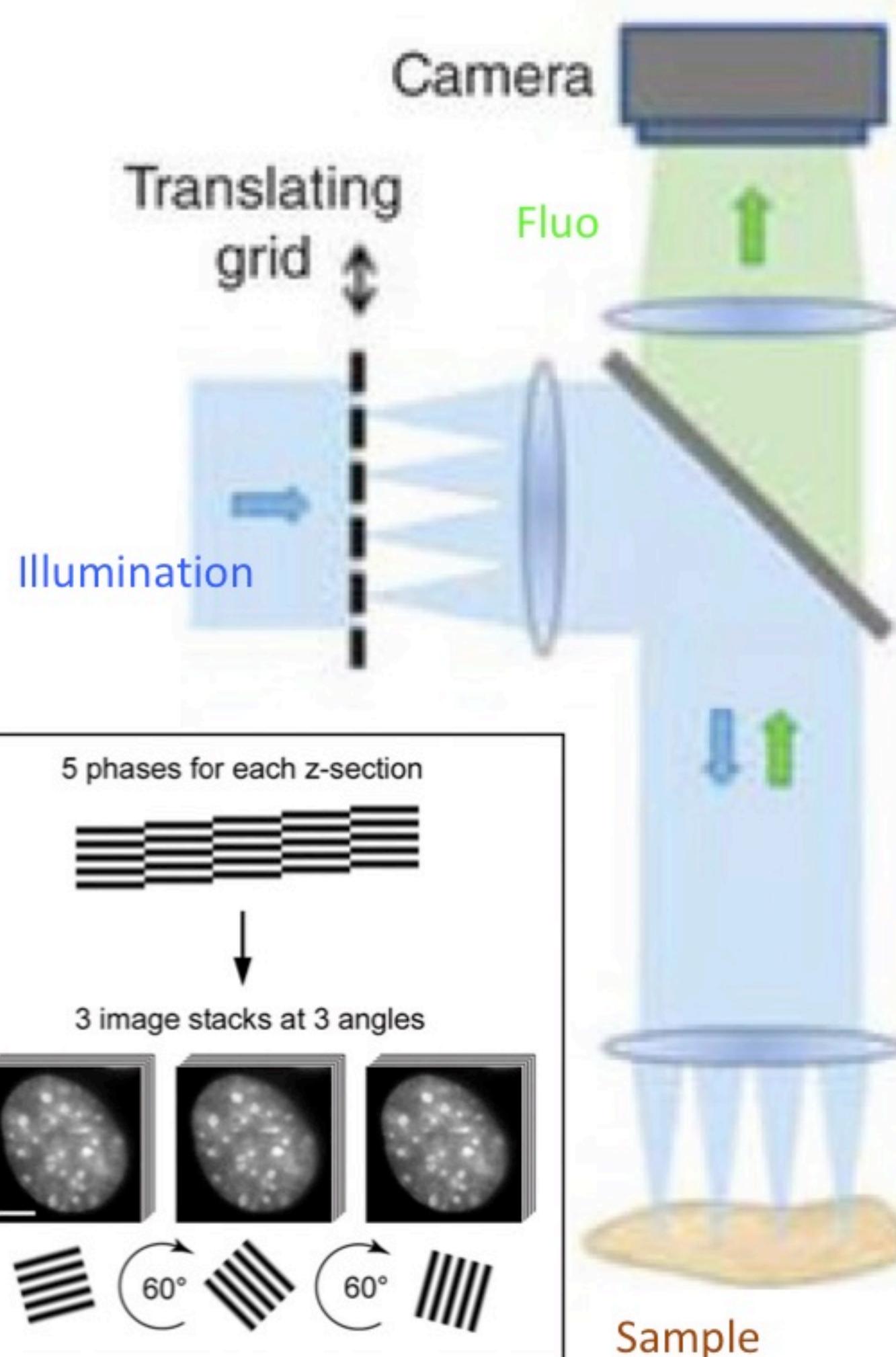


From D. Agard, iBiology.org





## Superresolution : Structured Illumination Microscopy (SIM)



The sample is illuminated through a grid pattern.

Interference between illumination pattern and the structure pattern produces a third characteristic, the Moiré fringes.



From D. Agard, iBiology.org

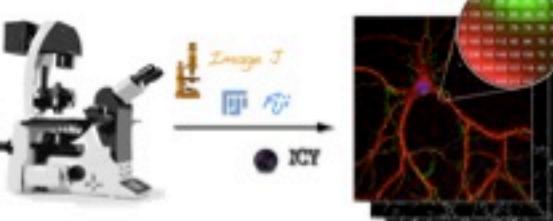
The Moiré fringes have a lower spatial frequency than the original structure of the sample and thus can be transmitted through the objective lens and can have their image.

To have a gain of isotropic resolution :

- 3 different orientations of the grid and
- 5 different phases of the illumination pattern.

Original image is then reconstructed using Fourier transform.

Resolution SIM : 100 nm (vs 200 nm with Confocal)



## Superresolution : Structured Illumination Microscopy

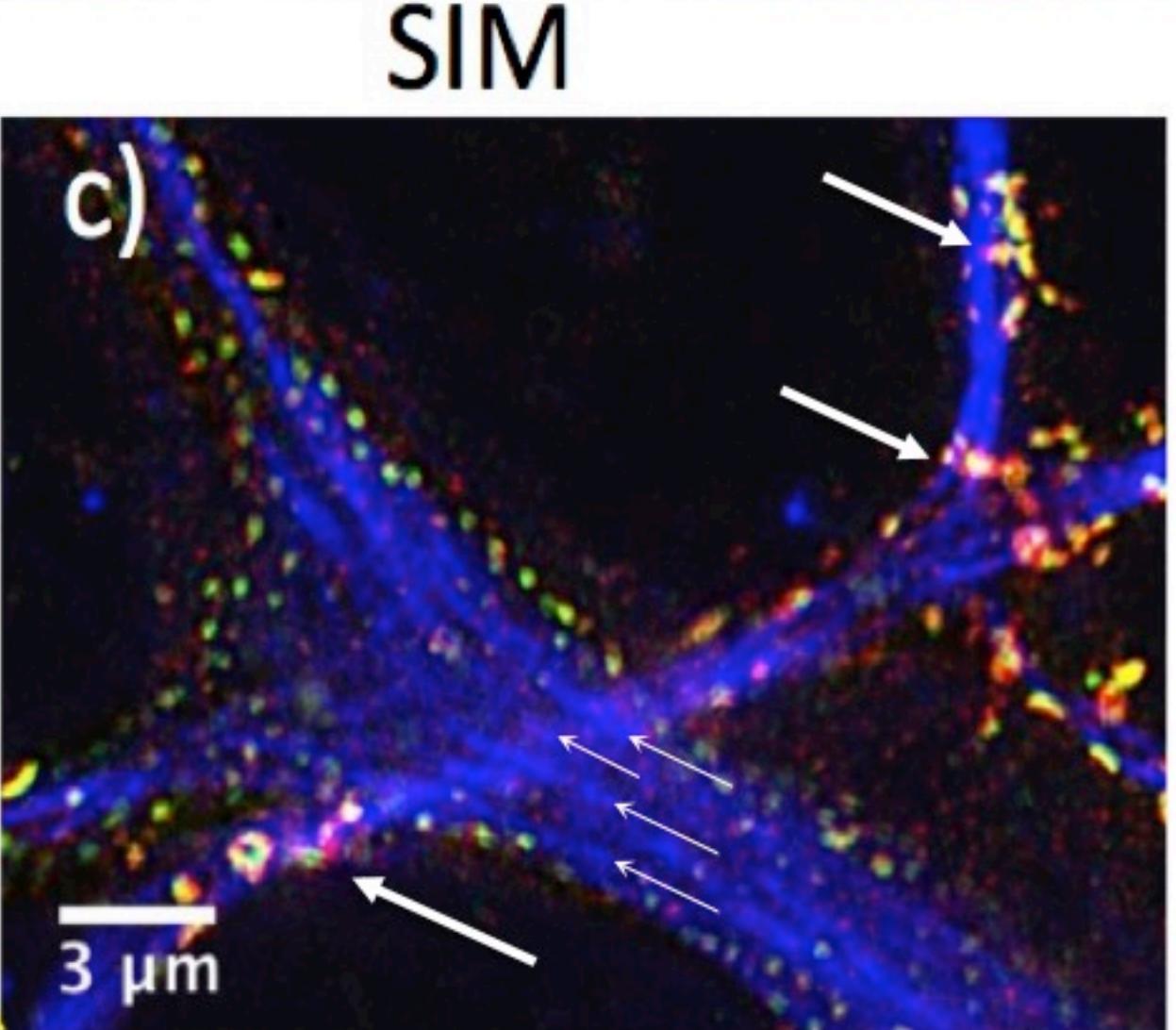
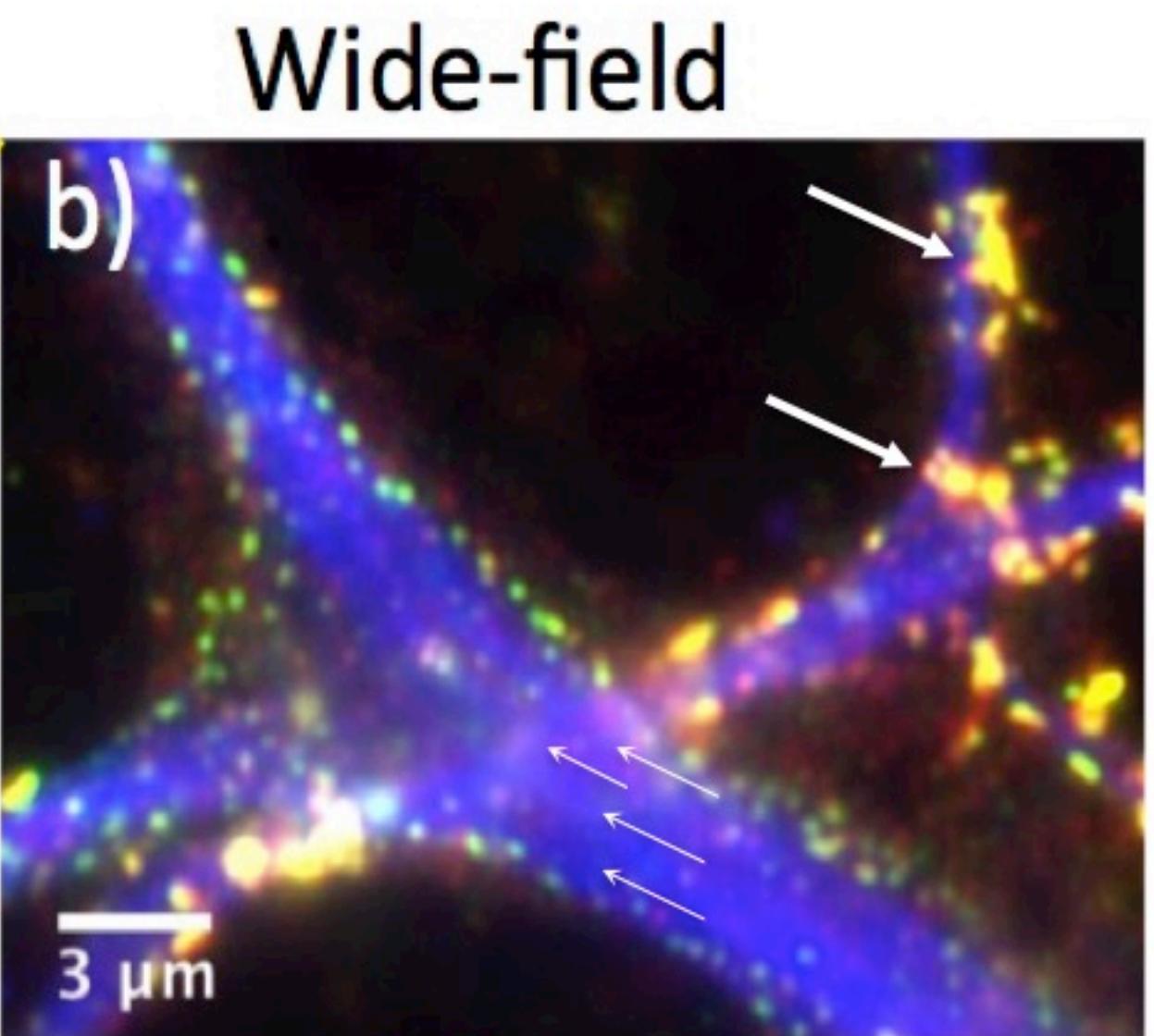
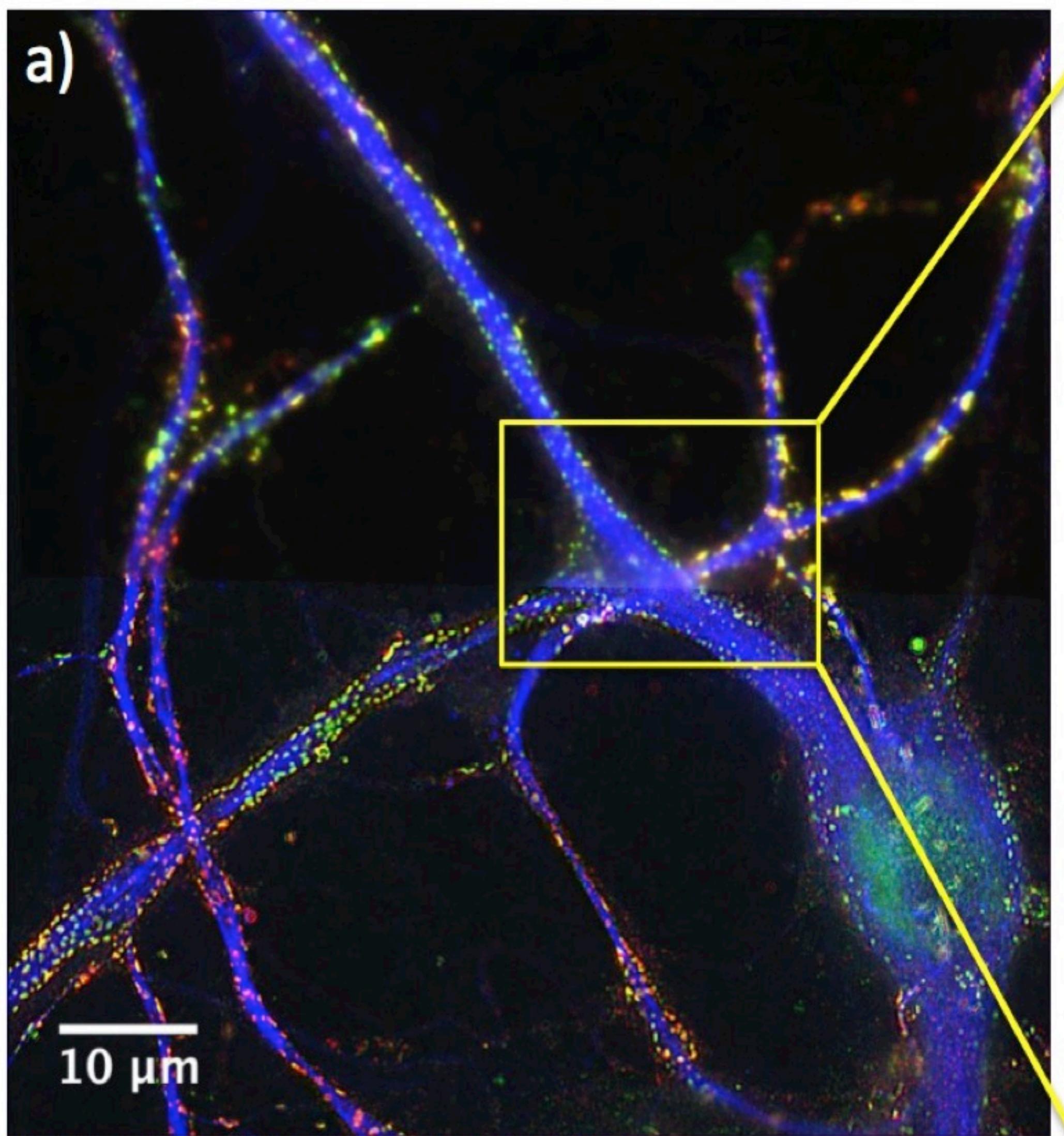
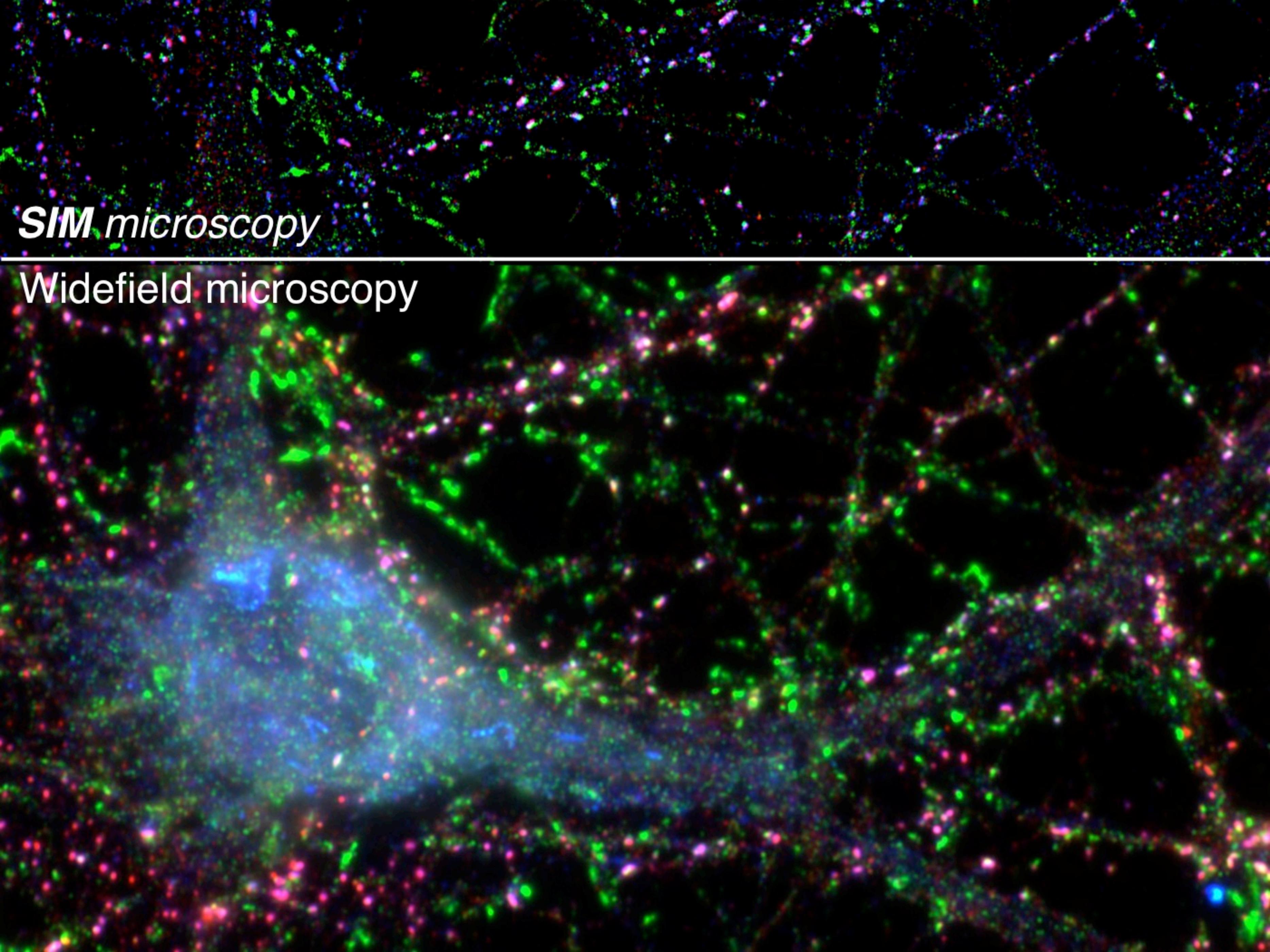


Figure 1 : 3 color SIM image of receptors in a neuron



*SIM* microscopy

Widefield microscopy

*SIM microscopy*

*Increased signal to noise ratio*

*Widefield microscopy*

*SIM microscopy*

*Widefield microscopy*

# STED microscopy



The Royal Swedish Academy of Sciences has decided to award the Nobel Prize in Chemistry for 2014 to Eric Betzig, Stefan W. Hell and William E. Moerner for the development of super-resolved fluorescence microscopy.

## The Nobel Prize 2014 in Chemistry



# Their microscopes crossed the threshold

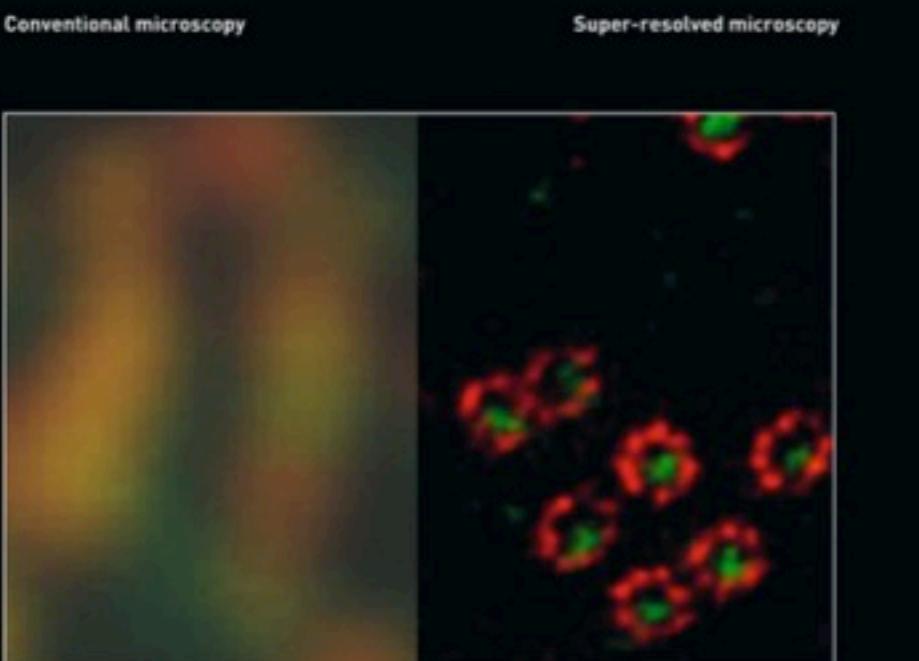
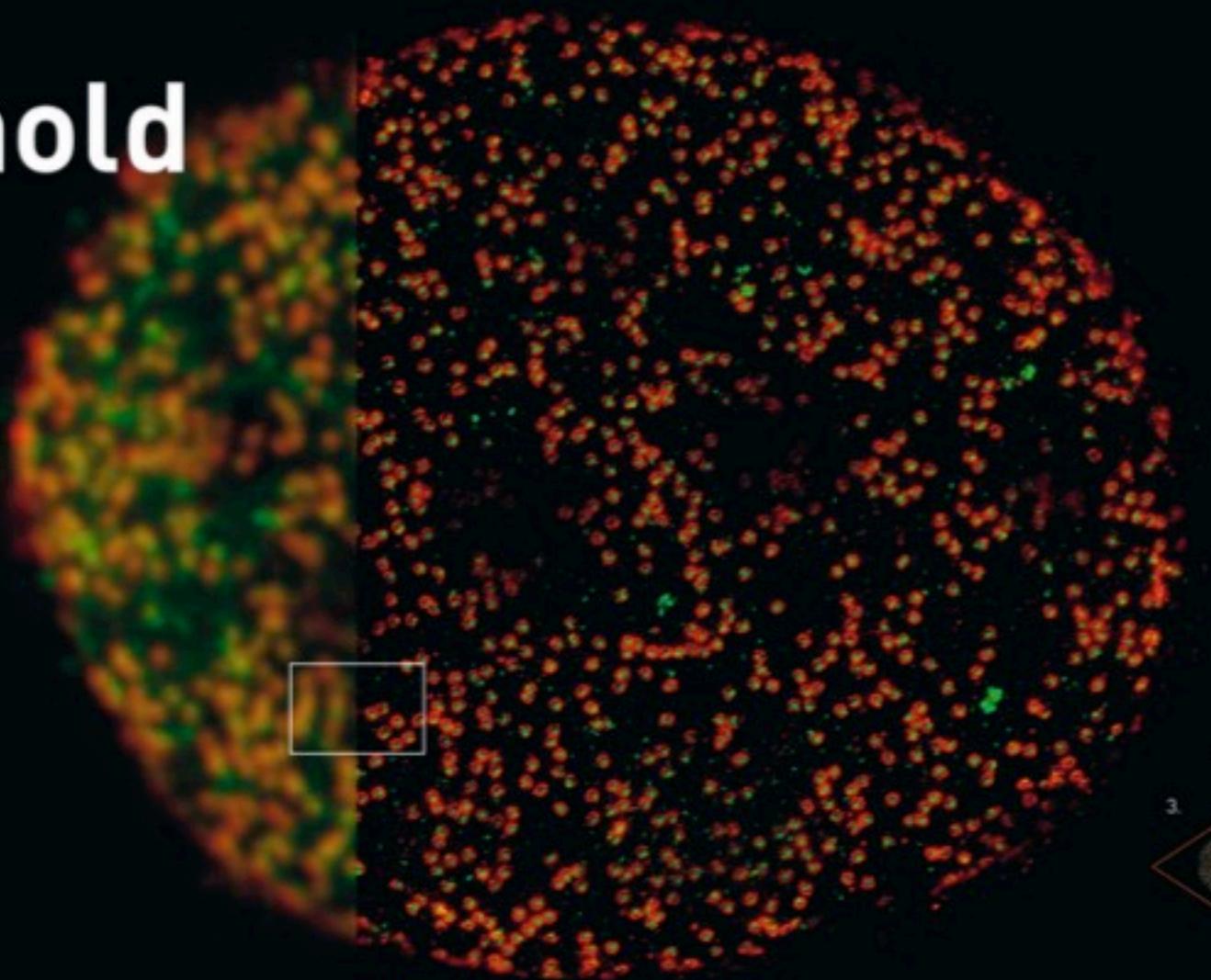
Optical microscopy had long been hindered by a presumed limitation: that it was impossible to achieve a resolution better than half the wavelength of light. Eric Betzig, Stefan W. Hell and William E. Moerner are awarded the 2014 Nobel Prize in Chemistry for ingeniously bypassing this limitation. Their revolutionary work has taken optical microscopy to nano dimensions.

Using what is now called nanoscopy, researchers can see the paths of individual molecules inside living cells. For example, they can see how molecules form synapses between the brain's nerve cells or follow aggregating proteins in cases of Parkinson's, Alzheimer's or Huntington's disease.

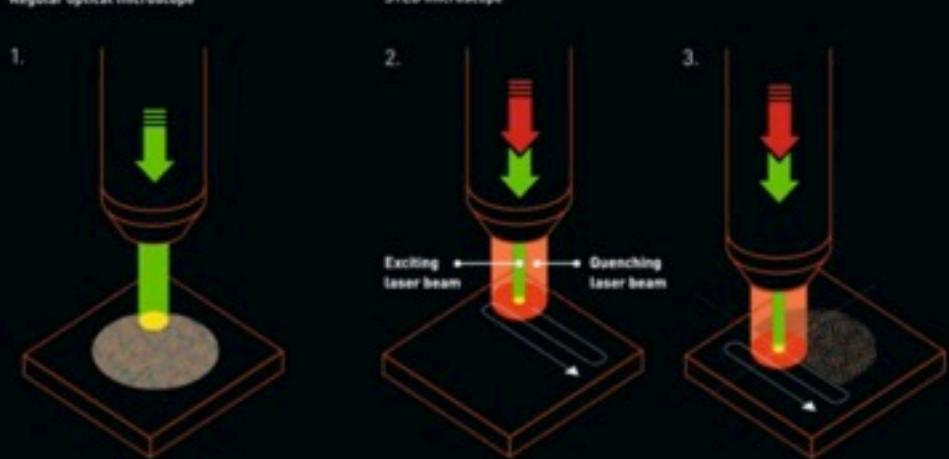
Optical microscopy is one of the most important tools in the life sciences, allowing researchers to observe processes inside living cells. However, it had long been thought that it would be impossible to discern a cell in molecular detail. In 1873, microscopist Ernst Abbe determined a threshold for optical microscopy: its resolution would never be better than half the wavelength of light, approximately 0.2 micrometres Å but, thanks to the 2014 Nobel Laureates in chemistry, optical microscopy can now be used to observe the nano world.

Two different principles are being recognised and rewarded; both build upon researchers labelling the objects to be studied with fluorescing molecules. The idea for one of the microscopy methods, stimulated emission depletion (STED), came to Stefan Hell in 1993, and he realised it experimentally in 2000.

The theory behind the second method, single-molecule microscopy, was laid out by Eric Betzig in 1995 Å but it was William Moerner who built its practical foundations in 1989, when he was the first person to detect a single fluorescing molecule. The second decisive step was taken by Moerner in 1997, when he developed a tiny molecular lamp that he could turn on and off. Thanks to these successes, Betzig was able to actualise single-molecule microscopy in 2006.



The principle of STED microscopy



2000 Å Hell develops STED microscopy

1. In a regular microscope the light beam is broad and the resolution is never better than 0.2 micrometres.  
2. Stefan Hell started to use two laser beams in a microscope. One excites all the fluorescing molecules which make them glow. The second, which is ring-shaped, quenches all the

fluorescing molecules apart from those within a nanosized volume.  
3. The laser beams sweep across the sample, nanometre by nanometre. The researchers know exactly where the beam hits the sample and can use this information to process the image, resulting in a resolution that is far better than 0.2 micrometres.

2006 Å Betzig develops single-molecule microscopy

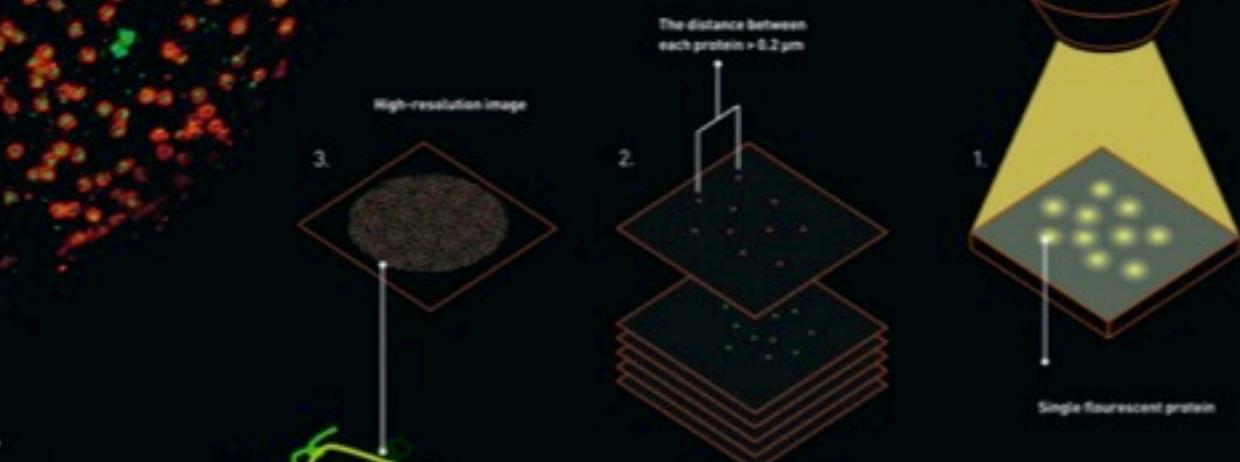
1. In 2006, Eric Betzig circumvented Abbe's limit using a variant of GFP similar to that produced by Moerner. Using a weak pulse of light he turned on a fraction of all the fluorescing GFP in a sample. Because so few were excited the distances between them were large and the microscope could discern every single GFP. They remained lit until they faded while an image was registered.

Betzig then turned on a new subgroup of GFPs and took a new picture. The procedure was repeated until all the GFPs in the sample had been observed and a thousand images had been registered.

2. The blurry images were processed using probability theory so that they became much sharper.

3. When Betzig layered all the images on top of each other, they produced a high-resolution image in which individual proteins could be discerned.

The principle of single-molecule microscopy



Eric Betzig

U.S. citizen. Born 1960 in Ann Arbor, MI, USA. Group Leader at Janelia Research Campus, Howard Hughes Medical Institute, Ashburn, VA, USA.



Stefan W. Hell

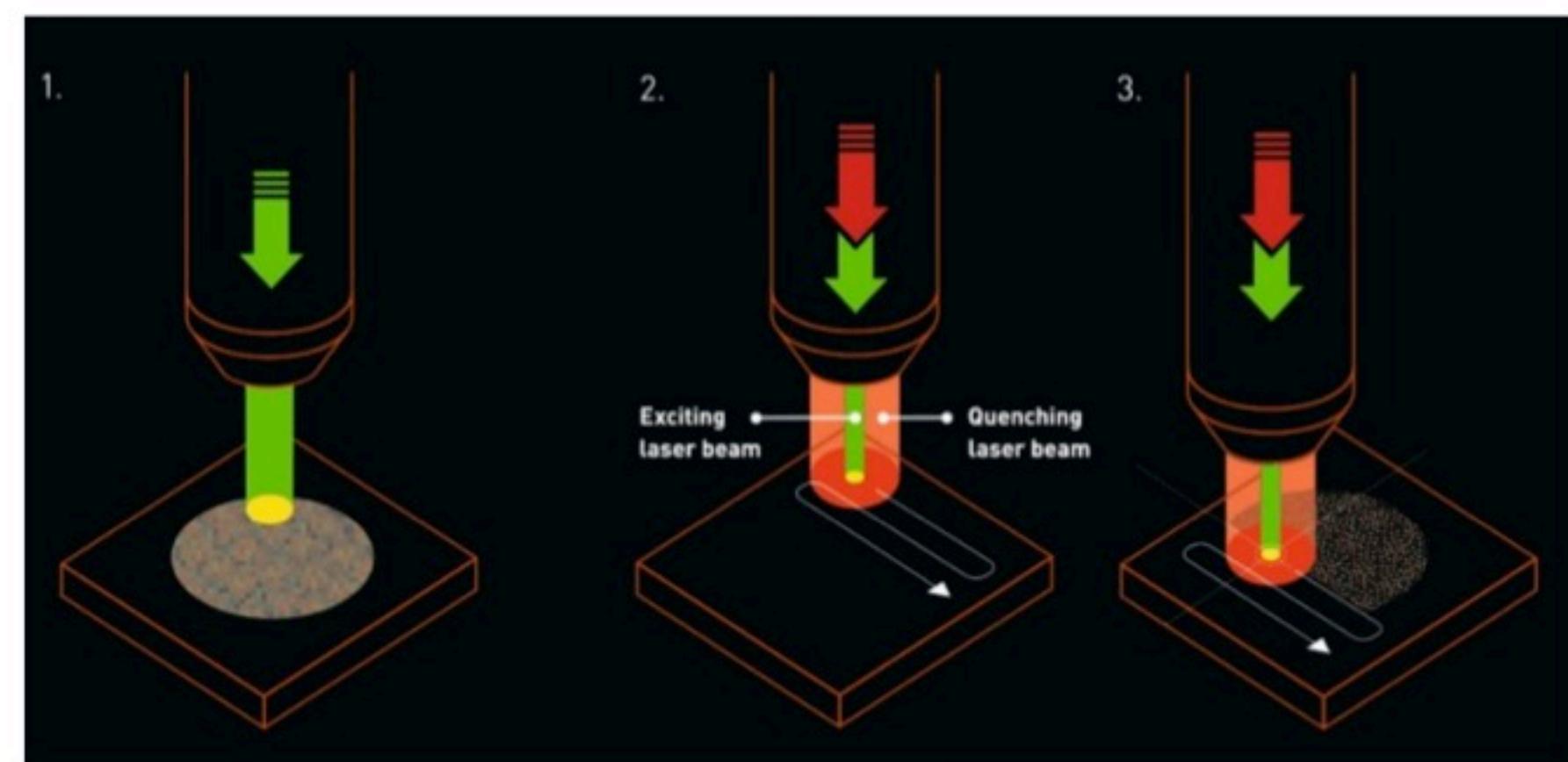
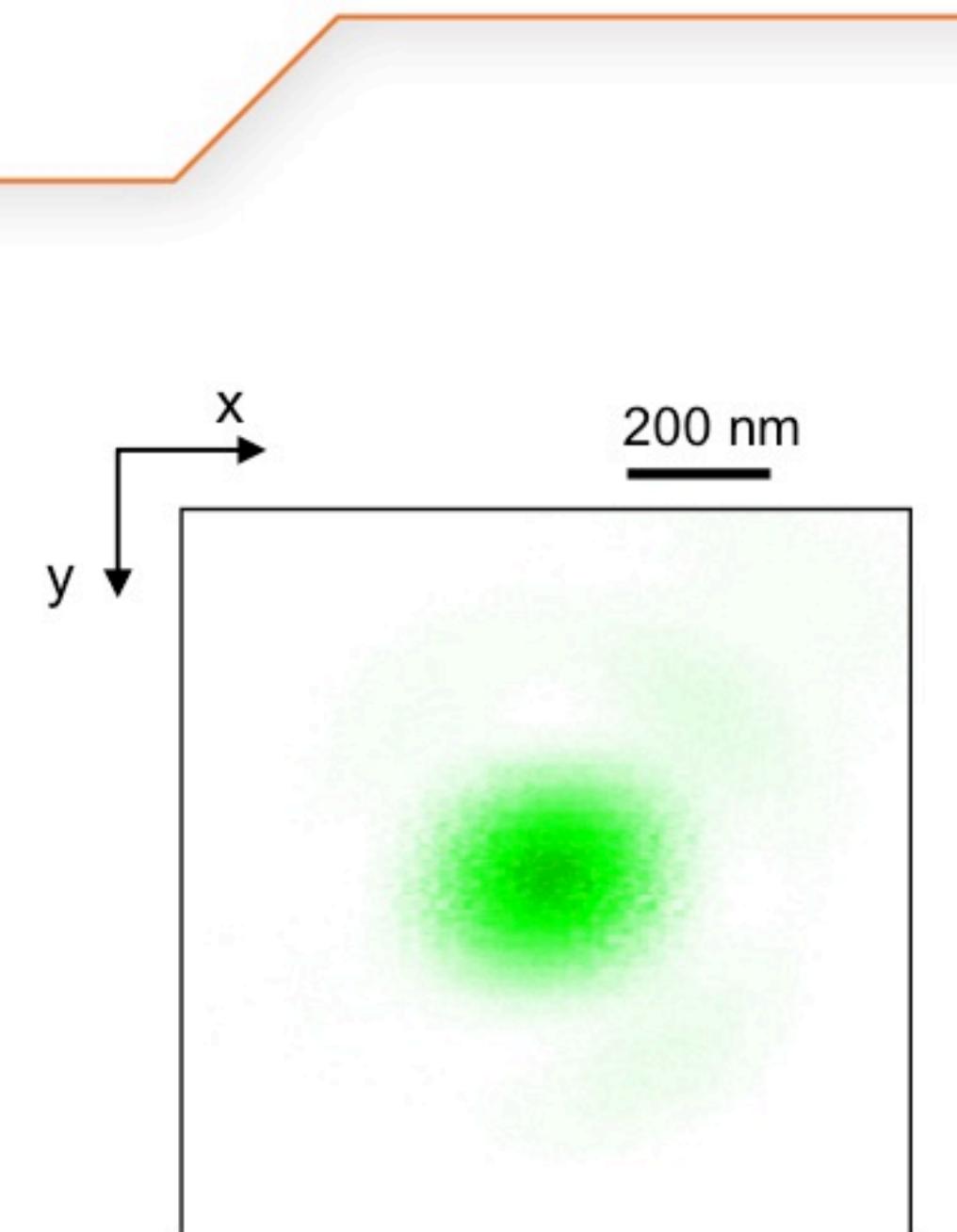
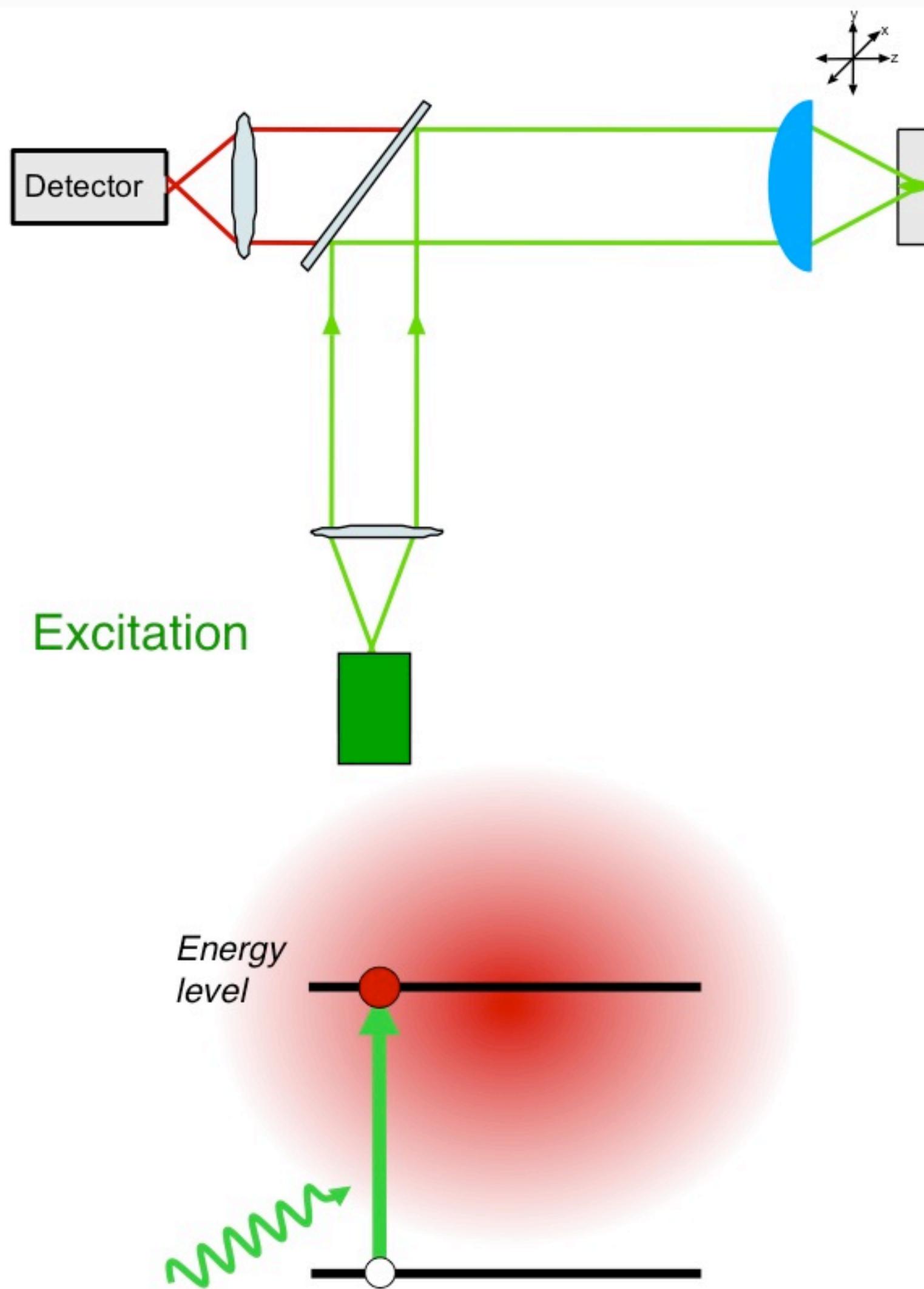
German citizen. Born 1953 in Pleasonton, CA, USA. Harry S. Mosher Professor in Chemistry and Professor, by courtesy, of Applied Physics at Stanford University, CA, USA.

William E. Moerner

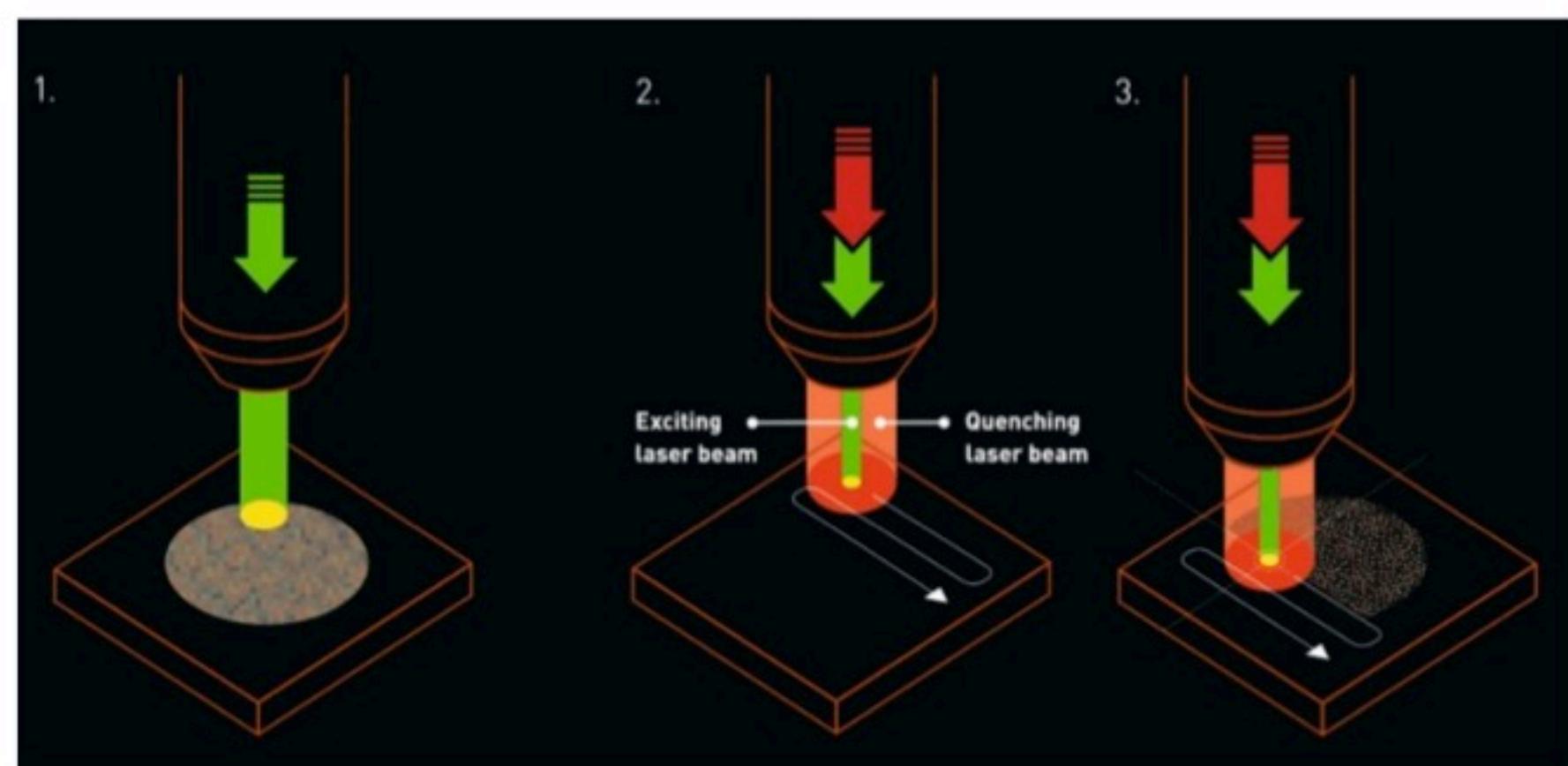
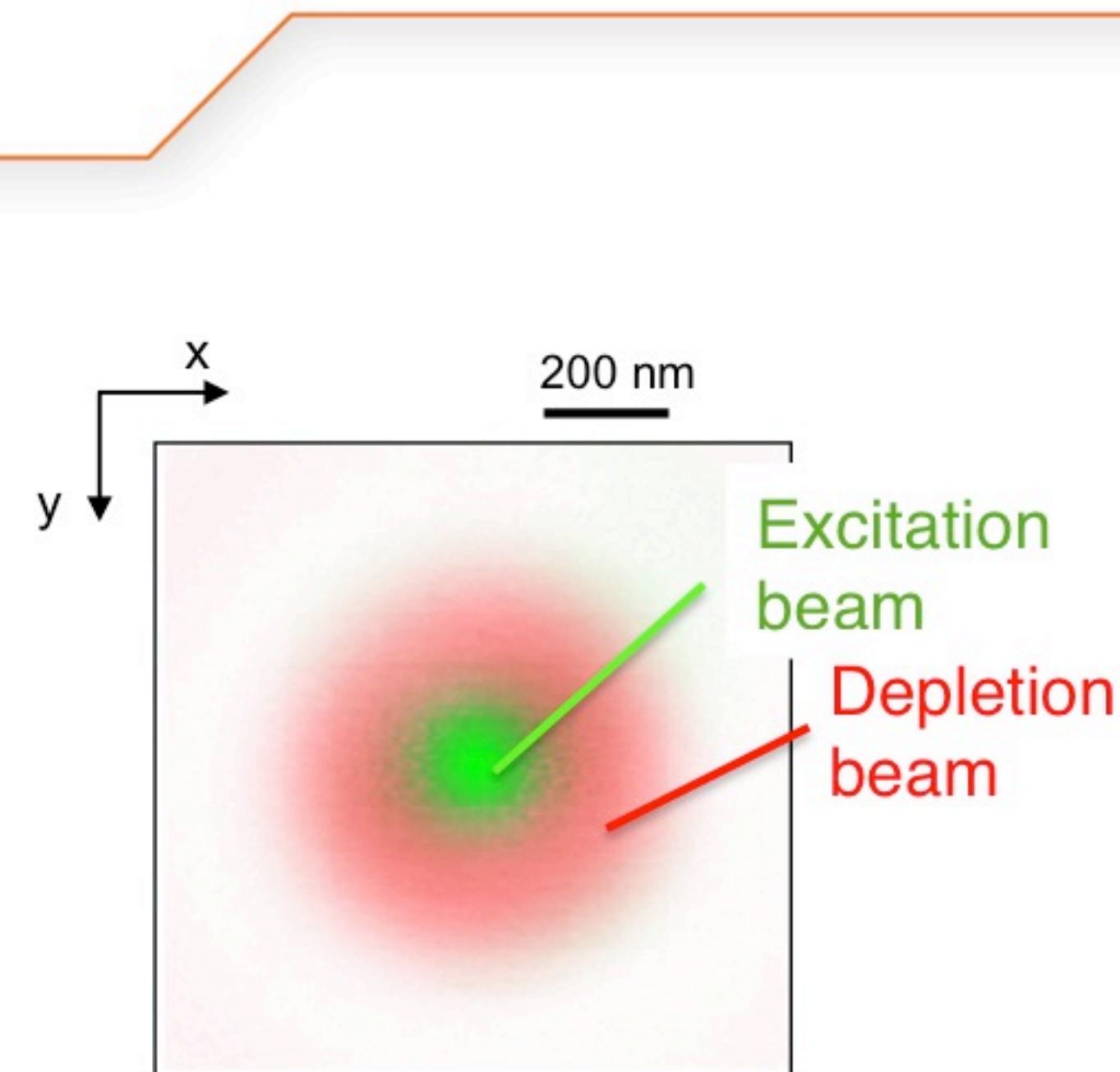
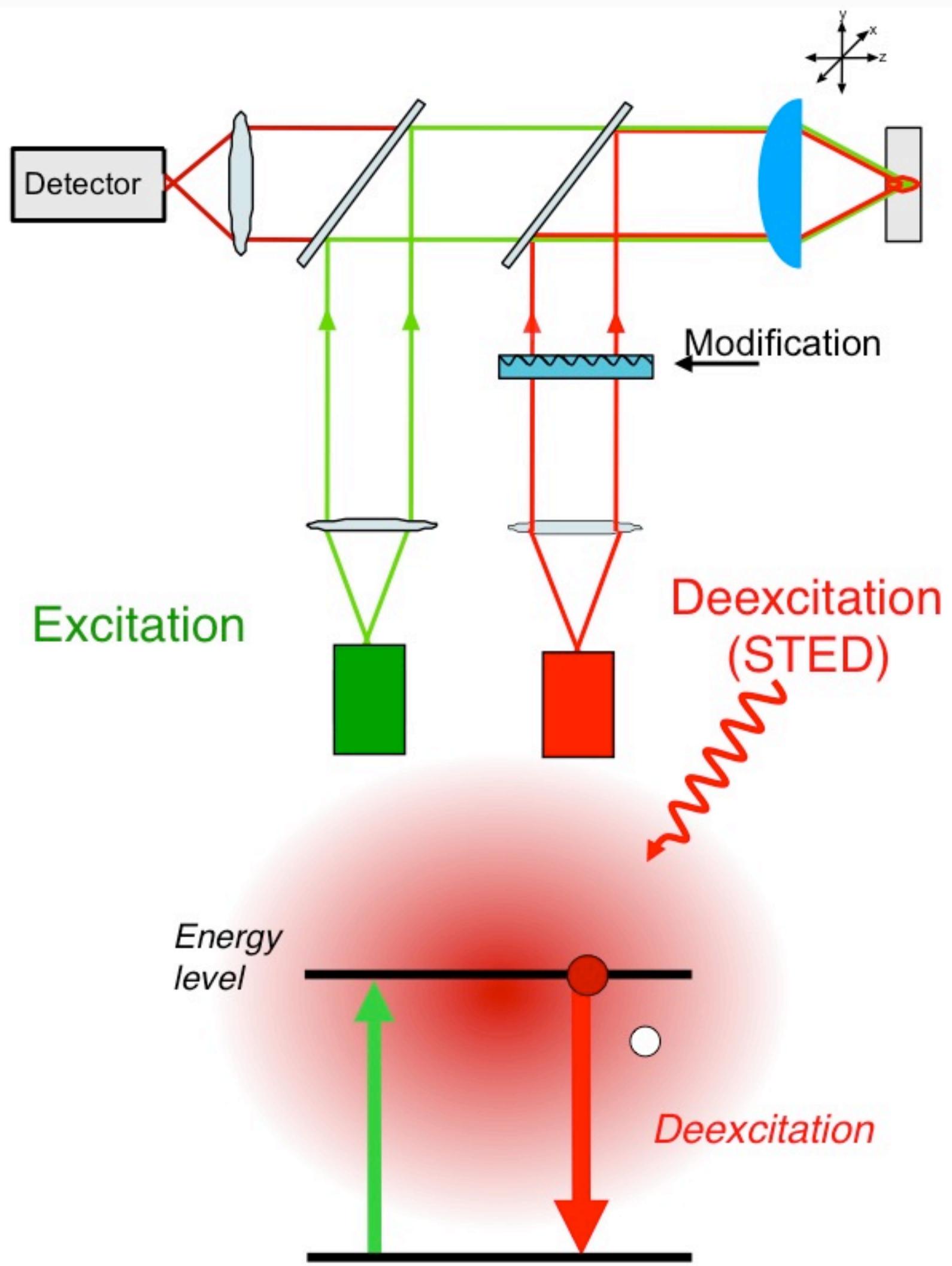
U.S. citizen. Born 1953 in Arad, Romania. Director at the Max Planck Institute for Biophysical Chemistry, Göttingen, and Division Head at the German Cancer Research Center, Heidelberg, Germany.



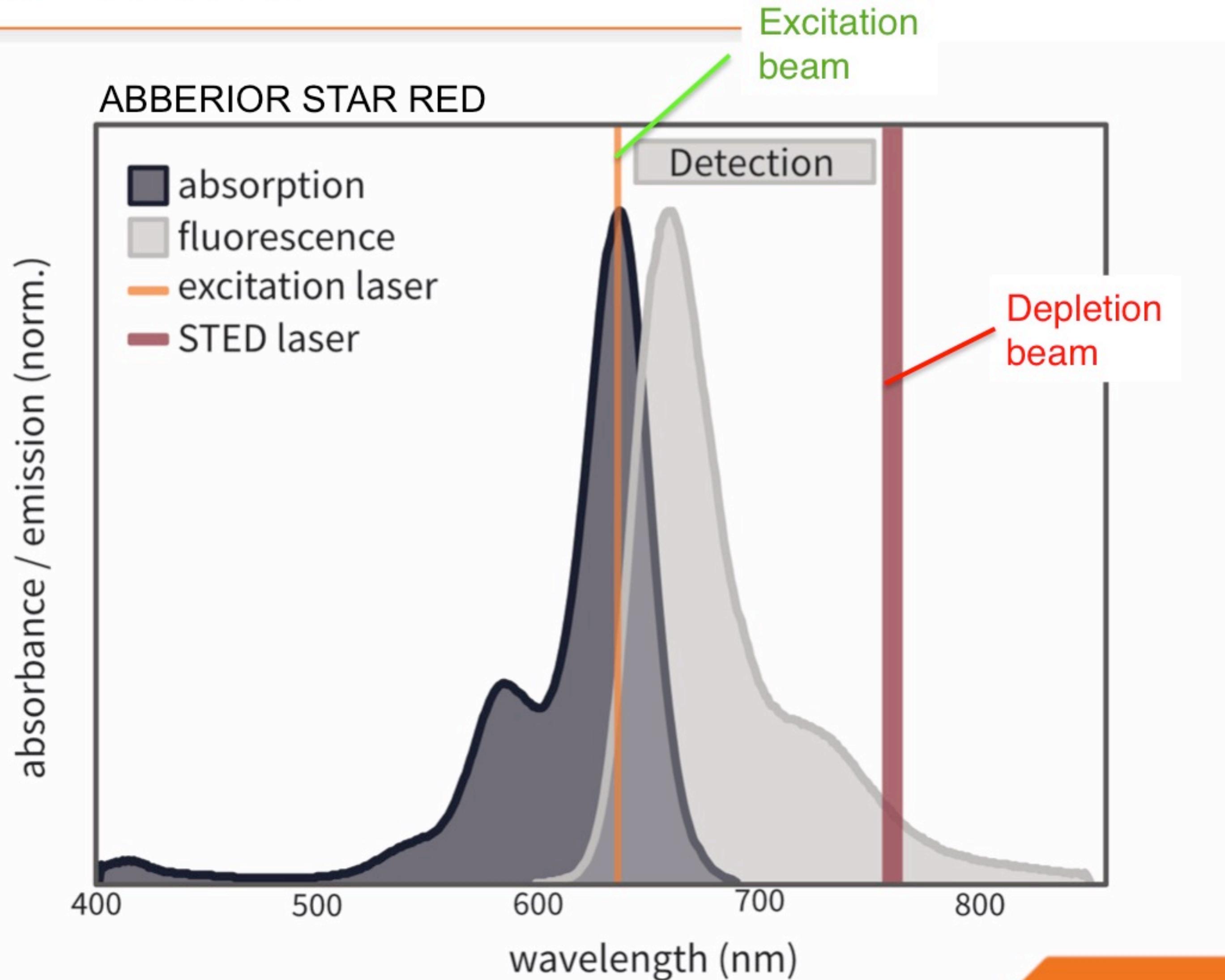
# STED microscopy



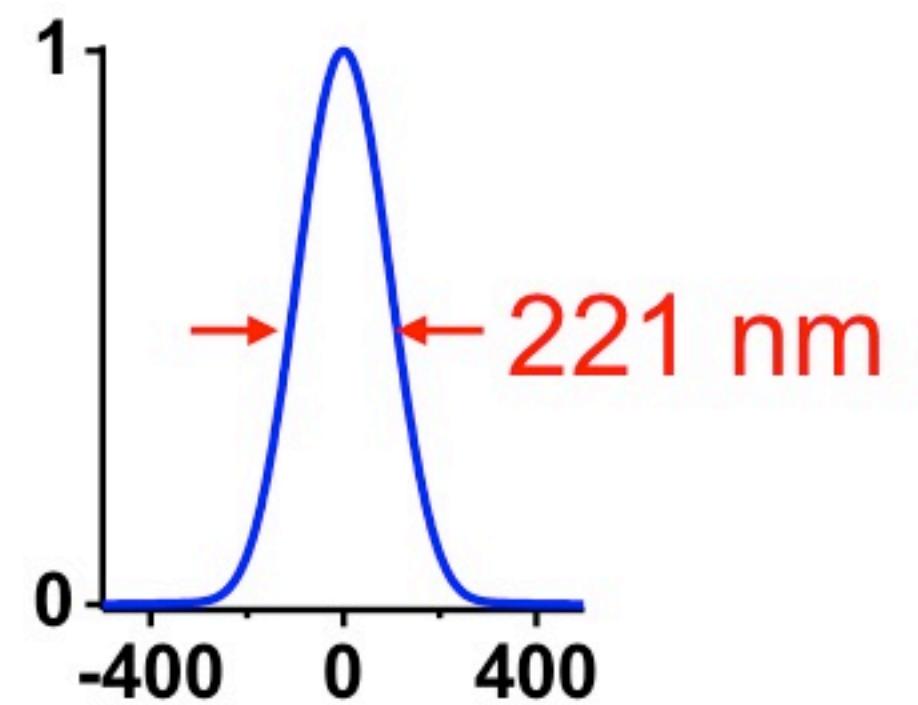
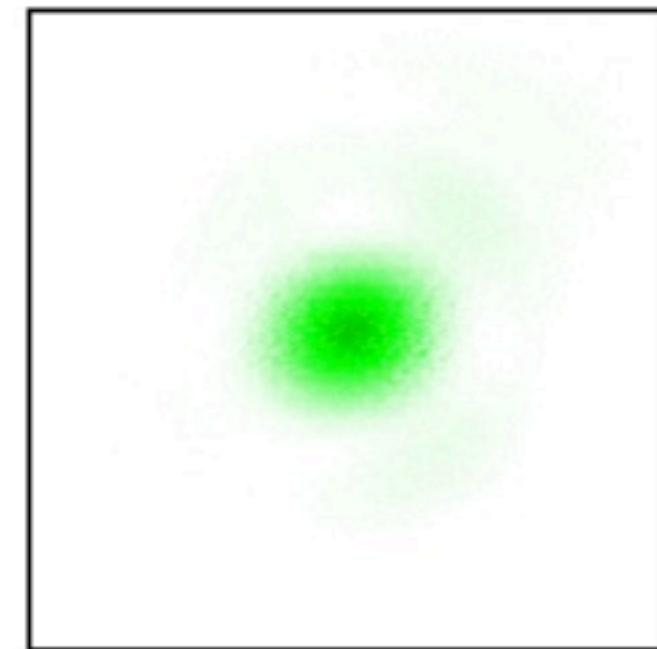
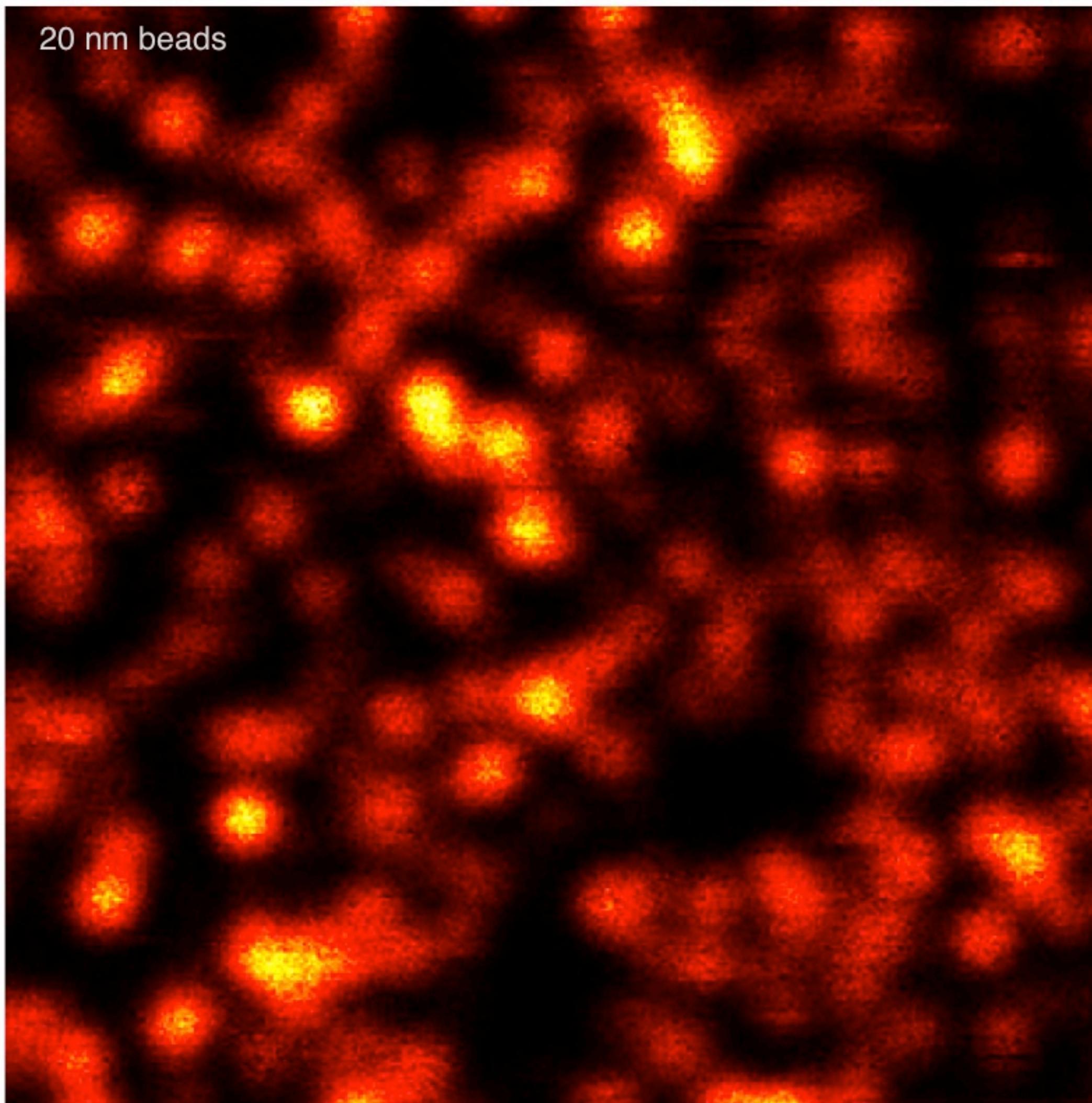
# STED microscopy



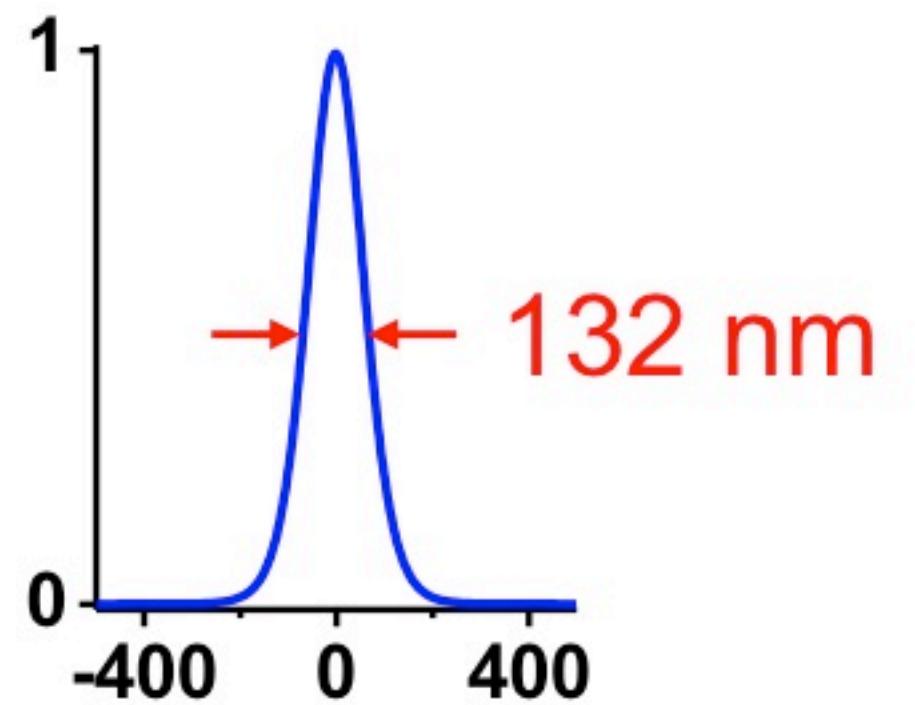
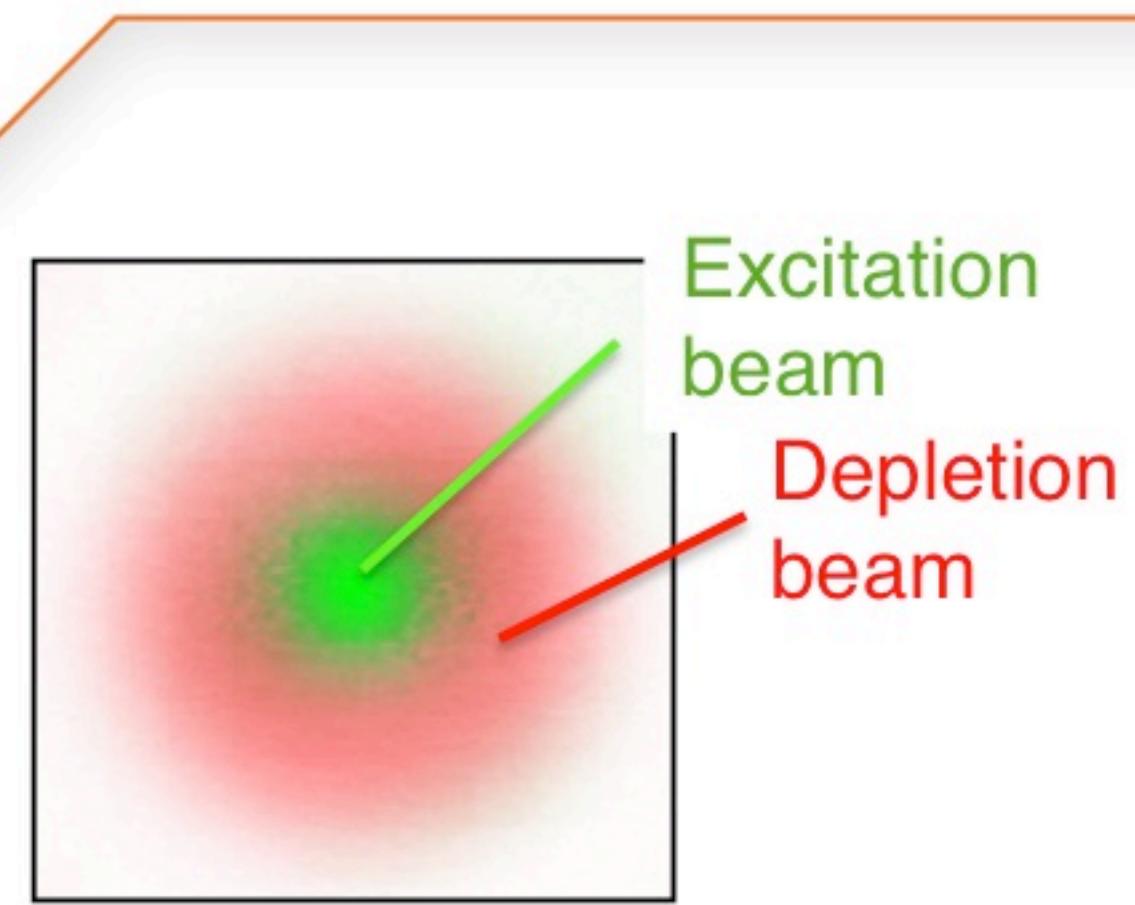
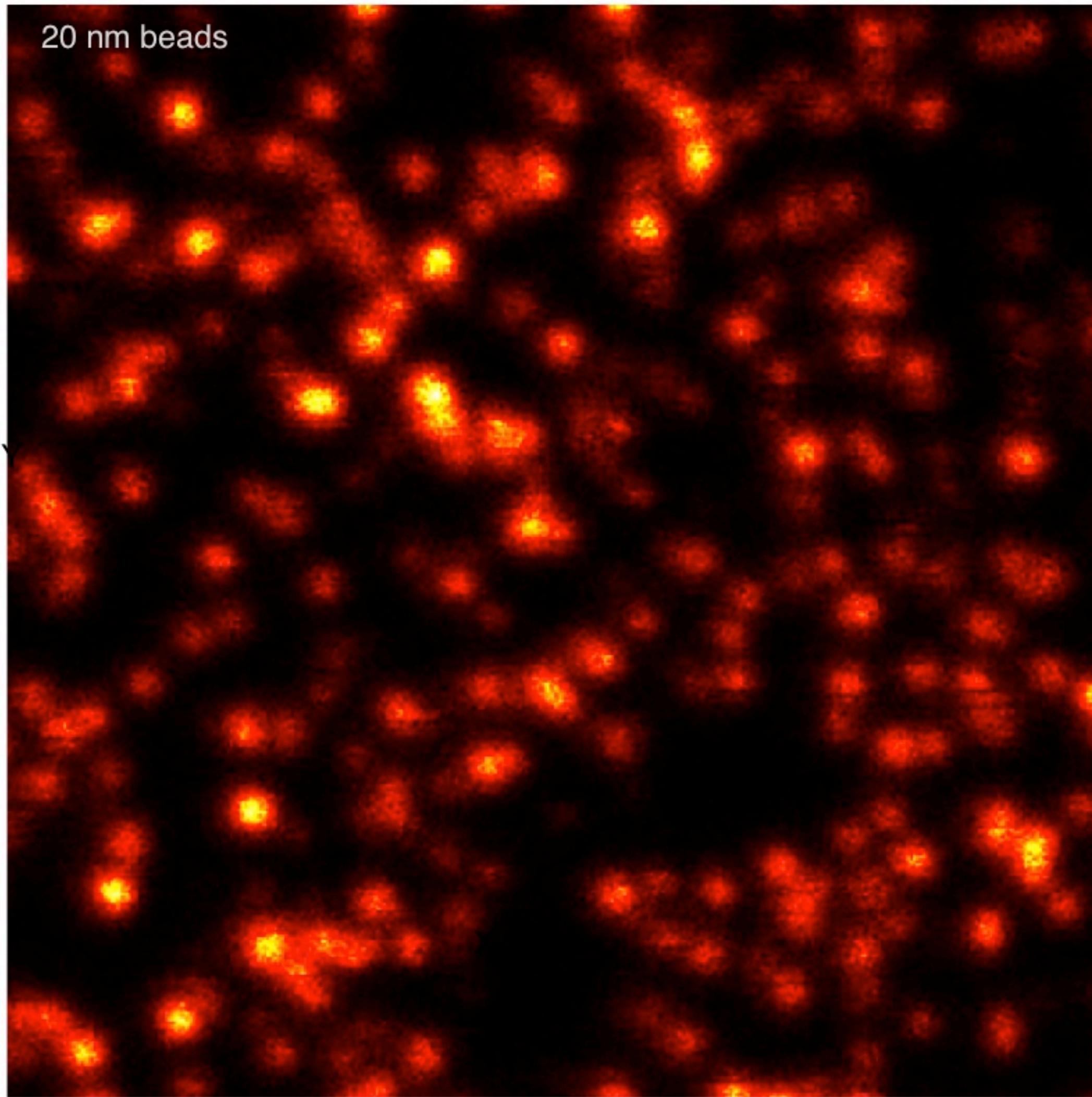
## STED details – spectrum



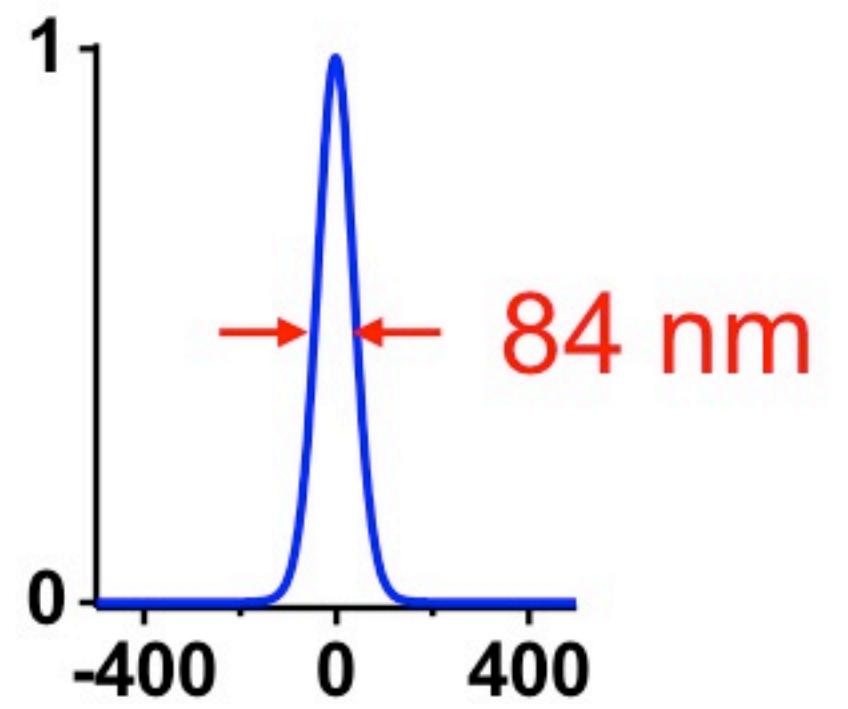
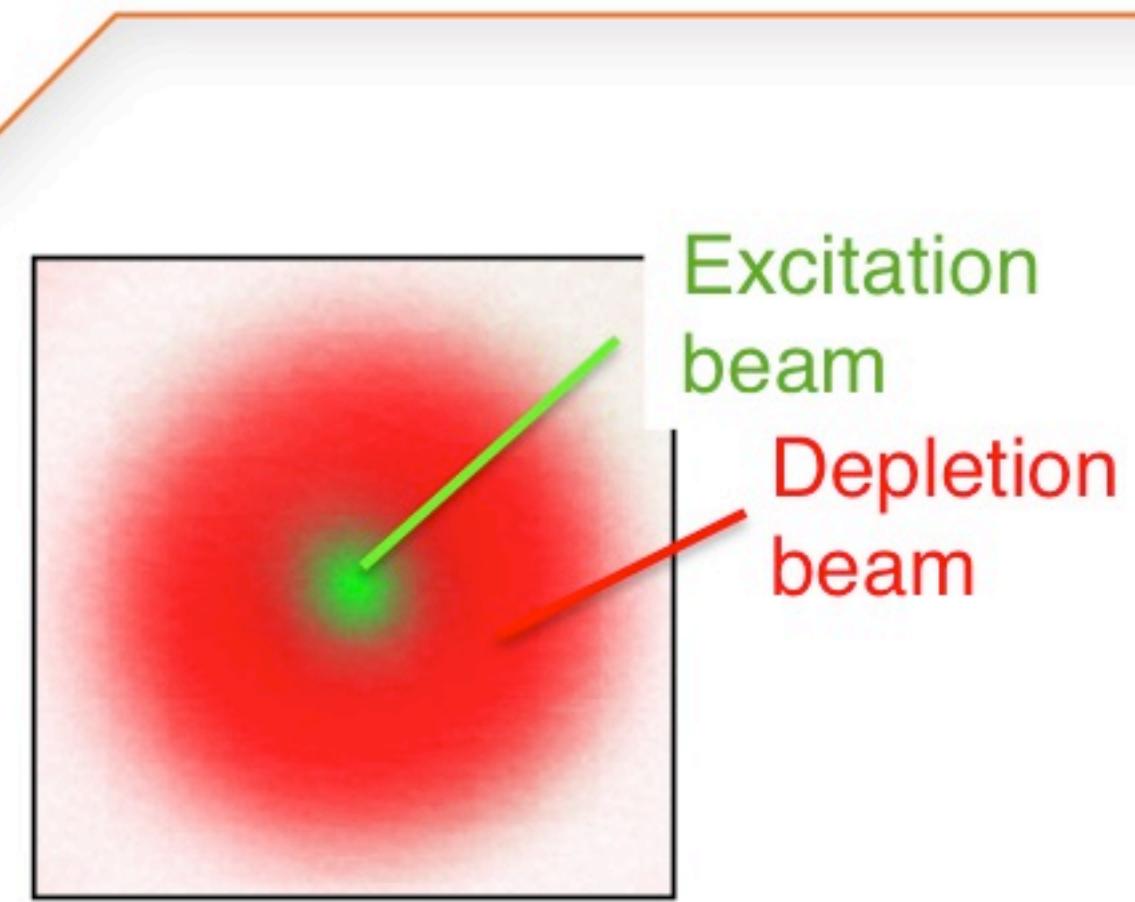
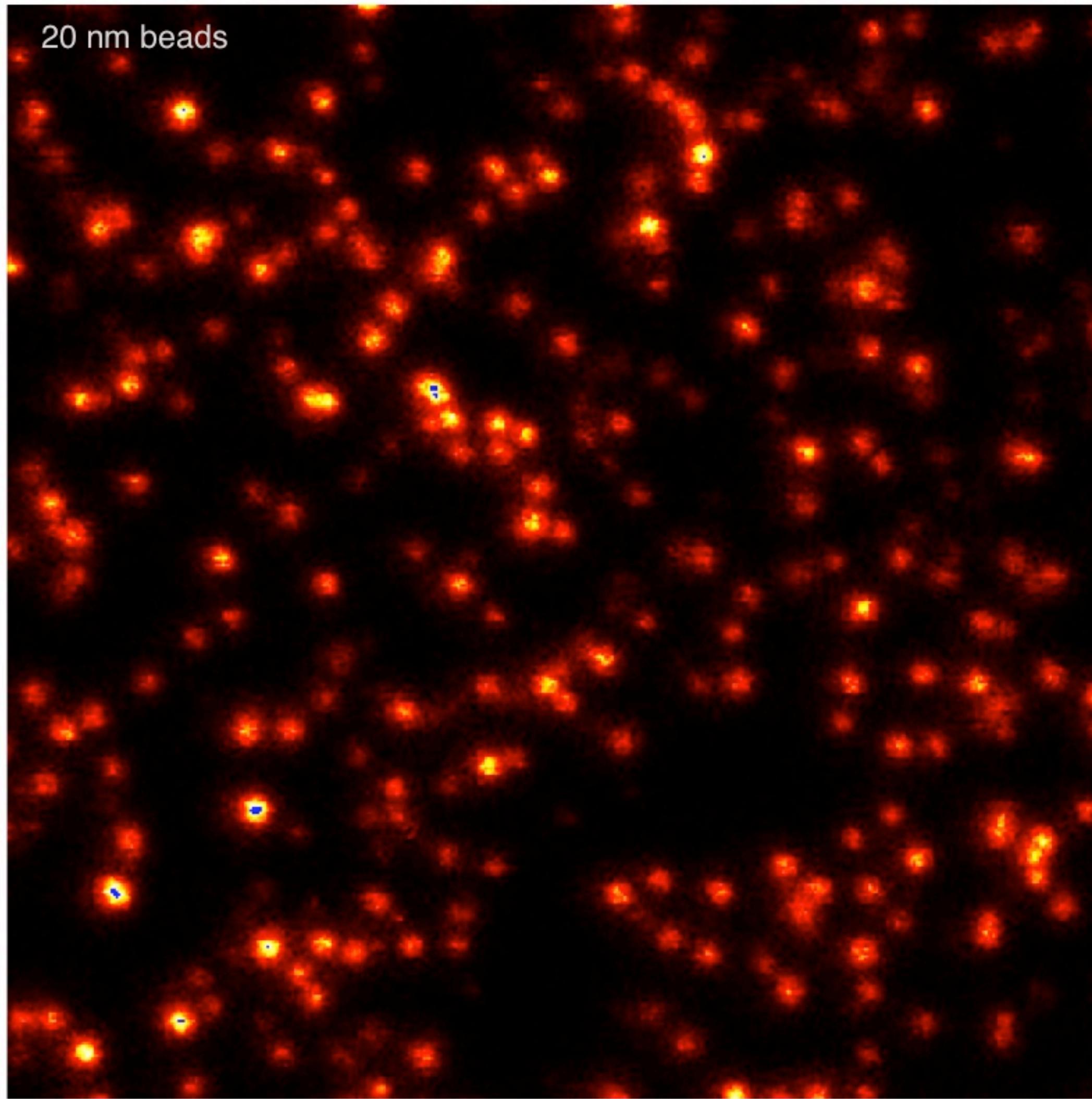
## STED intensity and resolution



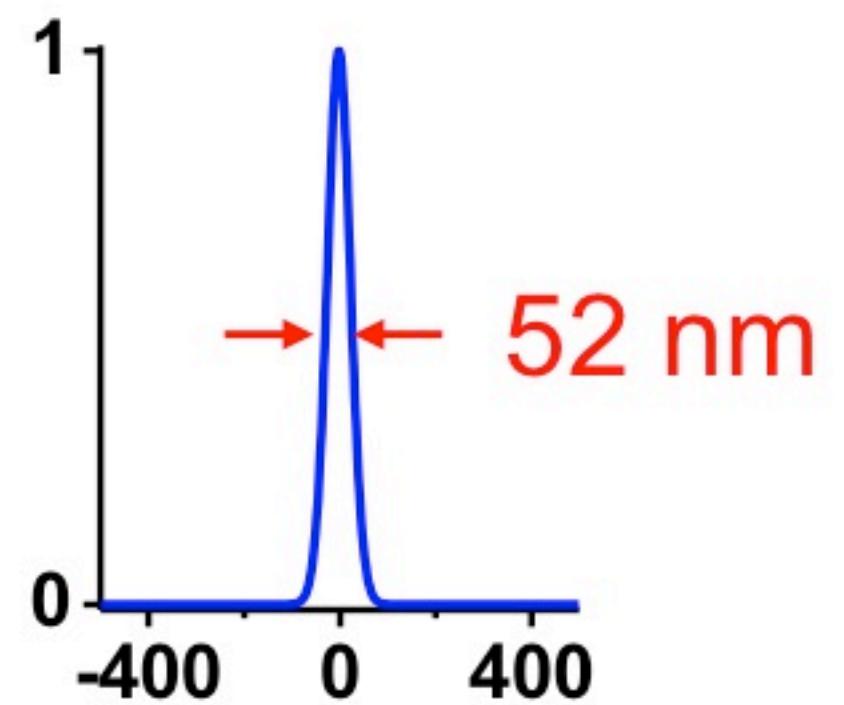
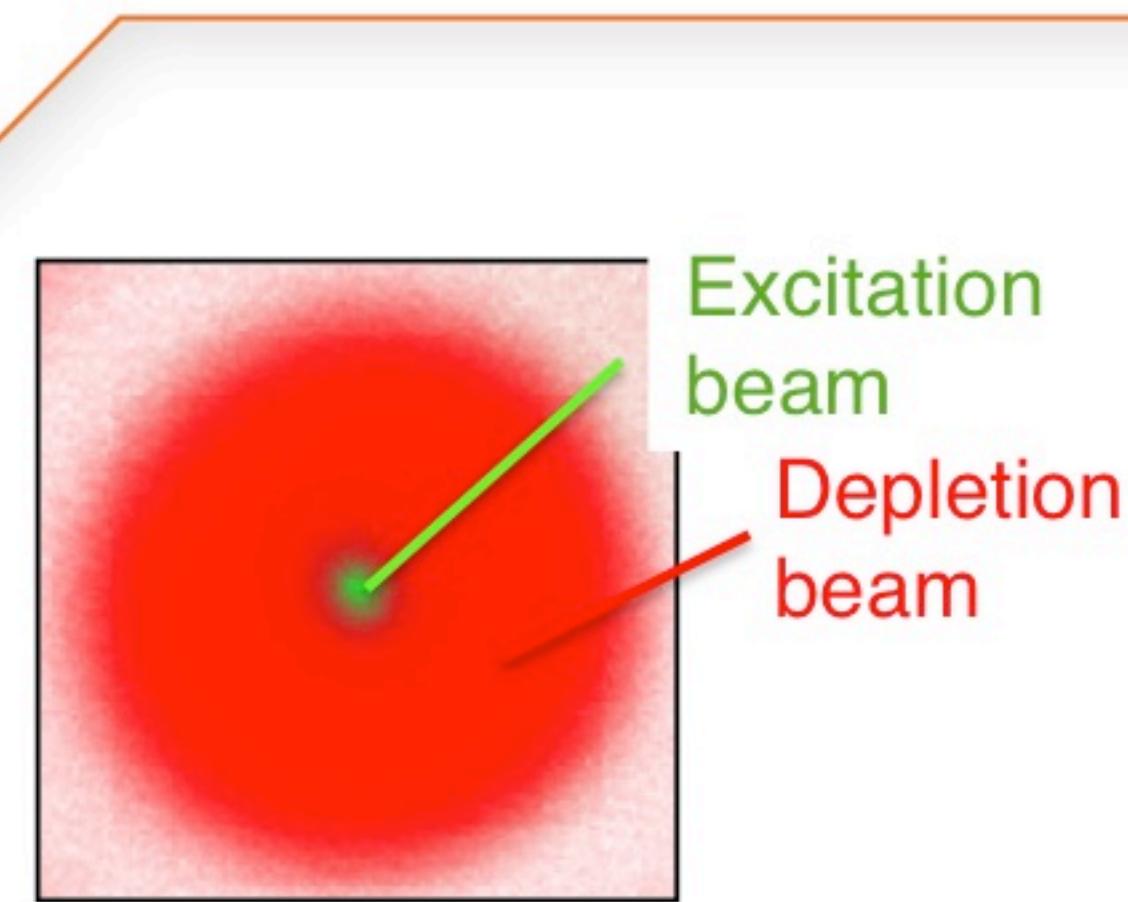
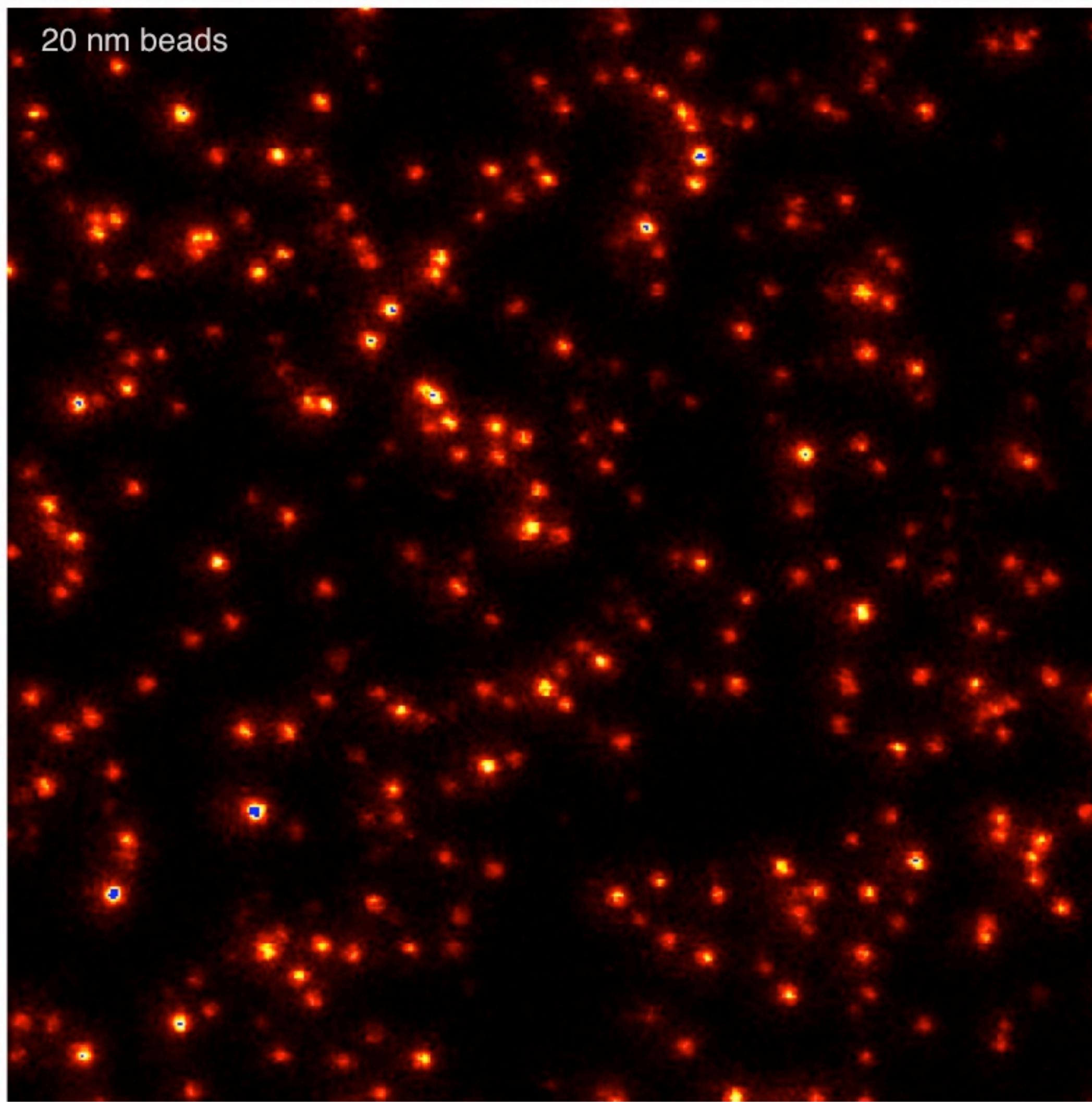
## STED intensity and resolution



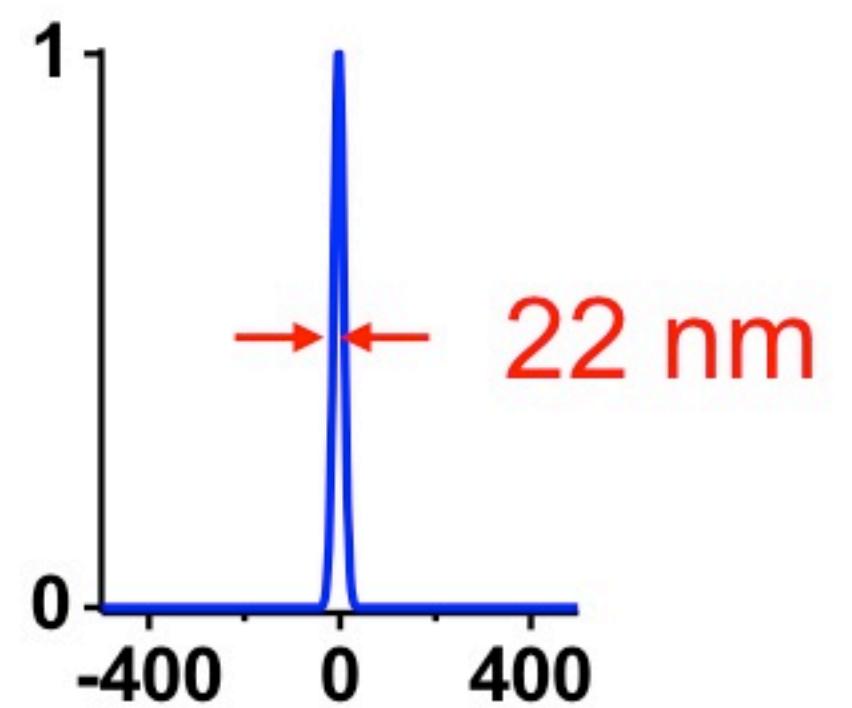
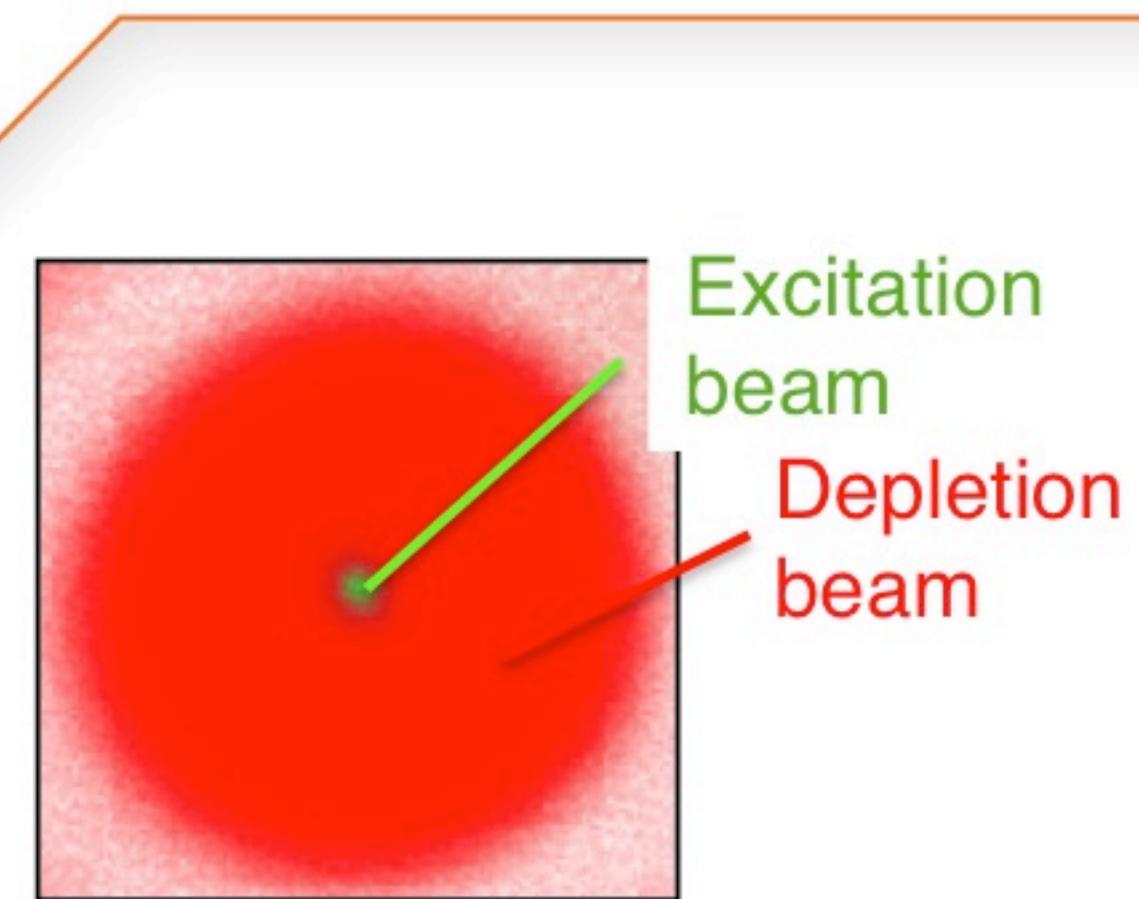
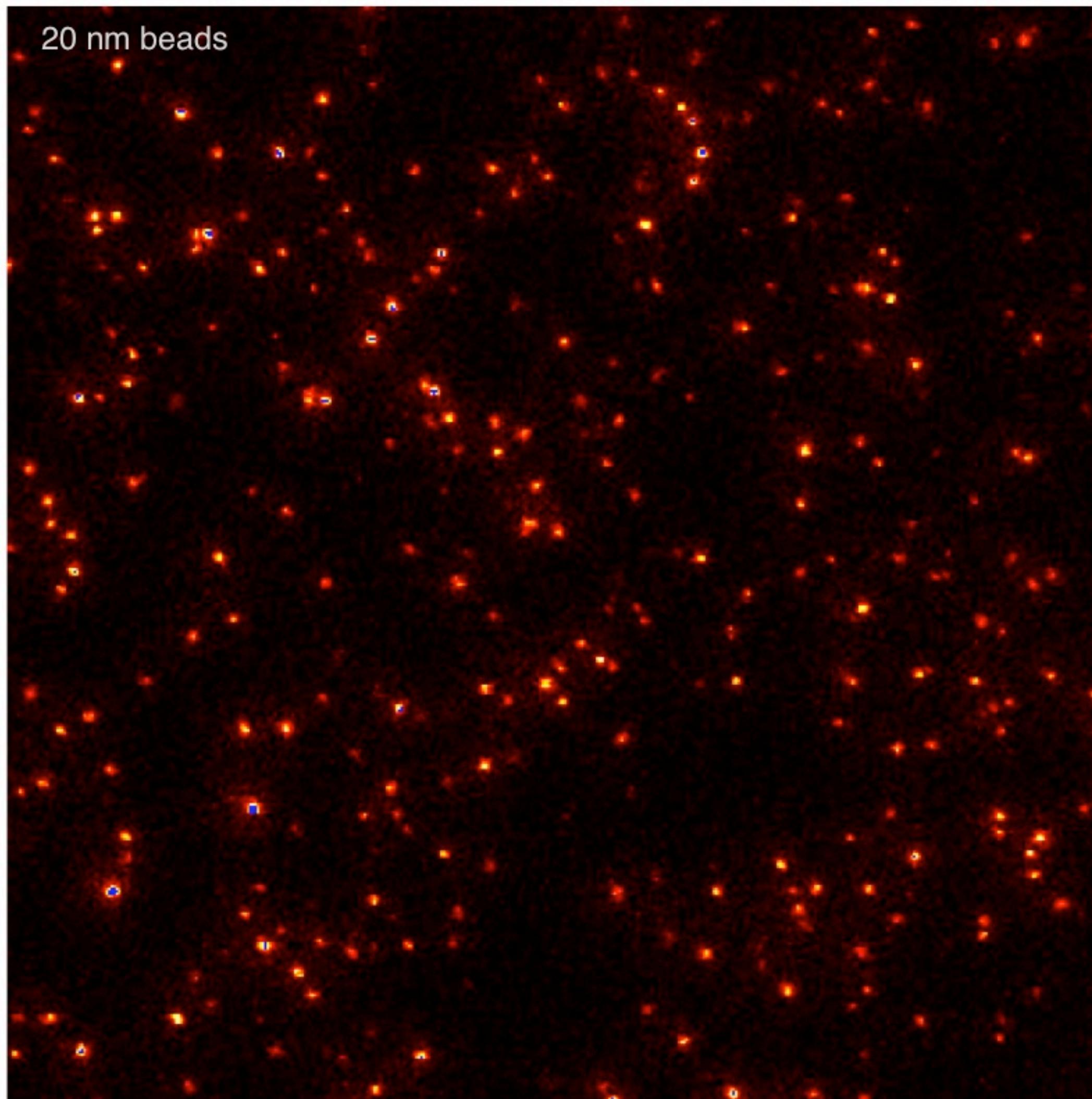
# STED intensity and resolution



## STED intensity and resolution



## STED intensity and resolution



# STEDYCON - dyes

Exc

640

561

488

405

D  
y  
e  
s

STAR RED

STAR 635P

STAR 635

Atto 647N

Atto 633

Alexa 647

Cy5

SiR

STAR 580

STAR 600

Alexa 594

Atto 594

Atto 590

Cy3

Live 580

Atto 590

STAR 488

Alexa 488

Oregon Green

Atto 488

FITC

STAR470SXP

STAR520 SXP

GFP

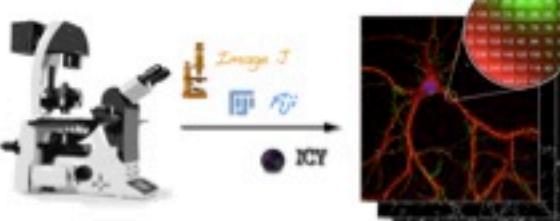
YFP

DAPI

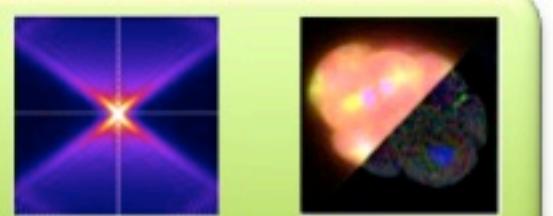
Hoechst33258

Alexa 405

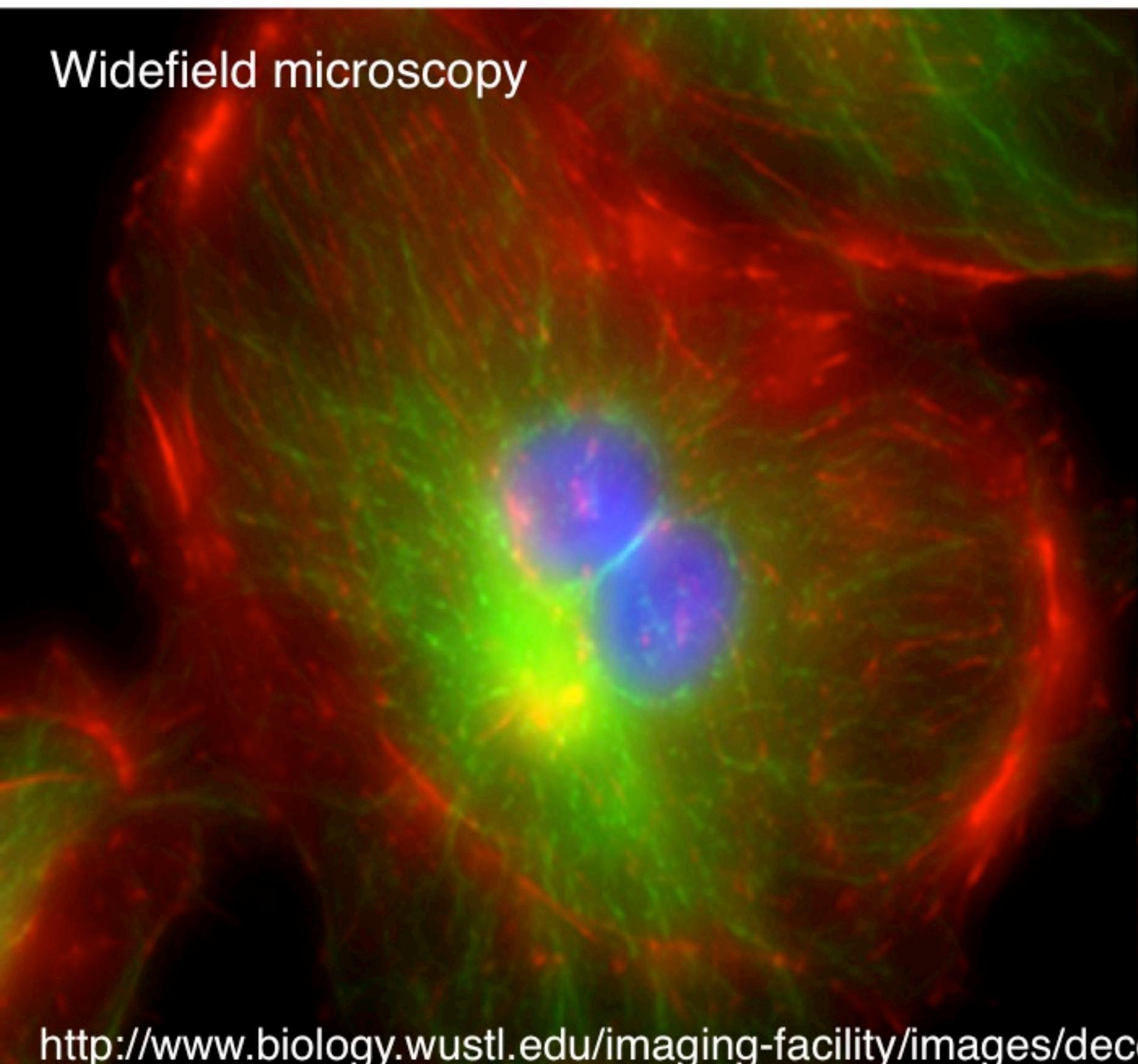
CFP

**Resolution:**

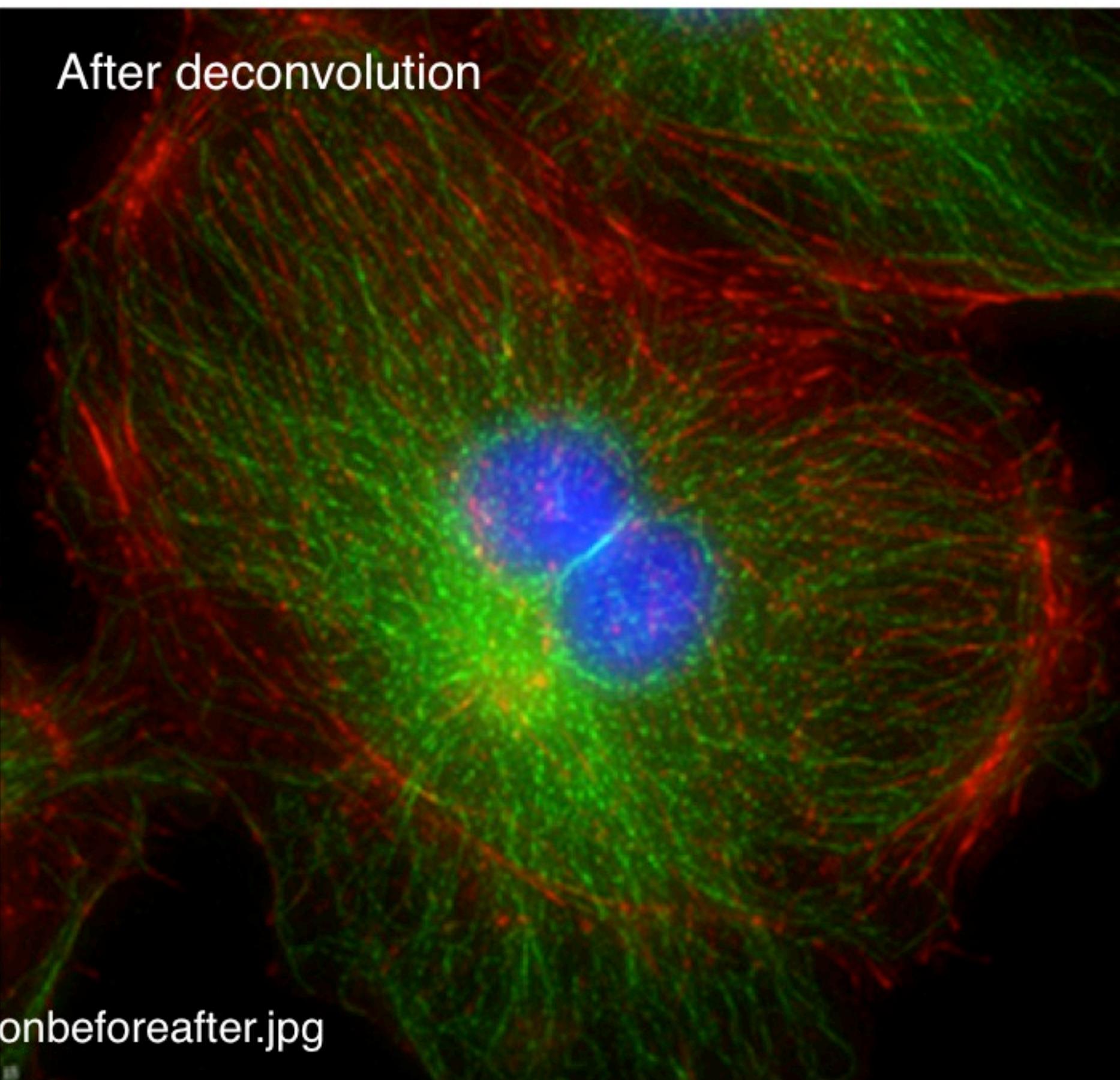
- Recalage
- PSF, déconvolution



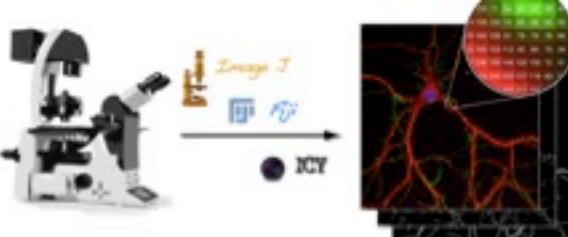
Widefield microscopy



After deconvolution

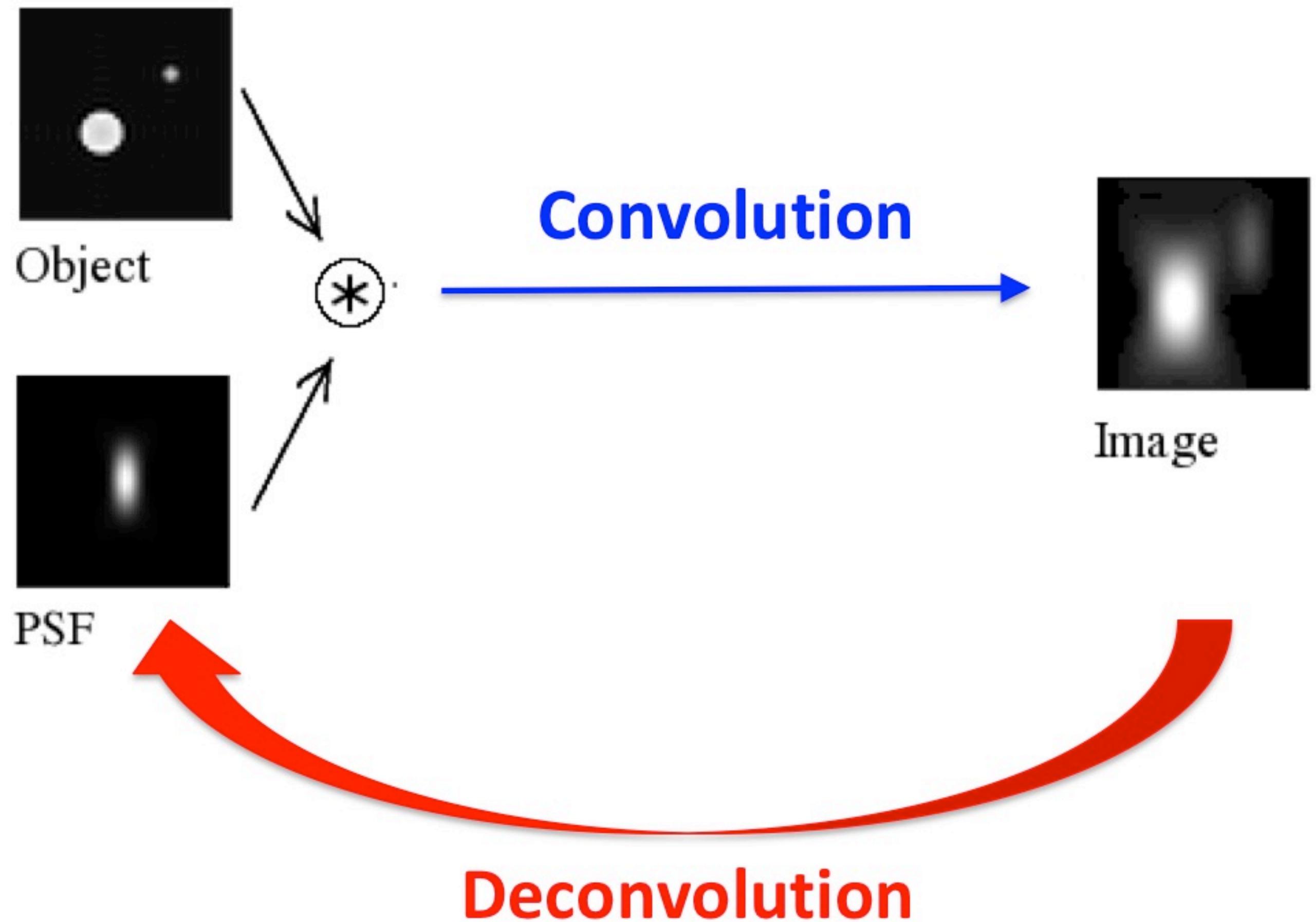
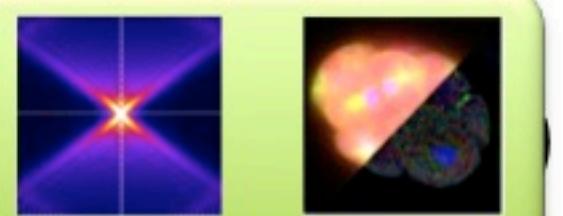


<http://www.biology.wustl.edu/imaging-facility/images/deconbeforeafter.jpg>

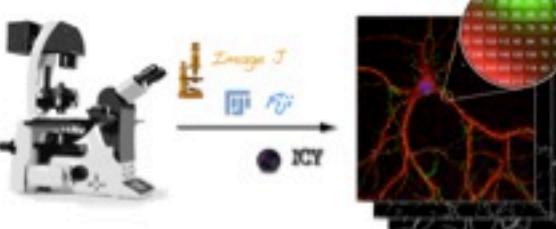


## Resolution:

- Recalage
- PSF, déconvolution



**Point Spread Function ou Fonction d'étalement du point :** réponse du système optique à une source ponctuelle. Les abérrations du système conduise à un étalement de l'image du point.

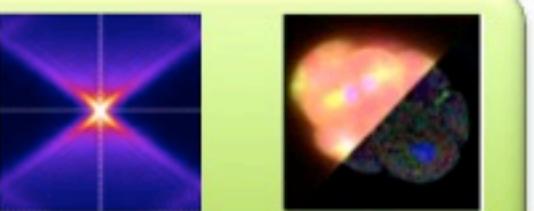


## Deconvolve

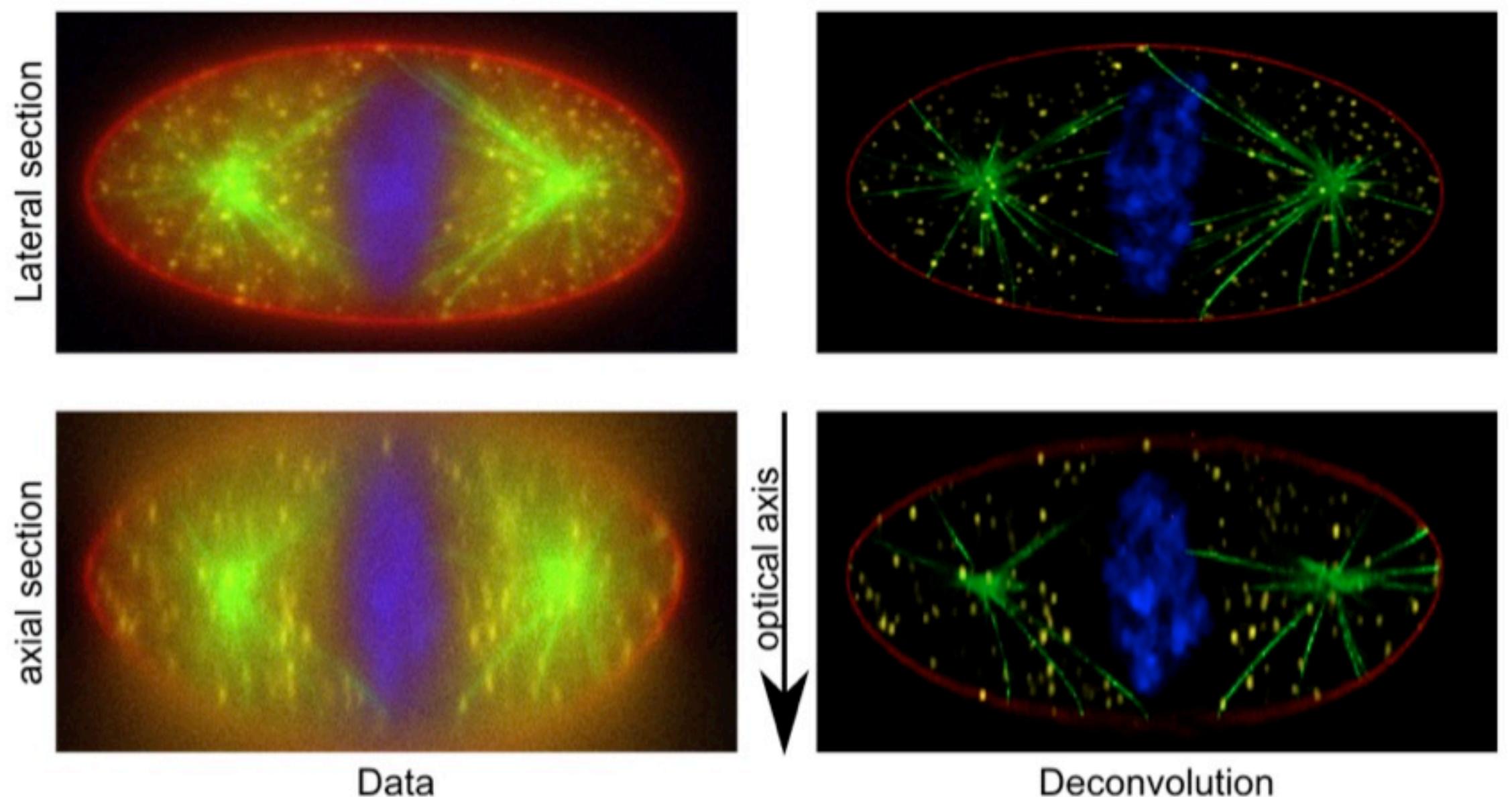
### The deconvolution method receives the 1st prize of ISBI 3D Microscopy Challenge

#### Resolution:

- Recalage
- PSF, déconvolution

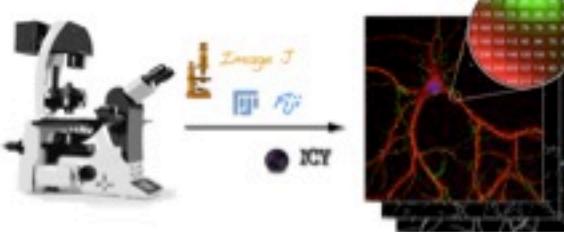


The deconvolution method proposed by F. Soulez receives the 1<sup>st</sup> prize of "3D Microscopy Deconvolution Challenge" that took place during ISBI 2013.



Lateral and axial cross-section of the simulated 3D micrograph used in the challenge (left) and corresponding deconvolution (right).

The deconvolution result show a strong improvement both in term of resolution and signal to noise ratio.



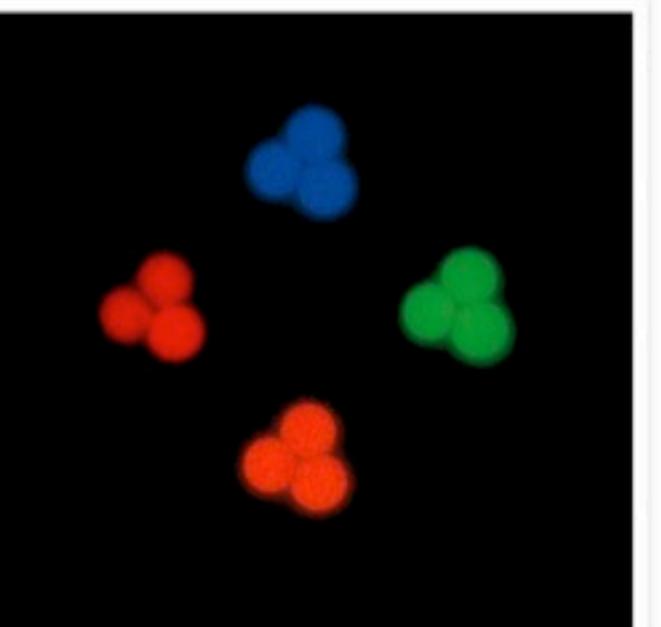
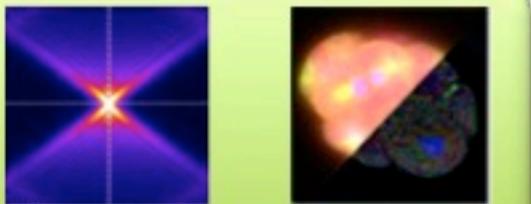
## Aquiring a PSF:

**Principle :** to image on punctual object (a bead) whose diameter is lower than the resolution of the system used to image.

**Ex: TetraSpeck™ Microspheres,  
0.1 µm, fluorescent**

### Resolution:

- Recalage
- PSF, déconvolution



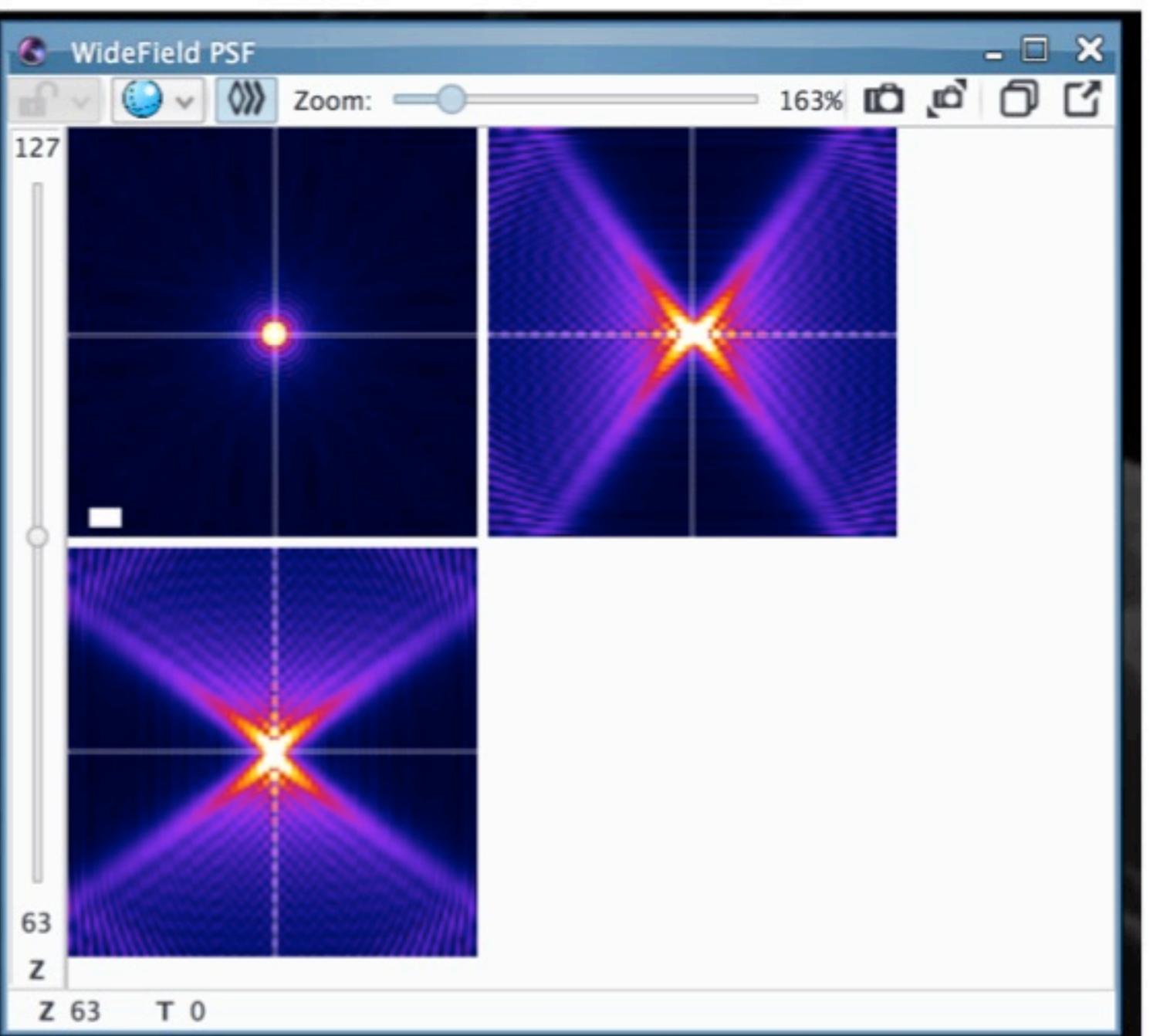
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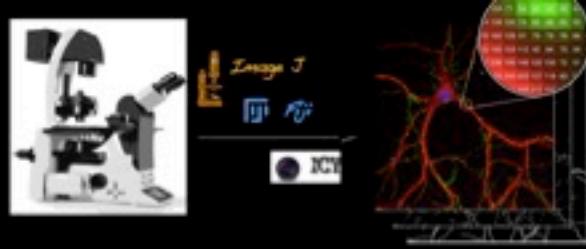
## 4 wavelength

350/440 nm (blue),  
505/515 nm (green),  
575/585 nm (orange)  
655/685 nm (dark red)

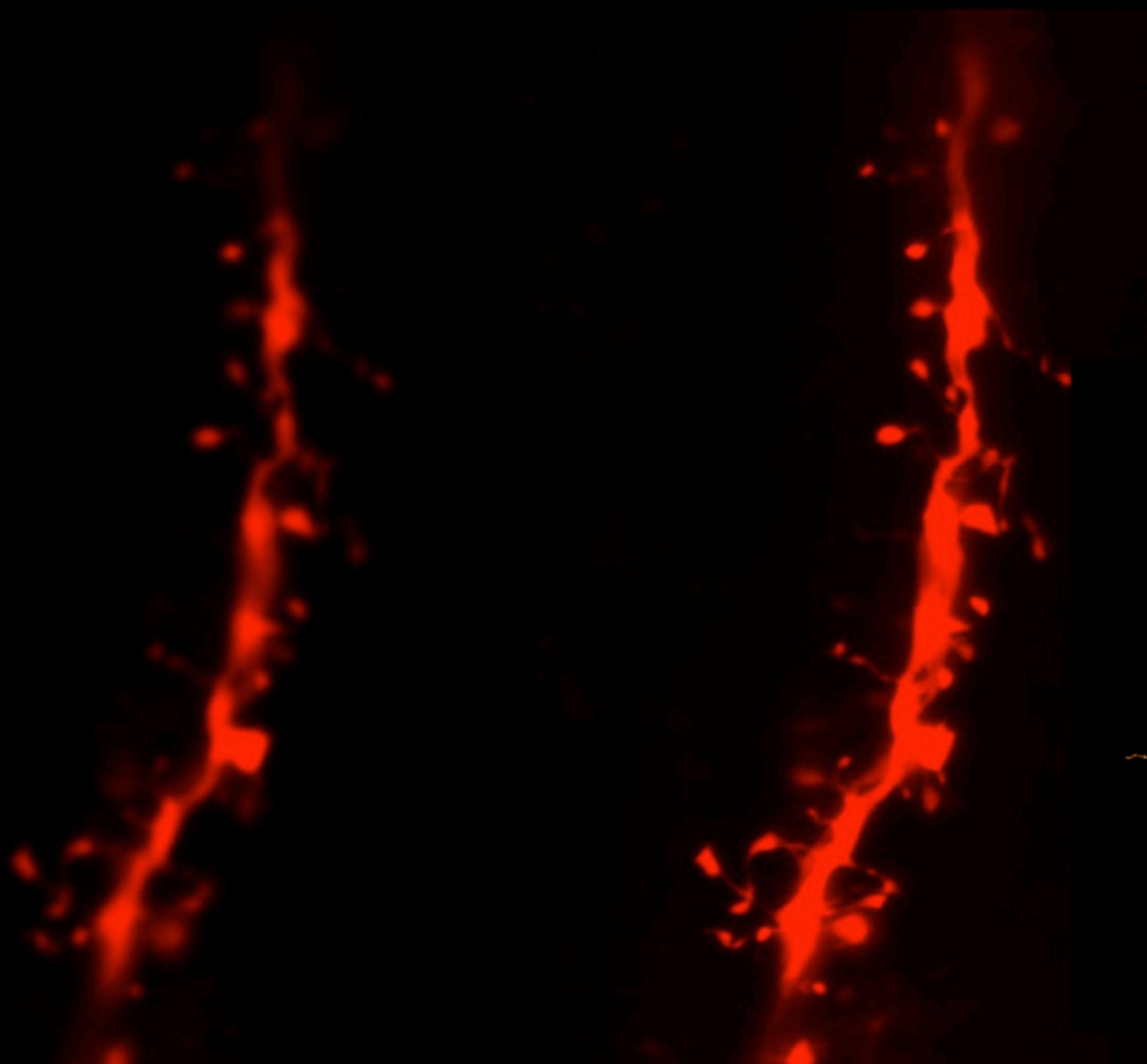
## 5 size

0.1 µm ([T7279](#))  
0.2 µm ([T7280](#))  
0.5 µm ([T7281](#))  
1.0 µm ([T7282](#))  
4.0 µm ([T7283](#))



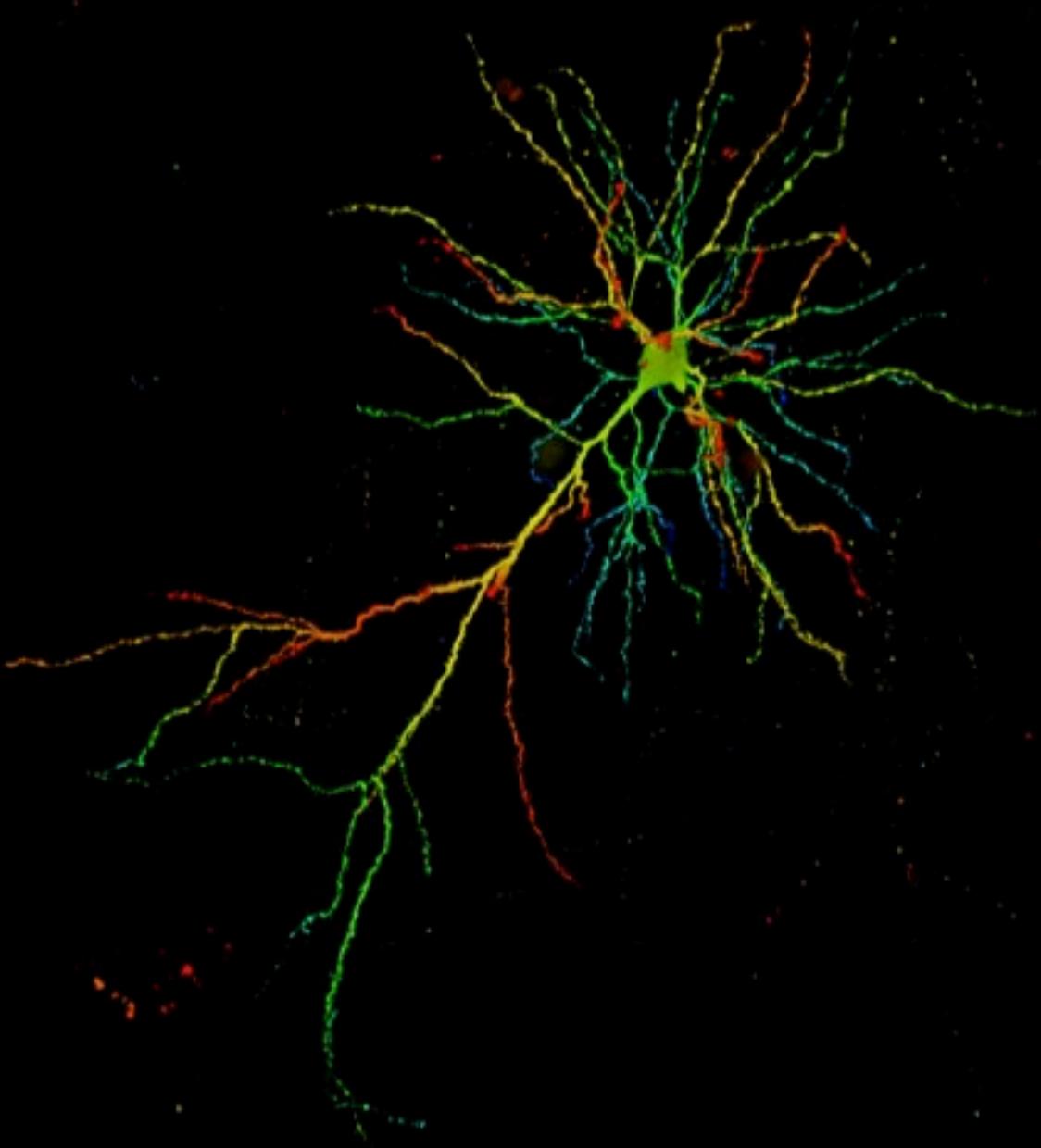
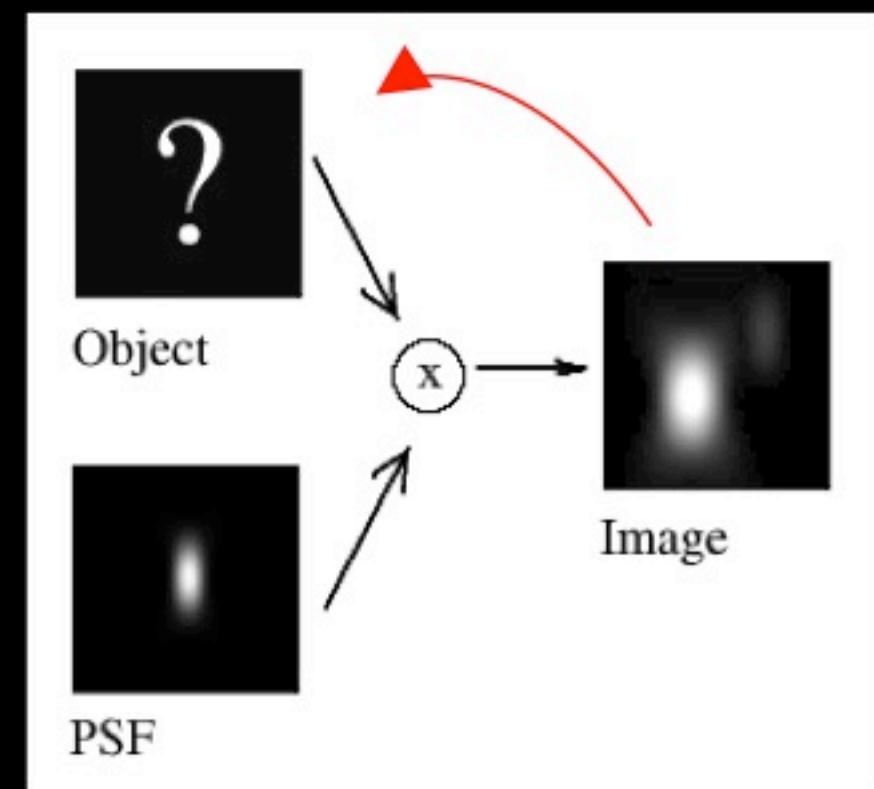


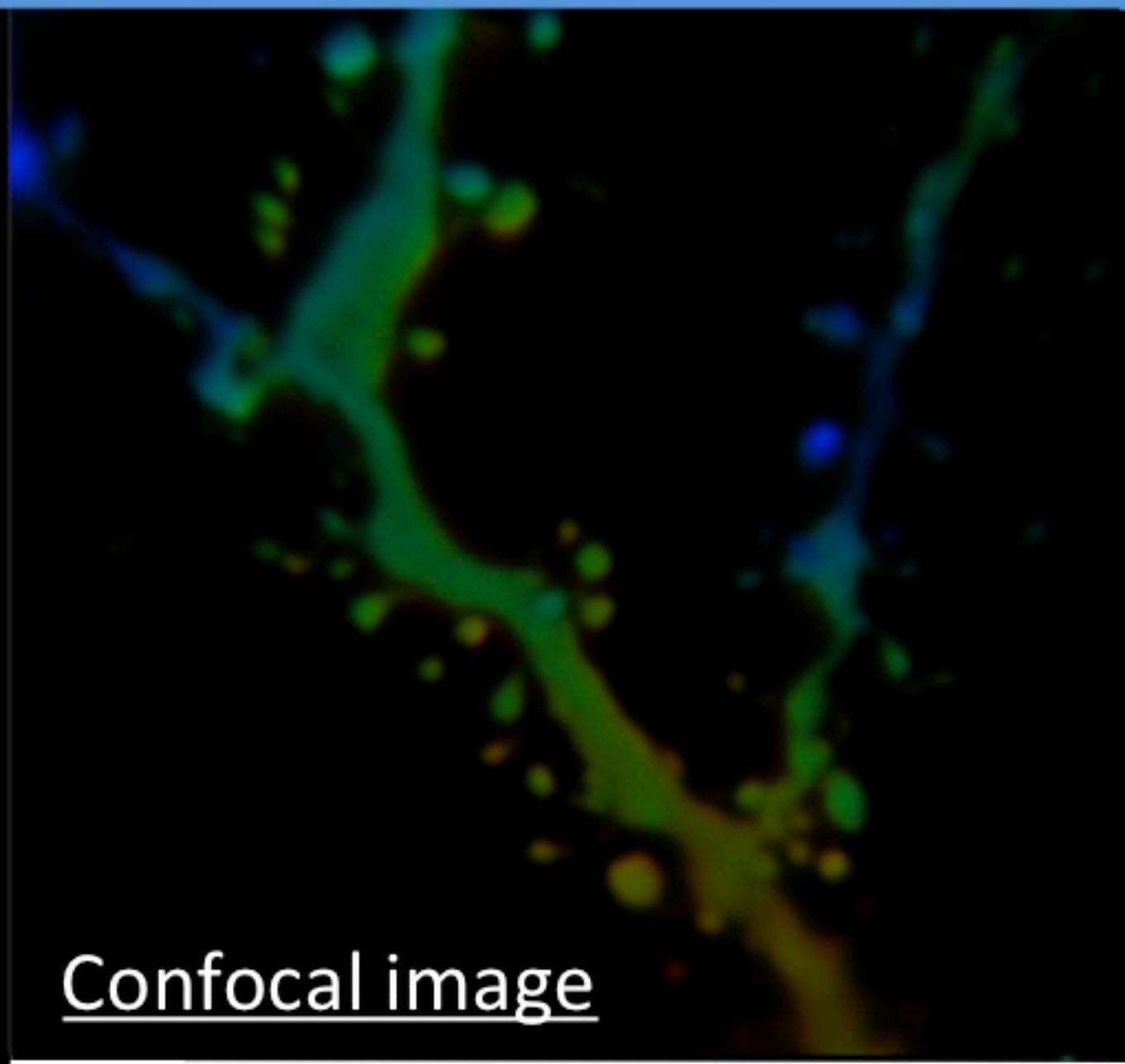
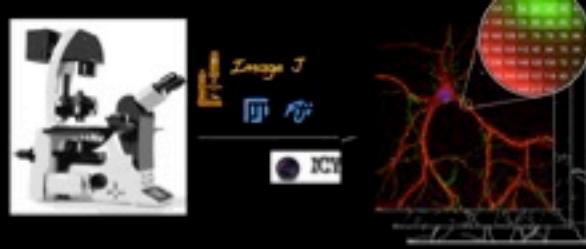
# Deconvolution



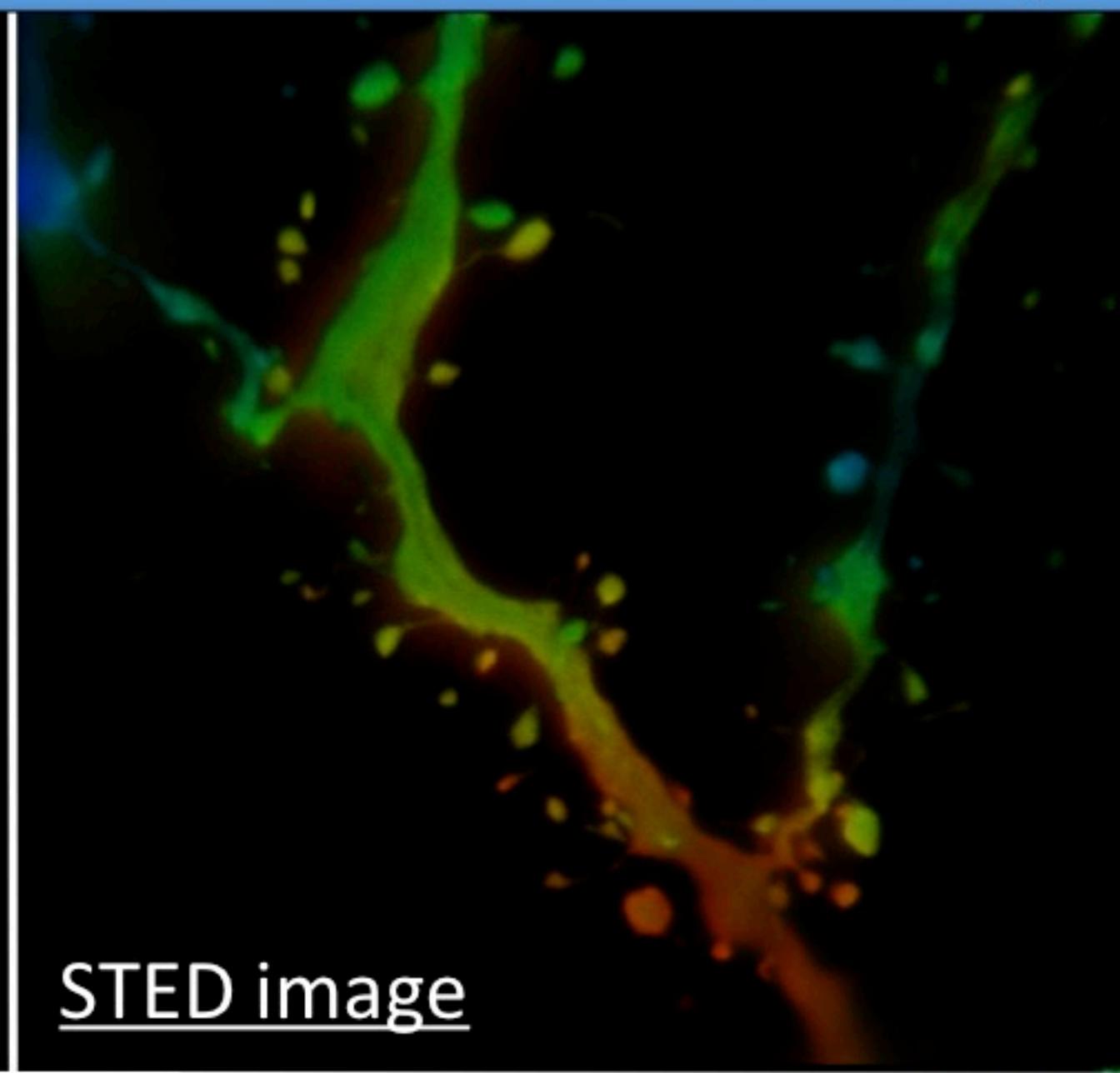
STED image

Confocal image

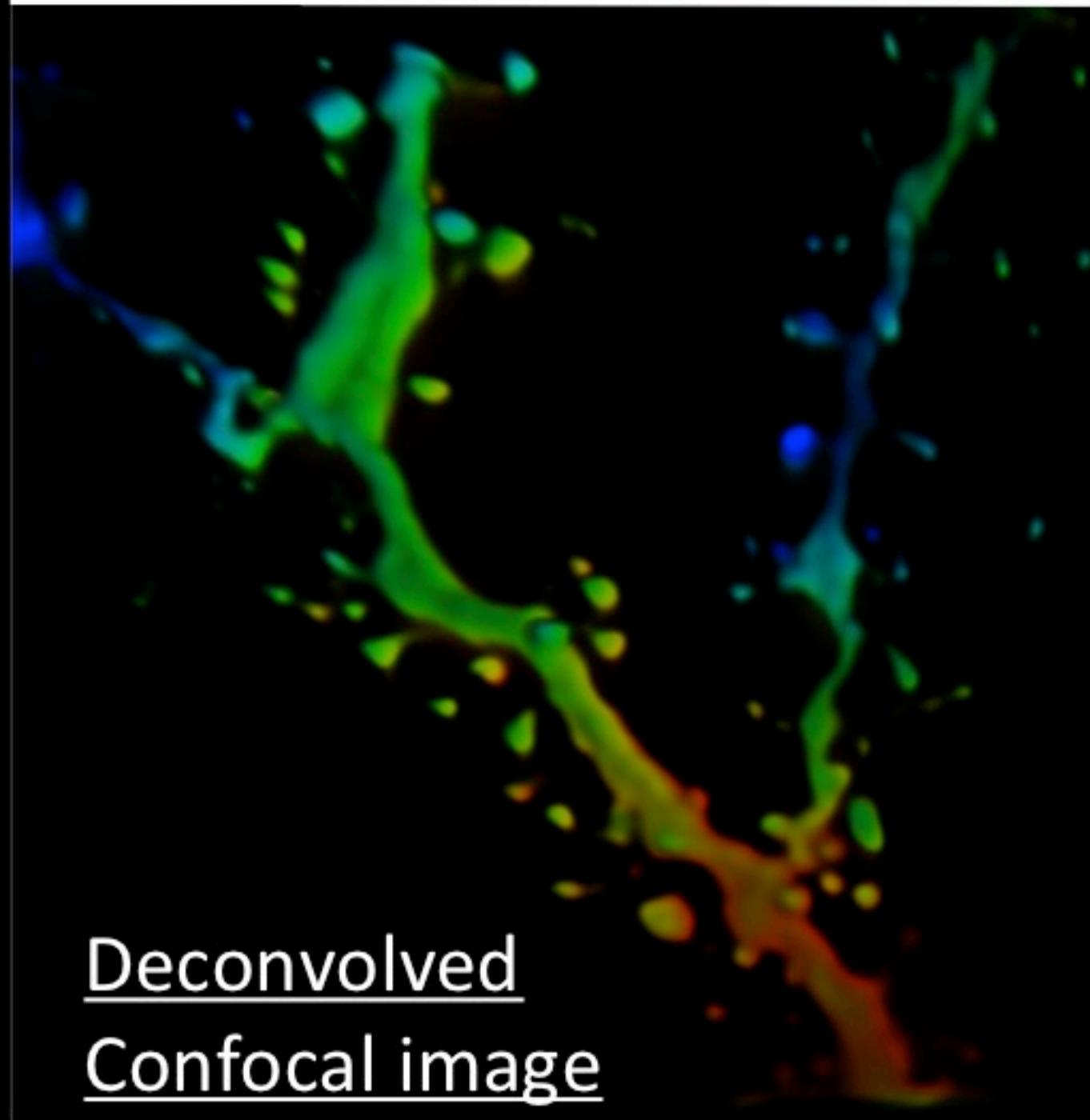




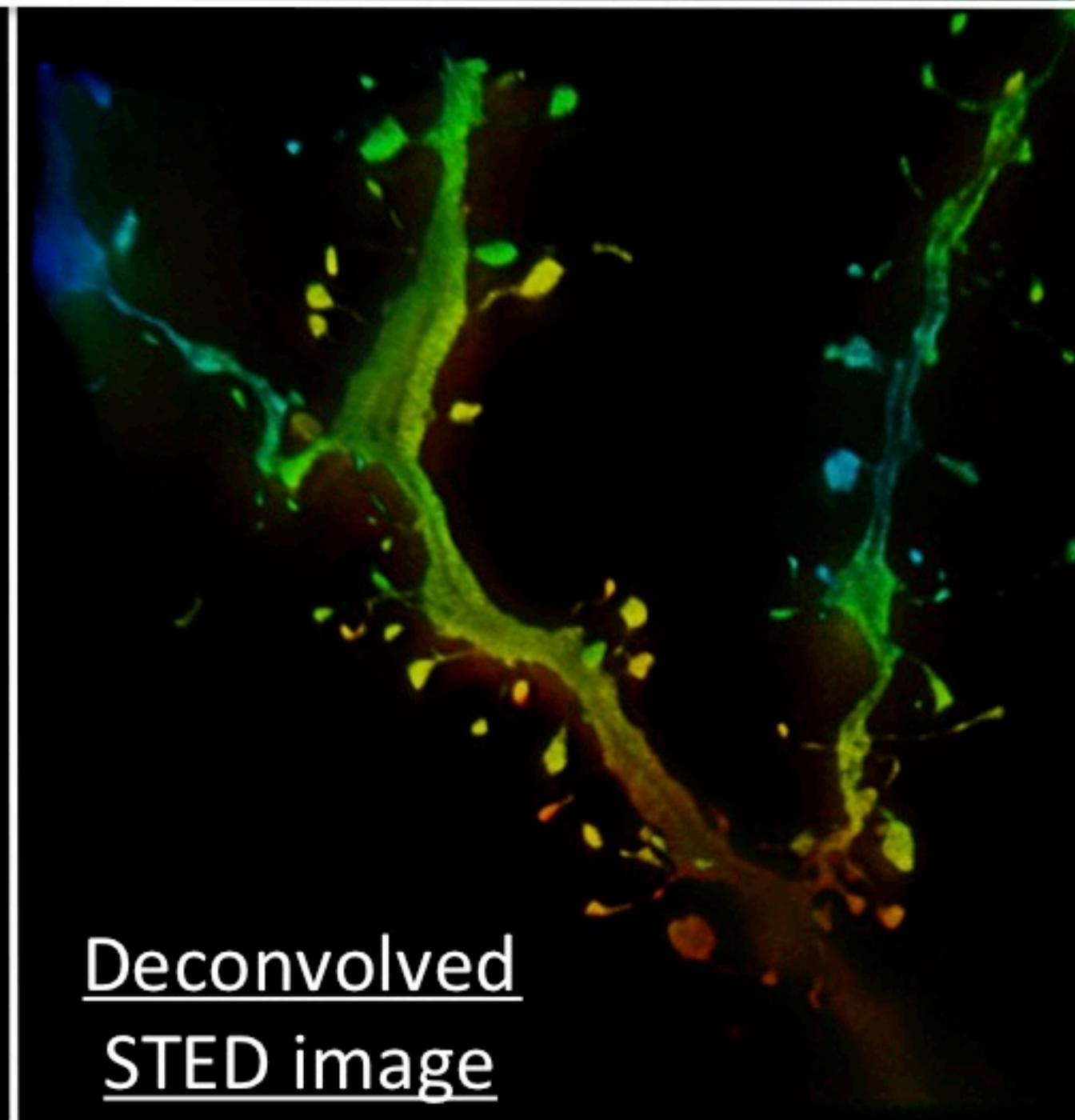
Confocal image



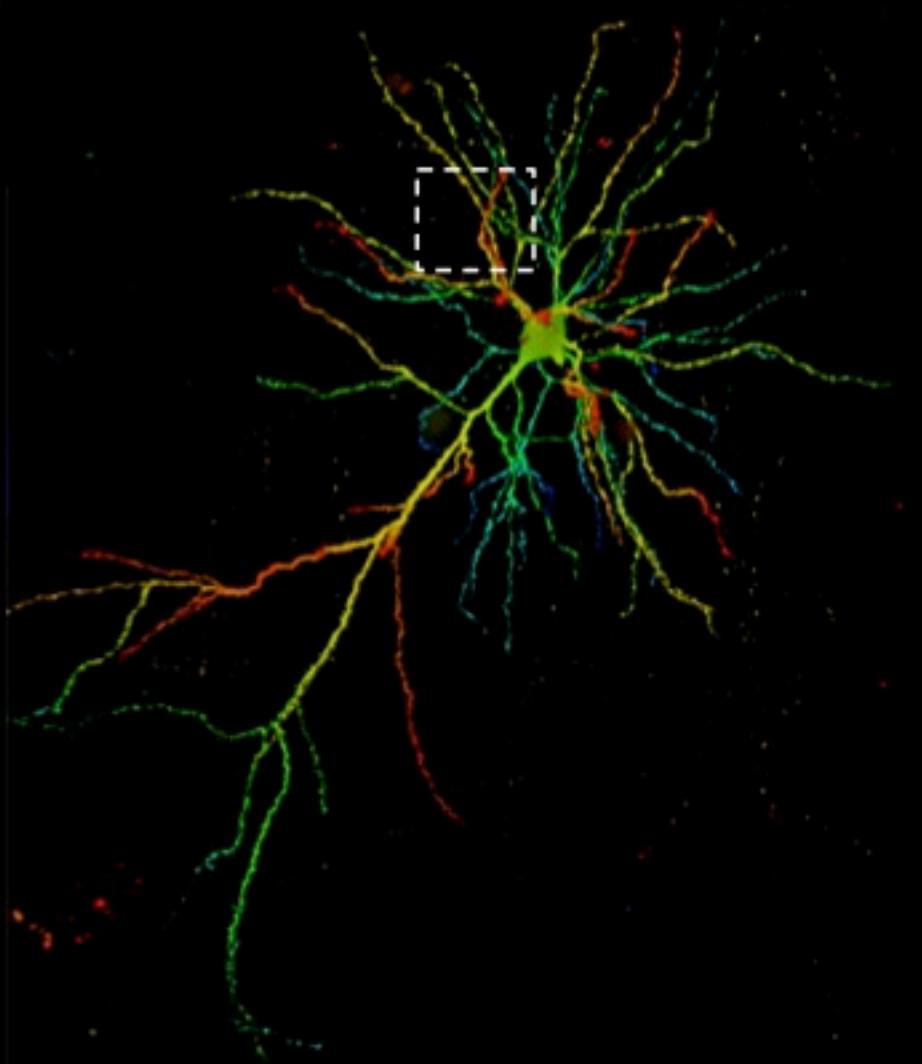
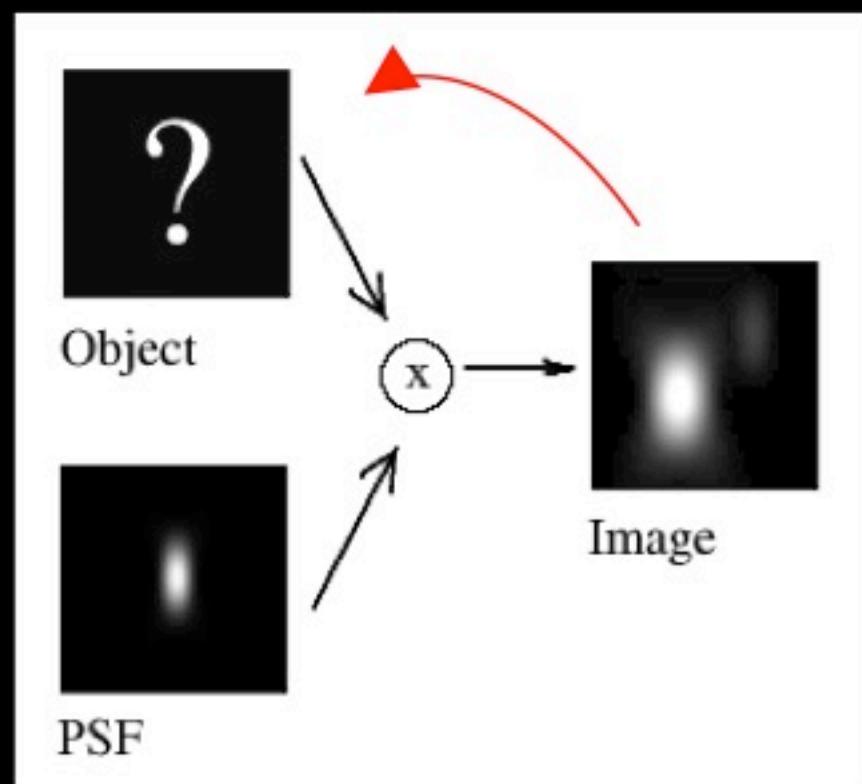
STED image

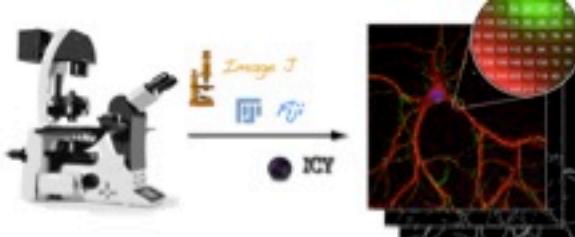


Deconvolved  
Confocal image



Deconvolved  
STED image





## SUPER-RESOLUTION TECHNIQUES

Optimal

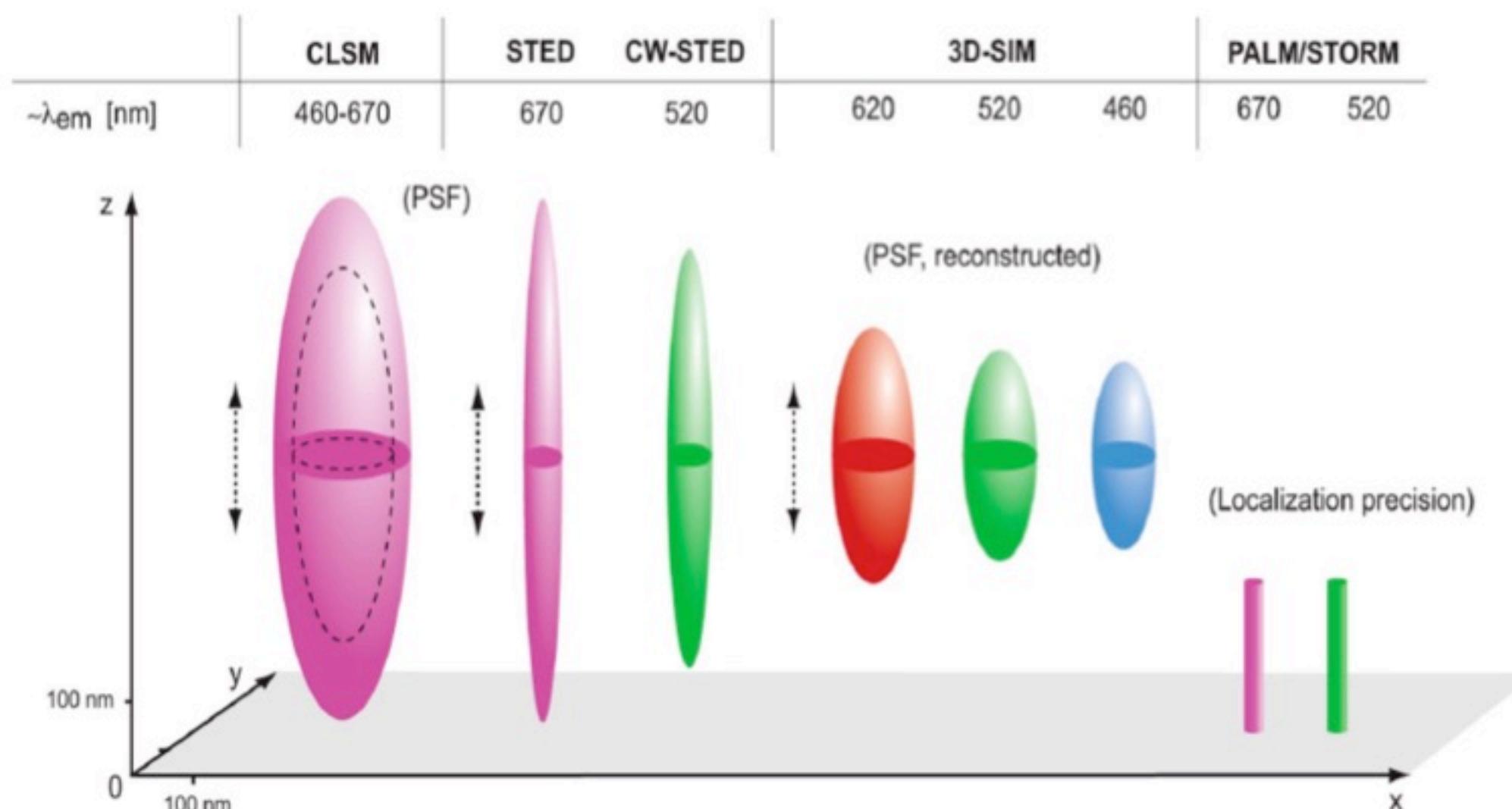
Not optimal

Not recommended

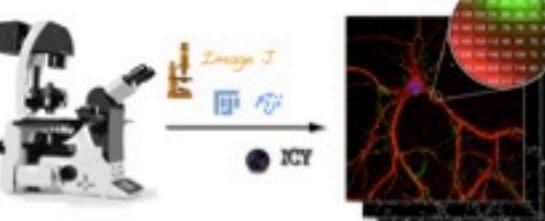
Dye/probe consideration

Sample preparation

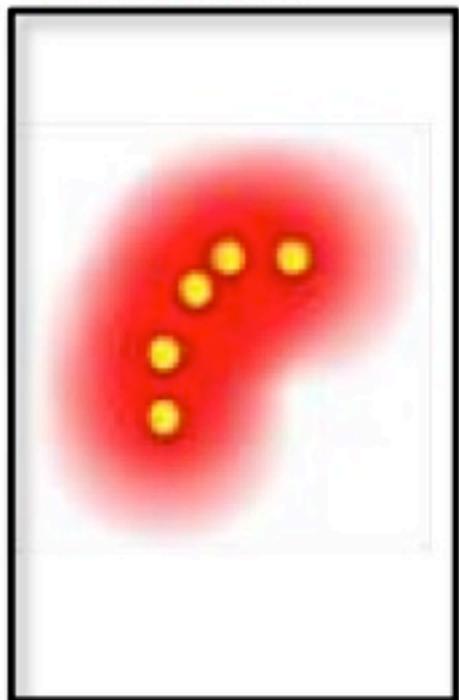
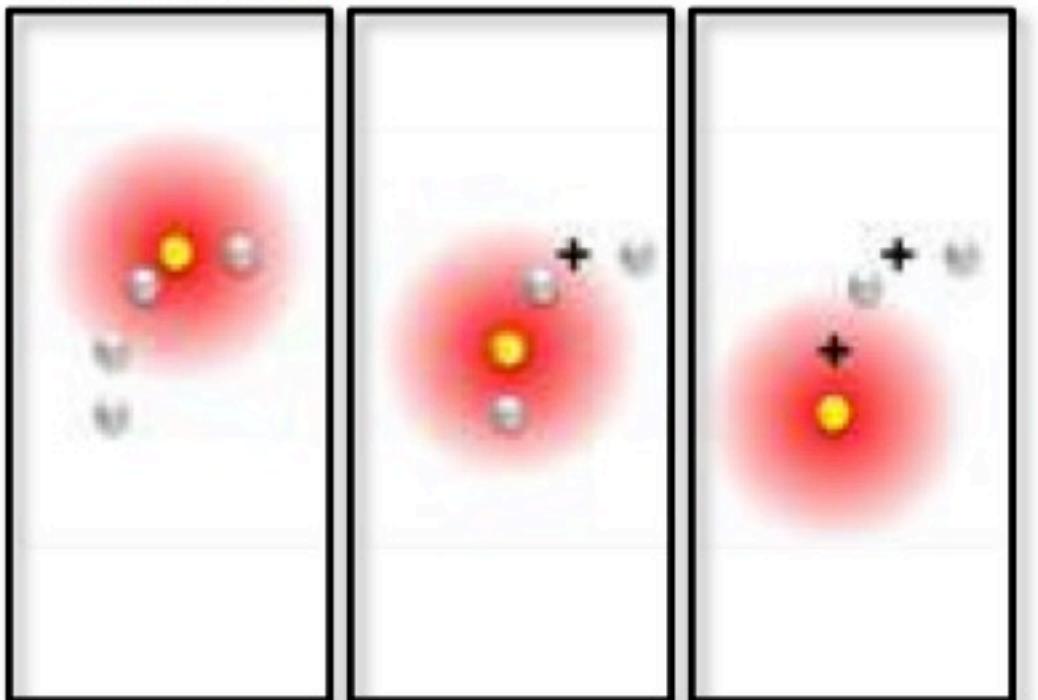
Heavy post-processing



	SIM	STED	PALM	STORM
Typical res. XY	100 nm	50 – 80 nm	20 – 50 nm	20 – 50 nm
Typical res. Z	200 – 250 nm	150 – 300 nm	50 – 100 nm	50 nm – 100 nm
Probe availability	Optimal	Specific	Specific	Specific
Multi-color imaging	4-color	2- to 3-color	1- to 2-color	2- to 3-color
Live-cell imaging	Sample-dependent (e.g. slow dynamics)		Single Particle Tracking	Fixed samples
3D	Zeiss LSM880	Leica SP8 – STED 3Dx	Zeiss LSM880	Bruker Vutara

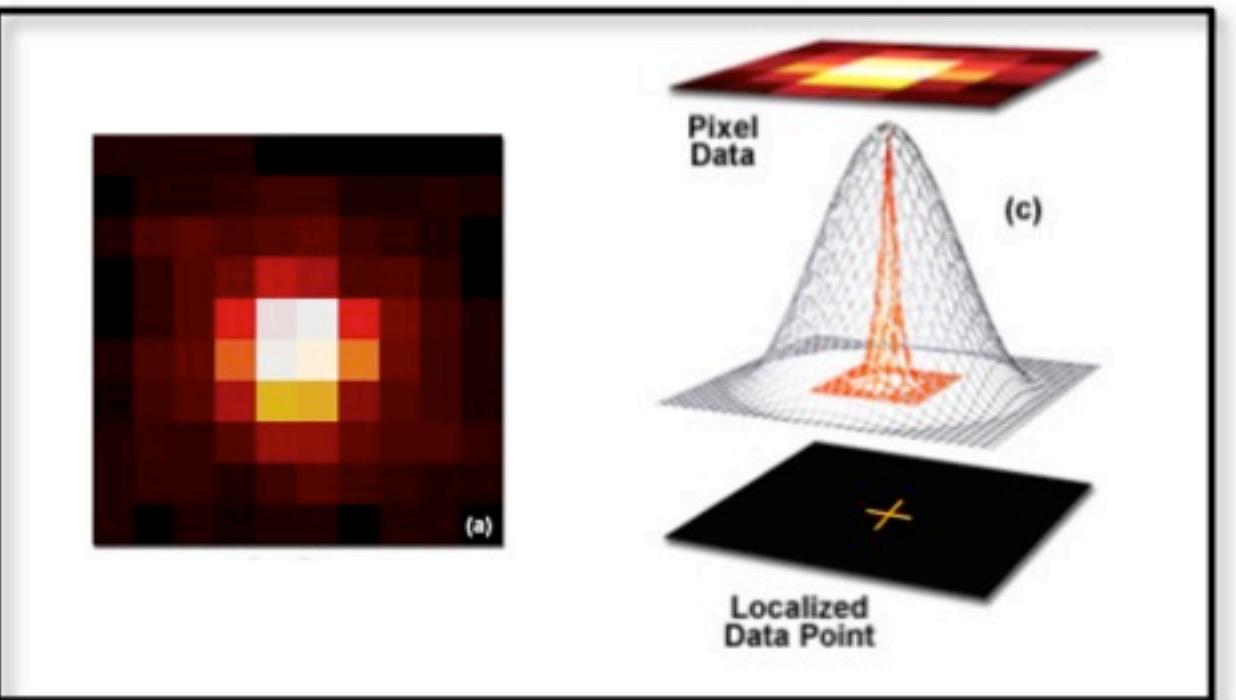


# Stochastic Optical Reconstruction Microscopy

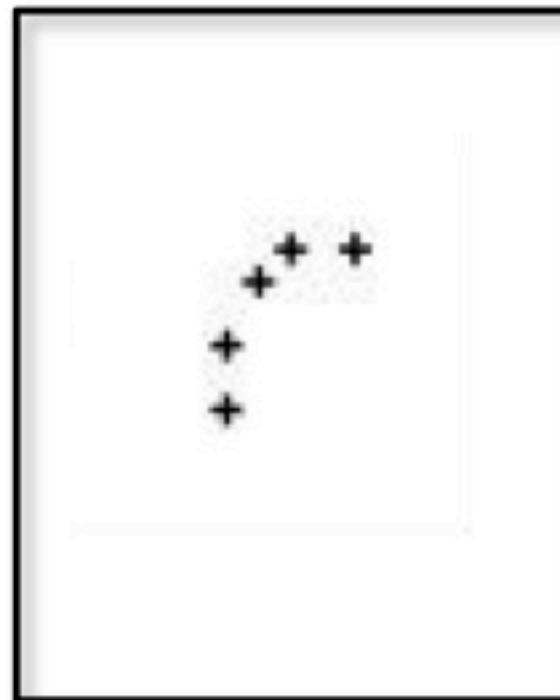
**PROBLEM****SOLUTION**

Molecules  
are to close  
to close to  
be resolved

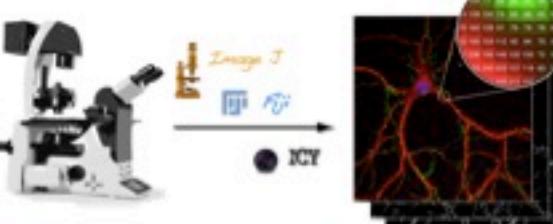
*Stochastic activation of individual molecules*  
10 000 to 30 000 images !!



*Fitting position to gaussian function*



*Reconstructed  
Super-resolution  
image from localization*



## Stochastic Optical Reconstruction Microscopy :

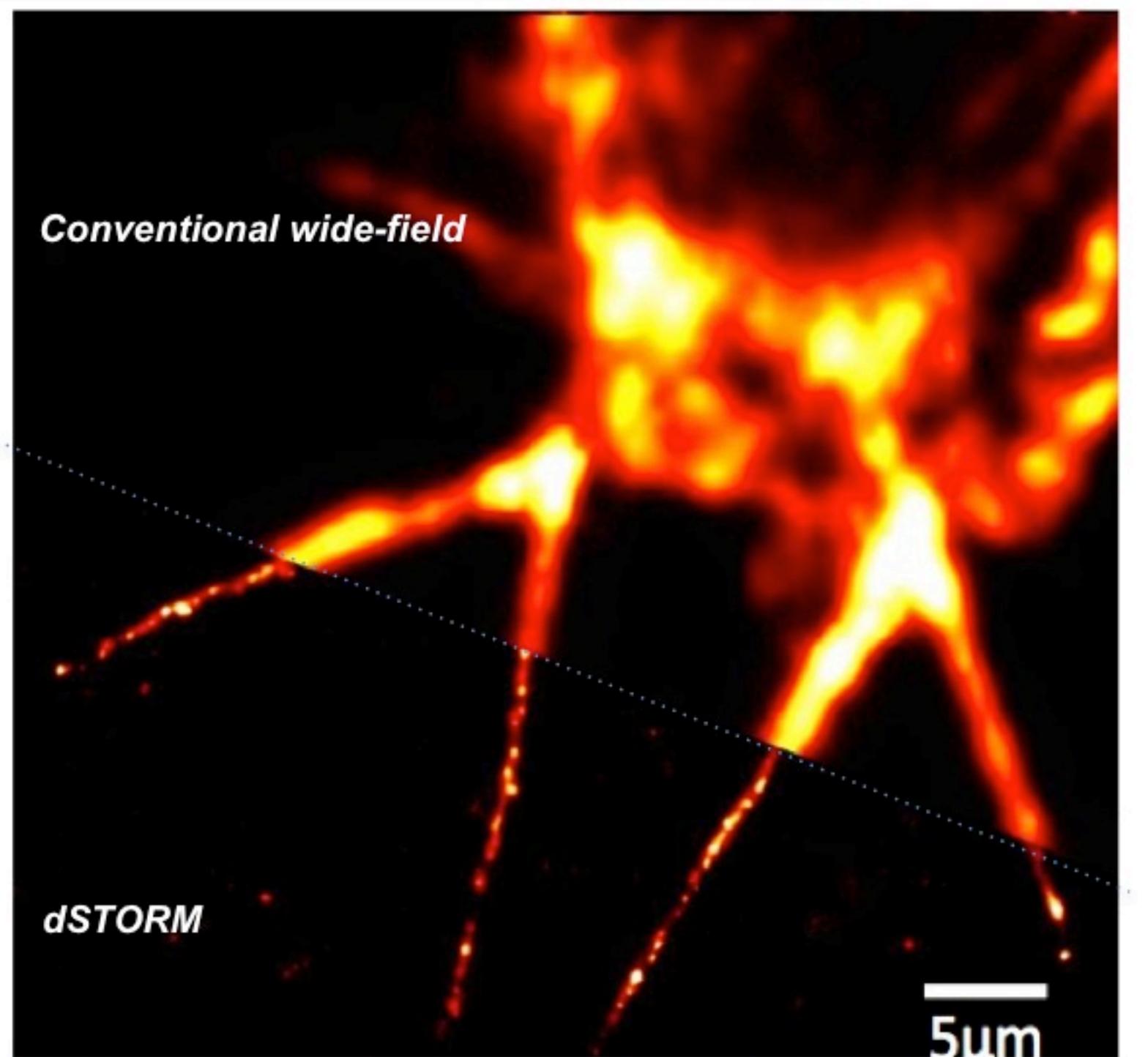


Figure 2 : Conventional microscopy and dSTORM image of actin filaments.

→ Widely used for imaging cytoskeleton

→ Or to localized individual molecule within clusters

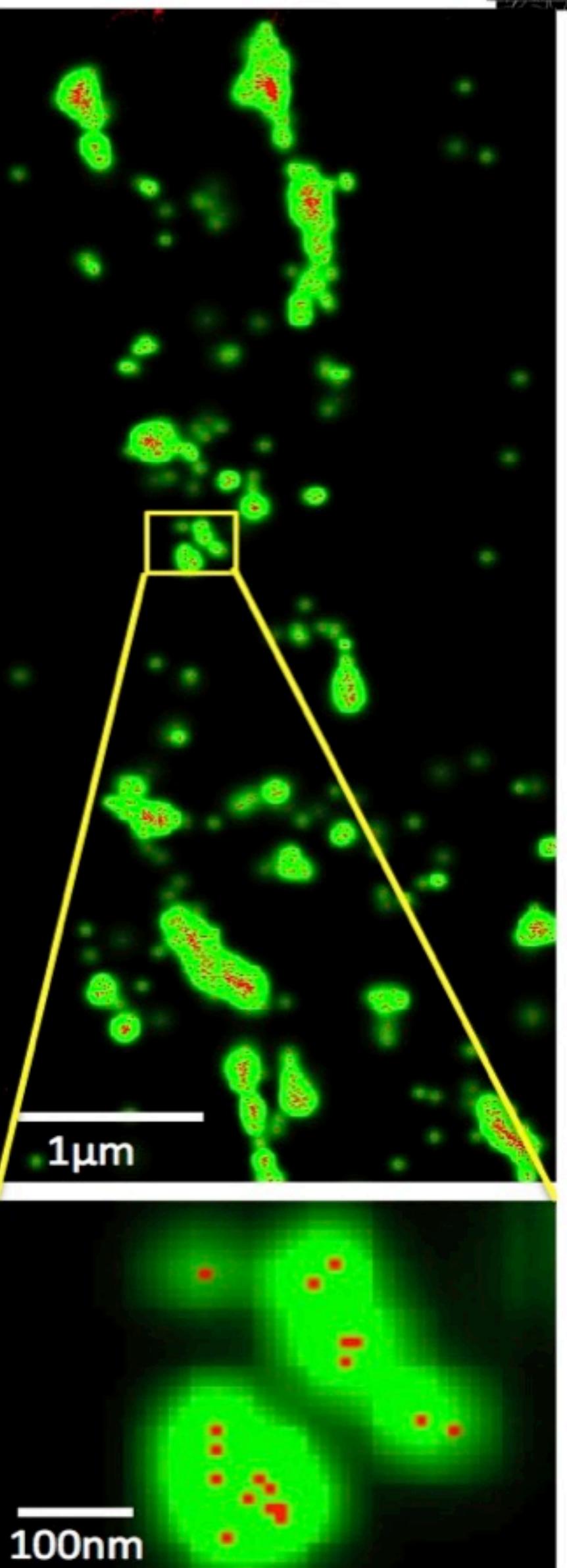
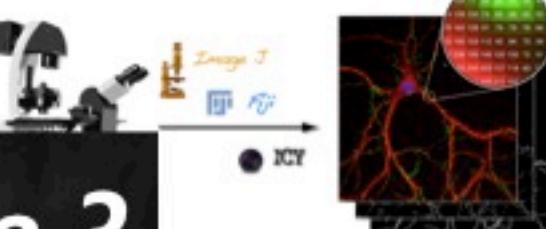


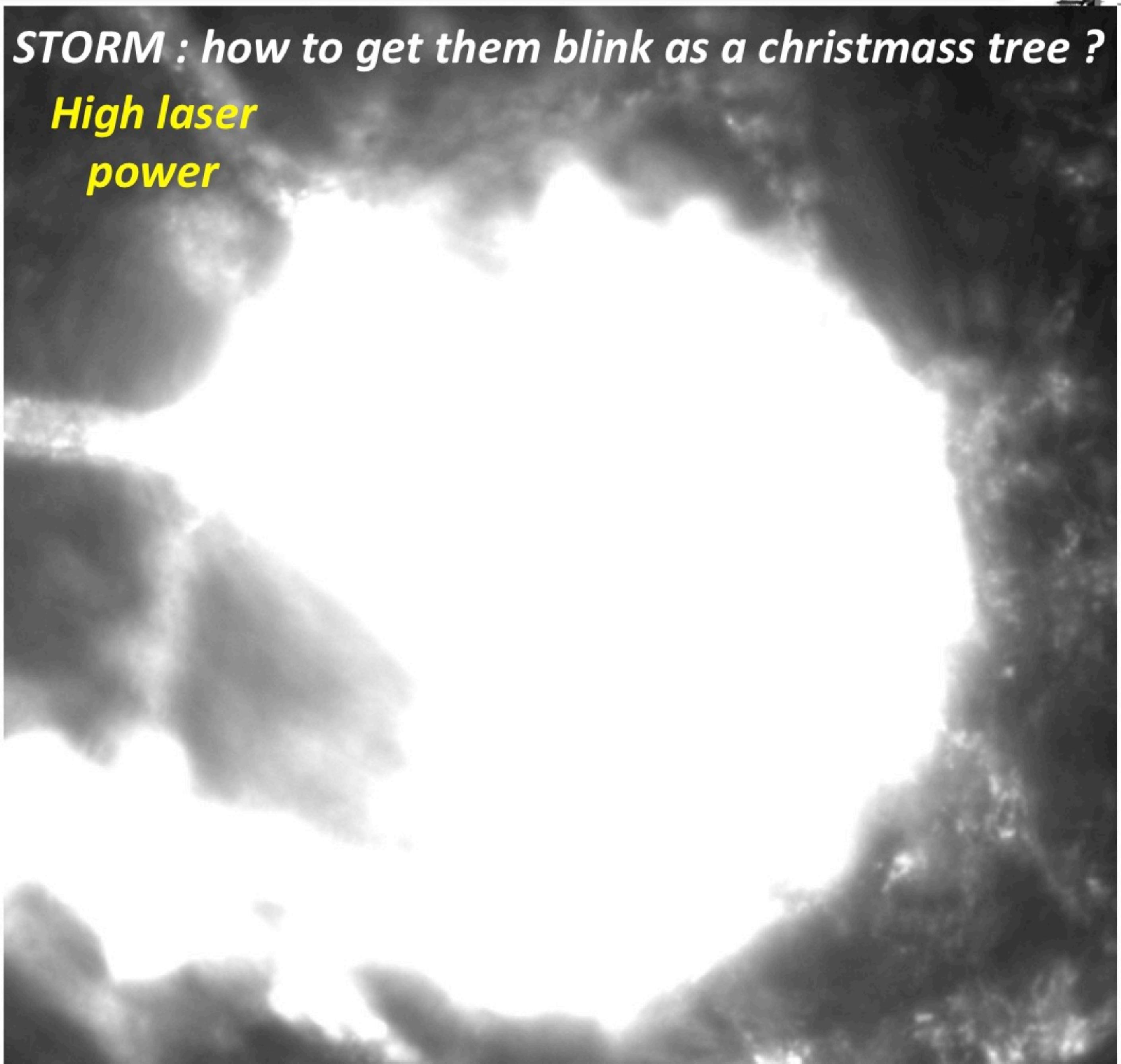
Figure 3 : dSTORM image of Glutamate receptor on a dendrite.

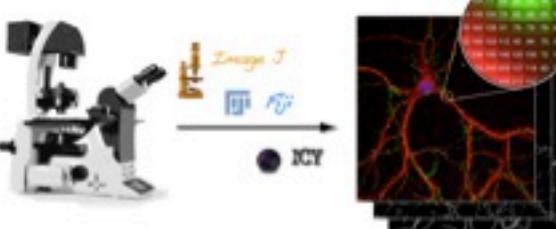




***STORM : how to get them blink as a christmass tree ?***

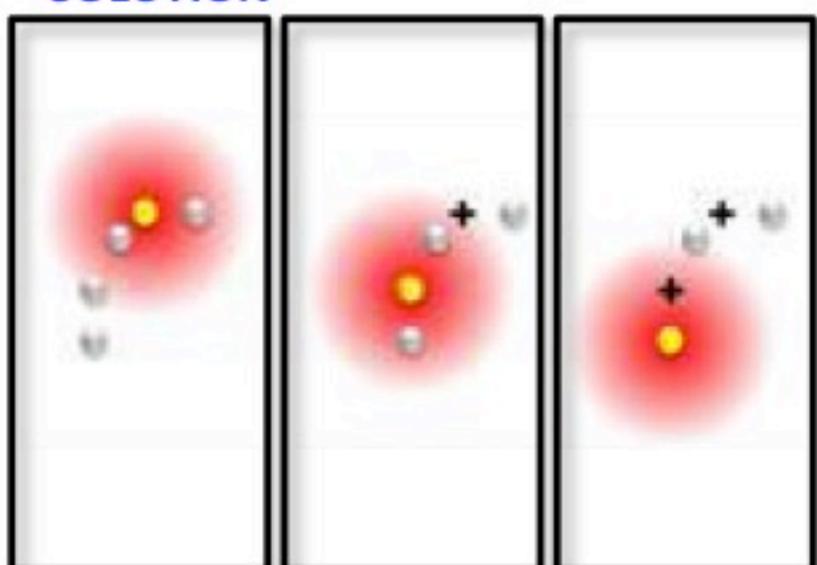
***High laser  
power***



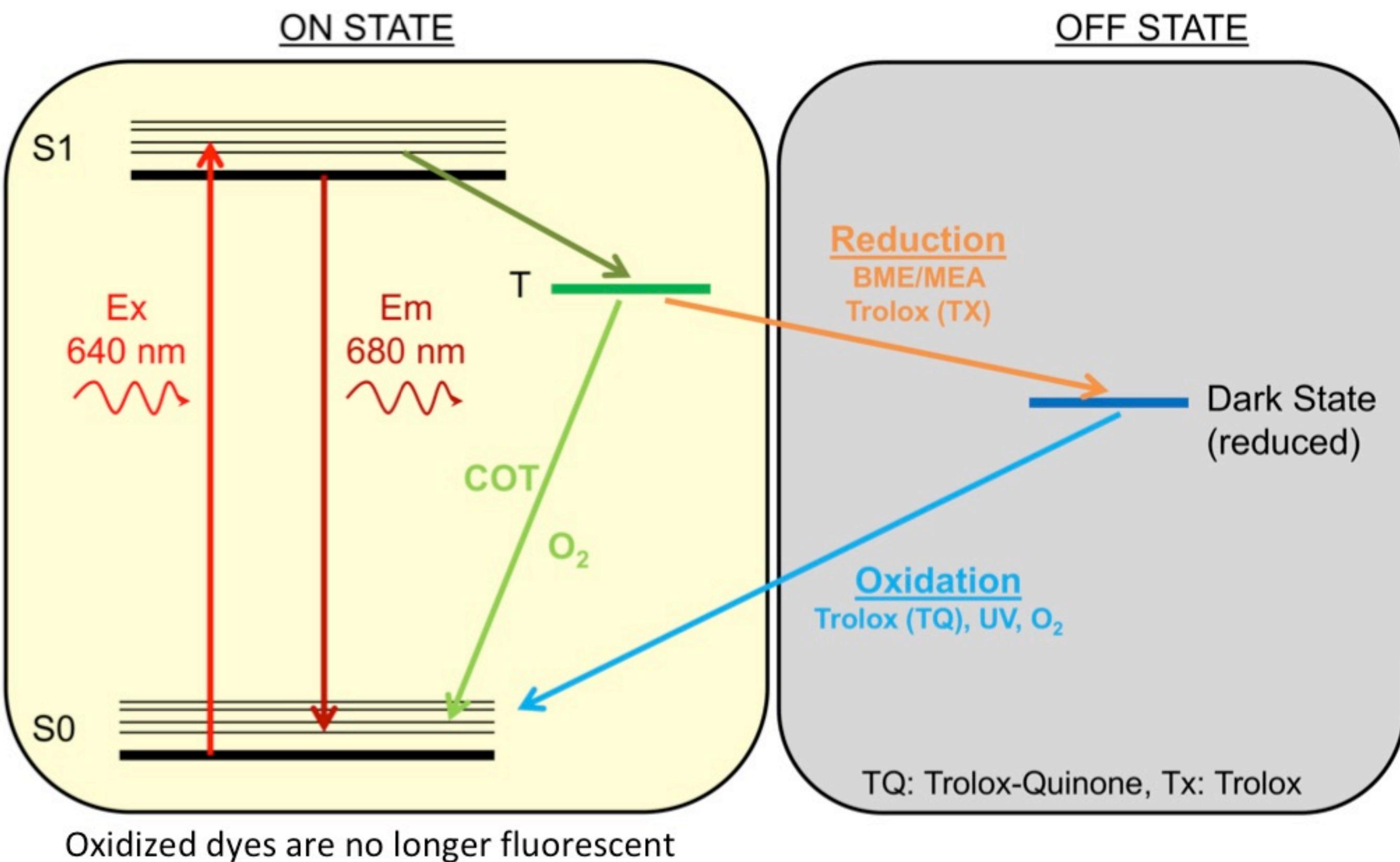


# STORM : how to get them blink as a christmass tree ?

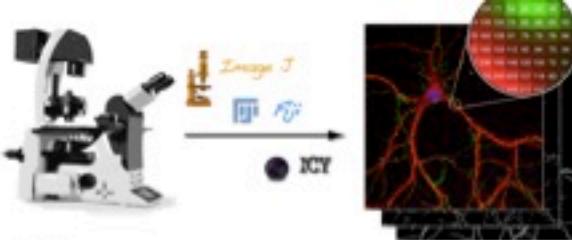
**SOLUTION**



Stochastic activation of individual molecule  
10 000 to 30 000 images !!

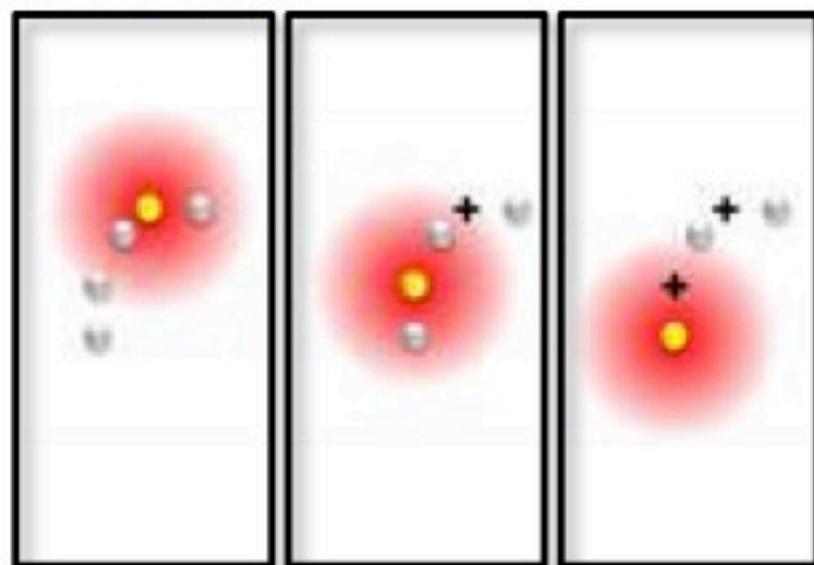


**Needs a buffer with reducing agents (BME, MEA) and oxygen scavenger systems (Glc + Oxydase+ Catalase)**



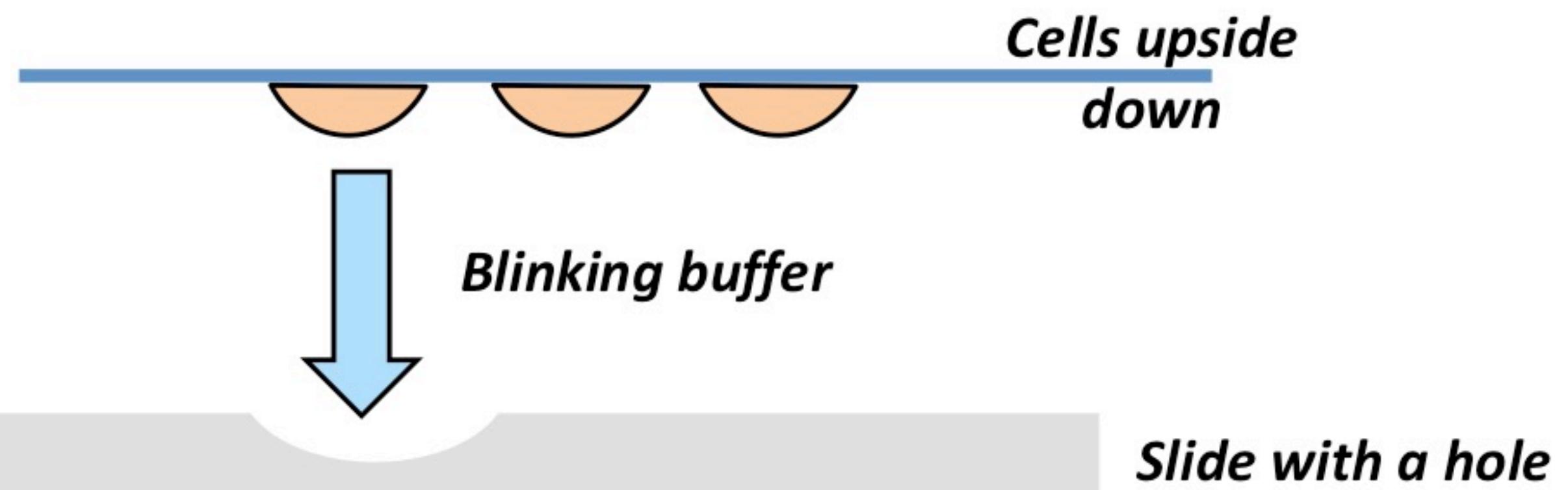
# STORM : how to get them blink as a christmass tree ?

SOLUTION

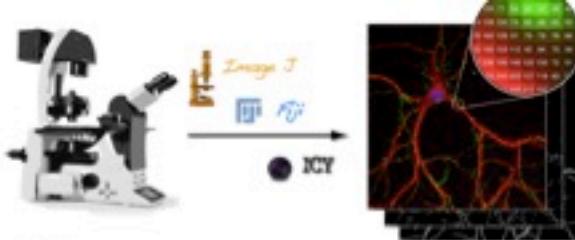


Stochastic activation of individual molecules  
10 000 to 30 000 images !!

Cells on Coverslip : thickness 170  $\mu\text{m}$  for super-resolution  
# 1.5

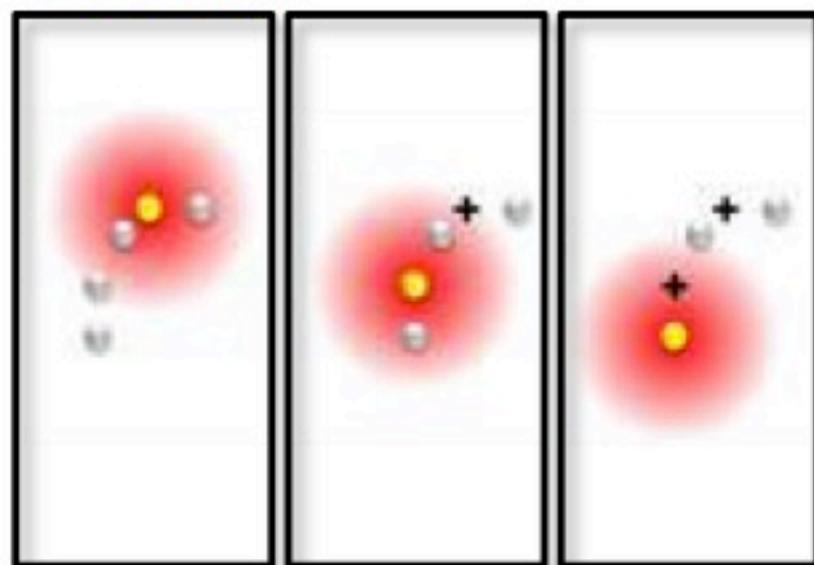


Needs a buffer with reducing agents (BME, MEA) and oxygen scavenger systems (Glc + Oxydase+ Catalase)



# STORM : how to get them blink as a christmass tree ?

SOLUTION



*Cells on Coverslip : thickness 170 µm for super-resolution  
# 1.5*

*Stochastic activation of individual molecules  
10 000 to 30 000 images !!*

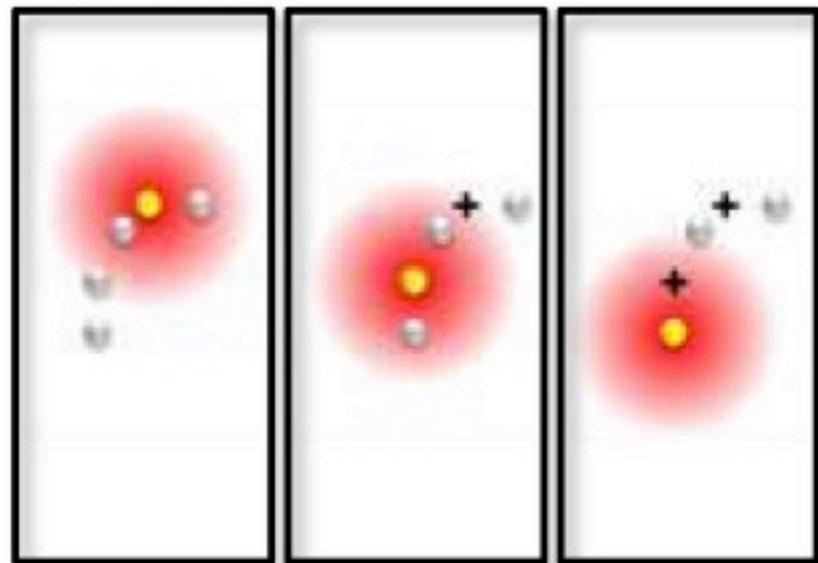
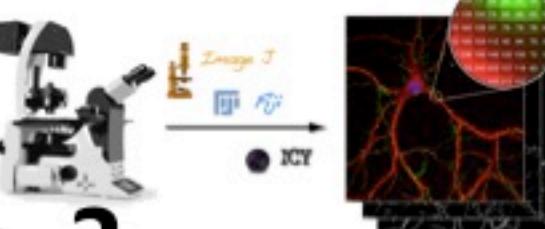
*Sealing with  
Dental pasta*

*Cells upside  
down*

*Slide with a hole*

*Blinking buffer*

*Needs a buffer with reducing agents (BME, MEA) and oxygen scavenger systems (Glc + Oxydase+ Catalase)*



# STORM : Which fluorophores in which buffer ?

A User's Guide to  
Localization-Based  
Super-Resolution  
Fluorescence Imaging

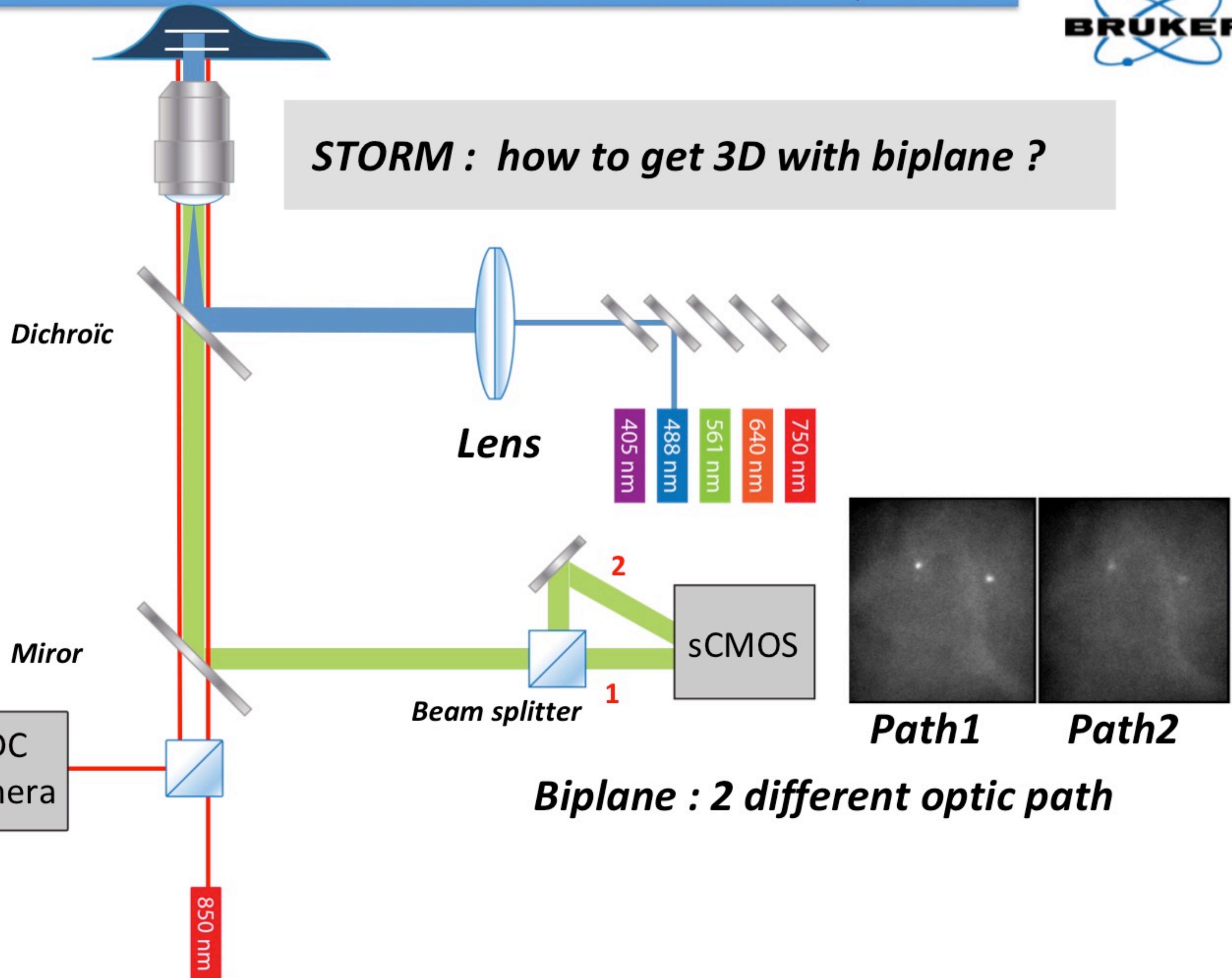
24

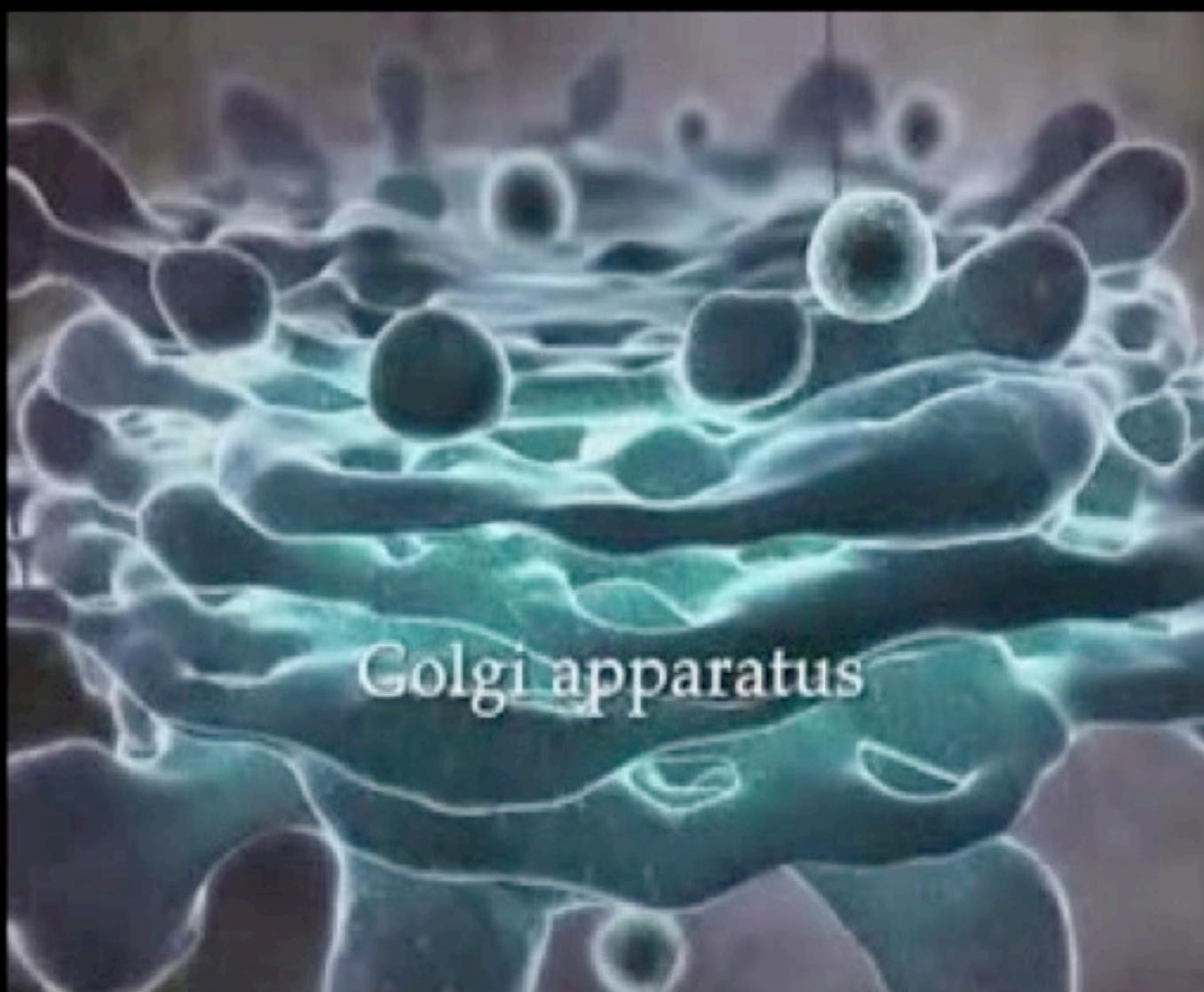
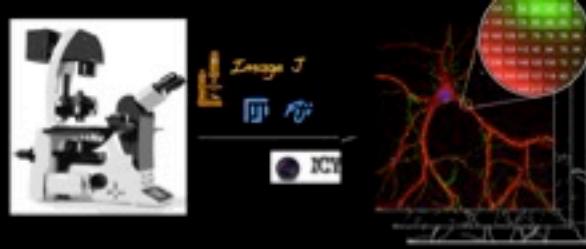
Graham T. Dempsey  
stry and Chemical Biology, Harvard University, Cambridge,  
Massachusetts, USA

**Table 24.1** Probes and imaging buffers for different applications

Application	Probe(s)	Imaging solution						
		Buffer	GLOX (v/v) (%)	Glucose (w/v) (%)	MVAA (mM)	BME (mM)	MEA (mM)	TCEP (mM)
Fixed-cell, single-color imaging	Alexa 647, DyLight 750, or Atto 488	pH 7–9	1	1–10	–	100	–	–
		pH 7–9	1	1–10	–	–	10	–
		pH 7–9	1	1–10	1	–	–	25
	mEos2 or PA-mCherry	PBS	–	–	–	–	–	–
Highest resolution, fixed-cell, single-color imaging	Reduced Cy3B	pH 7–9	1	1–10	1	–	–	–
Fixed-cell, multireporter imaging	Alexa 647 and DyLight 750 and/or Atto 488	pH 7–9	1	1–10	–	100	–	–
		pH 7–9	1	1–10	–	–	10	–
		pH 7–9	1	1–10	1	–	–	25
	Alexa 647 and mEos2 and/or DyLight 750	pH 7–9	1	1–10	–	100	–	–
		pH 7–9	1	1–10	–	–	10	–
Fixed-cell multiactivator imaging	Alexa 405–Alexa 647 and/or Cy2–Alexa 647 and/or Cy3–Alexa 647	pH 7–9	1	1–10	–	–	10	–
Live-cell, single-color imaging	Alexa 647	DMEM; low serum; no phenol red	1	2.5	–	70	–	–
	mEos2 or PA-mCherry	DMEM; low serum; no phenol red	–	–	–	–	–	–

This list is intended to be a starting point, as other probes are available. Note that 1% GLOX is 0.5 mg/mL glucose oxidase (Sigma-Aldrich) and 40 µg/mL catalase (Sigma-Aldrich).

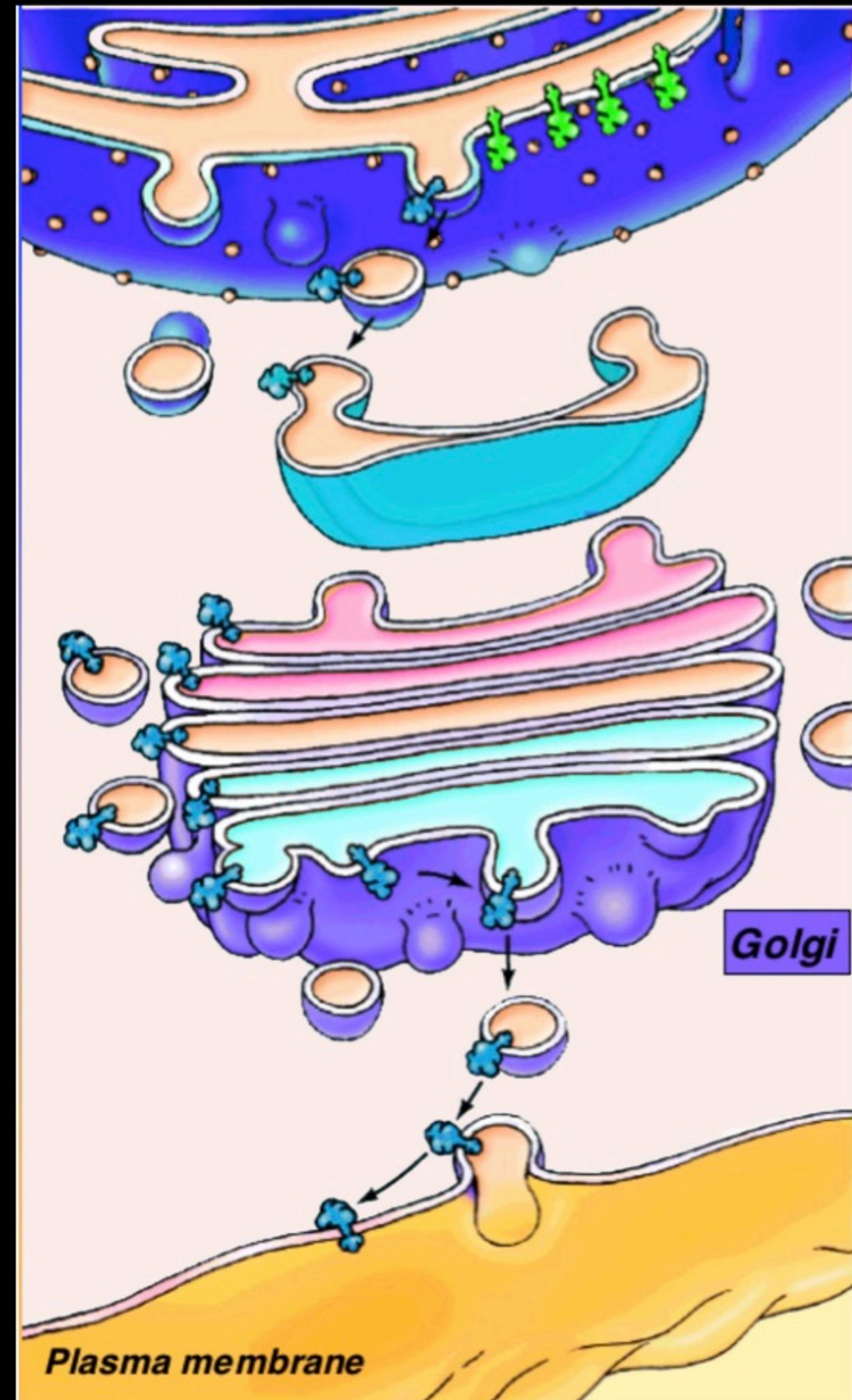


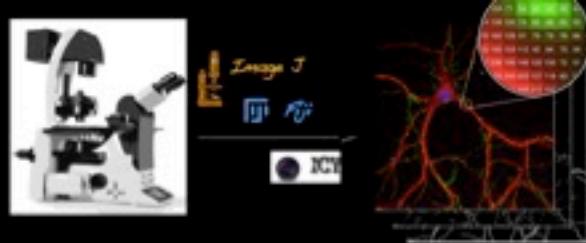


Golgi apparatus

**Golgi apparatus :**

*golgi proteins are closed  
but not in the same compartment*

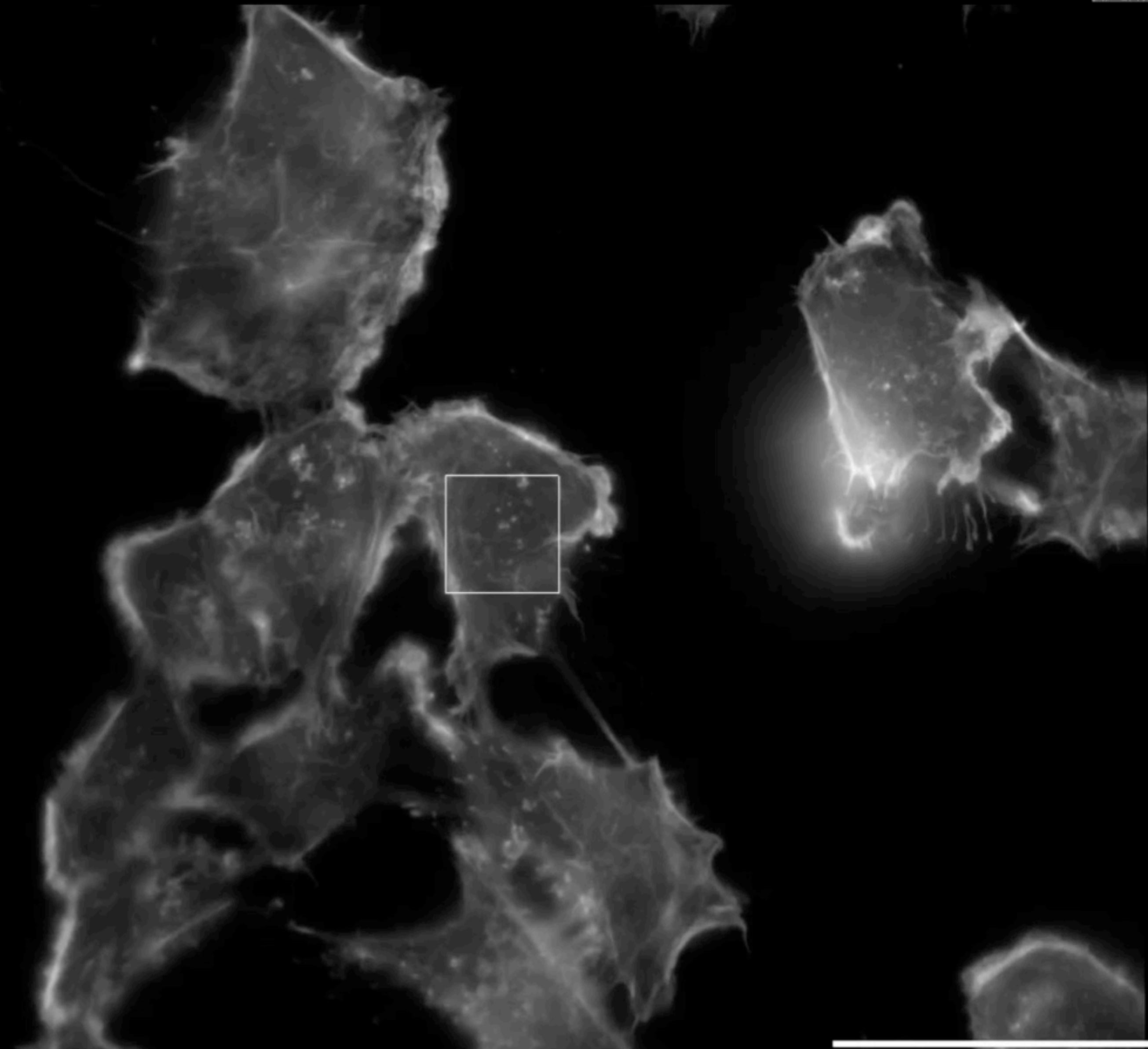
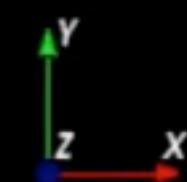




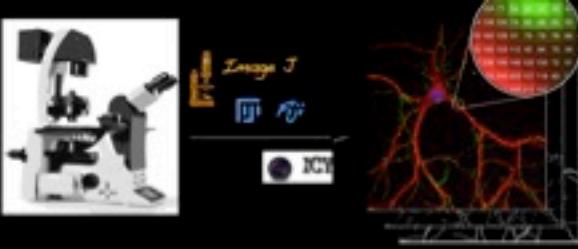
Actin 568

Cis Golgi 647

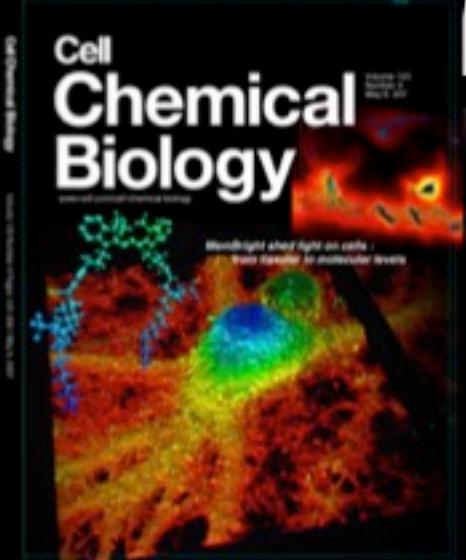
Trans Golgi 488



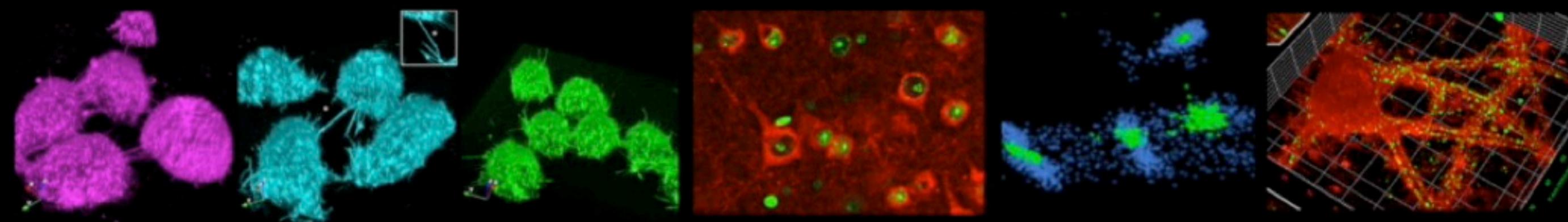
50  $\mu\text{m}$



# Multiscale imaging with MemBright probes

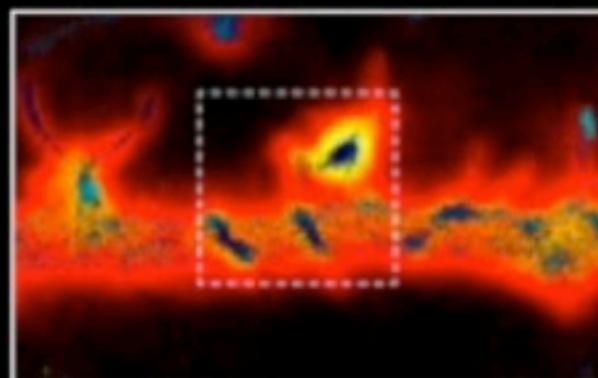


- BioXRiv (2018) 380451
- Cell Chemical Biology 2019, in collaboration with M. Collot (Chemist)

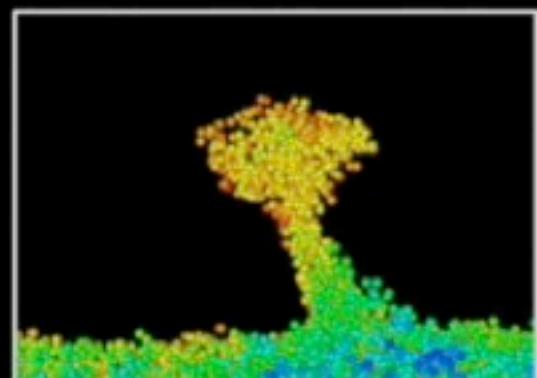


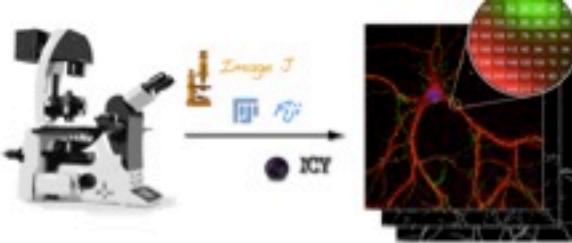
**MEMBRIGHT**  
FLUORESCENT MEMBRANE PROBES DESIGNED  
FOR MULTISCALE IMAGING

EPISODE 1



Cell Chemical Biology 2019  
<https://doi.org/10.1016/j.chembiol.2019.01.009>





# Introduction to microscopy :

*from conventional ...*

*... to Super Resolution*

How to choose the better objective for your sample ?

- Refraction index
- Numerical aperture
- Resolution
- Immersion medium
- Mounting medium
- Depth of field
- Working distance

Illumination mode :

- Bright-field microscopy
- Phase contrast microscopy

Fluorescence microscopy

- Matrix, Bit depth, pixel size, histogram, RGB color pictures
- Confocal microscopy
- Spinning-disk microscopy
- Airy scan

Super-resolution microscopy

- Structured illumination microscopy (SIM)
- Stimulated emission depletion (STED)
- Deconvolution
- STORM, PALM